



Instructor: Katie Koo, PhD. Assistant Professor

Department of Higher Education and Learning Technologies

Education North Room # 103

Available by appointment: Via Email or Office Phone

Office Phone: (903) 886-5604

University Email Address: Katie.Koo@tamuc.edu

EDUCATION:

PH.D	Counseling Student Affairs	University of Maryland	2012 - 2016
	<i>Dissertation: Predictors of Feelings of Depression among Asian American College Students</i> (Chair: Julie J. Park, Ph.D)		
M.A.	Counseling Psychology	New York University	2009
M.A.	Counseling	Michigan State University	2005
B.A.	Psychology	Duksung Women's University, Korea	2003

PROFESSIONAL EXPERIENCE:

2016 - Present	Assistant Professor of Counseling Student Affairs Department of Educational Psychology, Northern Arizona University <u>Courses:</u> EPS690 Multicultural Counseling (Fall 2016) EPS684 Student Affairs Internship (Fall 2016, Spring 2017) EPS601 Theories of Counseling (Fall 2016) EPS602 College Student Development Theory (Spring 2017) EPS682 Student Affairs Practicum (Spring 2017) EPS620 Vocational Development for College Students (Spring 2017)
2014 - 2016	Academic Counselor and Instructor Learning Assistance Service, The University Counseling Center, University of Maryland <u>Courses Taught:</u> EDCP108B College and Career Advancement: Concepts and Skills; Academic Success Strategies (Summer 2015, Fall 2015, and Spring 2016) EDCP318E Student Leadership Development for Peer Assisted Learning (Fall 2014 and Spring 2015) EDCP489 Field Experiences in Counseling and Personnel Services (Fall 2014, Spring 2015, and Spring 2016) EDCP618 Counseling Skills: Introduction to Practicum (Lab Instructor) (Fall 2014)

- 2012 - 2014 **Doctoral Research Fellow**
Department of Counseling Higher Education and Special Education,
University of Maryland
Supervisor: Julie J. Park, Ph.D
- 2012 - 2014 **Teaching Assistant**
Department of Counseling Higher Education and Special Education,
University of Maryland
Courses Taught:
EDCP498 Higher Education and Counseling for Asian Americans (Spring, 2014)
EDCP799 Master's Thesis Research (Fall 2013)
EDCP776 Social Justice in Student Affairs and Higher Education
(Spring 2014: Administrative Assistant)
EDHI672 Modes of Inquiry: Quantitative and Qualitative Research Methods
(Spring 2014: Administrative Assistant)
- 2010 - 2012 **Research Fellow**
Department of Health Systems and Outcomes, Johns Hopkins University
- 2007 - 2010 **Visiting Lecturer** (summer and winter sessions)
Graduate School of Counseling Psychology, Handong Global University, Korea
Courses Taught:
EDCP750 Statistical Methods in Psychology (Winter 2007-2008)
EDCP751 Research Methods in Social Science (Winter 2008-2009)
EDCP755 Advanced Research Methods and Statistics in Psychology
(Summer 2008)
EDCP630 Cognitive Behavior Therapy (Summer 2009)
EDCP645 Interpersonal Psychotherapy (Summer 2009)
EDCP772 Advanced Personality Psychology (Summer 2008)
EDCP401 Theories and Practice of Counseling (Winter 2010)
EDCP421 Abnormal Psychology (Winter 2008-2009)
EDCP450 Personality Psychology (Summer 2008)
EDCP455 Counseling for Children and Adolescents (Winter 2007-2008)
- 2007 - 2009 **Instructor**
Department of Applied Psychology, New York University
Courses:
E63.2658 Individual Counseling Practice 1 (Fall 2007 and Fall 2008)
E63.2659 Individual Counseling Practice 2 (Spring 2008 and Spring 2009)
- 2007 - 2009 **Extern Therapist**
Ault Outpatient Psychiatric Unit, Bellevue Hospital Center, New York
- 2006 - 2009 **Academic Advisor and Counseling Lab Coordinator**

