

The Counseling Center



Linda T. Clinton, Ed.D., LPC-S – Director



Linda.Clinton@tamuc.edu

Hometown(s): Dallas; Commerce; Cumby, TX

Hobbies: Antique Enthusiast, Shopping Diva, Sports Fan, Reality TV Devotee

Favorite Quote: "All the art of living lies in the final mingling of letting go and holding on." - Henry Ellis

Clinical and Administrative Experience:

- Counseling
- Student Affairs
- Community Mental Health

Dr. Clinton is a graduate of East Texas State University. She received a doctorate in Counseling and masters' degrees in Sociology and Student Personnel and Guidance. She has over 35 years of clinical and administrative experience in counseling, student affairs, and community mental health. She served as Aftercare Coordinator on the Substance Abuse Unit at Terrell State Hospital and as Counselor and Coordinator of FLC, Greek Life, and New Student Orientation at Texas A&M University-Commerce. She has served as Center Director for 20+ years. **Dr. Clinton** has devoted her career to working with historically under-represented groups and is culturally sensitive to the issues of age, gender and ethnicity. She values the opportunity that she and her team have to help transform the lives of students.

Bettie Kennedy – Administrative Secretary



Bettie.Kennedy@tamuc.edu

Hometown: Campbell, TX

Hobbies: Crafts, Riding Horses, Country/Western Dancing, Cooking

Favorite Quote: "Dancing is silent poetry."

Bettie is a graduate of Campbell High School and attended East Texas State University. She has worked as Administrative Assistant for over 20 years at the Counseling Center. She previously worked 5 years for a medical doctor and 29 years for the United Telephone Company at Commerce, Cooper, Kaufman, Kemp, Mabank and Seven Tools Point where she started as an operator before being promoted to manager of Commerce/Cooper Exchanges. She was the first female manager of the Telephone Company. She also worked as a CPA, where she assisted Morgan Insurance and Woods Insurance Adjuster. **Bettie** loves working with all clients and enjoys meeting with new students.

Nick P. Patras, M.S., LPC – Counselor/Assistant Director



Nick.Patras@tamuc.edu

Hometown: Austin, TX

Hobbies: Home Restoration, Raised Bed Gardening, Learning Piano

Favorite Quote: "Meanings are not determined by situations, but we determine ourselves by the meanings we give to situations." - Alfred Adler

Clinical Interests:

- Relationship Counseling – Couples/Partners
- Veteran's Concerns – Vets and Returning Warriors
- Grief and Loss
- LGBTQ Support

Nick holds a Master of Science in Community Counseling from Texas A&M University-Commerce and is currently a doctoral candidate in Counselor Education and Supervision at A&M Commerce. He serves as co-chair of the Safe Spaces Ally Project for the campus and provides supervision to master's level interns working in the Counseling Center. **Nick** enjoys collaborative outreach with many departments on campus to enhance the success of our students.

Tina Ya-Ting Yang, Ph.D. – Staff Psychologist/Clinical Coordinator



Tina.Yang@tamuc.edu

Hometown: Taipei, Taiwan; Houston, TX

Hobbies: Reading, Exploring good local food, and Spending time with family and friends

Favorite Quote: "I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars." - Og Mandino

Clinical Interests:

- Interpersonal Relationship Issues
- Career Development Concerns
- Family Distress
- Depression and Anxiety Disorders
- Non-Traditional Students and International Students — LGBTQ Issues; Life Transitions

Born in Taiwan, **Tina** has spent half of her life in the U.S. and embraces both Western and Eastern cultures. She received her Ph.D. in Counseling Psychology from the University of Kansas, her Master of Education in Counseling Psychology at Rutgers University, and her undergraduate degree from Baylor University. She completed her APA-accredited pre-doctoral internship at the University of Houston. She provides bilingual services in English and Mandarin Chinese. **Tina** has worked with culturally diverse veterans at a VA hospital and was employed by the Autism Society of Taiwan.

Agnes Gonzalez, M.S., LPC-Intern – Counselor/Outreach Coordinator



Agnes.Gonzalez@tamuc.edu

Hometown: Szekesfehervar, Hungary

Hobbies: Hiking, Camping, Reading, Cooking, Crafting, Dancing

Favorite Quote: "Personal answers to ultimate questions. That is what we seek." - Alexander Eliot

Clinical Interests:

- Multicultural Counseling
- International Students
- Non-Traditional Students
- First Generation Students
- Time and Stress Management
- Mindfulness

Agnes has a M.S. in Counseling with a Community Counseling emphasis from Texas A&M University-Commerce. She is proud to be an Alumna of this university and excited that she is able to give back to her Alma Mater by providing services to current and future students. Besides individual counseling, **Agnes** also provides group counseling, focusing on mindfulness, social confidence, and cultural adjustment.

