

# Steven L. Prewitt, Ph.D.

## I. EDUCATION

- Graduate: ***University of Utah, 2014***  
Degree: Ph.D. Exercise and Sport Science  
Emphasis: Sport Pedagogy  
Cognate: Higher Education Teaching  
Dissertation Title: *The use of the Personalized System of Instruction model to teach health-related fitness*
- Warner Pacific College 2000***  
Post-Baccalaureate Teaching Certification  
Physical Education and Secondary Biology
- University of Oregon 1998***  
Degree: M.S. Exercise and Movement Science  
Concentration Area: Sports Medicine
- Undergraduate: ***George Fox University 1993***  
Degree: B.S. Health and Human Performance: Athletic Training

## II. EMPLOYMENT

- Assistant Department Chair,** 2018-present  
Department of Health & Human Performance  
Texas A&M University – Commerce, Commerce, TX
- Assistant Professor, Graduate Coordinator – Pedagogy** 2014-present  
Department of Health and Human Performance,  
Texas A&M University - Commerce, Commerce, TX

### Courses Taught (\*online course):

- HHPK 144 – Foundations of Kinesiology\*
- HHPK 250 – Individual & Dual Activities
- HHPK 251 – Team Sports
- HHPK 302 – (formerly HHPK 274) – Adapted Physical Education
- HHPK 311 – Introduction to Coaching\*
- HHPK 314 – Methods of Teaching Physical Education I
- HHPK 315 – Methods of Teaching Physical Education II
- HHPK 444 – Administration of Kinesiology and Sports Programs
- HHPK 516 – Current Issues in Kinesiology\*
- HHPK 522 – Teaching Health-Related Fitness\*
- HHPK 523 – Teaching Games, K-12\*
- HHPK 536 – Adapted Kinesiology\*
- FRA 149 – Archery

**Visiting Instructor & Physical Education Teacher Education Coordinator**

2012-2014

Department of Exercise & Sport Science, University of Utah  
Salt Lake City, UT

Courses Taught (\*On-line courses):

- ESSF 1073 – Circuit Training
- ESSF 1085 – Elementary Weight Training
- ESS 2500 – Exploration of Movement Science
- ESS 2510 – Introduction to Teaching Physical Education
- ESS 3551 – Application of Human Motor Development Across the Lifespan
- ESS 3710 – Elementary Methods
- ESS 4387 – Resistance Training for Special Populations\*
- ESS 5491 – Student Teaching Seminar
- ESS 5495 – Student Teaching in PE
- ESS 6101 – Teaching Health Related Fitness K-12\*
- ESS 6102 – Teaching Games K-12\*
- ESS 6104 – Professional Issues in Physical Education\*
- ESS 6105 – Curriculum Design in Physical Education\*
- ESS 6106 – Teaching Interdisciplinary Physical Education\*
- ESS 6108 – Supervision in Physical Education\*
- ESS 6109 – Assessment and Evaluation in Physical Education\*
- ESS 6110 – Reflective Teaching in Physical Education\*
- ESS 6220 – Teaching Elementary PE

Developed University of Utah Online Master's program courses:

- ESS 6100 – Effective Teaching
- ESS 6101 – Teaching Health Related Fitness K-12
- ESS 6102 – Teaching Games K-12
- ESS 6104 – Professional Issues in Physical Education
- ESS 6105 – Designing Curriculum in Physical Education
- ESS 6106 – Teaching Interdisciplinary Physical Education
- ESS 6107 – Adapted Physical Education
- ESS 6108 – Supervision in Physical Education
- ESS 6109 – Assessment and Evaluation in Physical Education
- ESS 6110 – Reflective Teaching in Physical Education

Master's Thesis Committee Member:

Tacara Lovings	Spring 2014
Jade Bell	Summer 2017*
Keith Crabtree	Summer 2017
Jeffrey Williams	Spring 2018
Veronika Baric	Summer 2018
Ai Ogata	Spring 2019

\* Committee Chair

Master's Non-Thesis Project Committee Member:

Michelle Bradshaw	Fall 2013
Rochelle Deeter	Fall 2013
Nick Leifiting	Spring 2014
Lucky Radley	Spring 2014
Sharon Christensen	Summer 2014
Amy Newman	Summer 2014
Mathew Paskett	Summer 2014
Melinda Wilder	Summer 2014
Benjamin Chase	Fall 2014
Tufui Taukiahoh	Fall 2014
Tyler Anderson	Summer 2015
Skyler Beard	Summer 2015
Hillary Tolman	Summer 2015

**Graduate Assistant**

2010-2012

Department of Exercise and Sport Science, University of Utah  
Salt Lake City, UT

Duties:

- Elementary PE Specialist, Early Light Academy, South Jordan, UT
- ESSF 1073 – Circuit Training
- ESSF 1085 – Elementary Weight Training
- ESS 2510 – Introduction to Teaching Physical Education
- ESS 3551 – Application of Human Motor Development Across the Lifespan

**Adjunct Instructor**

2003- 2005

Department of Health and Physical Education, Clark College  
Vancouver, WA

Courses Taught

- HPE 258 Fitness–Wellness
- PE 291 Care & Prevention of Athletic Injuries
- PE 108 On-line Physical Education

**Teacher & Coach**

2005-2010

La Center Middle and High Schools, La Center School District  
La Center, WA

**Teacher & Program Director, Medical Arts Magnet**

2001-2004

Fort Vancouver High School and Vancouver School District  
Vancouver, WA

### III. PUBLICATIONS AND PRESENTATIONS

#### Publications

- Baghurst, T., **Prewitt, S.L.**, & Tapps, T. (2019). Physiological demands of extreme obstacle course racing: A case study. *International Journal of Environmental Research and Public Health*, 16(16), 2879-2886.
- Prewitt, S.L.**, Rosselli, C., & Rosselli, A. (2019). Physical activity and social interactions of rural elementary children during recess. *Journal of Physical Activity Research*, 4(2), 114-117.
- Rosselli, A. **Prewitt, S.**, & Culpepper, D. (2018). The effects of moderate exercise on depressive symptoms. *Advances in Applied Psychology*, 3(3), 34-47.
- Bell, J.M., **Prewitt, S.L.**, Bernhardt, V., & Culpepper, D. (2018). The relationship of athlete identity and career exploration and engagement of NCAA Division II athletes. *International Journal of Exercise Science*, 11(5), 493-502.
- Lovings, T. **Prewitt, S.L.**, Brusseau, T., & Henderson, H. (*in press*). Rankings of curricular domains amongst adapted physical educators. *The Physical Educator*.
- Johnson, B., **Prewitt, S.L.**, Stewardson, L., Durler, E., and Shannon, S. (2017). Early childhood motor development: importance, barriers, and suggestions for improvement. *TAHPERD Journal*, 85(2), 14-17.
- Prewitt, S.L.**, Hannon, J.C., Colquitt, G., Brusseau, T., Newton, M., & Shaw, J. (2015). Effect of the personalized system of instruction on health-related fitness knowledge and class time physical activity. *The Physical Educator*, 72(5), 23-39.
- Prewitt, S.L.**, Hannon, J.C., Coquitt, G., Brusseau, T.A., Newton, M., & Shaw, J. (2015). Implementation of a personal fitness unit using the personalized system of instruction. *The Physical Educator*, 72(3), 382-402.
- Prewitt, S.L.**, Hannon, J.C., & Brusseau, T. (2015). Incorporating Scottish Highland Games and activities into your PE classes. *Strategies*, 28(3), 18-27.
- Prewitt, S.L.**, Hannon, J.C., & Brusseau, T.A. (2013). Children and pedometers: A study in reactivity and knowledge. *International Journal of Exercise Science*, 6(3), 230-235.
- Prewitt, S.L.**, Hannon, J.C., Brusseau, T., Newton, M., Shaw, J., & Summerhays, J. (2013). Effect of female only versus coed physical education classes on social physique anxiety in 7th grade girls. *International Journal of Secondary Education*, 1(5), 26-30
- Prewitt, S.L.** Golf is a good walk spoiled. *UAHPERD Newsletter*, April 2012.

