
Curriculum Vitae

S. Dean Aslinia, Ph.D., LPC-S, NCC, BCPC

**Licensed Professional Counselor-Supervisor
National Certified Counselor
Board Certified Professional Counselor**

4817 Medical Center Dr. Unit 3A
McKinney, TX 75069

(972) 886-8469
Email: Aslinia@doctor.com

EDUCATION

| | | |
|-------------|---|---------------------|
| 2007 – 2010 | Ph.D. (Doctor of Philosophy) - Counseling | Commerce, TX |
| | <i>Texas A&M University-Commerce (CACREP Accredited Program)</i> | |
| | <ul style="list-style-type: none">▪ Specialization: Marriage and Family▪ Dissertation: A Cross-Cultural Examination of the Relationship among Perceived Sex Roles, Marital Values, and Marital Satisfaction. | |
| 2008 – 2009 | Certificate of Grief Counseling Facilitation | Mesquite, TX |
| | <i>Texas A&M University-Commerce – Dallas Metroplex Campus</i> | |
| | <ul style="list-style-type: none">▪ 60 hour module, 20 hour practicum | |
| 2007 – 2009 | M.S. (Master of Science) - Counseling - Community Mental Health | Commerce, TX |
| | <i>Texas A&M University-Commerce (CACREP Accredited Program)</i> | |
| | <ul style="list-style-type: none">▪ Specialization: Children & Adolescents – Fully trained in Play & Filial Therapy▪ 700 hour counseling practicum & internship | |
| 2005 – 2007 | M.A. (Master of Arts) - Psychology - Behavioral Science | Houston, TX |
| | <i>University of Houston-Clear Lake</i> | |
| | <ul style="list-style-type: none">▪ Thesis: Familial Cultural Immersion and Language Maintenance Among Second Generation Iranian Immigrants in the United States (U.S. copyright office registration number TX 6-532-455) | |
| 2000 – 2004 | B.S. (Bachelor of Science) - Psychology | Houston, TX |
| | <i>University of Houston</i> | |
| | <ul style="list-style-type: none">▪ Multidisciplinary minor in Biology, Nutrition, Communication and Political Science | |
| 1998 – 2000 | A.S. (Associate of Science) - General Sciences and Mathematics | Tomball, TX |
| | <i>Lone Star College - Tomball</i> | |

Winter Mini 2008 – Adjunct Professor –Marriage and Family Counseling (COUN 497) (Fully Online)

Fall 2008 – Adjunct Professor – Introductory Psychology (PSY 2301) (Web-Enhanced)

2011 – 2012 **Walden University** **Indianapolis, MN**
 College of Social & Behavioral Sciences
 School of Counseling and Social Service
 Graduate Mental Health Counseling Program
 Graduate Marriage, Couple and Family Counseling Program

Fall 2011 – Contributing Faculty – Introduction to Mental Health Counseling (COUN 6100)- Section 25

Fall 2011 – Contributing Faculty – Techniques of Counseling (COUN 6316)- Section 30

Fall 2011 – Contributing Faculty – Techniques of Counseling (COUN 6316)- Section 29

Summer 2011 – Contributing Faculty– Ethics and Legal Issues in Counseling (COUN 6306)- Section 17

Summer 2011 – Contributing Faculty – Couples and Family Counseling (COUN 6726/ 8726)- Section 3

Summer 2011 – Contributing Faculty – Couples and Family Counseling (COUN 6726/ 8726)- Section 4

Spring 2011 – Contributing Faculty – Found. Graduate Study in Counseling. (COUN 6101)- Section 27

PROFESSIONAL COUNSELING & CLINICAL EXPERIENCE:

2012 – Present **New Horizon’s Center for Healing** **McKinney, TX**
 Comprehensive Mental Health Clinic
 Clinical Director / Licensed Professional Counselor-Supervisor

- In charge of clinical operations – therapist assignments, scheduling, treatment plan reviews, group therapy schedules, etc...
- Supervise counseling interns with their treatment plans and clients
- Coordinate patient/client care with Staff/ Psychologist/ Psychiatrist/ Play Therapist
- Conduct Individual and couple therapy sessions
- Coordinate Intensive Outpatient Programs (IOP) for Addictions (Sexual/ Drug/ Alcohol)

