The Counseling Center
**Linda T. Clinton, Ed.D., LPC-S – Director**

**Hometown(s):** Dallas; Commerce; Cumby, TX  
**Hobbies:** Antique Enthusiast, Shopping Diva, Sports Fan, Reality TV Devotee  
**Favorite Quote:** “All the art of living lies in the final mingling of letting go and holding on.” - Henry Ellis  
**Clinical and Administrative Experience:**  
- Counseling  
- Student Affairs  
- Community Mental Health  

Dr. Clinton is a graduate of East Texas State University. She received a doctorate in Counseling and masters’ degrees in Sociology and Student Personnel and Guidance. She has over 35 years of clinical and administrative experience in counseling, student affairs, and community mental health. She served as Aftercare Coordinator on the Substance Abuse Unit at Terrell State Hospital and as Counselor and Coordinator of FLC, Greek Life, and New Student Orientation at Texas A&M University-Commerce. She has served as Center Director for 20+ years. Dr. Clinton has devoted her career to working with historically under-represented groups and is culturally sensitive to the issues of age, gender and ethnicity. She values the opportunity that she and her team have to help transform the lives of students.

**Bettie Kennedy – Administrative Secretary**

**Hometown:** Campbell, TX  
**Hobbies:** Crafts, Riding Horses, Country/Western Dancing, Cooking  
**Favorite Quote:** "Dancing is silent poetry."  

Bettie is a graduate of Campbell High School and attended East Texas State University. She has worked as Administrative Assistant for over 20 years at the Counseling Center. She previously worked 5 years for a medical doctor and 29 years for the United Telephone Company at Commerce, Cooper, Kaufman, Kemp, Mabank and Seven Tools Point where she started as an operator before being promoted to manager of Commerce/Cooper Exchanges. She was the first female manager of the Telephone Company. She also worked as a CPA, where she assisted Morgan Insurance and Woods Insurance Adjuster. Bettie loves working with all clients and enjoys meeting with new students.
Nick P. Patras, Ph.D., LPC-Supervisor – Counselor/Assistant Director

Hometown: Paris, TX
Hobbies: Home Restoration, Raised Bed Gardening, Learning Piano
Favorite Quote: “Meanings are not determined by situations, but we determine ourselves by the meanings we give to situations.” - Alfred Adler
Clinical Interests:
• Relationship Counseling – Couples/Partners
• Veteran’s Concerns – Vets and Returning Warriors
• Grief and Loss
• LGBTQ Concerns
• Non-Traditional Students

Nick grew up in rural Lamar County and is proud non-traditional student who pursued advanced degrees after working in the corporate environment for many years. He successfully started his own company and worked in the corporate insurance field. He earned a Ph.D. in Counselor Education & Supervision and a Master of Science in Counseling at A&M Commerce. Nick earned a BA in Organizational Communication from St. Edward’s University Austin. He serves as the co-chair of Safe Spaces Ally Project on campus. Nick supervises LPC-Interns and master’s level students working in the Counseling Center. Nick enjoys collaborative outreach with many departments on campus.

Tina Ya-Ting Yang, Ph.D. – Staff Psychologist/Clinical Coordinator

Hometown: Taipei, Taiwan; Houston, TX
Hobbies: Reading, Exploring good local food, Spending time with family and friends
Favorite Quote: “I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars.” - Og Mandino
Clinical Interests:
• Interpersonal Relationship Issues
• Career Development Concerns
• Family Distress
• Depression and Anxiety Disorders
• Non-Traditional Students and International Students — LGBTQ Issues; Life Transitions

Born in Taiwan, Tina has spent half of her life in the U.S. and embraces both Western and Eastern cultures. She received her Ph.D. in Counseling Psychology from the University of Kansas, her Master of Education in Counseling Psychology at Rutgers University, and her undergraduate degree from Baylor University. She completed her APA-accredited pre-doctoral internship at the University of Houston. She provides bilingual services in English and Mandarin Chinese. Tina has worked with culturally diverse veterans at a VA hospital and was employed by the Autism Society of Taiwan.
Agnes Gonzalez, M.S., LPC – Counselor/Outreach Coordinator

Hometown: Szekesfehervar, Hungary
Hobbies: Hiking, Camping, Reading, Cooking, Crafting, Dancing
Favorite Quote: “Personal answers to ultimate questions. That is what we seek.” - Alexander Eliot
Clinical Interests:
• Multicultural Counseling
• International Students
• Non-Traditional Students
• First Generation Students
• Time and Stress Management
• Mindfulness

Agnes has a M.S. in Counseling with a Community Counseling emphasis from Texas A&M University-Commerce. She is proud to be an Alumna of this university and excited that she is able to give back to her Alma Mater by providing services to current and future students. Besides individual counseling, Agnes also facilitates group counseling, focusing on mindfulness, social confidence, and cultural adjustment. Agnes is passionate about educating the campus community on mental health and emotional well-being through the various outreach programs she organizes.

