# Amanda L. Divin, Ph.D., CHES, CSCS

Texas A&M Commerce
Department of Health & Human Performance
P.O. Box 3011
Commerce, Texas 75429
Amanda.Divin@tamuc.edu

## **EDUCATION**

Graduate Certificate December 2015 Benedictine University, Lilse, IL

Public Health Education and Promotion

Doctor of Philosophy July 2009 Oklahoma State University, Stillwater, OK

Health, Leisure, and Human Performance

Specialization: Health Education & Promotion

Dissertation: Perceived Stress Levels and Health Promoting Behaviors Among

NAIA and NCAA Division I Student Athletes

Master of Education December 2004 University of Texas, Austin, TX

Kinesiology

Focus Area: Clinical Exercise Physiology

Physical Therapy Student August 2001–August 2002 Texas Woman's University

Houston, Texas

Bachelor of Science May 2000 University of Texas, Austin, TX

Kinesiology

### PROFESSIONAL EXPERIENCE

**Assistant Professor,** Department of Health & Human Performance, Texas A&M University- Commerce, Commerce, TX, August 2021 to Present

- Distribution of duties: 80% Teaching, 10% Research; 10% Service
- Teach the following courses (24-30 credit hours an academic year):
  - HHPH 1304: Introduction to Personal and Community Health
  - HHPH 220: Emotional Health
  - HHPH 362: Survey of Human Diseases
  - HHPH 410: Planning and Organization of Health Promotion
  - HHPH 420: Program Implementation and Evaluation of Health Promotion
  - HHPH 430: Health Disparities and Diverse Populations (online)
  - HHPH 495: Internship and Seminar in Health Promotion

**Assistant Professor,** Department of Health & Human Performance, Northwestern State University, Natchitoches, LA, August 2018 to August 2021

- Distribution of duties: 70% Teaching, 15% Research; 15% Service
- Teach the following courses (24-34 credit hours an academic year):
  - HED 1090: Personal & Community Health
  - HED 1090-I: Personal & Community Health (online)

- HED 4500: Sexuality Education
- HED 4500-I: Sexuality Education (online)
- HED 4600-I: Drug & Alcohol Education (online)
- HED 4880: Methods in K-12 Health Education
- HED 5250-I: Methods & Strategies for Health Promotion (Graduate Level; online)
- HED 5300-I: Planning & Organization of Health Promotion Programs (Graduate Level; online)
- HED 5400-I: Implementation & Evaluation in Health Promotion (Graduate Level; online)
- HED 5470-I: Evaluation & Exercise Prescription in Health Promotion (Graduate Level; online)
- HED 5990: Internship in Health Promotion
- HP 1660: Beginning Aerobic Exercise
- HP 3560: Physiology of Exercise

**Associate Professor,** Department of Health Sciences & Social Work, Western Illinois University, Macomb, Illinois, August 2015 to July 2018

- Distribution of duties: 60% Teaching, 20% Research; 20% Service
- Teach the following courses (18-24 credit hours an academic year):
  - HE 120: Personal Health Promotion
  - HE 120-I: Personal Health Promotion (online)
  - HE 121: Human Sexuality
  - HE 121-I: Human Sexuality (online)
  - HS 211: Principles of Health Sciences
  - HS 313: Application of Theories & Concepts in Health Education
  - HE/WS 321: Women's Health
  - HS 370: Research Methods in Health Sciences
  - KIN 391: Physiology of Exercise
  - HS 413: Community Health Program Development and Evaluation
  - HS 444: Methods and Techniques of Health Education
  - HS 512: Planning and Evaluation of Health Education Programs (Graduate Level)

**Tenured and Promoted,** Department of Health Sciences & Social Work, Western Illinois University, Spring 2015

**Assistant Professor** (**Tenure-Track**), Department of Health Sciences, Western Illinois University, Macomb, Illinois, August 2009 to August 2015

- Distribution of duties: 55% Teaching, 25% Research; 20% Service
- Teach the following courses (18-24 credit hours an academic year):
  - HE 120: Personal Health Promotion
  - HE 120-I: Personal Health Promotion (online)
  - HE 121-I: Human Sexuality (online)
  - HE 123-I: Drug Use and Abuse (online)
  - HS 211: Principles of Health Sciences
  - HS 313: Application of Theories & Concepts in Health Education
  - HE/WS 321: Women's Health
  - HS 530: Health Behavior Theories (Graduate Level)

**Assistant Professor (Visiting),** Department of Kinesiology and Exercise Studies, Oklahoma City University, Oklahoma City, Oklahoma, August 2008 to May 2009

- Advise and register undergraduate students
- Create and instruct honors section of KES 1302: Wellness
- Minimum teaching load of 13 credit hours per semester

- Teach the following courses:
  - KES 1302: Wellness
  - KES 1302-H: Wellness (Honors Section)
  - MDIS 1302: Management of Personal Lifestyles
  - KES 2203: Applied Anatomy
  - KES 3302: Health and Aging
  - KES 4012: Health Promotion in the Workplace
  - KES 4303: Fitness Testing and Exercise Prescription

