



TEXAS A&M UNIVERSITY  
**COMMERCE**

**Curriculum Vita  
Spring 2019**

**Instructor:** Judy Allen, Adjunct Instructor  
**Academic Department:** Health and Human Performance

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Fieldhouse  
Texas A&M University-Commerce  
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**EDUCATION**

Master of Science in Health, Kinesiology and Sports Studies/Health Promotion  
Texas A&M University - Commerce, 2011

Bachelor of Science in Health Promotions  
Texas A&M University – Commerce, 2007

Associate of Applied Science  
Paris Junior College, 2001

Alternative Certification, Special Education/All Level  
Texas A&M University – Commerce, 2011

**TEACHING EXPERIENCE**

**Texas A&M University – Commerce (Adjunct Instructor)**

HHPK 200 US Concepts of Lifetime Wellness (August 2012 – Spring 2017)  
HHPH 130 Introduction to Personal & Community Health (August 2012 – Fall 2015)  
HHPH 250 Consumer Health (Spring 2013 – Fall 2015)  
HHPH 265 Substance Use & Abuse (Fall 2014 – Current)  
HHPH 331 Nutrition (Fall 2016 – Fall 2017)  
EDAD 626 Public School Law (Facilitator/Mentor – Summer 2013)