

Education

Ph.D. Counseling Education and Supervision (CACREP) <i>Texas A&M University-Commerce, Commerce, TX</i>	In Progress Dec. 2016- present
M.A. Biblical Counseling (With Honors) <i>Dallas Theological Seminary, Dallas, TX</i>	Aug. 2013- Dec. 2016 3.96 GPA
B.A. English & Theatre Arts (Cum Laude) <i>Southwestern University, Georgetown, TX</i>	Aug. 1995- May 1999 3.94 GPA

Licenses & Certifications

Licensed Professional Counselor (#75709) <i>Texas Department of State Health Services</i>	2018
Certified Humanistic Sandtray Therapist <i>Sandtray Therapy Institute</i>	2018
Eye Movement Desensitization & Reprocessing (EMDR) <i>Basic Training I & II, The Practice of Therapy</i>	2018
Certified Educator <i>Christian Association of Sexual Educators (CASE)</i> <ul style="list-style-type: none">• Covenant Lovers• Dance of the Sexes• Heroes and Warriors	2016
Certified Graduate Teacher <i>Evangelical Training Association</i>	2016
Certified Facilitator <i>Prepare/Enrich Marital Assessment</i>	2015
Certified Facilitator <i>Marriage Strong</i>	2014

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Counselor Educator Experience

Adjunct Professor: Appraisal & Assessment Techniques <i>Criswell College</i>	Jan.-May 2019
Adjunct Professor: Psychopathology <i>Criswell College</i>	Jan.-May 2019
Teaching Intern: Advanced Skills <i>Texas A&M University-Commerce</i>	Jan.-May 2019
Guest Lecturer: Practicum II & III <i>Dallas Theological Seminary</i>	2019
Guest Lecturer: Group Play Therapy <i>Dallas Theological Seminary</i>	2019
Guest Lecturer: Research Methods & Techniques <i>Dallas Theological Seminary</i>	2018
Guest Lecturer: Practicum I <i>Dallas Theological Seminary</i>	2018
Guest Lecturer: Group <i>Criswell College</i>	2018
Guest Lecturer: Play Therapy <i>Dallas Theological Seminary</i>	2018
Grader: Counseling Theory <i>Dallas Theological Seminary</i>	2016

Conference Presentations & Professional Workshops

- Change it Up:** 2019
Infusing Creativity into Counselor Education and Supervision
Texas Association for Counselor Education and Supervision
Mid-Winter Conference, Dallas, TX
- Doctoral Seminar Presentation:** 2018
Creativity in Clinical, Education, and Supervision Work
Texas A&M University-Commerce
Doctoral Seminar, Mesquite, TX
- On the Fly and Off the Cuff:** 2018
Practical Interventions to Take You Beyond Talk Therapy
Texas Counseling Association
Professional Growth Conference, Dallas, TX
- The Ethical Obligation of Gatekeeping for All Counselors and How It Impacts the Counseling Profession** 2018
Texas Counseling Association
Professional Growth Conference, Dallas, TX
- Sandtray in the Schools:** 2018
Effective Interventions with Children and Adolescents
Texas Counseling Association
Professional Growth Conference, Dallas, TX
- Treating Comorbid PTSD & Substance Use Disorder: A Systematic Literature Review** 2018
Texas A&M University-Commerce
Annual Research Symposium, Commerce, TX
Awarded 1st place out of 72 graduate students in the College of Education and Human Services
- Expressive Therapies:** 2016
Are They Effective in Counseling?
Dallas Theological Seminary
Couch Brown Bag Workshop, Dallas, TX

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Community Workshops

Trauma-Informed Care <i>Purpose Project Board of Directors</i>	2018
Purpose Project: Mission and Vision <i>Kaufman Lions Club</i>	2017
Mood Disorders <i>Forney Mothers of Preschoolers (MOPS)</i>	2016
Fear and Courage <i>C Life Church Journey Groups</i>	2016
Broken Cisterns <i>C Life Church Journey Groups</i>	2016

Clinical Experience

Private Practice: Kaufman, TX

Counselor—Provide counseling services to individuals, couples, and families struggling with a variety of presenting problems and diagnoses.

**May 2018-
present**

Business Owner—Implement strategies for development of successful private practice, including forming consultation relationships with colleagues, navigating insurance panels, marketing, and creating HIPAA compliant and ethically sound practices.

The Purpose Project: Kaufman, TX

Counselor—Provide counseling to women with comorbid PTSD and Substance Use Disorder, using trauma-informed care best practices.

**Nov. 2017-
present**

Group Counselor—Provide group counseling for women incarcerated in the Kaufman County Jail (bi-weekly) utilizing psycho-educational component (RDAP curriculum) and process component.

Group Counselor—Provide group counseling for women with comorbid PTSD and Substance Use Disorder as part of a multimodal approach to addiction recovery. Collaborated with a team of counselors and social workers.

Vale Counseling & Therapeutic Center: Sunnyvale, TX

Counselor—Provided counseling to individuals, couples, and families with a variety of presenting issues and diagnoses. Collaborated with colleagues to create treatment plans for assisting whole families with counseling needs.

**April 2015-
Dec. 2018**

Group Facilitator & Creator—Provided expressive arts group counseling to multiple groups of women with a variety of presenting issues and diagnoses. These groups utilized an art journal format to explore common concerns of relationship struggles, self-worth and self-esteem issues, spiritual components, and more.

Dallas LIFE Foundation: Dallas, TX

Counselor—Provide counseling to individuals and couples with a variety of presenting issues and diagnoses, living within a homeless shelter.

Peer Supervisor—Provided supportive supervision to Master's level counseling students on a weekly basis in small group format.

Expressive Arts Group Leader—Created and implemented curriculum for Master's level counseling students, LPC Interns, and LMFT Associates on a weekly basis. This group was designed to teach counseling students and newly licensed professional counselors how to implement expressive arts interventions and other experiential techniques with their clients.

**Jan. 2015-
Nov. 2017**

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Research Experience

Publications

Additional Scholarly Activity

Conference Proposal Reviewer

Association for Creativity in Counseling (ACC)

June 2019

Professional Memberships

American Counseling Association

Association for Counselor Education and Supervision

Association for Creativity in Counseling

Southern Association for Counselor Education and Supervision

Texas Counseling Association

Texas Association for Counselor Education and Supervision

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Additional Teaching Experience

Children's Minister

c|Life Church, Kaufman, TX

January 2015

- Recruited, trained, and supervised leaders and teachers in Children's Ministry (serving kids grades Kindergarten-6th grade)
- Taught Large Group lessons to children ages 5-12, utilizing creative and active teaching techniques to engage and inspire
- Designed and constructed the Children's wing of the newly renovated church building
- Created a training manual given to all new volunteers outlining mission statement and goals, expectations for leaders, and helpful hints

Certified Secondary Public School Teacher

Alamo Heights ISD, San Antonio, TX

Midway ISD, Waco, TX

1999-2002

- Certified teacher in Theatre Arts and English who taught Theatre I (6th grade), Theatre II (7th-8th grades), English (7th grade, 8th grade, and 10th grade), and Reading (8th grade)
- Created and implemented original units for both English and Theatre Arts classes
- Chosen by administration for specialized training in media arts to be used in the classroom
- Assessed students at a variety of levels for readiness and for improvement