Marty Marsh Jacobs, M.S., LPC-S – Counselor

Hometown: Commerce, TX
Hobbies: Playing Guitar, Reading
Favorite Quote: “Being well requires that we do well, that we practice emotionally healthy behavior until it becomes natural.” - Richard O’Connor
Clinical Interests:
• Mood Disorders
• Crisis Intervention
• Substance Abuse
• Stress Management

Marty grew up in Amarillo, Texas, but now considers Commerce her home. She graduated from ETSU with a B.A. in Psychology in 1970, an M.S. in Counseling in 1971, and has completed numerous hours post masters. She is a Licensed Professional Counselor-Supervisor and has 20 years experience in chemical dependency and substance abuse counseling having worked in a street clinic, outpatient program and residential treatment center. Marty was an adjunct instructor with the Counseling Department at Texas A&M University–Commerce from 1999–2002. She has also worked in a psychiatric hospital and an MHMR Center.
Shannon Moseley, M.S. – Staff Counselor

**Hometown:** Wherever the military stationed us.

**Hobbies:** Yoga, Reading, Running, Cooking, Spending time with my family

**Favorite Quote:** “Life is not measured by the number of breaths we take, but by the moments that take our breath away.” – Author Unknown

**Clinical Interests:**
- Mindfulness
- Relationships
- Stress Management
- Depression and Anxiety Disorders
- Veteran’s Issues

Shannon was raised as a “military brat” by her Marine Corps mother. Some of the places she has called home are California, Wisconsin, Hawaii, North Carolina, Japan, and Texas. She graduated from East Carolina University with a B.A. in Psychology and a minor in Biology. She received her M.S. in Counseling with the Community Counseling program at Texas A&M University-Commerce. She is currently pursuing her Doctorate in Counselor Education.

Tameca Minter, M.Ed., LPC, NCC – Counselor/Multicultural Specialist

**Hometown:** Dallas, TX

**Hobbies:** Cooking, Reading, Swimming, Jogging, and Writing

**Favorite Quote:** “People may forget what you said, they may forget what you did, but they will never forget how you made them feel.” – Dr. Maya Angelou

**Clinical Interests:**
- Multicultural Counseling
- Depression and Anxiety Disorders
- Eating Disorders
- LGBTQ Issues
- Social Justice Issues
- Self-Injurious Behavior

Tameca holds a M.Ed. in Counseling from the University of North Texas, and is currently pursuing her Doctorate in Counseling at A&M-Commerce. She has clinical experience in working with all age groups (child, adolescent, adults, and geriatric patients) experiencing trauma, suffering with co-occurring disorders or addiction in any form (substance, sexual, food, etc.). She has worked as a Certified School Counselor, adjunct instructor, faculty member, and a Licensed Professional Counselor for The Dallas County Community College District in years past.
Caleb Barnet, M.S. – Staff Counselor

Hometown: Madrid, Spain
Hobbies: Spending time with his wife; European soccer, Console gaming, Reading
Favorite Quotes:
“It is never the size of the step that a person takes that counts, but its direction” –Michael White
Clinical interests:
- Multicultural Counseling
- Multilingual Counseling
- Self-Growth/Identity Formation
- Encouragement
- Eating Disorders

Caleb grew up in Spain where he learned to appreciate Spanish culture and, more importantly, real football; otherwise called soccer. He graduated from John Brown University in Arkansas with a B.S. in Psychology and received his Master’s degree in Community Counseling at A&M-Commerce.
Jay Garrett, J.D. – Legal Advisor

Jay Garrett holds a Juris Doctor degree from Southern Methodist University and enjoys working with students in assisting them in securing resolutions to legal issues and problems. He is originally from Commerce, Texas and has an intimate knowledge of the courts in the surrounding counties.

Typical services for the students include:
- Landlord/Tenant
- Criminal Law
- Family Law
- Probate Law and Assistance with Wills and Powers of Attorney
- Contract Law
- Employment Law
- Consumer Protection
- Notary Public Services

Jay has been providing legal counsel and advice to students at Texas A & M University–Commerce since 1991 as the Legal Advisor bringing over 30 years experience as a practicing attorney to the Counseling Center. The attorney/client privilege applies to all communications with Jay and all information is held in the strictest confidence. Consultation is available by appointment.

Susann Adams – Psychiatric Nurse Practitioner

Susann is a Summa Cum Laude graduate of Texas Women’s University and received her Master of Science in Nursing from the University of Texas at Arlington, with focus on Psychiatry/Mental Health.

Her experience includes:
- Critical Care Nursing
- Inpatient and Outpatient Care
- Psychiatric Emergency Care

Susann is recognized by the Texas State Board of Nurse Examiners as an Advanced Practice Nurse with limited prescriptive authority. She is a member of the Sigma Theta Tau International Honor Society, Golden Key Honor Society, American Academy of Nurse Practitioners, and the North Texas Nurse Practitioners. Susann works in collaboration with the counselors and provides psychiatric evaluation and medication management to those students which it would benefit in conjunction with the therapy services they receive.
Relaxation Room

You can drop by and de-stress in our relaxation room, enjoy a private and quiet environment, and get a massage in one of our four massage chairs!
Relaxing Rhythms

A Biofeedback Training Program for a Happy Mind & Healthy Body

We also offer a biofeedback program which monitors your physical and emotional responses to stress.

Learn relaxing breathing exercises proven to be effective in reducing stress as you receive personal, real-time feedback on-screen.
THANK YOU

FOR VISITING THE COUNSELING CENTER