Basketball Syllabus

Fitness and Recreational Activity, Basketball
Fall 2012

Class Meeting Time: TR 11:00am-11:50am
Class Meeting Place: Morris Rec Gym
Instructor: Alice E. Wik-Crosby
E-mail: awikcrosby@leomail.tamuc.edu
Office: TBA  Office Phone: TBA  Office hours: TBA

Materials: Students will need to keep a notebook and also bring a pen/pencil to every class for note taking. Using a folder or notebook is highly recommended.

Attire: You must wear athletic attire suitable for weight training, including athletic shoes (walking, running, cross trainers, etc), shorts or sweats, socks. You will be lying on the floor and on benches for some exercises. Be sure your clothing is modest. NO DENIM or non-athletic apparel. Students not dressed appropriately will lose 30 points from their final grade and may be excluded from some activities. Students who cannot participate due to improper clothing will receive a zero on any graded items they miss due to improper attire.

Class Description: This is an activity course designed to teach fundamental skills in basketball. It will acquaint the student with the knowledge and skills necessary to understand the game of basketball while acquiring the physical fitness to participate.

Course Goals and Objectives:
The objectives of this course are that each student will:
1. Develop the skills necessary to participate in the sport of basketball.
2. Learn the rules.
3. Incorporate strategies of play.
4. Develop appreciation of the sport as a spectator and a participant.

Topical Outline:
1. Description of the Game
2. Basketball Skills: Ball handling, shooting, passing, defense, dribbling, offensive and defensive.
3. Court and Positions
4. Safety Procedures and Rules

Evaluation:
Knowledge (30%)
- Test 20% (200)
- Muscle ID quiz 10% (100)

Skills (50%)
- Ball Handling 10% (100)
- Passing 10% (100)
- Defense 10% (100)
- Shooting 20% (200)

Competition 30% (300)

Total 100% (1000 pts)

My grading policy:
At the end of the semester, I will assign your earned letter grade according to the schedule below:
A= 900 points and above
B= 800-899 points
C= 700-799 points
D= 600-699 points
**FINAL TEST**
Your written test will be multiple-choice, true-false, and matching. It will have fewer than 50 questions. You will need a (green) scantron 882-ES and a pencil. If you cannot take the exam due to illness, injury, or family emergency, the instructor must be notified prior to the exam. Students will be required to present appropriate documentation for missing a scheduled exam.

**MUSCLE ID QUIZ**
You will be given a picture of the body and will fill in the muscles that have been learned.

**BALL HANDLING**
Students must demonstrate ball handling skills with both right and left hands.

**PASSING**
Students must demonstrate overhead, chest and bounce pass both stationary and on the move.

**DEFENSE**
Students must demonstrate defensive stance and principles of help both in the man to man and zone.

**SHOOTING**
Students must demonstrate shooting techniques both stationary and off the move.

**COMPETITION**
Students will complete 10 competitive assignments ranging from horse to 5 on 5. Each assignment is worth 30 points. **You may not make up more than two of these assignments for being absent.** No exceptions.

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**Class attendance is expected.** For each unexcused absence, 30 points will be deducted from the final grade. Ten points point will be deducted from the final grade for each tardy up to 10 minutes. After 10 minutes the student will be considered absent. Leaving class early or not participating will be treated as an absence or tardy. Excused absences are defined by university policy (see below) and must be documented appropriately by the next class period. (I need a copy of the documentation that I can keep).

**Statement on Student Behavior**
All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student’s Guide Handbook). In addition, students are responsible for helping to maintain a clean and safe environment. Therefore, students will a) replace weights CORRECTLY, b) refrain from degrading, insulting, or rude language (all language should be G-rated), and c) treat other people and their property with respect. This is a zero-tolerance policy. If you do not comply, you will be asked to leave class and will be counted absent.

**Students with Disabilities**
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**
Texas A&M University – Commerce
Gee Library, Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamu-commerce.edu
**Plagiarism/Academic Dishonesty** Plagiarism is copying another’s work as your own without proper acknowledgement. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. Also, ignorance of the definition of plagiarism is also not an excuse and will result in the same consequences as for someone who is educated. Plagiarism is also not restricted to copying the writings of others, nor to stealing from established authors; this also include the ideas of your fellow students. If you plagiarize in this class (including cheating on tests) you will receive an automatic “F.” If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Tentative In-class Activity</th>
<th>Notes/Comments</th>
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<tbody>
<tr>
<td>T</td>
<td>8/28</td>
<td>Syllabus / Tour Facility/</td>
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<tr>
<td>R</td>
<td>8/30</td>
<td>Intro to basketball! Classroom</td>
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<td>T</td>
<td>9/4</td>
<td>Form shooting\ stationary-off the move</td>
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<td>R</td>
<td>9/6</td>
<td>Shooting skills practice</td>
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<td>T</td>
<td>9/11</td>
<td>Shooting skills and competition</td>
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<td>R</td>
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<td>Shooting skills test</td>
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<td>9/25</td>
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<td>10/16</td>
<td>Defense/ Stance and footwork</td>
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<td>4 on 4 tournament</td>
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<td>5 on 5 tournament</td>
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<td>11/29</td>
<td>5 on 5 tournament</td>
<td>TAHPERD Conference</td>
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<td>Make up skills test\ open gym</td>
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<td>Open Gym</td>
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This schedule is tentative and is subject to change at my discretion.

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**Course Policies**

1. Students are expected to be in class, ready to participate, on time.
2. An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.

If the absence is for one of the reasons listed below, you will be able to make up the work.
To reserve this right, you MUST provide written documentation on the day of your return to
class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

- Participation in an activity appearing on the University’s authorized activity list.
- Death or major illness in a student’s immediate family.
- Illness of a dependent family member
- Participation in legal proceedings or administrative procedures that require a student’s presence.
- Religious Holy Day
- Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
- Required participation in military duty

3 Any student missing an exam or assignment without prior arrangement will receive a score of zero.

4 You MUST check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. (your leo account)

5 While you are in class, I expect you to participate. Do not come to class and expect to sit to the side. Workouts are designed so that everyone can participate. You must be on time. When you are late, it disrupts the flow of the class. While in class, you must refrain from anything that is not class-related. CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT. This is a zero-tolerance policy. (Thanks!) If you use a cell phone, iPod, etc. in class (or if your phone rings), you will lose 10 points per incident (off your final grade). Turn it off!

6 DUE DATES: The due dates listed for assignments are the LAST chance to submit them. I DO NOT accept late assignments.

7 If you have a question or concern, TALK to me. I am here to help. Please feel free to email me any time.