Student Learning Outcomes Check Sheet

Due 24 Feb 2012

Degree Program Title: Human Performance
Degree Type: B. S.
Banner/CIP Code: (31.0505.00)

Responsible Program Coordinator/Chair completing this form: Sandy Kimbrough

A. Program MISSION Statement: What body of knowledge and/or what skills and qualities will graduates from this program possess upon completion of the degree?

The Department of Health and Human Performance strives to produce the quality of education needed by students to be successful practitioners, researchers, and leaders in the fields of health and human performance. The undergraduate major in human performance is designed as an innovative major that will include undergraduate research and the opportunity to complete an Honors College program in human performance. A graduate of the Human Performance program will be familiar with human body movement, understand the concepts of exercise science, gain an understanding of the fitness concepts, and develop skills in a variety of activities.

B. Does this program have any culminating experience or capstone course that would capture the cumulative knowledge and accomplishments of graduates of your program? If so, please describe the process by which faculty participate in the design and evaluation of the course and its products/experiences.

The "culminating experience" for Human Performance majors is HHPK 451, Topics in Exercise Science. Students are required to apply their knowledge gained from other coursework and experiences to analyze research and add to the body of knowledge in the field of exercise science by completing a research project and presenting it to students and faculty members. Successful completion of these criteria is required for completion of the course (HHPK 451).

In the attached pages, please provide the learning outcomes the faculty as a whole expects from graduates from the program. While you may choose as many outcomes as you wish, it is often a good strategy to focus on the most important goals for students in the first few years of your Student Assessment Program. For example, two or three of the most critical goals would be a good starting point. Please complete questions 1-6 for each Student Learning Outcome you are assessing or plan to evaluate in the next review period on the attached sheet.
STUDENT LEARNING OUTCOME #1

1. STUDENT LEARNING OUTCOME (SLO): What will a student be able to do, what knowledge, skills, values will they have, etc., upon graduation from the program that will be assessed? A Student Learning Outcome is a clear concise statement that describes how students can demonstrate their mastery of some element of the academic program goals.

To be familiar with human body movement
To gain knowledge which is basic and relative to human body function and movement.

2. LINKS TO CURRICULUM & PROGRAM FACULTY. What courses support this SLO? How do all program faculty participate in setting the goals, content and learning outcomes of these courses? How do all program faculty participate in analyzing and making recommendations based on the results of student assessments?

Students seeking a degree in human performance will gain knowledge and understanding of human movement that includes the historical development of movement and sport from ancient through contemporary cultures. Physiological, sociological, and psychological principles affecting human movement are also studied. Experiences will be presented in a variety of activities with an emphasis on physical fitness, motor development, motor learning, motor control, biomechanical principles, and assessment/measurements of physiological function. Courses specific to the study of human body movement include HHPK 144, HHPK 304, HHPK 335, HHPK 350, and HHPK 450.

Together, the area program coordinator and Department Head assign instructors to teach courses based on their expertise and availability. Each instructor is observed by a department administrator and provided written and verbal feedback. In addition, each instructor is evaluated by students using the tool provided by the university.

3. ACTION PLAN: STRATEGIES/METHODS FOR OBSERVING STUDENT LEARNING. How will data be collected, analyzed, shared? How will faculty observe the accomplishment of this outcome? Please provide specific descriptions for how, when, how often, what course(s), what student performances will be observed, collected and analyzed. Please provide or attach any descriptions of your ACTION PLAN OR PROCESS addressing the who, what, when, where questions for the assessment program.

The grading scale for each course is determined by the professor/instructor assigned to teach the course. Students seeking a degree in Human Performance must have a minimum grade of "C" in all major courses. Students must also have an overall grade point average of 2.0 in order to be certified for graduation. Students are expected to progress successfully
through the curriculum which incorporates written examinations, quizzes, oral presentations, written reports/research papers, and portfolios. Some students may participate in an internship, for credit or outside of their required or elected coursework. The "culminating experience" for Human Performance majors is HHPK 451, Topics in Exercise Science. Students are required to apply their knowledge gained from other coursework and experiences to analyze research and add to the body of knowledge in the field of exercise science by completing a research project and presenting it to students and faculty members. Successful completion of these criteria is required for completion of the course (HHPK 451).