**Prewitt, S.L.** Crate Ball and Zombie Tag. *UAHPERD Newsletter*, April 2011.

### ***Presentations***

**Prewitt, S.L.**, Roberts, S., Rosselli, C., & Doe, D. (2019). The “Hidden Fan”: Stadia disability provision for fans on the Autistic Spectrum. North American Society for Sport Management Annual Conference, New Orleans, LA.

**Prewitt, S.L.** (2019). Overcoming barriers for rural universities. National Association for Kinesiology in Higher Education Annual Conference, Savannah, GA.

**Prewitt, S.L.** & Tietjen-Smith, T. (2018). Barriers and recruitment strategies for rural university kinesiology programs. American Kinesiology Association Annual Conference, Denver, CO.

**Prewitt, S.L.** & Rosselli, C. (2018). European Backyard Games. Texas Association for Health, Physical Education, Recreation & Dance Annual Conference, Galveston, TX.

Rosselli, A., Culpepper, D., & **Prewitt, S.L.** (2018). Personal branding: setting yourself apart from the competition. Texas Association for Health, Physical Education, Recreation & Dance Annual Conference, Galveston, TX.

**Prewitt, S.L.** (2017). Rugby and other games in three easy steps. Texas Association for Health, Physical Education, Recreation & Dance Annual Conference, Fort Worth, TX.

**Prewitt, S.L.**, Rosselli, A., & Culpepper, D. (2017). Professional preparation: getting ready for your first job. Texas Association for Health, Physical Education, Recreation & Dance Annual Conference, Fort Worth, TX.

**Prewitt, S.L.** (2017). Back to the future: Using PSI in Kinesiology. National Association of Kinesiology in Higher Education Annual Conference, Orlando, FL.

**Prewitt, S.L.**, and Bolton, C. (2016). Transforming from mentee to mentor: Stewardship of stewards. National Association of Kinesiology in Higher Education Annual Conference, San Diego, CA

**Prewitt, S.L.** (July 2015). Introduction to Personalized System of Instruction. Texas AHPERD Summer Conference, San Antonio, TX.

**Prewitt, S.L.** (2015). Using the Personalized System of Instruction to teach online courses. *Faculty Lion Educator Dissemination*. Texas A&M University – Commerce.

**Prewitt, S.L.**, Hannon, J.C., Colquitt, G., Brusseau, T., Newton, M., & Shaw, J. (2015). Effect of the personalized system of instruction on health-related fitness knowledge and class time physical activity. Poster presentation at the Society of Health and Physical Educators National Conference, Seattle, WA.

- Prewitt, S.L.**, Hannon, J.C., Coquitt, G., Brusseau, T.A., Newton, M., & Shaw, J. (2015). Implementation of a personal fitness unit using the personalized system of instruction. Poster presentation at the Society of Health and Physical Educators National Conference, Seattle, WA.
- Brusseau, T.A., & **Prewitt, S.L.** (2014). Effective classroom management for elementary PE teachers. Granite School District.
- Prewitt, S.L.**, Hannon, J.C., Brusseau, T., Newton, M., Shaw, J., & Summerhays, J. (2014). Effect of female only versus coed physical education classes on social physique anxiety in 7th grade girls. Oral presentation at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, St. Louis, MO.
- Prewitt, S.L.** (2014). How to incorporate Scottish Highland Games into Physical Education. Utah AHPERD Annual Meeting, Salt Lake City, UT.
- Goh, T.L., Hannon, J.C., **Prewitt, S.L.**, & Yu, F. (2013). Children's Physical Activity and On-Task Behavior following Active Academic Lessons. Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Charlotte, NC.
- Prewitt, S.L.** (April 2013). Introduction to Personalized System of Instruction. Utah AHPERD Annual Meeting, Provo, UT.
- Prewitt, S.L.**, & Hannon, J.C. (2012). Children and Pedometers: A Study in Reactivity and Knowledge. Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Boston, MA.
- Prewitt, S.L.**, Burns, R., & Harveson, A. (2012). Sport Education: It's Not What You Think. Utah AHPERD Annual Meeting, Park City, UT.
- Prewitt, S.L.** (2011). Highland Games for High School and Middle School. Utah AHPERD Annual Meeting, Park City, UT.
- Goh, T.L., Hannon, J.C., **Prewitt, S.L.**, & Yu, F. (2011). *Take 10!* Intervention in-service. Copper Hills Elementary School, Magna, UT.