Department of Applied Psychology, New York University

- 2006 - 2007 **Extern Therapist**
University Counseling Center, Pratt Institute
- 2006 **International Student Advisor**
Office of International Students and Scholars, New York University
- 2006 **Intern Advisor**
United Nations (UN) New York Head Quarter
- 2004 - 2005 **Intern Counselor**
Student Counseling Center, Lansing Community College
- 2004 - 2005 **Community Counselor**
Department of Residence Life, Michigan State University

AWARDS AND HONORS:

- 2017 **Young Scholar Paper Award Finalist**
Korean American Educational Research Association
- 2017 **Distinguished Research Award** (Nominated, under review)
American Educational Research Association Division E-Counseling
- 2016 **Dissertation of the Year Award** (Nominated)
American Educational Research Association Division J-Postsecondary Education
- 2016 **Award for Significant Research on International Higher Education**
Council for International Higher Education, ASHE
- 2016 **Distinguished Service Award**
The University Awards Program, University of Maryland
- 2016 **Graduate Professional Development Award**
The Graduate School, University of Maryland
- 2016 **Michael B. Salwen Scholars Award**
Korean American Educational Research Association
- 2015 **Best Presentation Award**
University of Maryland KGSA Symposium
- 2013 **Early Career Investigator Research Award**
The National Institute on Drug Abuse (NIDA), NIH

- 2011 **Early Career Research Award**
Division 50 Addiction Psychology, American Psychological Association
- 2009 **Student Research Award**
Society for Counseling Psychology, Section for Ethnic Racial Diversity,
American Psychological Association
- 2009 **Student Travel Award**
Asian American Psychological Association
- 2009 **Distinguished Teaching Award (Nominated)**
Department of Applied Psychology, New York University
- 2008 **Student Travel Award**
Asian American Psychological Association
- 2005-2009 **21st Century Leadership Scholarship**
Steinhardt School of Education, New York University
- 2003 **1st Prize International Essay Award**
Office of International Students and Scholars, Michigan State University

GRANTS and FELLOWSHIPS:

- 2017 **Global Research Network Grant (Co-PI, \$10,000)**
Department of Education, Korea Government
- 2017 **Faculty Professional Development Grant (\$2,000)**
College of Education, Northern Arizona University
- 2017 **Dean's Research Grant (\$2,500)**
College of Education, Northern Arizona University
- 2016 **Access Group/ Association for Institutional Research Grant (PI, not funded)**
Title: A longitudinal study on doctoral students' retention and degree attainment: a racial comparison
- 2016 **2016 NASPA Region VI Research and Assessment Grant (PI, \$5000)**
Title: "Isolated professionals" Story of international scholars' personal and Professional experiences.
- 2016 **The Jacobs Foundation Research Grant (PI, not funded)**
Title: A long journey to college among Asian Immigrant Youth.

- 2016 **International Conference Support Grant (\$500)**
The Graduate School, University of Maryland
- 2015 **Goldhaber Research Grant (\$1,500)**
The Graduate School, University of Maryland
- 2015 **McEwen Dissertation Grant (\$1,260)**
College of Education, University of Maryland
- 2015 **Global Graduate Research Grant (\$1,000)**
College of Education, University of Maryland
- 2014 **Goldhaber Research Grant (\$1,500)**
The Graduate School, University of Maryland
- 2012 - 2014 **Graduate Student Research Fellowship (\$22,000/year + Tuition Remission)**
Department of Counseling, Higher Education, and Special Education,
University of Maryland

PUBLICATIONS:

- Koo, K.** (In Press). "The more I study, the more I am depressed" Relationship between academic experiences and depression among Asian American college students. *Journal of Asian American Psychology*.
- Park, J.J., Buckley, J., & **Koo, K.** (In Press). "How do I quantify this?" Students reflect on survey items related to diversity and cross-racial Interaction. *Journal of College Student Development*.
- Koo, K.** (Accepted). International students' acculturative stress and adjustment difficulties. *Journal of International Students*.
- Koo, K.** (Accepted). A longitudinal study on international students' depression and collegiate experiences. *Journal of Studies in International Education*.
- Koo, K.** (Under Review). Impact of college environments and collegiate experiences on depression across different racial groups on campus. *Journal of College Student Development*.
- Joo, E.S. & **Koo, K.** (Revision Submitted). The experience of middle aged married female novice counselors in Korea. *The Counseling Psychologist*.
- Kim, Y. K., Park, J. J., & **Koo, K.** (2015). Testing self-segregation: Multiple-group structural modeling of college students' interracial friendship by face. *Research in Higher Education*, 56, 57-77.