**Teaching Associate,** Oklahoma State University, Department of Health and Human Performance, Stillwater, Oklahoma, August 2006 to May 2008

### HHP 2603: Total Wellness

- Lead weekly discussion sections
- Grade papers and projects

Research Associate, Oklahoma State University, Stillwater, Oklahoma, August 2006 to May 2008

- Design and post research surveys on the world wide web
- Build Health Promotion website
- Data entry and analysis via SPSS
- Creation of best practices teaching manual for HHP 2603: Total Wellness

**Academic Tutor**, Academic Services for Student Athletes, Oklahoma State University, Stillwater, Oklahoma, August 2006 to July 2008

Tutor student athletes in all Health and Human Performance classes including anatomy, introductory
pedagogy and secondary pedagogy classes, health behavior theories, psychomotor development, total
wellness, exercise and human physiology, biomechanics, pharmacology, medical terminology, motor
learning, psychology, developmental psychology, and exercise testing and prescription

Exercise Technologist, Metabolic Testing Services, Atlanta, Georgia, August 2005 to August 2006

- Administer pulmonary function tests, cardiovascular graded exercise tests, and resting metabolic rate tests in a local doctor's office (Monroe, LA)
- Monitor EKG, heart rate, heart rate reserve, blood pressure, oxygen consumption (VO2), and respiratory exchange ratio (RER) during testing procedure
- Interpret results and counsel patients
- Maintain medical records according to HIPPA and Medicare standards
- Named Technician of the Month May 2006 and June 2006

Health and Fitness Specialist, MediFit Corporate Services, Austin, Texas, January 2005 to July 2005

- Promote "Well at Dell" Initiative by working in Dell Fitness Centers
- Duties include personal training, leading group fitness classes, administrating fitness evaluation and assessments, and design, implementation, and instruction of wellness programs for Dell employees
- Create and instruct a pre-natal exercise series
- Responsible for on-site graphic arts and creative design for advertisements and/or promotional events
- Maintain proper inventory of amenities and other necessary fitness center supplies

**Teaching Assistant**, Department of Kinesiology and Health Education, The University of Texas, Austin, Texas, Spring and Fall 2004

PED 106C: Circuit Aerobics and Body Works (Spring 2004)

• Act as course instructor for physical education classes

- Lead a variety of fitness, cardiovascular, and resistance training classes
- Lecture students on areas of fitness including fitness and wellness strategies, nutrition, training techniques, and basic body alignment form and cues

### KIN 352K: Techniques in Fitness Leadership (Fall 2004)

- Instruct students in the acquisition of skills necessary to become personal trainers
- Lead hands-on labs
- Grade lab reports, tests, and homework

**Academic Tutor,** Intercollegiate Athletics for Women, The University of Texas, Austin, Texas, February 2000 to August 2001; June 2003 to August 2004

 Tutor athletes in the subjects of Anatomy, Exercise Physiology, Human Physiology, Biomechanics, Motor Learning, Development, and Control, Applied Learning and Development, Kinesiology, Biology, Zoology, and Physical Science

**Cardiopulmonary Exercise Physiologist**, Baseline Diagnostics of Houston, Texas, January 2003 to May 2003

- Administer pulmonary function and cardiovascular graded exercise testing in primary care physician's offices
- Monitor EKG, heart rate, heart rate reserve, blood pressure, oxygen consumption (VO2), and respiratory exchange ratio (RER) during testing procedure
- Verify insurance coverage and file claims
- Operate company vehicles

Adjunct Faculty, Houston Community College, Houston, Texas, August 2002 to May 2003

- Teach aerobic conditioning and weight training classes
- Lecture on basic anatomy, exercise physiology, training techniques, and fundamental elements of health and fitness

## **RESEARCH AND SCHOLARSHIP**

### **Publications**

- 1. Zullig, K.J. & **Divin, A.L**. (2021). Quantifying healthy days lost to the non-medical use of prescription drugs (NMUPD) among a sample of college students. *Applied Research in Quality of Life*. DOI: https://doi.org/10.1007/s11482-021-09919-5
- 2. Stults-Kolehmainen, M.A., Blacutt, B., Gilson, T.A., Stanforth, P.R., **Divin, A.L.,** Bartholomew, J.B., Fogelman, N., Ash, G.I., Ciccolo, J.T., Decker, L.B., Williamson, S.L. & Sinha., R. (2021). I want to move my body right now! The CRAVE Scale to measure state motivation for physical activity and sedentary behavior. *Frontiers in Psychology, 12.* DOI: https://doi.org/10.3389/fpsyg.2021.568286
- 3. Stults-Kolehmainen, M.A., Blacutt, B., Gilson, T.A., Stanforth, P.R., **Divin, A.L.,** Bartholomew, J.B., Fogelman, N., Ash, G.I., Ciccolo, J.T., Decker, L.B., Williamson, S.L. & Sinha., R. (2020). I want to move my body right now! The CRAVE Scale to measure state motivation for physical activity and sedentary behavior. *medRxiv*. DOI: https://doi.org/10.1101/2020.08.31.20184945
- 4. Kensinger, W., Barney, D., Baghurst, T., Tapps, T., & **Divin, A.L.** (2018). Barriers that affect African American female college students from using the campus exercise and wellness facility. *Asian Journal of Physical Education & Recreation*, 24(1), 6-12.

