Learn-to-Swim Levels

The Learn-to-Swim program is taught by American Red Cross certified instructors and features four levels of instruction to help swimmers of all ages and abilities develop their skills.

Level 1 - Introduction to water Skills
Level 2 - Fundamental Aquatic Skills
Level 3 - Stroke Development
Level 4 - Stroke Improvement

Parent and Child Aquatics
(Preschool - 6mos. to 3 yrs.)

This program is designed to increase children’s comfort level in the water by allowing them to learn with the accompaniment of their parent or guardian in the water while building a foundation of basic skills, such as arm and leg movements and breath control.

For descriptions of the swimming levels visit:
www.tamuc.edu/studentLife/campusRecreation/aquatics/Clinics.aspx

SUMMER 2014 COURSE SCHEDULE

Session I  June 9th - 19th
Level 1 & Parent/Child Level 1 & Level 2 Level 3 & 4 (Mon. - Thurs.)
9:00 - 9:45am 10:00 - 10:45am 11:00 - 11:45am

Session II  June 10th - July 3rd
Level 1 & Parent/Child Level 2, 3, 4, & Adults (Tues. & Thurs.)
5:00 - 5:45pm 6:00 - 6:45pm

Session III  June 23rd - July 3rd
Level 1 & Parent/Child Level 1 & 2 Level 3 & 4 (Mon. - Thurs.)
9:00 - 9:45am 10:00 - 10:45am 11:00 - 11:45am

Session IV  July 15th - July 25th
Level 1 & 2, Parent/Child Level 3 & 4, Adult (Tues. & Thurs.)
5:00 - 5:45pm 6:00 - 6:45pm

Session V  July 14th - July 24th
Level 1 & Parent/Child Level 1 and Level 2 Level 3 and 4 (Mon. - Thurs.)
9:00 - 9:45am 10:00 - 10:45am 11:00 - 11:45am

Private Lessons
Private lessons are $25 an hour. Please contact Al Diaz for more information.

For party information or questions about these courses call Al Diaz @ 903.468.3176

AL DIAZ  Assistant Director-Morris Recreation Center and Aquatics
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Al.Diaz@TAMUC.edu
Minimum 3 participants required per class

The swim lesson schedule is subject to change. If minimum is not met, a refund will be issued. Refunds are issued by the University and can take up to 6 weeks. Refunds cannot be issued otherwise.