2011 – Present **Dr. S. Dean Aslinia, PLLC** **Plano, TX**
 Private Practice
 Psychotherapist / Licensed Professional Counselor

- Conduct individual counseling sessions – depression, anxiety, anger, sexual addiction/compulsions
- Conduct relationship counseling (Pre-marital, marital, divorce, sexual)
- Conduct grief counseling sessions

2009 – Present **Richardson Counseling Center** **Richardson, TX**
 Private Practice
 Psychotherapist / Licensed Professional Counselor / (Intern 2009-2010)

- Conduct individual counseling sessions (CBT and Adlerian approach)
- Conduct family & marriage counseling sessions (Family systems approach)
- Conduct counseling & psychotherapy for sexual related issues (Gender Identity/Addiction/Compulsion)
- Conduct grief counseling sessions
- Conduct filial and play therapy sessions

- 2008 – 2010 **Community Counseling and Psychology Clinic** **Commerce, TX**
Texas A&M University-Commerce
Counselor-Intern
- Facilitate play therapy, filial therapy, and sandtray therapy sessions (Person-centered approach)
 - Conduct individual counseling sessions (CBT and Adlerian approach)
 - Conduct family & marriage counseling sessions (Family systems approach)
 - Conduct grief counseling sessions
 - Conduct psychological assessments for individuals SCL-90-R, MSE
- 2008 **Journey of Hope Grief Support Center** **Plano, TX**
Grief Support Facilitator
- Facilitate group grief sessions with children, adolescents and adults
 - Individually work with children going through the process of grief
 - Assist with activities supporting the center
 - Completed 25 hours of grief facilitator training
- 2008 **White Stone Counseling Center** **Greenville, TX**
Parent-Child Relationship Therapy (Filial Therapy)
- Facilitate parent groups
 - Teach and supervise Play Therapy sessions
 - Utilize Dr. Landreth's 10 Session Model

SUPERVISION EXPERIENCE

- 2009 – 2010 **Community Counseling and Psychology Clinic** **Commerce, TX**
Texas A&M University-Commerce
Doctoral Student Supervisor
- Supervise master's level counseling-interns
 - Facilitate individual & didactic supervision sessions
 - Community & school setting counselor-interns

RELEVANT WORK EXPERIENCE:

- 2008 – 2011 **Texas A&M University-Commerce** **Commerce, TX**
Faculty Instructional Design Specialist
- Carryout eCollege related administrative tasks for university faculty
 - Assist university faculty with designing and developing courses in an online setting (eCollege platform) in accordance with best practices of instructional design
 - Conduct research to incorporate new technologies in online courses
 - Facilitate and create faculty training and teaching sessions for designing online courses at all Texas A&M University-Commerce campuses (Commerce, Mesquite, Downtown Dallas) and online sessions.
 - Conduct research on the best suitable form of WiKi and develop an implementation plan for its use and training for the university.
 - Conduct training sessions for eCollege ® , Respondus ® , Class Live Pro ® , Turnitin ® , Jing ® , Adobe Presenter (Breeze) ® and, Learning Path ®

- Conduct administrative and training projects for INACT (Information Network for the Alternative Certification of Teachers) online platform through Tarleton State University
- Design and maintain the Instructional Design Unit's website for faculty and managing the monthly Faculty Spotlight Articles.

2007 – 2008 **University of Phoenix** **Dallas, TX**

Enrollment Counselor/Student Advisor

- Counsel potential students in determining future educational goals/interest
- Evaluate previous college academic work and determine equivalent transfers
- Prescreen students for Federal financial aid eligibility
- Develop degree curriculum plans with students
- Assist with student retention

2006 – 2007 **University of Houston- Downtown** **Houston, TX**

Research Assistant

- Collect and gather information for research proposals/research
- Develop questionnaires relevant to research proposals
- Formulate required documents for Committee for Protection of Human Subjects
- Develop informed consent/assent forms
- Analyze information via SPSS Software
- Write research findings in scientific/peer-reviewed journal format

