

KARIN TOCHKOV
Curriculum Vitae

Contact Information

Department of Psychology, Counseling, & Special Education
Texas A&M University - Commerce
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Education

2007 Ph.D. in Clinical Psychology, State University of New York at Albany (SUNY)
2003 M.A. in Clinical Psychology, State University of New York at Albany (SUNY)
2000 M.A. in Psychology, University of Heidelberg, Germany
1998 B.A. in Psychology, University of Heidelberg, Germany

Professional Positions

2013-present Associate Professor, Department of Psychology, Counseling and
Special Education, Texas A&M University – Commerce

2007-2013 Assistant Professor, Department of Psychology, Counseling and
Special Education, Texas A&M University – Commerce

2002-2006 Instructor, Department of Psychology, State University of New York at Albany

Honors and Awards

Academic Excellence Award, Department of Psychology, Counseling and Special Education,
Texas A&M University – Commerce, spring 2013

Student Recognition Award for Teaching Excellence, Texas A&M University
System, spring 2012

Student Recognition Award for Teaching Excellence, Texas A&M University
System, spring 2011

Student Recognition Award for Teaching Excellence, Texas A&M University
System, fall 2010

Provost Award Research & Creative Activity, Texas A&M University – Commerce, 2010

Teaching Excellence Award, Texas A&M University System, 2009-2010

Teaching Excellence Award, Texas A&M University System, 2008-2009

Publications

Articles

Karaffa, K. & **Tochkov, K.** (2013). Attitudes toward seeking mental health treatment and provider references among law enforcement officers. *Applied Psychology in Criminal Justice*, 9(2), 75-99.

Tochkov, K. (2012). No regrets? Mood and the anticipation of emotions in problem Gambling. *International Gambling Studies*, 12(1), 39-53.

Tochkov, K., Nenovsky, N. & **Tochkov, K.** (2011). University efficiency and public funding for higher education in Bulgaria. *Post-Communist Economies*, 24(4), 517-534.

Tochkov, K. (2011). How far have we come in understanding obsessive-compulsive disorder in children and adolescents? *Annals of the American Psychotherapy Association*, 14(3), 18-28.

Sides-Moore, L., & **Tochkov, K.** (2011). The thinner the better? Competitiveness, depression and body image among college student women. *College Student Journal*, 45(2), 439-448.

Hawthorne, M., Weatherford, D. & **Tochkov, K.** (2011). The effects of explicit and implicit cognitive factors on the learning patterns in the Iowa gambling task. *American Journal of Psychological Research*, 7(1), 64-78.

Tochkov, K., (2010). Self-control deficits and pathological gambling. *International Journal of Psychological Studies*, 2(2), 65-69.

Tochkov, K., Levine, L., & Sanaka, A. (2010). Variation in the prediction of cross-cultural adjustment by Asian-Indian students in the United States. *College Student Journal*, 44(3), 677-689.

Tochkov, K. (2009). The effects of anticipated regret on risk preferences of social and problem gamblers. *Judgment and Decision Making*, 4(3), 227-234.

McAllister, C., & **Tochkov, K.** (2009). The effects of delayed rewards on problem solving perseverance. *European Journal of Social Sciences*, 11(4), 544-550.

Tochkov, K. & Tochkov, K. (2009). Is higher volatility associated with lower growth? Intranational evidence from South Korea. *The Empirical Economics Letters*, 8(7), 625-629.

Tochkov, K. (2009). The impact of emotions on problem gambling. *American Journal of Psychological Research*, 5(1), 7-19.

Abstracts

Tochkov, K. (2008). The failure to anticipate regret and persistence in gambling, *International Journal of Psychology*, 43(3/4), 244.

Conference Presentations

Tochkov, K. (December 2011). *University efficiency and public funding for higher education in Bulgaria*. 2011 International Symposium on the Economics of Education, Hong Kong, China.

Hawthorne, M. & **Tochkov, K.** (November 2011). *Executive function and the Iowa Gambling Task*. 52nd Annual Meeting of the Psychonomic Society, Seattle, WA.

Karaffa, K. & **Tochkov, K.** (November 2011). *Attitudes toward seeking mental Health treatment and provider preferences among law enforcement officers*. 9th Annual Pathways Student Research Symposium, College Station, TX.

Weatherford, D., Hawthorne, M. & **Tochkov, K.** (November 2010). *The influence of implicit and explicit variation on the Iowa Gambling Task*. 31st Annual Conference of the Society for Judgment and Decision Making, St. Louis, MO.

