Texas A&M University-Commerce
Health & Human Performance
HHPK 315: Teaching Methods for Physical Education II

COURSE LOCATION: Field House 102
COURSE TIME: Monday and Wednesday at 8:00am – 9:45 am
INSTRUCTOR: Robert Reed
OFFICE: Field House 212
OFFICE HOURS: M/W 11:00am-2:00pm, T/R 1:00pm-2:00pm, or by appointment
PHONE: (214) 926-5040
E-MAIL: rreed@leomail.tamuc.edu

Catalog Description
Teaching Methods in Physical Education II. Three semester hours. A course designed to enable the student to learn the processes of movements and skill acquisition of students in middle/secondary schools. Using state standards, it provides information related to curriculum selection and implementation of middle/secondary public school physical education programs. Students will demonstrate competencies in presentations utilizing various instructional strategies. Prerequisite: HHPK 154 and junior/senior standing.

Course Description:
Teaching is a process. This course is designed for the development and refinement of skills required for future teachers. Students will be provided with opportunities for hands-on experiences and situational learning that promotes critical thinking and new strategies for future physical educators. Emphasis will be placed on national standards for physical education and TEKS (Texas Essential Knowledge & Skills) and how to implement these standards within a classroom effectively.

Course Objectives:

1. Apply knowledge of the Texas Essential Knowledge and Skills for physical education to the planning and teaching of lessons appropriate for secondary physical education

2. List, define, and explain the National Standards for Physical Education

3. Develop lesson plans and unit plans for secondary physical education.
4. Demonstrate competency in several and proficiency in at least two areas within each of the following categories: individual and dual sports, team sports, foundations of personal fitness, adventure and outdoor activities, aerobic activities.

5. Demonstrate, explain, and teach movement skills including those related to individual and dual sports, team sports, foundations of personal fitness, adventure and outdoor activities, and aerobic activities.

6. Discuss and apply concepts related to classroom management and diverse learners.

7. Identify factors that influence program development in secondary physical education.

8. Describe a variety of curriculum models in secondary physical education.

9. Identify and apply effective teaching and learning practices.

10. Discuss and apply a variety of appropriate teaching styles.

11. Develop instructional cues and a mechanical analysis of sport-specific skills.

**Grading:**

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<thead>
<tr>
<th>30%</th>
<th>Exams</th>
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<tbody>
<tr>
<td>30%</td>
<td>Curriculum Design and Unit Plan</td>
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<tr>
<td>30%</td>
<td>Assignments</td>
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<tr>
<td>10%</td>
<td>Attendance</td>
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**Grade Scale:**

- A = 90 - 100
- B = 80 - 89.9
- C = 70 - 79.9
- D = 60 – 69.9
- F = 59.9 or below

**Course Policies**

1. An "excused absence" is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. To reserve the right, you MUST provide written documentation on the day you return to class (a copy that I can keep). Please notify me ahead of time via email if you know you will be absent.
2. Attendance will be taken daily and will be taken into consideration for the final grade in this course.

3. Any student missing an exam or assignment without prior arrangement will receive a score of zero.

4. Email and phone will be our primary method of communication outside of class. Please refer to it regularly.

5. While in class, I expect that you participate by actively preparing for lectures and discussions, bring textbook and notes, and refrain from using anything not related to HHPK 315.

6. Students who chose to disrupt class by not participating will be asked to leave. CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT. This is a zero-tolerance policy.

7. DUE DATES: The due dates listed for assignments are the LAST chance to submit them. Please turn in your work early. I DO NOT accept late assignments.

8. If you have a question or concern, TALK to me. I am here to help.

Academic Honesty Policy

Texas A&M University-Commerce does not tolerate plagiarism and other forms of academic dishonesty. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to [http://www.plagiarism.org/](http://www.plagiarism.org/). If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.

Student Conduct

*All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See Code of Student Conduct from Student Guide Handbook).*
ADA Statement
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamu-commerce.edu
Student Disability Resources & Services