4. CRITERIA FOR SUCCESS: MEASURES & TARGETS. What are the standards of progress or criteria used for judging success for the student learning assessment observations? Please attach any assessment tools, standards (rubrics) or other documents used to judge success or achievement of the outcome.

Methods for evaluating student learning include, but are not limited to written exams, other written assignments, oral presentations, portfolios, journals, service projects, and laboratory work. This program seeks to present additional opportunities for career preparation in human performance that directly prepares students for graduate study. To assess the success of this program, two criteria have been established; 1) that 90% or more of Human Performance majors present a satisfactory research project to a group of students within a major course and a panel of faculty judges at the conclusion of their HHPK 451 course, and 2) that 60% of Human Performance majors either a) present a research or service program at an expert-reviewed event (e. g. Student Research Week on campus, TAHPERD summer or annual convention, etc) or b) complete an external project that provides service to community members (related to exercise science) (e. g. health screenings, etc).

These two additional reports for questions 5&6 below will be due in May 11, 2012

5. ACHIEVEMENT SUMMARY: FINDINGS & RESULTS. What are the results of the assessment of this learning objective thus far? Be sure to include the year of the assessment, attach any relevant reports, data tables, etc. Please be specific in your descriptions. Indicating that n% students took a test or passed an oral exam is not an example of assessment findings.

6. PROGRAM ENHANCEMENT. How has assessment data been used? Please give examples over the last 3 years. What are the specific mechanisms for communicating results and changing courses, curriculum, learning activities within a course, etc

Review and Approval Signatures & Date:
Program Coordinator if applicable _______________________________________________
Department Chair: __________________________________________________________
Dean ________________________________________________________________

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**STUDENT LEARNING OUTCOME #2**

1. **STUDENT LEARNING OUTCOME (SLO):** *What will a student be able to do, what knowledge, skills, values will they have, etc., upon graduation from the program that will be assessed?* A Student Learning Outcome is a clear concise statement that describes how students can demonstrate their mastery of some element of the academic program goals.

To understand the concepts of exercise science
To develop a knowledge and understanding of the concepts of exercise science

2. **LINKS TO CURRICULUM & PROGRAM FACULTY.** *What courses support this SLO? How do all program faculty participate in setting the goals, content and learning outcomes of these courses? How do all program faculty participate in analyzing and making recommendations based on the results of student assessments?*

Students seeking a degree in Human Performance (emphasis in Motor Behavior or Exercise Physiology) are required to obtain a minimum of 36 semester hours directly related to the study of human movement. Students seeking a degree in human performance will gain knowledge and understanding of the concepts associated with exercise science that includes the study of the human musculoskeletal anatomy and principles of biomechanics. Students will also develop an understanding of the aerobic and anaerobic energy sources for muscular activity and physiology of muscle contraction, strength, and flexibility. Courses specific to this knowledge are HHPK 335 and HHPK 450. Students also take support courses in Chemistry and/or Physics. Methods for evaluating student learning include but are not limited to written exams, other written assignments, oral presentations, portfolios, journals, and service projects.

3. **ACTION PLAN: STRATEGIES/METHODS FOR OBSERVING STUDENT LEARNING.** *How will data be collected, analyzed, shared? How will faculty observe the accomplishment of this outcome?* Please provide specific descriptions for how, when, how often, what course(s), what student performances will be observed, collected and analyzed. Please provide or attach any descriptions of your ACTION PLAN OR PROCESS addressing the who, what, when, where questions for the assessment program.

The grading scale for each course is determined by the professor/instructor assigned to teach the course. Students seeking a degree in Human Performance must have a minimum grade of "C" in all major courses. Students must also have an overall grade point average of 2.0 in order to be certified for graduation. Students are expected to progress successfully through the curriculum which incorporates written examinations, quizzes, oral presentations, written reports/research papers, and portfolios. Some students may participate in an internship, for credit or outside of their required or elected coursework. The "culminating experience" for Human Performance majors is HHPK 451, Topics in Exercise Science. Students are required to apply their knowledge gained from other coursework and experiences to analyze research and add to the body of knowledge in the field of exercise science by completing a research project and presenting it to students and faculty members. Successful completion of these criteria is required for completion of the course (HHPK 451).
4. CRITERIA FOR SUCCESS: MEASURES & TARGETS. What are the standards of progress or criteria used for judging success for the student learning assessment observations? Please attach any assessment tools, standards (rubrics) or other documents used to judge success or achievement of the outcome.