- 5. Owens, S., Zullig, K.J., **Divin, A.L.,** Johnson, E., Weiler, R.M., & Haddox, J.D. (2017). Nonmedical use of prescription drugs and extreme weight control behaviors among adolescents. *Psychology of Addictive Behaviors*, *31*(5), 560-569. DOI: 10.1037/adb0000296
- 6. Zullig, K.J., **Divin, A.L.**, Weiler, R.M., Haddox, J.D., Pealer, L.N., & Barnett, T.E. (2015). Adolescent nonmedical use of prescription pain relievers, stimulants, and depressants, and suicide risk. *Substance Use and Misuse*, *50*(*13*), 1678-1689. DOI: 10.3109/10826084.2015.1027931
- 7. **Divin, A.L.** & Zullig, K.J. (2014). The association between non-medical prescription drug use and suicidal behavior among United States adolescents. *AIMS: Public Health*, *1*(4), 226-240. DOI:10.3934/Publichealth.2014.4.226#sthash.ZAs3Kdcf.dpuf
- 8. Kensinger, W.S., Woolsey, C., **Divin, A.L.,** & Tapps, T. (2014). College student motivational determinants for combining alcohol and energy drinks: Early identification could be the key. *Drugs: Education, Prevention & Policy, 21*(1), 50-55. DOI:10.3109/09687637.2013.829801
- 9. Kensinger W.S. & **Divin, A.L.** (2013). Perceived positive reinforcements experienced by college students when combining alcohol and energy drinks. *Journal of Alcoholism and Drug Dependence*, 1, 110. DOI:10.4172/jaldd.1000110
- Zullig, K.J. & Divin, A.L. (2012). The association between non-medical prescription drug use, depressive symptoms, and suicidality among college students. *Addictive Behaviors*, 37(8), 890-899. DOI: 10.1016/j.addbeh.2012.02.008
- 11. **Divin, A.L**. (2012). Flat, healthy, and fabulous. *Health Education Teaching Techniques Journal*, 2, 80-87.

### **Published Abstracts**

- 1. Stults-Kolehmainen, M., Blacutt, M., **Divin, A.,** Williamson, S., Gilson, T., Bartholomew, J.B., Sinha, R. (2020). The Desire To Move And Rest: Assessing Reliability And Validity Of The CRAVE Scale. *Medicine & Science in Sports & Exercise*, 52(7S), 122.
- 2. Zullig, K.J., Weiler, R.M., Haddox, J.D., **Divin, A.L**., Pealer, L.N., & Barnett, T.E. (2014). The association between nonmedical use of prescription drugs and suicidal behavior among adolescents. *Drug and Alcohol Dependence*, *140*, E251.
- 3. Hale, W.D., **Divin, A.L.,** & Edwards, S. (2011). Examining eating behaviors in competitive male cyclists across racing categories. *Medicine & Science in Sports & Exercise*, 43(5), 942.
- 4. **Divin, A.L.,** & Hale, W.D. (2010). The relationship between stress and health promoting behaviors in collegiate female student athletes. *Medicine & Science in Sports & Exercise*, 42(5), S433.
- 5. Hale, W.D. & **Divin, A.L.** (2010). The impact of moderate physical activity on body composition in African American female college students. *Medicine & Science in Sports & Exercise*, 42(5), S438.
- 6. Woolsey, C., Kensinger, W.S., Gibbs, L., & **Divin, A.L.** (2010). NCAA student-athlete energy drink use. *Medicine & Science in Sports & Exercise*, 42(5), S468.
- 7. **Divin, A.L.** (2009). The relationship between perceived stress and health promoting behaviors in male and female undergraduate students. *Medicine & Science in Sports & Exercise*, 41(5), S415.

- 8. **Divin, A.L**. & Miller, B.M. (2008). Coping and self-rated mental health in a college population. *Medicine & Science in Sports & Exercise*, 40(5), S442.
- 9. Miller, B.M. & **Divin**, **A.L.** (2008). Use of exercise as a means of coping with stress in a college population. *Medicine & Science in Sports & Exercise*, 40(5), S442.