Marty Marsh Jacobs, M.S., LPC-S – Staff Counselor



Marty.Jacobs@tamuc.edu

Hometown: Commerce, TX

Hobbies: Playing Guitar, Reading

Favorite Quote: "Being well requires that we do well, that we practice emotionally healthy behavior until it becomes natural." - Richard O'Connor

Clinical Interests:

- Mood Disorders
- Crisis Intervention
- Substance Abuse
- Stress Management

Marty grew up in Amarillo, Texas, but now considers Commerce her home. She graduated from ETSU with a B.A. in Psychology in 1970, an M.S. in Counseling in 1971, and has completed numerous hours post masters. She is a Licensed Professional Counselor-Supervisor and has 20 years experience in chemical dependency and substance abuse counseling having worked in a street clinic, outpatient program and residential treatment center. **Marty** was an adjunct instructor with the Counseling Department at Texas A&M University-Commerce from 1999-2002. She has also worked in a psychiatric hospital and an MHMR Center.

Shannon Moseley, M.S. – Graduate Assistant/Staff Counselor



Shannon.Moseley@tamuc.edu

Hometown: Wherever the military stationed us.

Hobbies: Yoga, Reading, Running, Cooking, and Spending time with my family

Favorite Quote: "Life is not measured by the number of breaths we take, but by the moments that take our breath away." – Author Unknown

Clinical Interests:

- Mindfulness
- Relationships
- Stress Management
- Depression and Anxiety Disorders
- Veteran's Issues

Shannon was raised as a "military brat" by her Marine Corps mother. Some of the places she has called home are California, Wisconsin, Hawaii, North Carolina, Japan, and Texas. She graduated from East Carolina University with a B.A. in Psychology and a minor in Biology. She received her M.S. in Counseling with the Community Counseling program at Texas A&M University-Commerce. She is currently pursuing her Doctorate in Counselor Education.

Denise Walker, M.A.– Graduate Assistant/Counselor-In-Residence



Denise.Walker@tamuc.edu

Hometown: Shreveport, LA

Hobbies: Painting, Traveling, Reading, Cooking

Favorite Quote: "The best thing about the future is that it comes only one day at a time." – Abraham Lincoln

Clinical Interests:

- Relationship Concerns
- Adolescents
- Family Interactional Patterns
- Student Affairs

Denise is a graduate of The University of Louisiana at Monroe earning a Bachelor of Science in Health Studies and a Master of Arts in Marriage and Family Therapy. She is currently pursuing a Doctorate in Counselor Education. Denise is pursuing licensure as both a Licensed Professional Counselor and Marriage and Family Therapist.

Jay Garrett, J.D. – Legal Advisor



Jay.Garrett@tamuc.edu

Jay Garrett holds a Juris Doctor degree from Southern Methodist University and enjoys working with students in assisting them in securing resolutions to legal issues and problems. He is originally from Commerce, Texas and has an intimate knowledge of the courts in the surrounding counties.

Typical services for the students include:

- Landlord/Tenant
- Criminal Law
- Family Law
- Probate Law and Assistance with Wills and Powers of Attorney
- Contract Law
- Employment Law
- Consumer Protection
- Notary Public Services

Jay has been providing legal counsel and advice to students at Texas A & M University–Commerce since 1991 as the Legal Advisor bringing over 30 years experience as a practicing attorney to the Counseling Center. The attorney/client privilege applies to all communications with **Jay** and all information is held in the strictest confidence. Consultation is available by appointment.

Relaxation Room



You can drop by and de-stress in our relaxation room, enjoy a private and quiet environment, and get a massage in one of our four massage chairs!

Relaxing Rhythms

A Biofeedback Training Program for a Happy Mind & Healthy Body



We also offer a biofeedback program which monitors your physical and emotional responses to stress.

Learn relaxing breathing exercises proven to be effective in reducing stress as you receive personal, real-time feedback on-screen.

THANK YOU



**FOR VISITING THE
COUNSELING CENTER**