

## EDUCATION

Doctor of Philosophy in Counseling, 2015  
Texas A&M University-Commerce  
Cognate area: Child and Adolescent

Master of Science in Counseling and Development, 2009  
Texas Woman's University  
Specialization: Community Counseling

Bachelor of Science in Psychology, 2006  
Oklahoma State University  
Minor: Sociology

## CREDENTIALS

Licensed Professional Counselor-Supervisor, State of Texas, August 2011  
Licensed Chemical Dependency Counselor, State of Texas, December 2011

## AREAS OF INTEREST

- Substance Abuse
- Supervision
- Children and Adolescents
- Juvenile Offenders
- Play Therapy

## PROFESSIONAL EXPERIENCE

### **Juvenile Offender Counselor.**

*July 2010-present. Denton County Juvenile Probation.* Provide individual, family, substance abuse, and group counseling to adolescents and their families through cognitive-behavioral therapy. Assist in crisis intervention and screening for level of risk for self-harm and suicide ideation. Develop curriculum for substance abuse treatment and provide training on topics that relate to substance abuse, juvenile offenders, and drug education and trends. Experience with substance abuse and dependence, abuse and trauma, crisis stabilization, criminal and addictive thinking, self-harm and suicide ideation, conduct disorder and oppositional defiance disorder.

### **Supervisor.**

*April 2011-present. Denton County Juvenile Probation.* Supervise undergraduate and graduate level students during practicum and internship courses. Experience with numerous CACREP masters counseling programs, social work undergraduate programs, and drug and rehabilitation undergraduate program. As a site supervisor, responsible for following CACREP standards and requirements.

*January 2014- present.* Provide weekly supervision to LPC Interns while adhering to the LPC board standards and requirements as well as ACA code of ethics. Encourage autonomy and growth of LPC interns while using a discrimination and developmental model.

**Private Practice Counselor.**

*January 2013- June 2014. New Horizons Center for Healing in McKinney, TX.* Provided counseling services to children, adolescents, and young adults through play therapy, individual counseling, and family counseling. Provided parent training and consultation in using filial therapy. Also, worked with clients and their families in providing substance abuse counseling. Experience with substance abuse and dependence, rebuilding relationships, anxiety and depression, self-esteem, self-harm and suicide ideation.

**Counseling Intern.**

*June 2008- May 2010. Denton County Juvenile Probation.* Provided individual and group counseling to juvenile offenders during master's level internship and doctorate level internship. Experience with running groups that discussed resiliency, self-esteem, relaxation, and anger management. Worked with juvenile offenders on criminal thinking and behaviors through cognitive-behavioral therapy.

*June 2008- May 2010.* Play therapy with children and child-parent relationship counseling at Texas Woman's University counseling clinic and Crossroads Family Services in Plano, TX. Specifically worked with children through play therapy on issues related to anxiety, abuse, trauma, and stress-related problems.

**Graduate Research Assistant.**

*August 2009 to May 2010. Texas A&M University-Commerce.* Assisted professors and associate professors in conducting research and writing publications for professional journals.

*January 2008-May 2009. Texas Woman's University.* Responsible for collecting data and entering data to develop statistical findings. Developed literature reviews, special reports, and curriculum for publication. Administered surveys for data collection and utilized SPSS for data analysis.

**Teaching Assistant.**

*January 2012- May 2012. Texas A&M University-Commerce.* Graduate teaching assistant during doctorate coursework who assisted and graded major weekly assignments in a master's level theories course.

*January 2009-May 2009. Texas Woman's University.* Assisted with an online human development course through curriculum development and grading.

*May 2006-August 2006. Oklahoma State University.* Undergraduate teaching assistant who helped instruct and support students during a quantitative research course.

## **PROFESSIONAL SERVICE**

July 2011- June 2012. Texas Counseling Association Wellness Committee member. Organized self-care and personal growth activities during the 55<sup>th</sup> TCA Annual Professional Growth Conference.

July 2010-June 2011. Texas Counseling Association Graduate Student Interest Committee member. Assisted and organized activities to promote students to pursue graduate level counseling programs during the 54<sup>th</sup> TCA Annual Professional Growth Conference.

November 2009 and November 2011. Texas A&M University- Commerce. Assisted the Texas A&M University-Commerce exhibitor booth at TCA and promoted the master's and doctoral program to prospective students.

## **ACADEMIC HONORS AND RECOGNITIONS**

Chi Sigma Iota. National Honors and Professional Society for Counseling

Golden Key. International Honor Society during graduate coursework

Order of Omega. Academic and leadership honor society at Oklahoma State University

Dean's List. Undergraduate academic honor at Oklahoma State University

## **PUBLICATIONS AND SCHOLARLY WORKS**

Leird, B. (2015). The work experiences of counselors in a juvenile detention with indications of secondary trauma. Unpublished dissertation.

Sanchez, C, Plata, V, Grosso, L, & Leird, B. (2010) Encouraging Spanish-Speaking Families' Involvement through Dichos Journal of Latinos and Education, 9(3), p 239-248

Sánchez, C., Casey, P., & Leird, B. (2008) Quantitative measures for the assessment of teachers' multicultural competence. In Current Issues and Best Practice in Bilingual and ESL Education; P. Dam and M. Cowart, Eds.; Federation of North Texas Universities: Denton, TX, 2008, pp 140-159. Book Chapter, Published