### **Oral Presentations**

- 1. Divin, A.L. (2021). Tiktok, YouTube, and websites...Oh my! Using technology as a means of student assessment. Oral presentation given at the 2021 Texas A&M University-Commerce Professional Development Day, Commerce, TX.
- 2. Wen, M. & **Divin, A.L.** (2016). Evaluation of student created websites. Oral presentation given at the 2016 Illinois Education and Technology Conference, Springfield, IL.
- 3. Wen, M. & **Divin, A.L.** (2015). Encouraging creativity with website building. Oral presentation given at the 2015 Illinois Education and Technology Conference, Springfield, IL.
- 4. **Divin, A.L.** & Kensinger, W.S. (2015). Benefits and barriers to physical activity among college students. Oral presentation given at the Society for Public Health Education's (SOPHE) 66th Annual Meeting, Portland, OR.
- 5. Wen, M. & **Divin, A.L.** (2014). Wix and/or Weebly: Learning and teaching by creating your own website. Oral presentation given at the 2014 Illinois Education and Technology Conference, Springfield, IL.
- 6. **Divin, A.L.** & Hamilton-Hancock, D. (2014). Considerations for evaluating online health-related resources. Oral presentation given at the 2014 Robert D. Russell Research Symposium, Southern Illinois University-Carbondale, Carbondale, IL.
- 7. **Divin, A.L** & Zullig, K.J. (2013). The association between non-medical prescription drug use (NMPDU) and violent/aggressive behavior among United States adolescents. Oral presentation given at the 87th Annual American School Health Conference, Myrtle Beach, SC.
- 8. **Divin, A.L.** Bishop, C.M., & Rozdilsky, J.L. (2013). The importance of 72 hour kits for post-disaster survival. Oral presentation given at the 2013 Robert D. Russell Research Symposium, Southern Illinois University-Carbondale.
- 9. Zullig, K.J., Weiler, R.M., Haddox, J.D., **Divin, A.L.**, Pealer, L.N., & Barnett, T.E. (2013). Association between nonmedical use of prescription drugs and suicidality among adolescents. Oral presentation given at the 75th Annual Meeting of the College on Problems of Drug Dependence (CPDD), San Diego, CA.
- 10. **Divin, A.L.** (2013). The Association between nonmedical prescription drug use, depressive symptoms, and suicidality among college students. Invited presentation given at University of Michigan's 11th Annual Depression on College Campuses Conference, Ann Arbor, MI.
- 11. **Divin, A.L** & Zullig, K.J. (2012). The association between non-medical prescription drug use (NMPDU) and suicidality among United States adolescents. Oral presentation given at the 86th Annual American School Health Conference, San Antonio, TX.

- 12. **Divin, A.L.** (2012). Ekphrasis in the classroom: Using images to teach health education. Oral presentation given at the 86th Annual American School Health Conference, San Antonio, TX.
- 13. **Divin, A.L.** (2012). Benefits and barriers to physical activity among college students: What can we do to get them moving?! Invited presentation given at the 2012 Robert D. Russell Research Symposium, Southern Illinois University-Carbondale, Carbondale, IL.
- 14. **Divin, A.L**. & Kensinger, W.S. (2011). Methods and strategies to reduce alcohol use in college students. Oral presentation given at the 2011 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, San Diego, CA.
- 15. **Divin, A.L.** (2010). Health promoting behaviors of college students. Oral presentation given at the annual meeting of the MidAmerican College Health Association, Terre Haute, IN.
- 16. Kensinger, W.S., **Divin, A.L.,** Hale, W.D. (2009). Differences in B.A.C. of college students by campus residence. Oral presentation given at the 2009 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Tampa Bay, FL.
- 17. **Divin, A.L**. (2007). The importance of family in fitness. Presented at Stillwater Parks and Recreation First Annual Family, Fun, & Fitness Day, Stillwater, OK.
- 18. **Divin, A.L.** (2004). Step into the ring for aquatic kickboxing. Presented at TexFit, a state wide college group exercise conference, The University of Texas, Austin, TX.
- 19. **Divin, A.L.** (2004). CoreBoard resistance training basics. Presented at Fit Fest, The University of Texas, Austin, TX.

#### **Poster Presentations**

- 1. Stults-Kolehmainen, M., Blacutt, M., **Divin, A.,** Williamson, S., Gilson, T., Bartholomew, J.B., Sinha, R. (2020). The Desire To Move And Rest: Assessing Reliability And Validity Of The CRAVE Scale. Poster presented at the American College of Sports Medicine's 67th Annual Meeting, San Francisco, California.
- 2. **Divin, A.L.,** Jeon, K.C., & Jung, J. (2019). All about the JUUL: What every health teacher should know. Poster presented at the 2019 Louisiana Health, Physical Education, Recreations, and Dance (LAHPERD) conference, Baton Rouge, LA.
- 3. Jeon, K.C., **Divin, A.L.,** and Jung, J. (2019). The effects of e-cigarette use among adolescents: A review of literature. Poster presented at the 2019 Louisiana Health, Physical Education, Recreations, and Dance (LAHPERD) conference, Baton Rouge, LA.
- 4. Swanson, K., **Divin, A.L.,** & Jeon, K.C. (2019). Overview of the adolescent JUUL use prevention program. Poster presented at the 2019 Louisiana Health, Physical Education, Recreations, and Dance (LAHPERD) conference, Baton Rouge, LA.
- 5. Swanson, K., Jeon, K.C., & **Divin, A.L.** (2019). Breaking barriers to physical activity in low socioeconomic status youth: A review of the literature. Poster presented at the 2019 Louisiana Health, Physical Education, Recreations, and Dance (LAHPERD) conference, Baton Rouge, LA.