This program seeks to present additional opportunities for career preparation in human performance that directly prepare students for graduate study. To assess the success of this program, two criteria have been established; 1) that 90% or more of Human Performance majors present a satisfactory research project to a group of students within a major course and a panel of faculty judges at the conclusion of their HHPK 451 course, and 2) that 60% of Human Performance majors either a) present a research or service program at an expert-reviewed event (e. g. Student Research Week on campus, TAHPERD summer or annual convention, etc) or b) complete an external project that provides service to community members (related to exercise science) (e. g. health screenings, etc).

These two additional reports for questions 5&6 below will be due in May 11, 2012

5. ACHIEVEMENT SUMMARY: FINDINGS & RESULTS. What are the results of the assessment of this learning objective thus far? Be sure to include the year of the assessment, attach any relevant reports, data tables, etc. Please be specific in your descriptions. Indicating that n% students took a test or passed an oral exam is not an example of assessment findings.

6. PROGRAM ENHANCEMENT. How has assessment data been used? Please give examples over the last 3 years. What are the specific mechanisms for communicating results and changing courses, curriculum, learning activities within a course, etc.

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Program Coordinator if applicable ________________________________
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1. **STUDENT LEARNING OUTCOME (SLO):** What will a student be able to do, what knowledge, skills, values will they have, etc., upon graduation from the program that will be assessed? A Student Learning Outcome is a clear concise statement that describes how students can demonstrate their mastery of some element of the academic program goals.

   To gain an understanding of the fitness concepts

   To develop a knowledge and understanding of the concepts associated with health- and skill-related fitness and the relationship of fitness to overall health and well-being.

2. **LINKS TO CURRICULUM & PROGRAM FACULTY.** What courses support this SLO? How do all program faculty participate in setting the goals, content and learning outcomes of these courses? How do all program faculty participate in analyzing and making recommendations based on the results of student assessments?

   Students seeking a degree in human performance will develop knowledge, understanding and practical skills associated with health- and skill-related fitness and health, including procedures for assessing fitness levels in the various components of physical fitness as well as the techniques used in developing physical fitness among individuals. The objective is to provide information related to the need for continuing physical activity and its contribution to human well-being. The course specific to developing knowledge and understanding of the concepts of fitness is HHPK 154.

3. **ACTION PLAN: STRATEGIES/METHODS FOR OBSERVING STUDENT LEARNING.** How will data be collected, analyzed, shared? How will faculty observe the accomplishment of this outcome? Please provide specific descriptions for how, when, how often, what course(s), what student performances will be observed, collected and analyzed. Please provide or attach any descriptions of your ACTION PLAN OR PROCESS addressing the who, what, when, where questions for the assessment program.

   The grading scale for each course is determined by the professor/instructor assigned to teach the course. Students seeking a degree in Human Performance must have a minimum grade of "C" in all major courses, including HHPK 154. Students must also have an overall grade point average of 2.0 in order to be certified for graduation. Students are required to apply their knowledge gained from the course to accurately demonstrate competence in the prescription and evaluation of fitness among a wide variety of individuals (varying in age, gender, physical fitness status, and goals). Successful completion of these criteria is required for completion of the course (HHPK 154).

4. **CRITERIA FOR SUCCESS: MEASURES & TARGETS.** What are the standards of progress or criteria used for judging success for the student learning assessment observations? Please attach any assessment tools, standards (rubrics) or other documents used to judge success or achievement of the outcome.
HHPK 154 will provide an opportunity for students to demonstrate their knowledge (cognitive and psychomotor) in the creation of appropriate fitness programs for individuals with different ages, genders, goals, and levels of physical fitness. Students will also be able to evaluate physical fitness using valid assessment techniques and tools. These outcomes will be a part of the course criteria in HHPK 154. Students who successfully complete the course will have demonstrated their knowledge of physical fitness and its relationship to the field of exercise science.

