HHPA 260 – Athletic Injury Assessment I Lab
Fall 2012
Location: FH 005
Time: Thurs 2-3:50p / 1 semester hour

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Required Text

Course Description
This lab course will teach general and specific assessment and evaluation techniques for the foot, ankle, knee, thigh, and hip. Pathology and on-field assessment procedures will also be taught. Mastery of clinical skills will be required to complete the lab. Participation in directed clinical experience in on-campus and off-campus facilities is required. Co-requisite: HHPA 259.

Course Objectives
- Identify the functional anatomy of the lower extremity.
- Differentiate the signs, symptoms, and mechanisms of injuries to identify the appropriate special tests to perform in a foot, ankle, lower leg, knee, hip, thigh, or lower extremity injury evaluation
- Develop a differential diagnosis based on the results of a thorough injury evaluation.
- Demonstrate the ability to appropriately document a lower extremity injury evaluation in the form of a SOAP note.
- Critically think and problem solve regarding the techniques for evaluation, assessment, and management of lower extremity injuries.

Course Evaluation
Each assignment will be worth a pre-determined amount of points. Upon the completion of the course, grades will be calculated by adding up the total number of points each student has earned and dividing it by the total amount of points available in the course. This will produce a percentage of points earned (Ex. Student earned 850 points out a possible 1000 in the course: 850/1000 = 85% “B”). Grades will be assigned based upon the percentages below.

Special Tests Packet: 500pts
Quizzes: 5 @ 10 pts each = 50 pts
Exams: 2 @ 100 pts each = 200 pts
Assignments: 75 pts
Notebook: 100 pts

Grading Scale:
A = 90-100%
B = 80-89%
C = 70-79%
D = 60-69%
F = 0-59%
Students are expected to earn points toward their final grade during the course of the semester with the assignments and tests that are scheduled. All students are graded based on the exact same criteria and no exceptions will be made for individual assignments, tests, or final point values.

Students will receive back all graded assignments in a timely manner. Students are encouraged to keep all graded assignments as well as keep up with their grades throughout the semester. Any questions or concerns about assignments/grades should be brought to the instructor’s attention immediately (i.e. Do not wait until the end of the semester)

Special Tests Packet
At the beginning of the semester, each student will receive a packet of all special tests that will be covered in this course. The purpose of this packet is to:

1. Give students a clear understanding of the special tests they are required to know
2. Serve as an aid in learning how to perform each special test, its purpose, and positive implications
3. Serve as a means to evaluate the student’s ability to perform each special test

Over the course of the semester, students will be evaluated on each special test and must score at least 80% on each one. Each special test will be discussed and demonstrated in lab class. Students will then practice the skills during lab time or their clinical experience. When the student feels they have ‘mastered’ the skill, they will seek a peer evaluation, followed by an ACI evaluation. Students must earn a score high enough to ‘master’ each special test while being evaluated by an ACI in order to successfully complete this course. Students not scoring 80% on a skill will have to re-test on the skill. Due dates for mastering each special test will be announced as the course dictates; however, special tests will be grouped by joints/regions and will be due as the course transitions to a new topic. The Late Work policy applies to special tests turned in beyond the due date and points will be deducted accordingly.

Quizzes
Quizzes will be given periodically and unannounced throughout the semester over the reading assignments or material covered in previous lectures may be short answer, multiple choice, true/false, listing, etc. Attendance IS necessary to take the quiz. Quiz make-ups are only permitted if the absence is excused (see attendance policy). If you are late to class and the quiz has already been given, the make-up policy applies.

Exams
Exam will be in the form of oral practicals. The purpose of these exams is to test the competencies and proficiencies taught in the laboratory sessions. See Missed Work & Late Work section for more information on make-ups.

Assignments
Assignments will be given periodically during the course as appropriate. More information will be given when assignments are made. Due dates and point values for each assignment will be given when the assignment is made and will be posted on eCollege. All assignments are due at the beginning of the assigned class time to receive credit; this includes assignments that are due when a student misses class. See Missed Work & Late Work section for more information.

Notebook
Students are expected to keep a notebook of all notes, handouts, articles, quizzes, and study material from HHPA 259 &260. Notebooks are due during final exam week. The notebook can be organized in any form you choose but must be in a 3-ring binder with clearly marked sections. The notebook can contain items for both HHPA 259 & 260, but must have a clearly marked divider for each course.
Attendance
Class attendance is **required**. Excused absences include university approved absences or those that the instructor receives appropriate notification of (i.e. sudden/serious illness, death to immediate family member, etc.). It is the student’s responsibility to notify the instructor ahead of time if they are going to miss class due to an excused absence and make arrangements for all materials and assignments that will be missed on that day. In the case of excused absences due to unavoidable or emergency situations, the student must promptly notify the instructor via **phone call or email** (sending a text is not considered professional and is not an acceptable means of notification) explaining the circumstances. **Prompt** notification is required to have an absence excused; additionally, written documentation may be required to have the absence excused. **If a student misses a class, excused or unexcused, the student is responsible for obtaining all information presented and turning in all assignments by the due date.** Remember: **Poor planning on your part is not an emergency on my part.** Unexcused absences beyond **three (3)** will automatically drop your **final** grade by 5% (i.e. if your final grade = 83 with 3 or fewer absences, the 83 stands; but drops to a 78 with 4 absences; 73 with 5 absences, etc.). A student who misses 5 or more classes must meet with the instructor to determine if they need to drop the course.