- 6. Owens, S., Zullig, K.J., Weiler, R., **Divin, A.L.,** & Johnson, E. (2014). Nonmedical use of prescription drugs and extreme weight control practices among adolescents. Poster presented at the 89<sup>th</sup> Annual American School Health Association Conference, Portland, OR.
- 7. **Divin, A.L.** & Hamilton-Hancock, D. (2013). Considerations for evaluating online health-related resources. Poster presented at the 2013 Illinois Education and Technology Conference, Springfield, IL.
- 8. **Divin, A.L.,** Stults-Kolemainen, M.A., & Kensinger, W.S. (2013). Impact of parental encouragement on perceived barriers to exercise. Poster presented at the 2013 American College of Sports Medicine National Convention, Indianapolis, IN.
- 9. **Divin, A.L.** & Stults-Kolehmainen,M.A. (2013). Nonmedical prescription drug use, exercise, and sedentary behaviors among adolescents. Poster presented at the 2013 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Charlotte, NC.
- 10. Kensinger W.S., Divin, A.L., & Hale, W.D. (2013). Motives for nonmedical prescription painkiller use in college students. Poster presented at the 2013 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Charlotte, NC.
- 11. Bishop, C.M., Mason, M.D., Biernat, L.J., Williams, M.J., & **Divin, A.L.** (2013). Implementing mental health first aid on college campuses. Poster presented at the University of Michigan's 11th Annual Depression on College Campuses Conference, Ann Arbor, MI.
- 12. **Divin, A.L.** & Hamilton-Hancock, D. (2012). Websites and wikis for wellness. Poster presented at the 2012 Illinois Education and Technology Conference, Springfield, IL.
- 13. Kensinger, W.S. & **Divin, A.L.** (2012). Impact of parental encouragement on perceived barriers to exercise. Poster presented at the 35th Annual Meeting of the Mid-Atlantic Regional Chapter of the American College of Sports Medicine, Harrisburg, PA.
- 14. Zullig, K.J. & **Divin, A.L**. (2012). The association between non-medical prescription drug use (NMPDU) and suicidality. Accepted for poster presentation at the 2012 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Boston, MA. (*Unable to be presented due to convention cancellation on account of power outage*).
- 15. Kensinger, W.S., **Divin, A.L.,** & Alvarez, D.M. (2012). Drinking motives behind alcohol and energy drink use. Accepted for poster presentation at the 2012 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Boston, MA. (*Unable to be presented due to convention cancellation on account of power outage*).
- 16. Howd, J.A., Heckman, J. & **Divin, A.L**. (2012). Mental health first aid for the health educator. Accepted for poster presentation at the 2012 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Boston, MA. (*Unable to be presented due to convention cancellation on account of power outage*).
- 17. Kensinger, W.S., **Divin, A.L.,** & Harrington, J. (2011). Perceived benefits of physical activity within a college population. Poster presented at the 34th Annual Meeting of the Mid-Atlantic Regional Chapter of the American College of Sports Medicine, Harrisburg, PA.

- 18. Harrington, J., **Divin, A.L.,** & Kensinger, W.S. (2011). Perceived barriers to physical activity in college students. Poster presented at the 34th Annual Meeting of the Mid-Atlantic Regional Chapter of the American College of Sports Medicine, Harrisburg, PA.
- 19. Hale, W.D., **Divin, A.L.,** & Edwards, S. (2011). Examining eating behaviors in competitive male cyclists across racing categories. Poster presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
- 20. **Divin, A.L.**, Hale, W.D., & Kensinger, W.S. (2011). Perceived stress levels and sources of stress among college students. Poster presented at the 2011 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, San Diego, CA.
- 21. Kensinger, W.S., **Divin, A.L**., Hale, W.D., & Woolsey, C.L. (2011). Perceived positive reinforcements of alcohol and energy drink use. Poster presented at the 2011 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, San Diego, CA.
- 22. **Divin, A.L.,** Kensinger, W.S., & Heckman, J. (2010). Trends in blood alcohol concentration from 2003-2009 on a Midwest university campus: Is what we're doing really working? Poster presented at the annual meeting of the MidAmerican College Health Association, Terre Haute, IN.
- 23. Heckman, J., Howd, J.A., **Divin, A.L.,** & Marchand, H. (2010). Mental health first aid for first responders: The unmet need. Poster presented at the annual meeting of the MidAmerican College Health Association, Terre Haute, IN.
- 24. **Divin, A.L.,** Woolsey, C., & Hale, W.D. (2010). Is stress always bad for athletes' health behaviors? Perception is the key. Poster presented at the Association for Applied Sports Psychology International Convention, Providence, RI.
- 25. **Divin, A.L.** & Hale, W.D. (2010). The relationship between stress and health promoting behaviors in collegiate female student athletes. Poster presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
- 26. Hale, W.D. & **Divin, A.L.** (2010). The impact of moderate physical activity on body composition in African American female college students. Poster presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
- 27. Woolsey, C., Kensinger, W.S., Gibbs, L., & **Divin, A.L.** (2010). NCAA student-athlete energy drink use. Poster presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
- 28. **Divin, A.L.**, Kensinger, W.S., & Woolsey, C.L. (2010). Perceived benefits and barriers to physical activity in college. Poster presented at the 2010 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Indianapolis, IN.
- 29. **Divin, A.L.** (2009). The relationship between perceived stress and health promoting behaviors in male and female undergraduate students. Poster presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.
- 30. **Divin, A.L.** & Miller, B.M. (2008). The relationship between health-related knowledge and health-related behavior in a college population. Poster presented at the annual meeting of the Southwest College Health Association, Austin, TX.