Park, J.J., & **Koo, K.** (2014). Race and affirmative action in higher education. In *Oxford Bibliographies in Education*. Eds. Luanna Meyer. New York: Oxford University Press.

Shin, S., **Kwon, K.** & Lee, E. (2011). *Comprehensive Guide to Interpersonal Psychotherapy*. Sigma Press. Seoul: Korea.

Kwon, K. (2007). *Korean American youth*. Encyclopedia of Cross-Cultural School Psychology (ECCSP). New York, New York :Springer.The International Publishing House.

Kwon, K. (2004). "In my shoes..." Highlights Challenges of Internationalization. *Michigan State University International*, 5: 43-45.

INVITED TALK:

Koo, K. (October, 2016). *Doc Talk: Students affairs and higher education doctoral education*. College of Education, Northern Arizona University.

Koo, K. (August, 2016). "*The more I study, the more I am depressed*" *Academic experiences and depression among Asian American college students*. Korean American Education Forum, Washington, D.C.

Koo, K. (April, 2016). *Collegiate experiences and feelings of depression among Asian American college students*. Office of Diversity and Inclusion Diversity Dialogue Lecture Series, University of Maryland.

Koo, K. (February, 2016). *Academic support for international graduate students: Research, teaching, and professional development*. Learning Assistance Service, the University Counseling Center, University of Maryland.

Koo, K. (September, 2015). *Successful first year in college*. Learning Assistance Service, the University Counseling Center, University of Maryland.

Koo, K. (July, 2015). *Academic skills and success for the first year college engineering students*. School of Engineering, University of Maryland.

Koo, K. (November, 2014). *Exam taking strategies and test anxiety management*. University 101, University of Maryland.

Koo, K. (November, 2014). *Practical counseling skills for peer mentors*. Learning Assistant Service, Counseling Center, University of Maryland

Kwon, K. (January, 2010). *Past, presence, and future of counseling*. Graduate School of Counseling. Handong Global University. Pohang, Korea.

Kwon, K. (June, 2007). *How to apply the Myers-Briggs Type Indicator to young adult small groups.* One United Presbyterian Church. Englewood, NJ.

PROFESSIONAL PRESENTATIONS:

- Koo, K.,** Blake, E., Oneal, N., & Park, R. (August, 2017). *Campus climate as a predictor of psychological well-being among different racial groups on campus.* Research poster will be presented at American Psychological Association Annual Convention in Washington, DC.
- Koo, K.,** Wang, B., Rathbone, N., Andreotta, K., & Manzur, M. (August, 2017). *Social Life as a predictor of psychological well-being among international college students.* Research poster will be presented at American Psychological Association Annual Convention in Washington, DC.
- Ryu, S.J., Keum, M.J., **Koo, K.** (August, 2017). *The impact of covert narcissism on Internet addiction among Korean college students: mediating effect of internalized shame and avoidant-distractive emotion regulation patterns.* Research poster will be presented at American Psychological Association Annual Convention, Washington, DC.
- Koo, K.** (April, 2017). *International college students' Addictive Behaviors and associated factors.* Paper will be presented at the American Educational Research Association Annual Convention, San Antonio, TX.
- Koo, K.** (April, 2017). *Predictors of psychological well-being among International college students.* Paper will be presented at the American Educational Research Association Annual Convention, San Antonio, TX.
- Koo, K.,** Wang, B., & Oneal, N. (March, 2017). *Associated factors of Internet addiction among international college students.* Research paper presented at the American College Personnel Association Annual Convention, Columbus, OH.
- Koo, K.,** Wang, B., Oneal, N., & Andreotta, K. (March, 2017). *Asian American college students' academic experiences and depression.* Research paper presented at the American College Personnel Association Annual Convention, Columbus, OH.
- Koo, K.** (August, 2016). Substance use as a predictor of perceived feelings of depression among Asian American college students. Poster presented at the American Psychological Association Annual Convention, Denver, CO.
- Koo, K.** & Ryu, S. (August, 2016). *A longitudinal study on depression among international students: a change after four years.* Paper presented at the American Psychological Association Annual Convention, Denver, CO.