Tochkov, K. (April 2010). *Deal or no deal? Delayed discounting, anticipated regret, and persistence in gambling*. Annual Conference of the British Psychological Society, Stratford-upon-Avon, UK.

Tochkov, K. (April 2009). *Anticipated emotions and their effect on risk attitudes of gamblers*. Annual Conference of the British Psychological Society, Brighton, UK.

Tochkov, K. & Clark, T. (November 2008). *Regret, risk seeking, and the role of feedback in problem gambling*. 42nd Annual Convention of the Association for the Advancement of Behavior Therapy, Orlando, FL.

Tochkov, K. (July 2008). *The failure to anticipate regret and persistence in gambling*. XXIX International Congress of Psychology, Berlin, Germany.

Tochkov, K. (April 2008). *Anticipated regret and the cognitive vulnerability to problem gambling*. Annual Conference of the British Psychological Society, Dublin, Ireland

Tochkov, K. & Wulfert, E. (November 2005). *The underestimation of regret and its consequences for problem gambling*. 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.

Tochkov, K. & Wulfert, E. (November 2004). *The error in predicting emotions and its relationship to college students' gambling, alcohol and drug use*. 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Tochkov, K. & Wulfert, E. (November 2003). *The effects of anticipated emotions on the gambling behavior*. 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

Tochkov, K. & Wulfert, E. (November 2003). *Are frustrated gamblers less able to predict their regret?* 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

Tochkov, K. (November 2002). *Discounting of delayed rewards: Theoretical insights and clinical implications*. 36th Annual Convention of the Association for the Advancement of Behavior Therapy, Reno, NV.

Grants

Tochkov, K. – PI, National Council for Eurasian and East European Research Grant, Title: Stemming the brain drain: Evaluating the efficiency of universities and government funding of higher education in Bulgaria. (**\$90,000** requested, 2009-10). Not funded.

Tochkov, K. – PI, Texas A&M University – Commerce Research Enhancement Grant, Title: Regret, Risk Seeking, and the Role of Feedback in Problem Gambling. (**\$10,318** awarded, 2008-2009).

Faculty Development International Studies Grant (**\$2,000** awarded, fall 2011)

College of Education and Human Services Travel Grant (**\$500** awarded, fall 2011)

Faculty Development International Studies Grant (**\$1,000** awarded, spring 2010)

Faculty Development International Studies Grant (**\$3,000** awarded, spring 2009)

Graduate School Mini Grant Award (**\$600** awarded, fall 2008)

Faculty Development International Studies Grant (**\$3,620** awarded, spring 2008)

College of Education and Human Services Research Travel Grant (**\$400** awarded, spring 2008)

Graduate School Mini Grant Award (**\$600** awarded, fall 2007)

College of Education and Human Services Faculty Research Mini Grant (**\$400** awarded, fall 2007)

Research Grant for the project “*The Role of Anticipated Regret and Risk Seeking in Gambling Behavior*,” Graduate Student Organization, State University of New York at Albany, 2006

Travel Grant for presenting at the 38th Annual AABT Conference in New Orleans, LA,

Graduate Student Organization, State University of New York at Albany, 2004

Research Grant for the project “*Anticipated Emotions and Gambling*,” Graduate Student Organization, State University of New York at Albany, 2003

Travel Grant for presenting at the 36th Annual AABT Conference in Reno, NV, Graduate Student Organization, State University of New York at Albany, 2002

Teaching Experience

Texas A&M University Commerce, 2007 - 2013

Undergraduate Courses:

PSY 131 Introduction to Psychology (*fall 2007, spring 2008*)

PSY 131H Honors Introduction to Psychology (*spring 2009/2010*)

PSY 232 Sexual Behavior (*fall 2007/2008/2009, spring 2008*)

PSY 316 Abnormal Psychology (*spring 2009/2010/2017*)

PSY 317 Psychology of Personality (*spring 2011, fall 2016*)

PSY 319 Child and Adolescent Development (*spring 2017*)

PSY 321 Psychology of Adolescence (*fall 2016*)

PSY 490 Honors Thesis (*spring 2011*)

PSY 491H Honors Readings (*fall 2010*)

Graduate Courses:

PSY 502 Theories of Personality (*fall 2011/2017*)

PSY 503 Psychopathology (*summer2008-2011, fall 2008-2011, spring 2010/2012/2017*)

PSY 508 Theory and Technique in Applied Psychology (*spring 2011, fall 2016*)

PSY 518 Thesis (*fall 2007-2011, spring 2008-2011, summer 2008-2010*)

PSY 527 GLB/Social/Cultural Bases of Behavior (*fall 2016*)