2003 – 2005 **University of Houston – Office of Admissions** **Houston, TX**

Ambassador

- Assist with student recruitment
- Plan and administer University open houses for prospective students
- Represent the University at the College Admissions Counseling Association of Texas
- Represent the University for fiscal budgeting at the State Capital
- Conduct University Campus Tours for prospective students

1999 – 2000 **Gallup Poll (CNN, USA TODAY)** **Houston, TX**

Interviewer

- Conduct Presidential election interviews
- Conduct opinion polls for client companies
- Perform quality review of completed surveys

PUBLICATIONS:

Books/Monograph

Aslinia, S. D (2008). Iranian Immigrants in the United States: History, Migrations Trends, Language and Cultural Maintenance among Second Generation Iranian Immigrants. *VDE Verlag*. Berlin, Germany.

Refereed Publications

Aslinia, S.D., Rasheed, M., Simpson, C., (2011) Individual Psychology (Adlerian) Applied to International

Collectivist Cultures: Compatibility, Effectiveness, and Impact, *Journal for International Counselor Education*, 3(1), 1-12.

Abbassi, A., **Aslinia, S.D.**, (2010). Family Violence, Trauma and Social Learning Theory, *Journal of Professional Counseling: Practice, Theory, and Research*, 38, (1), 16-27.

Francis, A., Larkin, C., **Aslinia, S. D.** (2010). Interaction in online courses. *Journal of Online Engineering Education*, 1(1), 1-4.

Aslinia, S. D., Francis, A. (2009). Development of eLearning methods for teaching and practicing counseling online: Effectiveness and significance. *Proceedings of ICERI2009 Conference* (pp. 322-326). Madrid, Spain.

Francis, A., **Aslinia, S.D.** (2009). Integration of technology and development of strategies in making online assessment more reliable and valid: An introduction to altered testing. *Proceedings of ICERI2009 Conference* (pp. 332-336). Madrid, Spain.

Refereed Publications in Progress

Mobasher, M., **Aslinia, S.D.**, Return Migration Rates and life satisfaction among Iranians living in Iran

Aslinia, S.D., Abbassi, A., Balkin, R.S., Cross-Cultural Exploration of Wedding Rituals: Their Importance, Meaning and, Impact on the Marital Relationship

Instruments

Aslinia, S.D., Balkin R.S., Abbassi, A., (In Progress) (AMMI) Aslinia Multicultural Marital Inventory

Miscellaneous Refereed Research

Aslinia, S.D. (2010) A Cross-Cultural Examination of the Relationship among Perceived Sex Roles, Marital Values, and Marital Satisfaction, *Doctoral Dissertation*. Texas A&M University-Commerce, Commerce, TX.

Aslinia, S.D. (2007) Familial Cultural Emersion and Maintenance of the Persian Language among Second Generation Iranian Immigrants in the United States; *Master's Thesis*. University of Houston-Clear Lake. Houston, TX.

Non-Refereed Publications

Aslinia, S. D. Effectively Promoting Your Practice and Promoting Professional Counseling: The Power Behind a Press Release, *Guidelines, Texas Counseling Association*, 58, (4), 4, Winter 2010

Aslinia, S.D. The Year That Passed, *Chi Sigma Iota-Epsilon Tau International Academic and Professional Honor Society in Counseling's Quarterly Newsletter*, October 2009

Aslinia, S.D. Importance of Assessment in Online Instruction, *Texas A&M University-Commerce Instructional Technology and Distance Education Instructional Design Newsletter*, May 2008

EDITORIAL EXPERIENCE:

- 2008 – 2012 **Marriage & Family TODAY!**
Official Newsletter Publication of the Texas Association of Marriage and Family Counselors – a division of Texas Counseling Association
- Design and publish quarterly newsletters, brochures, logos
 - Solicit and review articles for publication
 - Format and correct submitted articles
 - Publish newsletter on association website and send to all members

PERESENTATIONS (PEER REVIEWED):

International

Aslinia, S.D., Abbassi, A. (February, 2010) *Challenges for Parenting Special Children: A Comparison of Parents in Iran and America*, Presented at the 18th Annual University of North Texas International Conference on Parent Education and Parenting, Texas, USA