- 31. **Divin, A.L.,** Kensinger, W.S., Hale, W.D., Pratt, K.L., and Miller, B.M. (2008). Differences in daily alcoholic consumption between Greek and non-Greek students throughout the week. Poster presented at the annual meeting of the Southwest College Health Association, Austin, TX.
- 32. Kensinger, W.S., Hale, W.D., **Divin, A.L.,** & Miller, B.M. (2008). College students' perceptions of smokers prior to a campus-wide tobacco free initiative. Poster presented at the annual meeting of the Southwest College Health Association, Austin, TX.
- 33. **Divin, A.L**. & Miller, B.M. (2008). Coping and self-rated mental health in a college population. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 34. Miller, B.M. & **Divin, A.L.** (2008). Use of exercise as a means of coping with stress in a college population. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.

## CAMPUS INVOLVEMENT AND PROFESSIONAL SERVICE

### Texas A&M University- Commerce - Commerce, Texas

- Coordinator, Bachelor of Science in Public Health program, August 2021-Present
- COEHS Representative, University Core Curriculum Committee, August 2021- Present

### Northwestern State University - Natchitoches, Louisiana

- Member, Faculty Senate, Fall 2020-August 2021
- Member, Search Committee for tenure-track position in Exercise Science, Spring 2020
- Judge, Ed Rising Moment, Educator's Rising Louisiana State Conference, Northwestern State University, February 19, 2020
- Coordinator, Internships for Health Promotion graduate students, Fall 2019- August 2021
- Presenter, Faculty Roundtable, Gallaspy College of Education and Human Development Fall Kickoff Event, August 14, 2019
- Department Representative, Freshman Connection Session I, May 23-24, 2019
- Department Representative, Freshman Connection Session II, May 30-31, 2019
- Department Representative, Freshman Connection Session III, June 19-20, 2019
- Member, Search Committee for Assessment Director of College of Education and Human Development, Summer 2019
- Member, Search Committee for tenure track-position in K-12 Physical Education, Spring 2019
- Department Representative, 2019 N-Side View student recruitment event, March 9, 2019
- Member, Gallaspy College of Education and Human Development Vision Casting Committee, Fall 2018-August 2021

### Western Illinois University - Macomb, Illinois

- Co-Chair, Emergency Management 10 Year Celebration Event, Fall 2017
- Member, Assistant Director of Campus Recreation Search Committee, Fall 2017
- Member, Emergency Management Unit A Faculty Member Search Committee, Spring 2017
- Member, WIU Benefits Committee, Fall 2016-Spring 2018
- Member, Committee on Campus Planning and Usage (CCPU), Fall 2016-Spring 2018
- Member, Department of Health Sciences Personnel Committee (DPC), 2017-2018
- Member, College of Education and Human Services Grade Appeals Committee, Fall 2017-2018; Fall 2013-Spring 2014
- Member, College of Education and Human Services Academic Integrity Committee, Fall 2016-Spring 2018

