COUN 551: PRACTICUM
Fall 2012

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Office Hours: Tues 2:00-4:00 (McKinney-CHEC); Metro: Mon: 5:00-7:00; Wed 3:00-4:30

CATALOG DESCRIPTION OF COURSE
Provides for continued development and practice of skills learned in COUN 516. Students
develop conceptual and professional skills related to their practice at a field site and practice
various specified counseling and related activities during a minimum of 100 hours at an agency
or educational setting. Satisfactory performance at the field placement and during on-campus
class meetings must be demonstrated before students can proceed to internship (COUN 552).
Prerequisites: Application form returned to department several months before actual enrollment
in this course (check with department for availability and due dates), a grade of "B" or better in
516, and successful completion of Admission to Candidacy requirements within the Department
of Counseling.

GENERAL COURSE DESCRIPTION
Practicum is designed to develop students' counseling skills beyond the basic level required in
Pre-Practicum. The primary emphasis is on performing counseling and related activities in a
specified agency or school setting. As a result, Practicum comprises both on-campus and on-site
experiences. Students will learn and practice a variety of counseling strategies. This course will
also have a field site where they will gain approximately 100 hours of experience. Students are
expected to have completed and maintained the performance competencies specified for Pre-
Practicum. In addition, students must be assessed at an average to exceptional level on the
competencies listed under the COURSE OBJECTIVES (see below).

Textbooks:


Champaign, IL: Research Press. (or elementary version)

Required reading:

Practicum & Internship Handbook, School or Community. (9-05-07).

Alexandria, VA: Author.

Theory handouts (provided)
Required reading for school counselors
Alexandria, VA: Author.

COURSE OBJECTIVES include, but are not limited to the following.
Students will demonstrate understanding and appropriate application of:
1. essential interviewing and counseling skills so that the student is able to develop, maintain, and successfully terminate a therapeutic relationship,
2. counseling theories that provide the student with a consistent model(s) to conceptualize client presentation and select appropriate counseling interventions.
3. models of counseling that are consistent with current professional research and practice in the field so that they can begin to develop a personal model of counseling
4. self awareness so that the counselor-client relationship is therapeutic and the counselor maintains appropriate professional boundaries
5. four major areas of competence (Process and Communications skills, Conceptualization skills, Personalization skills, and Professional Skills)
6. ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling

CONTENT AREAS include, but are not limited to, the following:
I. Requirements for practicum.
II. Professional conduct during practicum
III. Four counselor competence areas
   A. Process and Communications skills
   B. Conceptualization skills
   C. Personalization skills
   D. Professional skills
IV. The Intake Interview
V. Termination
VI. Supervision: Receiving and giving feedback, building on strengths and addressing weaknesses
VII. Crisis Intervention: Procedural guidelines at site
VIII. Group counseling in public school setting
IX. Legal and ethical issues

TEXES COMPETENCIES THAT RELATE TO THIS COURSE (TEXES is the state examination required for school counselor certification.)
Competency 001 (Human Development)
   The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services that meet the needs of all students.
Competency 002 (Student Diversity)
   The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.
Competency 003 (Factors affecting Students)
   The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.
Competency 006 (Counseling)
   The school counselor understands how to provide effective counseling services to individuals and small groups.
Competency 007 (Assessment)

The school counselor understands principles of assessment and is able to use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.

Competency 008 (Collaboration with Families)

The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 009 (Collaboration with Others in the School and Community)

The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

Competency 010 (Professionalism) The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS/GRADING:

1. **Video Taping of Clients.** All students are required to videotape (VHS or digital format) counseling sessions with clients from their field sites. Three videotaped counseling sessions will be submitted to the instructor for supervision feedback. You will turn in a detailed self-evaluation of your counseling skills with your tape. A handout will be provided with specific instructions for this requirement. In addition to these graded tapes, you will need to turn in a videotape of you with a friend or classmate. This tape is to demonstrate your basic skills including paraphrasing, using open questions, and reflection of feeling.

2. **Group counseling.** Students are required to lead one psycho-educational or counseling group (minimum 6 sessions) in their setting. If you are in a community setting and are not allowed to lead a group, please let me know as soon as possible. Videotaping of two group sessions is required. Students will be required to submit a detailed summary of the group, which includes an analysis of content and process, individual member progress evaluations, and a self-evaluation of new learning. A detailed instruction sheet will be provided for this requirement.

3. **Theory summary.** Students are required to write a summary describing your theory of choice. A handout will be provided with specific instructions for this assignment.