Aslinia, S.D., Francis, A. (November, 2009) *Development of eLearning Methods for Teaching and Practicing Counseling Online: Effectiveness and Significance*, Presented at the International Conference of Education, Research and Innovation (iCERi 2009), Virtual Presentation, Madrid, Spain

Francis, A., **Aslinia, S.D.** (November, 2009) *Integration of Technology and Development of Strategies in Making Online Assessment More Reliable and Valid: An Introduction to Altered Testing*, Presented at the International Conference of Education, Research and Innovation (iCERi 2009), Virtual Presentation, Madrid, Spain

Aslinia, S.D. (June, 2009) *Defining Grief, Loss and Bereavement: How to cope and facilitate the process of Healing – Play Therapy, Sandtray Therapy*, prepared and presented for SEPAS Cancer Support Organization. Presented to mental health professionals and university faculty from various Universities, Tehran, Iran

National

Aslinia, S.D.; Balkin, R. S; Abbassi, A. (2009, September) *Introduction of the Aslinia Multicultural Marital Inventory*. Presented at the Association for Assessment in Counseling and Education's (AACE) "2009 National Assessment Conference" Norfolk, Virginia

Aslinia, S.D.; Abbassi, A.; Balkin, R. S. (2009, September) *Importance, Meaning and, Impact of Wedding Ceremonies on the Marital Relationships: A Cross-Cultural Exploration*. Presented at the Association for Assessment in Counseling and Education's (AACE) "2009 National Assessment Conference" Norfolk, Virginia

Aslinia, S.D.; Abbassi, A. (2008, September) *Immigrant Marital Value System Adjustments: Effects of Assimilation, Acculturation and Intergenerational differences in the United States*. Presented at the Association for Assessment in Counseling and Education's (AACE) "2008 National Assessment Conference" Dallas, Texas

Abbassi, A.; **Aslinia, S.D.** (2008, September) *N=1, how to do case studies in a clinical setting*. Presented at the Association for Assessment in Counseling and Education's (AACE) "2008 National Assessment Conference" Dallas, Texas

State of Texas

Abbassi, A.; Nelson, K.; Ball, L.; **Aslinia, S.D.** (2009, November) *Nuts and Bolts of the LMFT: Meet a Board Member and Learn*, Presented at the Texas Counseling Association's 53rd Annual Professional Growth Conference, Dallas, Texas

Abbassi, A.; Linstrum, K.; Asante, C.O.; **Aslinia, S.D.** (2008, November) *The Effects of Internet on Contemporary Family: the Good, Bad and Ugly*, Presented at the Texas Counseling Association's 52nd Annual Professional Growth Conference, Houston, Texas

University/Academics

Aslinia, S.D. (2008, April). *What Motivates Us and How We Can Motivate Others: Differences between Extrinsic and Intrinsic Motivation*; Presented at the Texas A&M University-Commerce Faculty Professional Development Day (2 sessions). Commerce, Texas

Aslinia, S.D. (2006, April). *Familial Cultural Emersion and Maintenance of the Persian Language among Second Generation Iranian Immigrants in the United States*; Presented at the 12th annual Student Conference for Research & Creative Arts, University of Houston-Clear Lake; Houston, Texas

Invited Presentations

Aslinia, S.D., (2011, May) *Counseling & Psychology as a Career*. Presented at Hicks Elementary School, Lewisville, ISD, TX Career Week.

Aslinia, S.D., (2010, October) *Trends in Online Education and its implications in Counseling, An overview of how to use the eCollege ® platform and Class Live Pro ® in teaching effective counseling courses*. Presented at Texas A&M University-Commerce, Instructional Theory and Methods in Counselor Education (Doctoral group), Mesquite, Texas and broadcast via a webinar to the Commerce campus.