- Chair, Department of Health Sciences & Social Work Grade Appeals Committee, Spring 2017
- Chair, Department of Health Sciences & Social Work Academic Integrity Committee, Fall 2016-Spring 2017
- Member, College of Education and Human Services Distinguished Alumni Awards Selection Committee, Fall 2016-Spring 2017
- Member, College of Education and Human Services Scholarship Committee, Fall 2013-Spring 2017
- Chair, Scholarship Committee, Department of Health Sciences & Social Work, Fall 2015-Spring 2017
- Member, Department of Health Sciences & Social Work Assessment Committee, Fall 2015-Spring 2017
- Faculty Advisor, Eta Sigma Gamma- Pi Chapter, Health Sciences Honorary, Fall 2010-Summer 2018
  - 1. Stuff the Bus (Spring 2018; Fall 2016, 2015, 2014, 2013, 2012, 2011, 2010)
  - 2. Get Yourself Tested (Spring 2018, 2017, 2016)
  - 3. CorbinStock (Spring 2016)
  - 4. Color Craze 5K (April 2015, April 2014, March 2013)
  - 5. Love Your Body Day (Fall 2015, 2013, 2012, 2011)
  - 6. Big Pink Volleyball (October 2016, 2015, 2014, 2011, 2010)
  - 7. Go Red for Women's Heart Health Resource Fair (February 2016, 2015, 2014, 2013, 2012, 2011)
  - 8. 2013 Robert D. Russell Research Symposium, Southern Illinois University-Carbondale, Advisor/Sponsor on student research posters:
    - a. Lisa Biernat & Chaundra Bishop, *The Importance of Active Shooter Drills in Primary and Secondary School*
    - b. Angela Castello, Preparedness Strategies to Survive Public Health Emergency
  - 9. Kick Butt's Day (March 2015, 2014, 2013)
  - 10. University of Michigan's 11th Annual Depression on College Campuses Conference, Advisor/Sponsor on student research poster:
    - a. Chaundra Bishop, Melanie Mason, Lisa Biernat, and Megan Williams, *Implementing Mental Health First Aid on College* Campuses
  - 11. 2013 Health Sciences Career Forum (February 2013)
  - 12. Advisor/Mentor for Student Submission and Acceptance to 2013 Eta Sigma Gamma Student Monograph
    - a. Mason, M. (2013). Overview of Contaminants Present in Drinking Water Supply. *The Health Education Monograph Series, Student Monograph*, 30(2).
  - 13. Relay for Life (April 2012)
  - 14. Spring Lake Community Clean Up (April 2012)
  - 15. Macomb Community eCHANGE Fitness-A-Thon (March 2012)
  - 16. 2012 Robert D. Russell Research Symposium, Southern Illinois University-Carbondale, Advisor/Sponsor on student research posters:
    - a. Doucette Alvarez, Why do they leave? A Study Examining WIC Participation
    - b. Chaundra Bishop, Contributing Factors to Health Disparities Experienced in the Development and Treatment of Acute Coronary Syndrome in African American Men
    - c. Nkechi Nwaoha, Factors Impacting Sexual and Reproductive Behavior in African American Adolescent Females
    - d. Angela Castello, Childhood Obesity: A National Epidemic
  - 17. Advisor/Mentor for Student Submission and Acceptance to 2012 Eta Sigma Gamma Student Monograph
    - a. Bishop, C. (2012). Contributing factors to health disparities experienced in the development, diagnosis, and treatment of Acute Coronary Syndrome in African American men. *The Health Education Monograph Series, Student Monograph*, 29(2), 19-24.
  - 18. First Annual Women's Health Fair (April 2011)
  - 19. Eta Sigma Gamma Trash Pick Up (Fall 2011, 2010, Spring 2011)

- 20. Sun Safety Day (March 2011)
- 21. World AIDS Day (December 2010)
- 22. Student Organizations and Activities Fair (Fall and Spring)
- 23. Departmental Organizations and Majors Fair (Fall and Spring)
- 24. Eta Sigma Gamma Blood Drive (Fall and Spring)
- Member, Council on Admission, Graduation, and Academic Standards (CAGAS), Faculty Senate Council, Spring 2013-Spring 2016
- Member, College of Education and Human Services Award Committee, Fall 2015-Spring 2016
- Race Director, Color Craze 5K, Spring 2015, 2014, 2013
- Executive Board Member, Stuff the Bus Campaign, Fall 2015, 2014, 2013, 2012, 2011, 2010
- Chair, Scholarship Committee, Department of Health Sciences, Fall 2010-Spring 2016
- Chair, Department of Health Sciences Grade Appeals Committee, Fall 2013-Spring 2014
- Faculty Reader, Internship Papers & Oral Presentations, Department of Health Sciences, Spring 2014; Spring 2012; Fall 2011; Summer 2011; Spring 2011; Fall 2010; Summer 2010; Spring 2010
- Member, Undergraduate Advisory Council, Department of Health Sciences, Fall 2010-Fall 2013
- Member, Dean's Travel Funds Committee, Fall 2010-Fall 2013
- Member, Intellectual Property Oversight Committee, Faculty Senate, Fall 2010-Fall 2013
- Panelist, Women's Sexual Health Panel, Women's Health Fair (April 2011)
- Member, Women's Health Fair Planning Committee, Fall 2010-Spring 2011
- Coordinator, Disease Detectives, Illinois Science Olympiad (Spring 2011, Spring 2010)
- Faculty Advisor, To Write Love on Her Arms, Fall 2010-Fall 2011
- Member, Grade Appeals Committee, Department of Health Sciences, Fall 2009-Spring 2011
- Member, Scholarship Committee, Department of Health Sciences, Fall 2009-2011
- Co-faculty Advisor, Eta Sigma Gamma-Pi Chapter, National Health Education Honorary, Fall 2009-Spring 2010
  - 1. Eta Sigma Gamma Trash Pick Up (Fall and Spring)
  - 2. Relay for Life (April 2010)
  - 3. Eta Sigma Gamma Blood Drive (Fall and Spring)
  - 4. Student Organizations and Activities Fair (Fall and Spring)
  - 5. Departmental Organizations and Majors Fair (Fall and Spring)
  - 6. Be Healthy, Be Strong: Eating/Wellness Symposium (February 2010)
  - 7. Stuff the Bus (Fall 2009)
- Member, Health Education Unit A Faculty Member Search Committee, Spring 2010
- Member, Health Education Unit B Faculty Member Search Committee, Fall 2009

### **Graduate Student Committees**

Member, Professional Portfolio Committee, Angel Wright (Spring 2017 graduate)

Member, Professional Portfolio Committee, Yarong Cheng (Spring 2014 graduate)