4. **Attend all individual supervision sessions.** One of the most important requirements and benefits of practicum is to meet individually with the doctoral student who will serve as your individual supervisor. You must keep your appointments with your supervisor. **If you miss more than two appointments with your supervisor, you will not pass the course.** In addition to keeping your appointments, it is very important for you to be open and receptive to supervision. You will bring a videotape to each of your sessions with your supervisor beginning the week of Sept 12. Failure to bring a tape will adversely affect your grade. If you have not had play therapy or currently taking play therapy, you will not bring tapes of any client younger than third grade. If you are currently taking play therapy, it will be up to me to decide when you are ready for play sessions with clients.

5. **Group supervision.** You will be asked to bring a tape and handouts to class during the semester. One of your tapes will be of a group counseling session. The class or small group will listen to your tape and use the tape as a stimulus for group discussion and supervision.
Grading
This class is pass/fail. You must have a minimum of 240 points to pass the course.

<table>
<thead>
<tr>
<th>Category</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance/class participation/paperwork</td>
<td>40</td>
</tr>
<tr>
<td>Tape/Analyses (3)</td>
<td>50</td>
</tr>
<tr>
<td>Subjective assessment of clinical progress</td>
<td>50</td>
</tr>
<tr>
<td>Theory summary</td>
<td>30</td>
</tr>
<tr>
<td>Group summary</td>
<td>30</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>300</strong></td>
</tr>
</tbody>
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Attendance and Late Policy:
Students are expected to attend all classes and arrive on time. Attendance in this class is critical and cannot be emphasized enough. Even missing one class may hinder your skill development. If you know that you are going to miss a class, email or call me 24 hours prior to class. More than 2 absences from class will result in a deduction of 30 points (10%) from your final grade. As stated previously, missing more than one supervision session will result in a deduction of 30 points from your grade and missing more than two individual supervision sessions will result in a failing grade in the class. Make every attempt to be on time. Arriving late will affect your grade.

Digital devices: It is inappropriate to text, email, check email or texts, use a laptop or go online during this course. I expect your full attention and participation. Confine your use of digital devices to breaks.

Students with Disabilities:
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:
Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library Rm 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamu-commerce.edu

CONDUCT AND ACADEMIC HONESTY
“All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See Student’s Guide Handbook, Polices and Procedures, Conduct)

UNIVERSITY CLOSING DUE TO WEATHER
Check http://www.tamu-commerce.edu/ regarding class cancellations. Also, KETR radio on 88.9 FM and television channels 4, 5, and 8 (channel 7 for Tyler & Longview Area).

SELECTED BIBLIOGRAPHY
Flexible Schedule

Aug 29  Introductions, Syllabus Review, Basic Counseling (process) Skills, Utilizing supervision, Read ACA code of ethics and ASCA Code of Ethics prior to next class

Sept 5  Ethical and Legal Issues-ACA, ASCA Professional organizations Read Capuzzi article, also read pp. 5-9 and chapter 2 in Armstrong text, prior to next class

Sept 12 Conceptualization skills, Ethics, suicide & crises, Read Ch. 3 & 4 in Armstrong text prior to next class

Sept 19 Developmental interventions, Voluntary/involuntary clients—self-referrals, Read theory handouts prior to next class

Basic Skills Tape Due

Sept 26 Theory with clients, Conceptualizing clients, developmental interventions, Tapes

Oct 3 Group counseling, Tapes, Ethics, Read chapter 6 in Armstrong text prior to next class

Tape 1 Due next class

Oct 10 Tapes, Being present in the here and now, facilitating awareness

Oct 17 Group counseling, Tapes, Individual conferences, Read chapters 7-9 in Armstrong text prior to next class

Mid Term evaluations due

Oct 24 Tapes, Theory summary, multicultural issues, grief, techniques, resistance

Oct 31 Tapes, Sandtray, Self-awareness and growth

Nov 7 Group counseling supervision- bring group tapes

Tape 2 Due

Nov 14 Tapes, Theory-based interventions, Conceptualization Theory Summary Due

Nov 21 Happy Thanksgiving!

Nov 28 Group counseling supervision- bring group tapes, consultation, theory-based interventions

Dec 5 Tapes, Termination

Dec 12 Individual conferences

Tape 3 Due, Final paperwork due, Group Summary Due
COUNSELING 551 - Fall 2012

NAME:_________________________________________________________________

TELEPHONES: (wk, cell)_______________________________________________

________________________________________________________________________

E-mail(s):_________________________________________________________________

How often do you check your email?___________

WHEN DID YOU COMPLETE PREPRACTICUM?___________

WHO WAS YOUR PROFESSOR?______________________________

Have you taken human development?_____ Counseling Children and Adolescents?____
Have you taken or are you currently taking play therapy? _______

Counseling theory that interests you the most______________________________

Age most interested in_______________________________

Are you going to pursue licensure?_______________