

VITAE

Shirley Craun Allen, MS, LPC

Graduate Assistant Teacher and Researcher of Psychology, Department of Psychology, Counseling and Special Ed Texas A&M University-Commerce

Adjunct Professor of Psychology, Department of Humanities and Social Services; Psychology Discipline, Collin College

Private Counseling Practice, Greenville, TX

PERSONAL STATEMENT

My goals are to contribute as a professional therapist, professor and educator at both an individual and organizational level. I plan to use my knowledge, skills, and research abilities to benefit professional and community efforts.

My primary focus is to provide quality evidence-based assistance and education to both clients and students in the areas of psychology and counseling. My primary focus of interest is in assessment, breathing and mediation, animal assisted therapies, biofeedback, play and sand tray therapy. My primary theoretical approach is humanistic with a prominent cognitive-behavioral therapy application.

I believe that helping others, in whatever capacity I possess, to be my life's calling and I am more than willing to learn and develop the skills necessary to continue to provide services to those seeking my help.

EDUCATION

PhD Candidate in Educational Psychology ▪ Graduation December TBD

Texas A&M University-Commerce ▪ Commerce, Texas ▪

- Dissertation Topic - TBD
- Cognate in Early Childhood Development

Masters of Science in Applied Psychology ▪ December 2012 ▪

Texas A & M University- Commerce ▪ Commerce, Texas

- Electives in CACREP accredited counseling courses

Bachelor of Science in Psychology ▪ May 2008

Texas A & M University- Commerce ▪ Commerce, Texas

- Minor in CACREP accredited counseling courses

Associate of Art ▪ May 2006

Collin College ▪ Plano, Texas

LICENSURE/CERTIFICATION

LPC-S Licensed Professional Counselor ▪ License Number 72150

EAGALA Certified- Equine Assisted Growth and Learning Association ▪ May- 2016

Gottman Training, level one, August 2016

Sand Tray Therapy, level 2, July 2014

Human Resources Management, May 2008

PROFESSIONAL EXPERIENCE

Counselor ▪ August 2009 to Current

Mental Health with Dr. Ruth, Greenville, Texas

Provide counseling services in a private practice setting for individuals, couples, children, preform biofeedback and facilitate groups. Develop treatment plans, organize case management, prepare for sessions, consult with family/parents/professionals, update paperwork template.

Adjunct/GA Professor, Psychology Department ▪ Fall 2009 to Current

Texas A&M University-Commerce, Commerce, Texas

Teach Undergraduate Psychology Courses, Develop Syllabus, Lesson plans
Independently organized & facilitated complete classroom experience, Compiled Testing Measures & Reported grades, created face-to-face, lab, and online curriculum

Graduate Assistant Researcher, Psychology Department ▪ Spring 2014 & Fall 2016

Texas A&M University-Commerce, Commerce, Texas

Coordinate and run subjects for empirical research, data input

Counselor ▪ April 2016 to present

Glen Oaks Hospital, Greenville, Texas

Conducted group counseling life-skills sessions to youth and adults

Adjunct Professor, Psychology Department ▪ Spring 2013 to Current

Collin College, Central Park Campus, McKinney, Texas

Teach Undergraduate Psychology Courses, Develop Syllabus, Lesson plans
Independently organized & facilitated complete classroom experience, Compiled Testing Measures & Reported grades, created face-to-face and online curriculum

Psychological Practicum Intern ▪ May 2012 to June 2014

Counseling and Psychology Clinic at Texas A&M University-Commerce, Commerce, TX

Administered, scored, and interpreted full psychological evaluates, wrote reports and recommendations; Conducted counseling sessions with adults, children, couples, and families presenting with various concerns; Facilitated Play Therapy, Sand Tray, developed Treatment Plans, staffing of clients

Counselor Intern ▪ February 2015 to August 2016

Mental Health with Dr. Ruth; Greenville, Texas

Provided counseling services in a private practice setting for individuals, couples, children, preformed biofeedback and facilitated groups. Developed treatment plans, organized case management, preparation for sessions, consultation with family/parents/professionals, updated paperwork template.

Filial Therapy Intern ▪ January 2014 to May 2014

Texas A&M University-Commerce ▪ Private Practice setting ▪ Greenville, Texas

Marketed and screened for the group, Co-lead an eight week filial model parenting group, and provided individual assistance as needed

TEACHING

PSY 317 Psychology of Personality▪ Adjunct Professor▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 2306 Sexual Behavior▪ undergraduate ▪ GA Professor ▪ Department of Psychology at Texas A&M University-Commerce ▪ .
PSY 214 Aspects of Psychology▪ Adjunct/GA Professor ▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 315 Physiological Psychology▪ Adjunct Professor▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 319 Child & Adolescence Development▪ GA Professor▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 316 Abnormal Psychology▪ Adjunct Professor▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 302 Statistics Lab Instructor▪ GA Professor▪ Department of Psychology at Texas A&M University-Commerce ▪
PSY 2314 Life-Span Development▪ Adjunct Professor▪ Department of Psychology at Collin College, Central Park Campus, McKinney, Texas ▪
PSY 2301 General Psychology▪ Adjunct Professor▪ Department of Psychology at Collin College, Central Park Campus, McKinney, Texas ▪
PSY 1300 Learning Framework▪ Adjunct Professor▪ Department of Psychology at Collin College, Central Park Campus, McKinney, Texas ▪
PSY 1100 Learning Framework▪ Adjunct Professor▪ Department of Psychology at Collin College, Central Park Campus, McKinney, Texas ▪

PRESENTATIONS

Investigating Gender Differences in Civic Participation as Measured through Discussion Boards, Great Plains Psychology Conference, March 2005

Investigating Gender Differences in Civic Participation as Measured through Discussion Boards, Llano Estacado Psychology Conference, April 2005

Investigating Gender Differences in Civic Participation as Measured through Discussion Boards, "Cultivating Scholars: Celebrating Psychological Research" Collin County Community College, April 2005

Recommendations for Effective Change, Service Learning Banquet: Collin County Community College, May 2005

ACCOMPLISHMENTS AND AWARDS

Phi Theta Kappa National Honor Society, 2004-present

President, Psi Beta National Honor Society, 2005-06

National Dean's list, 2005-present

National Scholars Honor Society, 2005-present

I-LEAD, Association of College Unions International, 2005

All-Texas Academic Team, 2006

Psi Beta Chapter Banner Design, Collin County Community College, 2006

Emerging Scholar, 2006

Psi-Chi, 2007

Dean's List

President's List

Academic Excellence, 2013

PCGSA Doctoral Liaison 2013-2014

2005-Barbara Lusk Faculty Scholarship
2006- Board of Trustees Scholarship
2006-2007 PTK and PTK All State Academic Scholarships
2007-2008 Mayo Scholarship

SERVICE

Coffee for College, volunteer 2005
Katrina Relief, liaison, 2005
Relay for Life, team lead, 2005
Earth Day, volunteer, 2006
Good Samaritan Inn Thanksgiving, volunteer coordinator, 2005
Child Development Center, volunteer, 2006
Veterans Benefits and Job Fair, liaison, 2011
Disabilities Fair, liaison, 2011
Collin Welcome Week, volunteer, Central Park Campus, 2014
Therapy Dogs on Campus, volunteer, 2014
Text book Review Committee, 2014