Aslinia, S.D., (2009, September) *New Technologies and Platforms for Counselor Education Programs in an Online Environment, Overview of eCollege ®, Respondus ®, Class Live Pro ®, Adobe Presenter (Breeze) ® and, Learning Path ®* Presented at Texas A&M University-Commerce, Instructional Theory and Methods in Counselor Education (Doctoral group), Commerce, Texas

Aslinia, S.D., (2009, July) *Importance of Understanding Language and Multicultural Psychology in a School Setting*, Presented at Texas A&M University-Commerce, US-Psychology/Sociology of Diverse Populations Group, Commerce, Texas

Abbassi, A., **Aslinia, S.D.**, (2009, May) *Ingredients to a Healthy and Happy Marriage*, Presented at Towheed Persian Foundation (In Persian), Frisco, Texas

Aslinia, S.D., (2009, February) *Counseling Methods and Education in an Online Setting*, Presented at Texas A&M University-Commerce, Instructional Theory and Methods in Counselor Education (Doctoral group), Commerce, Texas

Aslinia, S.D., (2008, October) *Success in Counseling Doctoral Program*, Panel Presentation at Texas A&M University-Commerce, Mesquite Campus, Mesquite, Texas

Aslinia, S.D., (2008, August) *Spirituality and Counseling: Perspective of Islam*, Presented at Texas A&M University-Commerce, Mesquite Campus, doctoral group, Mesquite, Texas

Aslinia, S.D., (2008, July) *Counseling Education and Online Instruction, Using eCollege® and Class Live Pro®*, Presented at Texas A&M University-Commerce, Instructional Theory and Methods in Counselor Education (Doctoral group), Commerce, Texas

Invited Television Interviews

Aslinia, S.D., (2009, August) – *Psychological & Counseling Resources* – E2 Persian Satellite Television, Washington, D.C. August 4, 2009.

Aslinia, S.D., (2009, July) – *Post Traumatic Stress Disorder and Prevention (PTSD)* – E2 Persian Satellite Television, Washington, D.C. July 28, 2009.

HONORS & RECOGNITION

- Selected and Invited as the Keynote Speaker for the December 2010 Texas A&M University-Commerce Commencement Exercises.
- Recipient of the Texas A&M University System Teaching Excellence Award – from Chancellor McKinney – Fall 2010.
- Recipient of *Texas A&M University-Commerce John P. McQuary Doctoral Endowment* - 2010
- Recipient of *Texas Counseling Association Joseph & Lorraine Dameron Educational Endowment* - 2009
- Recipient of *Truax Foundation Outstanding Doctoral Student Scholarship* – Highest Departmental Award – 2009
- Selected to *Who's Who Among Students in American Universities and Colleges* – 2009
- Recipient of *AACE's Outstanding Volunteer Award* - 2009
- Recipient of a full scholarship to the *American Counseling Association's Annual Conference* (Charlotte, NC) – 2009
- Recipient of a full scholarship to the *American Counseling Association's 'Association for Assessment in Counseling and Education Conference'*, (Dallas, TX) – 2008

- Recipient of *The Houtan Foundation National Scholarship* - 2008
- Recipient of *Texas A&M University-Commerce Department of Counseling McQuary Scholarship* – 2008
- Chi Sigma Iota – Counseling Academic & Professional International Honor Society Membership - 2008
- Recipient of the *Outstanding Masters Student Award by the Association of Professors and Scholars of Persian Heritage* – 2006
- Psi Chi - The National Honor Society in Psychology Life Membership – 2005
- The National Scholar's Honor Society - Life Membership – 2005
- University of Houston *Ambassador of the Year* – 2003
- University of Houston *American Student Dental Association Presidential Award of Excellence*–2003
- Dean's List – Multiple semesters, University Houston & Tomball College
- Recipient of *Military Training Certificate* equivalent to an upgrade of one rank in the United States Armed Forces – 1997

PROFESSIONAL LEADERSHIP & MEMBERSHIP

International

- **Member** - International Association of Marriage and Family Counselors (IAMFC) – 2008 – Present
- **Member** - SEPAS – Society for Support and Counseling of Individuals and Families Suffering from Cancer (In conjunction with MAHAK Children's Cancer Hospital (Tehran, Iran) – 2007– 2010

