

Fitness and Recreational Activity

Archery, Summer II, 2012

Class Meeting Time: TR 9am-10:50am

Class Meeting Place: MRC 124, Cain Fields

Instructor: Dr. Sandy Kimbrough

E-mail: sandy_kimbrough@tamu-commerce.edu

Office: Field House 100G

Office Phone: 886-5555

Office hours: by appointment

Your grades and any handouts I provide will be located in e-college. Print them all and bring them to class with you every day, **along with a pen or pencil. Using a folder or notebook is highly recommended.**

Attire: You must wear athletic attire suitable for archery: closed-toed shoes and covered ankles. Bring water to class every day and apply sunscreen and bug spray!

Description:

This course is a basic class in target archery, and requires no prior knowledge or experience. All equipment is provided. The emphasis is on target archery shooting technique, safety, and the history of archery. Recurve bows and a variety of targets will be used. Grading is based on shooting skill, proper form, and knowledge of the sport.

Objectives:

Students who successfully complete the course will

- learn about the history of archery as a means of survival, competitive sport, and leisure activity,
- develop an increased awareness of the natural world,
- learn to safely set up archery targets, use shooting equipment, and shoot with accuracy,
- and learn about methods and techniques for shooting, scoring, and competing in archery.

Students will also

- identify how experience in outdoor activities, specifically archery, contributes to overall health and wellness,
- and develop competency in safety considerations for target archery.

Evaluation:

Students will be evaluated by

- their successful demonstration of techniques for setting up safe target and shooting protocols,
- their demonstration of physical techniques in target archery shooting, arrow retrieval, and equipment set-up,
- and their successful completion of written test(s).

Knowledge 30%

Equipment Quiz	10%
Test	20%

Skills 70%

Bow take-down/restringing	10%	Close shooting	15%
Safety and etiquette	10%	Far shooting	15%
Game creation	10%	Shooting technique	10%

My grading policy:

At the end of the semester, I will assign your earned letter grade according to the schedule below:

A= 90 and above

B= 80-89.9

C= 70-79.9

D= 60-69.9

F= 59.9 and below

NOTHING can be done to change your final grade once it is assigned. (no extra credit, extra assignments, retaking tests, etc). Multiple opportunities are given to students to earn their course grade, and I suggest that YOU take advantage of every opportunity to make the highest grade possible. In other words, attend class EVERY DAY and do the EXTRA CREDIT!

Bonus points will be awarded for the following events:

If you participate in an archery tournament after the first class day but before the last class day, you will earn 5 extra credit points. Evidence of your participation must be provided, and this must be an official sponsored shoot. A list of websites is below:

<http://www.collincountybowhunters.org/>

<http://www.dentoncountyarchers.com/>

<http://dallasarchery.com/>

Equipment Quiz 10%

You will answer fill-in-the-blank, matching, or short answer questions about equipment used in archery.

Test 20%

The written test will be true/false, matching, and multiple-choice format. You will need a green scantron 882-ES. There will be fewer than 50 questions.

Bow take-down/restringing 10%

You will demonstrate the proper way to remove a bowstring, store it, wax it, and replace it (quickly).

Safety and etiquette 10%

You will demonstrate proper safety procedures for target archery shooting and demonstrate correct etiquette for arrow retrieval, working with a partner, etc. You may also be asked to answer verbal questions about safety and etiquette.

Game creation 10%

You will work with a partner to create a target shooting game that can be played by 2 people. Exact instructions will be provided mid-semester.

Close shooting 15%

You will be required to shoot with accuracy from a close distance. The distance will be determined before the test and will be based on the type of target, wind conditions, etc. Clear criteria for points will be provided before shooting begins, and all students will have multiple opportunities to test.

Far shooting 15%

You will be required to shoot with accuracy from a “far” distance. The distance will be determined before the test and will be based on the type of target, wind conditions, etc. Clear criteria for points will be provided before shooting begins, and all students will have multiple opportunities to test.

Shooting technique 10%

You will demonstrate proper shooting technique during your close and far shooting tests. Specific criteria will be provided prior to the testing.

Class attendance is expected. For each unexcused absence, 6 points will be deducted from the final grade. Two points will be deducted from the final grade for each tardy up to 10 minutes. After 10 minutes the student will be considered absent. Class assignments will not be accepted after the due date. Excused absences are defined by university policy (see below) and must be documented appropriately by the next class period. (I need a copy of the documentation that I can keep).

Situations of extreme absenteeism will be handled on an individual basis. If you miss a number of days that I determine will not allow you to participate in the class safely and effectively, you may be dropped from the class or not allowed to participate. **DO NOT BE ABSENT!**

This schedule is tentative and is subject to change. I will let you know if the schedule changes!!
 In addition to what is listed below, we will shoot every day (except for Day 1)!

Day	Date	In-class activity	Notes
T	7/10	Intro to class, intro to safety, terminology, etc	
R	7/12	Intro to shooting and safety	MEET AT CAIN PARKING LOT starting today, every day.
T	7/17	Observation for safety and etiquette (10%)	
R	7/19	Bow take-down/restringing test (10%), Equipment QUIZ (10%)	
T	7/24	First try at close shooting test (15%) (and shooting technique 10%)	
R	7/26	First try at far shooting test (15%) (and shooting technique 10%)	
T	7/31	Continue shooting testing	
R	8/2	Play of your created games (10% for game creation); continue shooting testing	
T	8/7	Written test (20%); All extra credit is due; continue shooting testing	Bring a scantron and pencil!!!!
R	8/9	Last chance at far and close shooting	

This schedule may change. If you miss class, be sure you talk to someone in the class to find out about any announcement or changes.

Statement on Student Behavior

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student’s Guide Handbook).

ADA statement

Students requesting accommodations for disabilities must go through the Academic Support Committee. For more information, please contact the Director of Disability Resources and Services, Gee Library, (903) 886-5835.

Course Policies

- 1 Students are expected to be in class, ready to participate, on time.
- 2 An "excused absence" is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.

If the absence is for one of the reasons listed below, you will be able to make up the work. To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

 - Participation in an activity appearing on the University's authorized activity list.
 - Death or major illness in a student's immediate family.
 - Illness of a dependent family member
 - Participation in legal proceedings or administrative procedures that require a student's presence.
 - Religious Holy Day
 - Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
 - Required participation in military duty
- 3 Any student missing an exam, quiz, or skills test without prior arrangement will receive a score of zero.
- 4 You **MUST** check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. (your leo account)
- 5 While you are in class, I expect you to participate. Do not come to class and expect to sit to the side. You must be on time. When you are late, it disrupts the flow of the class. While in class, you must refrain from anything that is not class-related. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. (Thanks!) . If you use a cell phone, iPod, etc. in class (or if your phone rings), you will lose 1 point per incident (off your final grade). Turn it off!
- 6 **DUE DATES:** The due dates listed for assignments are the **LAST** chance to submit them. I **DO NOT** accept late assignments.
- 7 If you have a question or concern, **TALK** to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.