These two additional reports for questions 5&6 below will be due in May 11, 2012

| 5. ACHIEVEMENT SUMMARY: FINDINGS & RESULTS. | What are the results of the assessment of this learning objective thus far? Be sure to include the year of the assessment, attach any relevant reports, data tables, etc. Please be specific in your descriptions. Indicating that n% students took a test or passed an oral exam is not an example of assessment findings. |
| 6. PROGRAM ENHANCEMENT. | How has assessment data been used? Please give examples over the last 3 years. What are the specific mechanisms for communicating results and changing courses, curriculum, learning activities within a course, etc |

Review and Approval Signatures & Date:
Program Coordinator if applicable
Department Chair:
Dean
STUDENT LEARNING OUTCOME #4

1. STUDENT LEARNING OUTCOME (SLO): What will a student be able to do, what knowledge, skills, values will they have, etc., upon graduation from the program that will be assessed? A Student Learning Outcome is a clear concise statement that describes how students can demonstrate their mastery of some element of the academic program goals.

To develop skills in a variety of activities
To gain knowledge and enhance the development of skills in a variety of physical activities

2. LINKS TO CURRICULUM & PROGRAM FACULTY. What courses support this SLO? How do all program faculty participate in setting the goals, content and learning outcomes of these courses? How do all program faculty participate in analyzing and making recommendations based on the results of student assessments?

Students seeking a degree in human performance will develop knowledge and skills in a variety of conditioning, individual, dual, and team sports/activities. The objective is to develop techniques for sports conditioning and fundamental skills used in individual and dual sports. Focus will also be given to the various stages of games skill development which places emphasis on designing a variety of learning experiences for grade appropriate team sports. Courses specific to developing skills in a variety of physical activities are HHPK 250 and HHPK 251.

3. ACTION PLAN: STRATEGIES/METHODS FOR OBSERVING STUDENT LEARNING. How will data be collected, analyzed, shared? How will faculty observe the accomplishment of this outcome? Please provide specific descriptions for how, when, how often, what course(s), what student performances will be observed, collected and analyzed. Please provide or attach any descriptions of your ACTION PLAN OR PROCESS addressing the who, what, when, where questions for the assessment program.

Specific methods for evaluating student learning in HHPK 250 and HHPK 251 are determined by the professor/instructor assigned to teach the courses. Students seeking a degree in human movement must have a minimum grade of "C" in all major courses. Students must also have an overall grade point average of 2.0 in order to be certified for graduation. Students are expected to progress successfully through the curriculum which incorporates written examinations, quizzes, oral presentations, written reports/research papers, portfolios, and skill tests.

4. CRITERIA FOR SUCCESS: MEASURES & TARGETS. What are the standards of progress or criteria used for judging success for the student learning assessment observations? Please attach any assessment tools, standards (rubrics) or other documents used to judge success or achievement of the outcome.

Specifically, students who successfully complete HHPK 250 will be required to participate in at least 10 different individual or dual activities, will demonstrate knowledge about these activities by successfully completing a series of quizzes and at least two exams. Students will also be required to demonstrate competency in physical skill for at least 5 individual or dual activities. In addition, students will be required to participate in
at least one novel individual or dual activity and demonstrate (by written report and one other form of media, like photo or video), completion and knowledge in that activity. Students who successfully complete HHPK 251 will be required to participate in at least 4 different team sports of activities and will demonstrate knowledge and skill in these activities by successfully completing written exams, assignments, completion of a teaching assignment in at least one sport, and successful completion of all practice sessions within the course. Students will demonstrate competency in physical skill for at least 4 team sports or activities. Earning a grade of "C" or higher in the course indicates successful completion of all these criteria. Additionally, instructors of these two courses will be selected and evaluated by the Program Coordinator and Department Head to ensure quality of instruction, which is directly related to student learning.

These two additional reports for questions 5&6 below will be due in May 11, 2012

5. ACHIEVEMENT SUMMARY: FINDINGS & RESULTS. What are the results of the assessment of this learning objective thus far? Be sure to include the year of the assessment, attach any relevant reports, data tables, etc. Please be specific in your descriptions. Indicating that n% students took a test or passed an oral exam is not an example of assessment findings.

6. PROGRAM ENHANCEMENT. How has assessment data been used? Please give examples over the last 3 years. What are the specific mechanisms for communicating results and changing courses, curriculum, learning activities within a course, etc