#### IV. SERVICE

##### Professional Service

Associate Editor

*International Journal of Kinesiology in  
Higher Education*

January 2016 – present

Reviewer	
<i>International Journal of Exercise Science</i>	January 2016 – present
<i>Journal of Human Kinetics</i>	February 2015 – present
<i>TAPHERD Journal</i>	June 2015 – present
Society of Health and Physical Educators	
National Convention Session Reviewer	August 2016 – present
Physical Education Teacher Education Conference Reviewer	January 2015 – present
Committee Chair, By-Laws	September 2015- January 2017
National Association for Kinesiology in Higher Education	
Committee Chair, Professional Preparation	December 2014 – December 2017
Texas Association for Health, Physical Education, Recreation and Dance	
Vice-President, Physical Activity and Recreation	July 2012 – April 2014
Utah Association for Health, Physical Education, Recreation and Dance	
Vice President, Physical Education	October 2010-July 2012
Utah Association for Health, Physical Education, Recreation and Dance	
<b>Internal Service</b>	
Department Committees	
Committee Chair,	August 2015 – present
Computer & Technology	
Tenure & Promotion Policy	
Committee Member,	August 2015 - present
Kinesiology & Sport Studies	
Strategic Planning	
Marketing & Public Relations	
Phi Pi Delta, Student Organization	September 2014 – August 2017
Faculty Advisor	
Department Mentor	September 2014 – August 2017
Quality Enhancement Plan Committee	

## Community

Director, ASPIRE Summer Experience

2017-present

## V. GRANT WRITING AND RELATED ACTIVITIES

1. University of Utah Teaching Grant (\$7,000). Improving Youth Physical Activity Service and Teaching Opportunities. Funded 2014; \$7,000.
2. Murdock Trust Partners in Science Grant (\$15,000). Impact of mesozooplankton on microzooplankton in Vancouver Lake. Funded 2008-2010; \$15,000.
3. AAHPERD Graduate Student Grant. Comparisons of computer-assisted versus traditional instruction on student attitude and content knowledge in personal fitness. (2013), not funded, \$3000.
4. AAHPERD Research Consortium Graduate Student Grant. The effect of a PSI instructional model on psychosocial outcomes in a high school personal fitness class. Finalist (2012), not funded, \$3000.
5. AAHPERD Research Consortium Graduate Student Grant. The effect of gender environment on social physique anxiety and fitness in adolescent girls' physical education. Finalist (2011), not funded, \$3000.

## V. AWARDS, CERTIFICATES, HONORS, AND MEMBERSHIPS

- Paul W. Barrus Distinguished Faculty Award for Teaching, 2017-2018
- Basic Archery Instructor, National Archery in the Schools Program, 2015 – present
- “Excellence in Teaching, Research, & Service” Award, Texas A&M University – Commerce Athletic Department, 2015.
- Physical Best Health-Fitness Specialist, 2014 – present
- Ruth Abernathy Presidential Graduate Scholarship, AAHPERD, 2014
- Utah Alliance for Health, Physical Education, Recreation & Dance Graduate Student of the Year, 2013
- University of Utah, Exercise and Sport Science Department, Pedagogy Graduate Student of the Year, 2013
- American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD)
- National Association of Sport and Physical Education (NASPE)
- National Strength and Conditioning Association
- Utah Alliance of Health, Physical Education, Recreation, and Dance (UAHPERD)