Tardiness WILL NOT be tolerated. Classroom doors will be locked at the beginning of class. If a student cannot attend class because the door is locked it will be considered an unexcused absence.

Missed Work & Late Work
Exams must be taken on the designated date and time. No make-up exams will be allowed unless prior arrangements have been made with the instructor. Under certain circumstances (situations out of your control), make-ups will be allowed at the instructor’s discretion. Students are required to contact the instructor ASAP if they happen to miss an exam and may be required to provide written documentation for the absence if a make-up is allowed.

Quizzes and in-class activities will not be allowed for make-up unless prior arrangements have been made, the absence/tardy is deemed to be excused by the instructor, and the nature of the activity allows for it to be made up.

All assignments are due as assigned and must be turned in on or before the due date to receive credit. This includes assignments that are due when you have an absence. Assignments turned in beyond the due date will not be accepted and the student will receive zero (0) points for the assignment. It is the student’s responsibility to be aware of assignment due dates as the dates are included with the assignment and posted on eCollege. Technical and computer problems associated with email and/or eCollege is not a valid excuse for turning in an assignment late.

Required Attire
Due to the hands-on nature of this lab course, you will need to bring or wear a t-shirt and shorts for each class. If this becomes a problem, failure to come to lab dressed appropriately will be recorded as an absence.

eCollege
This course will utilize your eCollege account through MyLeo. Course lecture notes, assignments, information, and grades will be posted through this site. It is the students’ responsibly to check this site frequently. If you need assistance with eCollege, please contact: helpdesk@online.tamuc.org or 1-866-656-5511.

Academic Dishonesty
It is the philosophy of Texas A&M - Commerce that academic dishonesty is a completely unacceptable mode of conduct and will not be tolerated in any form. All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. (see Student's Guide Handbook).
Classroom/Student Expectations

Students are expected to prepare for, participate in, and attend each scheduled class. Failure to do so may/will lead to a decline in the student’s overall grade. In order to succeed in this class, students should read each chapter prior to beginning that section in the course. Forming study groups to prepare for class and tests will also greatly benefit students throughout the semester.

Students are also expected to behave appropriately in class and avoid being a distraction to their fellow students and the instructor. Appropriate behavior involves paying attention, actively participating, and following instructions. Cell phones (including text messaging), music, inappropriate language/gestures, and any other behavior determined to be a distraction will not be tolerated. Students who are considered to be a disturbance in class will be asked to leave.

All students enrolled at the University shall follow the tenets of common behavior statement: “All students enrolled at the university shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See current Student Guidebook)

Americans with Disabilities Act (ADA) Statement

The ADA is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. Students requesting accommodations for disabilities must go through the Office of Student Disability Resources and Services. For more information, please contact SDRS at Gee Library – Rm. 132; (903)886-5150 or (903)886-5835; StudentDisabilityServices@tamu-commerce.edu

All athletic training students (ATS) must sign the program’s Technical Standards Form. Any student that requires assistance related to an ADA eligible problem needs to inform the instructor as soon as possible.

Note: This syllabus is tentative and may be changed as the course dictates.

HHPA 260: Tentative Course Schedule

<table>
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<tr>
<th>Week</th>
<th>Lecture</th>
<th>Assignment Due</th>
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<tbody>
<tr>
<td>wk 1</td>
<td>8/30</td>
<td>Intro/syllabus</td>
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<tr>
<td>wk 2</td>
<td>9/6</td>
<td>SOAP Notes, Goniometers, Terminology</td>
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<tr>
<td>wk 3</td>
<td>9/13</td>
<td>Strength &amp; Laxity grades, Manual Muscle Testing, Neurological Testing</td>
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<tr>
<td>wk 4</td>
<td>9/20</td>
<td>Foot &amp; Toes Assessment</td>
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<td>wk 5</td>
<td>9/27</td>
<td>Ankle &amp; Lower Leg Assessment</td>
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<td>wk 6</td>
<td>10/4</td>
<td>Special Tests: Foot &amp; Toes / Ankle &amp; Lower Leg (practice &amp; testing)</td>
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<td>wk 7</td>
<td>10/11</td>
<td>Knee &amp; PatellaFemoral Assessment</td>
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<tr>
<td>wk 8</td>
<td>10/18</td>
<td>Midterm Exam (covers wks 1-6)</td>
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<tr>
<td>wk 9</td>
<td>10/25</td>
<td>Special Tests: Knee (practice &amp; testing)</td>
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<td>wk 10</td>
<td>11/1</td>
<td>Pelvis &amp; Thigh Assessment</td>
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<td>wk 11</td>
<td>11/8</td>
<td>Thoracic &amp; Lumbar Spine Assessment</td>
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<td>wk 12</td>
<td>11/15</td>
<td>Special Tests: Pelvis &amp; Thigh / Lumbar Spine (practice &amp; testing)</td>
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<td>wk 13</td>
<td>11/22</td>
<td>Thanksgiving - no class</td>
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<td>wk 14</td>
<td>11/26</td>
<td>Posture Assessment &amp; Gait Assessment</td>
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<tr>
<td>wk 15</td>
<td>12/6</td>
<td>Final Exam (covers wks 1-15)</td>
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