

Texas A&M University-Commerce
Department of Health & Human Performance

Course: FRA 130 Basketball – 1 Semester Hour Credit
Class Time: 9:00 am – 10:50 am
Class Location: Morris Recreation Center 102

Instructor: Judy Sackfield
Office: Field House 001
Office Hours: By Appointment
E-mail: judy.sackfield@tamuc.edu

Course Description:

This is an activity course designed to teach basic fundamental skills in basketball. It will acquaint the student with the knowledge with skills necessary to understand the game of basketball while acquiring the physical fitness participant.

General Information:

FRA 130 is scheduled to meet in the Morris Recreation Center. All students MUST show a current CWID card in order to enter the building. All students MUST wear athletic shoes and athletic attire in order to be counted in attendance and to participate. If you do not participate, you will be considered absent.

Course Goals and Objectives:

The objectives of this course are that each student will:

1. Develop the basic skills necessary to participate in the sport of basketball
2. Learn the basic rules
3. Incorporate strategies of play
4. Develop appreciation of the sport as a spectator and a participant

Topical Outline:

1. Description of the game
2. Basketball skills – ball handling, shooting, passing, defense, dribbling
3. Court and positions
4. Safety procedures and rules

Course Requirements and Grading

Final Exam 20%

The final exam will be given the last class period. You are not expected to dress out for class for the exam. This will be a multiple choice test. Bring a green scantron 882-ES and a pencil. If you cannot take the exam due to illness, injury, or family emergency, the instructor must be notified prior to the exam. Students will be required to present appropriate documentation for missing a scheduled exam.

Skills 50%

- Ball Handling 10% - students must demonstrate ball handling skills with both right and left hands
- Passing 10% - Students must demonstrate overhead, chest and bounce pass both stationary and on the move
- Defense 10% - Students must demonstrate defensive stance and principles of help both in the man to man and zone
- Shooting 20% - Students must demonstrate shooting techniques both stationary and off the move

Competition 30%

Students will complete 10 competitive assignments ranging from horse to 5 on 5. Each assignment is worth 3 points. You may not make up more than two of these assignments for being absent. No exceptions

A =	90 and above
B =	80 – 89
C =	70 – 79
D =	60 – 69
F =	59 and below

NOTHING can be done to change your final grade once it is assigned. No extra credit, extra assignments, retaking tests, etc. Multiple opportunities are given to students to earn their course grade and I suggest that you take advantage of every opportunity to make the highest grade possible.

Class Attendance Is Expected

This class in summer term meets very few times and it is imperative that you show up for every class. For each unexcused absence your will be deducted six points from the final grade. Two points will be deducted from the final grade for each tardy up to 10 minutes. After 10 minutes, the student will be considered absent. Excused absences are defined by university policy and must be documented appropriately within one week of the absence. I will need copy of the documentation that I can keep for my records.

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See Student's Guide Book, Policies and Procedures, and Conduct)

Students with Disabilities:

Office of Student Disability Resources and Services, Texas A&M University-Commerce, Gee Library, Room 132, 903-458-8148, studentdisabilityservices@tamuc.edu

Semester Schedule	Tentative Activities
Monday July 9	Syllabus, Tour Facility, Intro to Basketball, Stationary Shooting
Wednesday July 11	Shooting off the move, Shooting skills
Monday July 16	Stationary passing, Passing off the move, Passing skills
Wednesday July 18	Ballhandling, Ballhandling skills
Monday July 23	Defense Individual, Defense Team
Wednesday July 25	Skills Test
Monday July 30	Competition
Wednesday Aug 1	Competition
Monday Aug 6	Competition
Wednesday Aug 8	Final Exam