Member, Professional Portfolio Committee, Lisa Biernat (Spring 2013 graduate)

Member, Professional Portfolio Committee, Zach Woods (Spring 2013 graduate)

Member, Professional Portfolio Committee, Emily Andrews (Spring 2013 graduate)

Member, Professional Portfolio Committee, Adam Kohlrus (Spring 2012 graduate)

Member, Professional Portfolio Committee, Amanda Smith (Spring 2012 graduate)

Member, Professional Portfolio Committee, Doucette Alvarez (Spring 2012 graduate)

Member, Professional Portfolio Committee, Tameka Williams (Spring 2011 graduate)

### Oklahoma City University - Oklahoma City, Oklahoma

Member, Selection Committee for KES tenure-track faculty member, Spring 2009

- Department Representative, Academic Advising Workshop, October 2008
- Department Representative, Hobson's Undergraduate Recruiting Software Training, September 2008
- Volunteer, Oklahoma City FitKid's Day with Jared Fogle, September 2008

### Oklahoma State University – Stillwater, Oklahoma

- Member, Academic Integrity Panel, Spring 2009, Summer 2009
- Speaker, OSU College of Education Fundraising Event, Dallas, TX, Spring 2009
- Member, OSU College of Education Hall of Fame Selection Committee, Spring 2009
- Speaker, Start a Ripple Make a Difference Thank You Reception for New Endowments for OSU College of Education Chairs and Professorships, October 2008
- Volunteer, City of Stillwater Youth Halloween Parade and Carnival, October 2007
- Speaker, "The Importance of Family in Fitness," Stillwater Parks and Recreation First Annual Family, Fun, & Fitness Day, March 2007

### **Professional Service**

- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 73rd (2022) Annual Meeting
- Invited Manuscript Reviewer, *Healthcare*, "Impact of the COVID-19 pandemic on the bereaved: A study of Weibo bereaved users", May 2021
- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 72<sup>nd</sup> (2021) Annual Meeting
- Abstract Reviewer, Student Poster presentations, Society for Public Health Education's (SOPHE) 71<sup>st</sup> (2020) Annual Meeting
- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 71<sup>st</sup> (2020) Annual Meeting
- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 69th (2017) Annual Meeting
- Invited Manuscript Reviewer, *Psychiatry Research*, "Completed suicide amongst methamphetamine users: A national study", June 2017
- Invited Manuscript Reviewer, *Drug and Alcohol Dependence*, "Nonmedical use of prescription medications among medical students in Greece: Prevalence and motivation of use", March 2016
- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 68<sup>th</sup> (2016) Annual Meeting
- Abstract Reviewer, Practice and Research presentations, Society for Public Health Education's (SOPHE) 67<sup>th</sup> (2015) Annual Meeting
- Program/Proposal Reviewer, 2015 American Public Health Association's (APHA) 143<sup>rd</sup> Annual Meeting
- Invited Manuscript Reviewer, *Social Behavior and Personality Journal*, "Causes, behavioral processes, and prevention of college student suicide in China: Empirical sociological research", September 2014
- Speaker, AAHPERD Research Consortium Board 2013 Graduate Student Forum, Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Charlotte, NC
- External Reviewer, Faculty Tenure and Promotion Portfolio, Indiana University, School of Health, Physical Education, and Recreation, Fall 2012

- Program/Proposal Reviewer, 2013 American Association for Health Education (AAHE)/ American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference
- Manuscript Reviewer, 2012 Eta Sigma Gamma Student Monograph
- Presider, Investigating a Discrete and Deadly Behavior—the Choking Game, 2012 American Association for Health Education (AAHE)/ American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Boston, MA (Unable to be preside due to convention cancellation on account of power outage)
- Program/Proposal Reviewer, 2012 American Association for Health Education (AAHE)/ American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference
- Presider, Thematic Textual Analysis of Picture Books for Health Education, 2011 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, San Diego, CA
- Presider, Sticks and Stones: Preventing Bullying and Homophobia in Middle School, 2010 American Association for Health Education (AAHE)/American Association of Health, Physical Education, Recreation and Dance (AAHPERD) National Conference, Indianapolis, IN

## **AWARDS AND GRANTS**

- Faculty Enhancement Grant, Northwestern State University, 2018-2019 Academic Year
- Professional Achievement Award, Western Illinois University, 2015-2016 Academic Year
- Professional Achievement Award, Western Illinois University, 2014-2015 Academic Year
- Outstanding Faculty Sponsor of the Year, Eta Sigma Gamma, National Health Education Honorary, 2013
- Professional Achievement Award, Western Illinois University, 2012-2013 Academic Year
- Professional Achievement Award, Western Illinois University, 2011-2012 Academic Year
- Professional Achievement Award, Western Illinois University, 2010-2011 Academic Year
- Student Poster of the Year, AAHE Research Coordinating Board, 2010
- Betty Abercrombie Memorial Scholarship, Oklahoma State University, 2008-2009 Academic year
  - Thank you letter to scholarship donor prompted a one million dollar donation to the OSU College of Education