National

- **Member** – American Association of Sex Counselors, Educators, and Therapists (AASECT) 2011 – Present
- **Member** – The Society for the Scientific Study of Sexuality (SSSS) 2011 – Present
- **Member** – Association for Counselor Education and Supervision (ACES) – 2010 – Present
- **Member** – American Psychotherapy Association – 2009 – Present
- **Sub-Committee Member** - Standards and Statements Committee of AACE and as a joint collaborative project with IAMFC - Competencies in Marriage, Family, and Couples Counseling – 2009 – 2010
- **Member** – American Association for Marriage and Family Therapy (AAMFT) – 2009 – Present
- **Committee Member** - ASGW Human Rights and Diversity Committee – 2008 – 2009
- **Member** - Association for Assessment in Counseling and Education (AACE) – 2008 – Present
- **Member** - Association for Specialists in Group Work (ASGW) – 2008 – 2010
- **Member** - American Counseling Association (ACA) – 2007- Present
- **Member** - The National Scholar's Honor Society-(Life Member) – 2005 – Present
- **Member** - Psi Chi - The National Honor Society in Psychology (Life Member), University of Houston – 2005- Present

State of Texas

- **President** – Texas Association of Marriage and Family Counselors – 2012 - Present
- **Committee Member** – Texas Association of Marriage and Family Counselors By-Laws Review Committee – 2010 – 2011
- **Committee Member** – Texas Association of Marriage and Family Counselors Budget Committee – 2010 - Present

- **President-Elect** – Texas Association of Marriage and Family Counselors – 2010 - 2012
- **Committee Co- Chair** - Texas Counseling Association Communications Committee – 2010 – 2011
- **Member** - Texas Mental Health Counselors Association – 2010 – Present
- **Member** - Texas Association for Counselor Education and Supervision – 2010 – Present
- **Member** - Texas Distance Learning Association (TXDLA) – 2010 – 2011
- **Committee Member** – (2 Terms) Texas Counseling Association Communications – 2008 – 2010
- **Committee Chair** – Texas Counseling Association’s Growth and Development Conference 2009
Dallas, TX - Audio-Visual Facilities Committee – 2008 – 2009
- **Secretary/Webmaster** – (2 Terms) Texas Association of Marriage and Family Counselors –
2008 – 2010
- **Member** - Texas A&M University-Commerce Doctoral Student Association – 2008 – 2010
- **Member** - Texas Association for Specialists in Group Work – 2007 – 2008
- **Executive board member** - Texas Association for Specialists in Group Work – 2007
- **Member** - Texas Association of Marriage and Family Counselors – 2007 – Present
- **Member** – Dallas Northern Metro Counseling Association – 2007 – Present
- **Member** - Texas Counseling Association – 2007 – Present

University/Academics

- **President** - Chi Sigma Iota – Counseling Academic & Professional International Honor Society
Epsilon Tau - Texas A&M University-Commerce – 2008 – 2009
- **President** - American Student Dental Association – University of Houston Chapter 2003 – 2004
- **Ambassador** – University of Houston – 2003 - 2004
- **Vice-President** - American Student Dental Association – University of Houston Chapter 2002 – 2003

PROFESSIONAL SERVICE

- Texas Counseling Association Professional Growth and Development Conference 2011 Program & Presentation Reviewer - 2011
- Served on the Board of Directors of Texas Counseling Association as an Alternate – 2011
- Texas Counseling Association 2008 Leadership Training Institute – 2010
- Chi Sigma Iota-Epsilon Tau 2009 Inductions & Department of Counseling Scholarship Dinner Master of Ceremonies/Coordinator – May 2009
- Texas A&M University-Commerce Department of Counseling 26th Annual Murphy Day Doctoral Student Ambassador & Registration Coordinator – February 2009
- AACE (Association for Assessment in Counseling and Education a division of American Counseling Association) National Conference Registration Coordinator – September 2008
- Managing the development and update of the Texas A&M University-Commerce’s Department of Counseling’s website – July 2008
- Texas A&M University-Commerce Department of Counseling 25th Annual Murphy Day Doctoral Student Ambassador & Registration Coordinator – February 2008
- Texas Counseling Association 2008 Leadership Training Institute – 2008, 2010