SYLLABUS

COUNSELING 581.41W
(Assessment And Treatment of Chemical Dependency)
Spring 2013

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DEPARTMENT OF COUNSELING
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OFFICE HOURS:

MONDAY  9-12 NOON
TUESDAY  9-12 NOON
WEDNESDAY  9-12 NOON
THURSDAY  9-12 NOON
FRIDAY  BY APPOINTMENT

CATALOG DESCRIPTION OF COURSE
581. Assessment and Treatment of Chemical Dependency. Three semester hours.
Provides in-depth information regarding the assessment and treatment of chemical dependency. Topics include coping skills; motivation for change; management of stress, anxiety, and anger; screening for chemical dependency in health care settings; various chemical dependency interventions; and planning specific treatments to match individual clients.

GENERAL COURSE INFORMATION
This course is based on the fundamental assumption that substance abusers and their families are a heterogeneous group and must be treated from an individualized perspective. Clients dealing with substance abuse issues vary in their behavior patterns, the physical effects of drugs on them, the life consequences of their drinking or other drug use, their personality, their social environment, gender, culture, and a host of other variables. Counseling strategies need to fit the goals and needs of the individual client. The counselor must develop the skills need to work either as a substance abuse specialist or as a generalist who must sometimes address substance abuse problems.

COURSE OBJECTIVES include, but are not limited to, the following.
Students will demonstrate understanding of:

1. Clinical practice with substance abusers and their families
2. Identify the types of drugs and other substances typically used
3. Specify the symptoms and the major physical/psychosocial consequences of selected types of substance use and abuse
4. Describe procedures used to screen for the presence of alcohol or drugs
5. Describe major public and private substance abuse prevention, education and treatment programs and services
6. Discuss the relative effectiveness of selected treatment and rehabilitation services and programs for improving the social functioning and reducing the stress experienced by substance abusers and their families from a systems perspective
7. Utilize knowledge about diversity to effectively work with and on the behalf of substance abusers

TOPICAL OUTLINE:
- Introduction to Substance Abuse Counseling
- Drugs and Their Effects
- Basic Theories on Alcoholism/Addiction
- Assessment of Alcoholism/Addiction
- Treatment Approaches
- Dealing with Anger Issues
- Group Work
- Working with Families
- Relapse Prevention
- Program Evaluation

METHOD OF INSTRUCTION: Lecture. Notes/on-line discussions.

COURSE REQUIREMENTS
1. STUDENTS WILL REVIEW TWO SUBSTANCE ABUSE JOURNAL ARTICLES AND TURN IN A TWO PAGE ABSTRACT OF THE ARTICLE. (DUE DATES: MARCH 1 AND MAY 1)

2. STUDENTS WILL SUBMIT A 12-15 PAGE PAPER ON AN AREA OF SUBSTANCE ABUSE TREATMENT. (DUE DATE: MAY 3)

3. THERE WILL BE TWO EXAMS. (Exam #1 MARCH 1, Exam #2 MAY 1)

STUDENT PERFORMANCE EVALUATION CRITERIA AND PROCEDURES

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<thead>
<tr>
<th>Score</th>
<th>Grade</th>
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<tbody>
<tr>
<td>90-100</td>
<td>A</td>
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<td>B</td>
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<td>70-79</td>
<td>C</td>
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<td>60-69</td>
<td>D</td>
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<td>50</td>
<td>F</td>
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REQUIRED TEXT(S) AND/OR READING(S)

Addiction Treatment, 3rd Edition
Katherine van Wormer; Diane Rae Davis
Textbook ISBN-10: 0-8400-2916-0

SELECTED BIBLIOGRAPHY includes, but is not limited to, the following:


Boston: Allyn & Bacon.

NY: Guilford Press.


ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES
Students requesting accommodations for disabilities must go through the Academic Support Committee. For more information, please contact the Director of Disability Resources and Services, Halladay Student Services Building, Room 303D, (903) 886-5835.

CONDUCT AND ACADEMIC HONESTY
"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Polices and Procedures, Conduct) “Graduate students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all their scholastic work.” (See Section A13.12, Academic Honesty, A&M-Commerce Procedures.)

UNIVERSITY CLOSING DUE TO WEATHER
Check http://www.tamu-commerce.edu/ regarding class cancellations. Also, KETR radio on 88.9 FM and television channels 4, 5, and 8 (channel 7 for Tyler & Longview Area).