- Koo, K.** (April, 2016). *Collegiate experiences and depression among Asian American college students*. Paper presented at the American Educational Research Association Annual Convention, Washington, DC.
- Koo, K. & Kim, J.** (April, 2016). *Factors associated with mental health conditions and help seeking behaviors among Asian American adolescents*. Paper presented at the American Educational Research Association Annual Convention, Washington, DC.
- Koo, K.** (March, 2016). *Factors associated with psychological well-being among international undergraduate students*. Paper presented at the American College Personnel Association Annual Convention. Montreal, Canada.
- Koo, K.** (March, 2016). *Impact of collegiate experiences on depression among Asian American college students*. Paper presented at the American College Personnel Association Annual Convention. Montreal, Canada.
- Koo, K., Mlachila, D., Naughton, L.** (August, 2015). *Predictors of psychological well-being among Asian American college students*. Presented at the American Psychological Association Annual Convention, Toronto, CA.
- Koo, K.** (April, 2015). *Motivational Interviewing on college students' Internet addiction*. American Educational Research Association Annual Convention, Chicago, IL.
- Koo, K.** (April, 2015). *A longitudinal study on international students' adjustment and acculturation in the U.S. higher education*. American Educational Research Association Annual Convention, Chicago, IL.
- Kim, J., Choi, Y., & Koo, K.** (April, 2015). *Understanding Asian American adolescents' mental health conditions and help seeking behaviors using California Health Interview Survey*. Korean American Educational Research Association Annual Convention. Chicago, IL.
- Koo, K., & Rue, S.J.** (November, 2014). *Predicting factors on Internet addiction among Korean college students*. Association for the Study of Higher Education Annual Convention. Washing, DC.
- Koo, K.** (August, 2014). *Korean International faculty life in American universities*. American Psychological Association Annual Convention, Washington, DC.
- Koo, K.** (May, 2014). *Effectiveness of motivational interviewing on Internet addiction among Korean college students*. Association for Psychological Science Annual Convention. San Francisco, CA.
- Koo, K.** (May, 2014). *Experiences and challenges among international faculty*. Association for Psychological Science Annual Convention. San Francisco, CA.

- Koo, K.** (April, 2014). *Factors related to Internet addiction among Korean teenagers*. American Educational Research Association Annual Convention. Philadelphia, PA.
- Koo, K.** (April, 2014). *A qualitative study on international faculty's experiences and challenges in the U.S. higher education*. Korean American Educational Research Association Annual Convention . Philadelphia, PA.
- Park, J., Buckley, J., & **Koo, K.** (November, 2013). *What do you really mean? Student reflections on survey items related to diversity*. Association for the Study of Higher Education Annual Convention. St. Louis, MO.
- Koo, K.** (March, 2013). *Contributing factors on acculturative stress and adjustment among international students : longitudinal study*. American College Personnel Association Annual Convention. Las Vegas, NV.
- Kwon, K.** (August, 2012). *How Motivational Interviewing Works on Adolescents' addictive Behaviors?* American Psychological Association Annual Convention. Orlando, FL.
- Rude, S., Mazzetti, F., Lantrip, C., Gill, S., & **Kwon, K.** (August, 2010). *A Preliminary Exploration of Emotion Regulation in Minority Groups on Campus*. American Psychological Association Annual Convention, San Diego, CA.
- Rude, S., Mazzetti, F., Lantrip, C., Gill, S., & **Kwon, K.** (August, 2010). *Language Use in Two Writing Conditions and its relationship to subsequent depression symptoms*. American Psychological Association Annual Convention, San Diego, CA.
- Kwon, K.** & Shin, S. (May, 2010). *Preliminary study on alcohol and nicotine addiction among Korean teenagers*. Association for Psychological Sciences Annual Convention. Boston, MA.
- Kwon, K.** (August, 2009). *Impact of trust on international students' experiences in the U.S.* American Psychological Association Annual Convention, Toronto, Canada.
- Shin, S., **Kwon, K.**, Kim, J., Kim, H., & Koo, C.S. (August, 2009). *Preliminary study on substance abuse among Korean adolescents*. American Psychological Association Annual Convention, Toronto, Canada.
- Kwon, K.**, Shin, S., Kim, J., Kim, H., & Koo, C.S. (August, 2009). *Predicting factors to Internet addiction among Korean adolescents*. American Psychological Association Annual Convention, Toronto, Canada.
- Kwon, K.** & Ryoo, S. J. (August, 2009). *Longitudinal study on acculturative stress and adjustment difficulties among Asian international students*. Asian American Psychological Association Annual Convention, Toronto, Canada.

