

Dr. Ashley Womack, Ph.D, LPC-S, LCDC

# Curriculum Vitae

---

## **EDUCATION**

Doctorate in Counselor Education  
Texas A&M University-Commerce  
August 2014

Masters of Science in Counseling  
Texas A&M University-Commerce  
December 2009

Bachelor of Science in Psychology  
Texas A&M University-Commerce  
December 2007

## **LICENSURE**

Licensed Professional Counselor Supervisor  
License number 66613

Licensed Chemical Dependency Counselor  
License number 11243

## **PROFESSIONAL EXPERIENCE**

Clinic Manager/TCOOMMI Program Director  
Pecan Valley Centers June 2015- Present

Adjunct Professor  
Texas A&M University-Commerce August 2014- Present

TCOOMMI Program Director  
Lakes Regional MHMR September 2013- June 2015

TCOOMMI Coordinator  
Lakes Regional MHMR September 2012- September 2013

Therapist/Owner  
Insight Counseling & Psychological Assessment, July 2011-October 2013

Graduate Assistant  
Texas A&M University-Commerce, Fall '09, Fall '10, Spring '11, & Fall '11

## Dr. Ashley Womack, Ph.D, LPC-S, LCDC

---

Substance Abuse Counselor

Lakes Regional MHMR, Paris, TX Nov. 2010- Aug. 2011

Mental Health Case Manager

Lakes Regional MHMR, Paris, TX Jan. 2008- Nov. 2010

### **COLLEGE COURSES TAUGHT**

COUN 545: Developmental Issues and Strategies

COUN 517: Assessment in Counseling

COUN 551: Practicum

COUN 552: Internship

COUN 301: Orientation to the Counseling Profession

COUN 315: Philosophy of the Helping Relationship

COUN 316: Parent and Family Dynamics

COUN 317: Introduction to Assessment

### **PEER REVIEWED PUBLICATIONS**

Bore, S. K., Armstrong, S. A., & Womack, A. (2010). School counselors' experiential training in group work. *Journal of School Counseling*, 8(26). Retrieved from <http://www.jsc.montana.edu/articles/v8n25.pdf>

Bore, S. K., Hendricks, L., & Womack, A. (2013). Psycho-Educational groups in schools: The intervention of choice. *National Forum Journal of Counseling and Addiction*, 2(1), 5-9.

### **NON-PEER REVIEWED PUBLICATIONS**

Womack, A. B. (2014). The myth of the stepmonster: A qualitative exploration of the stepmother experience in a complex stepfamily system. Retrieved from ProQuest.

Womack, A. (2011). Is paris' suicide rate high? Eparisextra.com. Retrieved from <http://eparisextra.com/2011/07/11/9625/>

Womack, A. (2011). Dangerous drugs in a store near you. Eparisextra.com. Retrieved from <http://eparisextra.com/2011/07/25/dangerous-drugs-in-stores-near-you/>

## Dr. Ashley Womack, Ph.D, LPC-S, LCDC

---

- Womack, A, (2011). Who's who in mental health. Eparisextra.com. Retrieved from <http://eparisextra.com/2011/08/22/who%e2%80%99s-who-in-mental-health/>
- Womack, A, (2011). A time to mourn-Greif explained. Eparisextra.com. Retrieved from <http://eparisextra.com/2011/08/08/a-time-to-mourn-grief-explained/>
- Womack, A, (2011). Could more sleep decrease crime? Eparisextra.com. Retrieved from <http://eparisextra.com/2011/09/06/could-more-sleep-decrease-crime/>
- Womack, A, (2011). Vaccine to end addiction. Eparisextra.com. Retrieved from <http://eparisextra.com/2011/09/19/vaccine-to-end-addiction/>
- Womack, A, (2011). Should welfare recipients be drug tested? Eparisextra.com. Retrieved from <http://eparisextra.com/2011/10/03/should-welfare-recipients-be-drug-tested/>
- Womack, A, (2011). Be the change. Eparisextra.com. Retrieved from <http://eparisextra.com/2011/10/17/be-the-change/>
- Womack, A, & Barrett, G. (2011). Breaking the news: How to talk to your children about death. Eparisextra.com Retrieved from <http://eparisextra.com/2011/11/28/breaking-the-news-how-to-talk-to-your-children-about-death/>
- Womack, A. (2011). Substance abuse and the holidays. Eparistexas.com. Retrieved from <http://eparisextra.com/category/couch/>

### **PRESENTATIONS**

- Bore, S.K. & Womack, A. (November 11, 2011). Group work with clients from collectivistic cultures. Texas Counseling Association's Annual Conference. Forth Worth, TX.
- Womack, A. (April 15, 2011). Basic sandtray for counselors. Lakes Regional MHMR, Paris, TX
- Womack, A. (November 30, 2011). Basic sandtray for counselors. Texas A&M University-Commerce, TX

### **PROFESSIONAL**

#### **ORGANIZATIONS**

- American Counseling Association Membership
- Association for Play Therapy Membership

## Dr. Ashley Womack, Ph.D, LPC-S, LCDC

Texas Counseling Association Membership

### **COMMUNITY SERVICE & INVOLVEMENT**

Board Member-Vice President

Good Samaritan Health Clinic, Paris, Texas, May 2014-June 2015

Board Member

New Hope Homeless Shelter, Paris, Texas, October 2013-June 2015

Group and Individual Facilitator

Paris Pregnancy Care Center, Paris, TX 2005 – June 2015

Advisory Council Member

Christian Women's Job Corp., Paris, TX October 2011 – June 2015

Columnist

Eparistexas.com, Paris, TX June 2011- June 2012

### **ACADEMIC HONORS**

Lifetime Member of the National Scholars Honor Society

Chi Sigma Iota - Epsilon Tau International Counseling Honor Society