Warmup and Daily Routine for BBb Tuba


1. Relaxed, not forced $\frac{4}{4}$ $m^f$
Continue as low as possible. . .
4. Smooth connections, no bumps in the sound

Continue as low as possible. . .
5. Cichowicz Routine

Continue as low as possible. . .
6. Also 8vb  \( \text{\textit{Bruckner Exercise}} \)
8. Beautiful Sound  \( \text{c}=72 \)
9. Finger Flexibilities
10. Lip Flexibilities - Play each line with as many valve combinations as possible

This warmup study comprises excerpts from Ted Cox, Don Little, and Sam Pilafian. Flexibility studies can be found in "Lip Flexibilities" by Bai Lin.