Kwon, K., & Shin, S. (July, 2009). *Quantitative study on addictive behaviors of Korean teenagers*. European Congress of Psychology. Oslo, Norway.

Kwon, K. (August, 2008). *Contributing factors to acculturative stress among international students in the U.S. higher education*. American Psychological Association.

Kwon, K. & Doh, M. (August, 2008). *Survival in the U.S as Korean International Students: Qualitative Study*. American Psychological Association. Boston, MA.

PROFESSIONAL SERVICES:

- | | |
|----------------|--|
| 2016 - Present | Counseling Program Committee
Department of Educational Psychology, Northern Arizona University |
| 2016 - Present | Counseling Student Affairs Committee
Department of Educational Psychology, Northern Arizona University |
| 2016 - Present | Writer/grader for Doctoral Preliminary Examinations and Discipline Specific Knowledge Examinations
Department of Educational Psychology, Northern Arizona University |
| 2016 - Present | Program Committee
Fostering International Students' Learning and Development
Faculty Professional Development, Northern Arizona University |
| 2016 - Present | Faculty Advisor
Chi Sigma Alpha International Society for Student Affairs Professionals
Department of Educational Psychology, Northern Arizona University |
| 2016 - Present | Council for Ethnic Minority Committee
Northern Arizona University |
| 2015 - 2016 | Magoon and Thomas Award Committee
Department of Counseling, Higher Education, and Special Education,
University of Maryland |
| 2015 - Present | Conference Proposal Reviewer
American College Personnel Association (ACPA) |
| 2015 | Conference Proposal Reviewer
Graduate Research Interaction Day (GRID) Convention
University of Maryland |
| 2015 | Graduate Program Coordinator
Korean American Educational Research Association (KAERA) |

- 2014 - 2015 **Math Learning Specialist Search Committee**
Learning Assistance Service, The University Counseling Center,
University of Maryland
- 2014 - 2015 **Assistant Director Search Committee**
Learning Assistance Service, The University Counseling Center,
University of Maryland
- 2012 - 2015 **Student Affairs Graduate Program Admission Committee**
Department of Counseling Higher Education and Special Education,
University of Maryland
- 2012 - Present **Conference Proposal Reviewer**
Division J Higher Education, American Educational Research Association (AERA)
- 2012 - Present **Conference Proposal Reviewer**
Association for the Study of Higher Education (ASHE)

DOCTORAL DISSERTATION COMMITTEE:

- 2017 - Present Meghan Proctor, Ed.D Candidate at Northern Arizona University
Misty Murphy, Ed.D Candidate at Northern Arizona University

PROFESSIONAL MEMBERSHIPS:

- 2014 - Present National Association of Student Personnel Administrators
- 2012 - Present Association for the Study of Higher Education
- 2012 - Present American Educational Research Association
- 2012 - Present American College Personnel Association
- 2007 - Present American Psychological Association