PSY 535 Applied Behavior Analysis (*fall 2012/spring 2013*)

PSY 537 Advanced Therapeutic Intervention (*fall 2017*)

PSY 538 Ethics in Clinical Practice (*fall 2012/spring 2013*)

PSY 572 Psychological Assessment/Measurement (*fall 2007-2011, spring 2008/2009/2012*)

PSY 592 Group Psychotherapy (*fall 2010/spring 2012/2017*)

PSY 595 Independent Study and Research (*fall 2011*)

PSY 680 Educational Psychology (*fall 2010*)

PSY 691 Clinical Practicum (*summer 2008*)

PSY 718 Doctoral Dissertation (*fall 2009/2010/2011, spring 2010/2011, summer 2010*)

State University of New York at Albany, 2001 – 2006

Instructor, Department of Psychology, State University of New York at Albany

Introduction to Psychology (*Spring 2006, Summer 2006*)

Human Sexuality (*Fall 2004, Fall 2005*)

Social Psychology (*Summer 2003, Spring 2005, Fall 2005, Spring 2006*)

Personality Psychology (*Fall 2004, Spring 2005*)

Abnormal Psychology (*Summer 2004*)

Experimental Psychology (*Summer 2005*)

Teaching Assistant, Department of Psychology, State University of New York at Albany

Sexual and Physical Abuse (*Spring 2004*)

Addictive Behaviors Spring (*Spring 2004*)

Introduction to Psychology (*Fall 2002*)

Directed Study in Psychology (*Fall 2001-Spring 2006*)

Directed Research in Psychology (*Fall 2001-Spring 2006*)

Independent Study and Research (*Fall 2001-Spring 2006*)

Supervision of Undergraduates/Graduate Students

Supervision of Texas A&M University at Commerce undergraduate and graduate research assistants (provide guided reading, train in experimental design, data collection, and coding; teach and supervise statistical analysis; and advise on the writing, oral, and poster presentation of their theses, 2007-present)

Supervision of Undergraduates

Supervision of State University of New York at Albany undergraduate's independent research and honors theses: teach weekly seminars, provide guided reading, train in experimental design, data collection, and coding; teach and supervise statistical analysis; and advise on the writing, oral, and poster presentation of their theses, 2001-2006

Honors, Thesis, and Dissertation Committees

Undergraduate honors project advisor

Clay Friddle (2010-2011)

Master thesis committees:

Kerry Karaffa (chair; defended fall 2011)

Cynthia McAllister (chair; defended spring 2011)

Dylan Phillips (member; in progress)

Lauren Sides (chair; defended fall 2010)

Jamie Snider (member; defended fall 2012)

Nichole Williams (chair; in progress)

Dissertation Committees:

Melissa Hawthorne (chair; defended spring 2012; currently at Louisiana State University-Shreveport)

Brooke Mann (chair; in progress)

Service Activities

Member, Departmental Applied Master's Program Committee, fall 2007-2010, fall 2016-present

Coordinator, Clinical Psychology Master's Program, fall 2010-2013

Chair, Departmental Master's Program Applied Psychology Committee, fall 2011-2013

Member, Departmental Search for Ad-Interim Position in Clinical Psychology Committee, spring 2012

Member, Departmental Search Position in Quantitative Psychology Committee, spring 2012

Member, Departmental Search Position in Counseling Education Committee, spring 2012

Member, University IRB Committee, fall 2012-2013

Member, Departmental IRB Committee, fall 2010-2011

Interim Coordinator of the Applied Psychology Master's Program, fall 2009

Member, Departmental Clinic Operations Committee, fall 2007-2011

Co-Chair, Departmental Master's Program Applied Psychology Committee, fall 2007-2010

Member, Departmental Search for Position in Social Psychology Committee, 2008-2009

Member, Departmental Tenure and Promotion Committee, fall 2007

Other Professional Activities

Ad hoc reviewer: *Journal of Gambling Behavior* 2008-2013

Ad hoc reviewer: *Journal of Emotion* 2010-2013

Book Reviewer for:

- Breckler, S. J., Olson, J., & Wiggins, E. (2006). *Social Psychology Alive*. Belmont, CA: Thomson/Wadsworth.
- Westheimer, R. K., & Lopater, S. (2007). *Human Sexuality: A Psychosocial Perspective*. 3rd ed. Philadelphia, PA: Lippinkott, Williams & Wilkins.

Faculty Proposal Development Seminar, Texas A&M-University, Commerce, fall 2008

Statistics Consultant for SPSS, Department of Psychology, University of Heidelberg, Germany, 1999-2000