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COUNSELING 597 HUMAN SEXUALITY SPRING 2013

OFFICE HOURS

Monday	8-12 noon
Wednesday	8-12noon
Thursday	All day
Friday	8-12noon

COURSE DESCRIPTION

COUNSELING 597. Counseling Human Sexuality will explore various dimensions of human sexuality, including factual information, current research, theoretical approaches, and treatment strategies for counseling. Students will explore their own sexual attitudes, feelings, and values in order to promote sensitive, helpful, and accurate responses as professional counselors. Classroom time will utilize video resources, discussion, text readings, lecture, case discussion, and role-play. Classroom participation is expected and encouraged.

REQUIRED TEXTBOOK: Understanding Human Sexuality (11th Edition) Janet Hyde and John Delamater

Material discussed in this class should be considered sexually explicit. Students who are uncomfortable with the frank discussion of sexual issues, attitudes, and practices should consider whether or not participation in this course is appropriate for them at this time. Discussion with the instructor may prove helpful in this regard. Some class discussion will be assisted by appropriate self-disclosure. Students are reminded that they bear responsibility for the level and content of their self-disclosure and that such self-disclosure has no bearing on the final grade. Confidentiality is encouraged and appreciated, but cannot be guaranteed in this setting.

COURSE OBJECTIVES

1. To assist prospective counselors in examining their own values and experiences as a way of developing their own unique approach to sexuality counseling and sex therapy.
2. To introduce counselor education students to the theories, therapeutic process, and techniques involved in sexuality counseling and sex therapy.
3. To provide accurate, current information about human sexual development, sexuality over the lifespan, sexual physiology, human sexual expression, sexually transmitted diseases, and the social dimensions of human sexuality.
4. To familiarize students with the literature pertinent to the field of human sexuality.
5. To examine and discuss the ethical and professional dimensions of counseling for sexuality issues.

COURSE REQUIREMENTS

1. Class Participation: Students are expected to keep up with all assign readings and be prepared to enter into class discussion based on those readings. Active class participation reflects a willingness to interact with the subject matter of the course and is indicative of a professional orientation to graduate study, therefore, student participation in class will be assessed.

2. Journals Project: Select a topic listed below (or clear your own topic with Dr. Hendricks) and find 10 articles from professional journals (no more than 2 from the same journal) relevant to the topic. Prepare a summary of each article, approx 2 pages each, typed and double-spaced. Provide the complete citation for each article . A summary is not your opinion of the author or article style, but a synopsis of the article content. **The Journals Project is due April 19, 2013.**

sexuality issues for disabled/handicapped persons, confidentiality issues in STD counseling, sexuality issues for the chemically dependent, impact of incest on adult sexuality, counseling menopausal women, treating male erectile disorders, counseling bisexual persons, counseling sexually active adolescents, sexuality issues of widows/widowers, counseling women with breast cancer, counseling male survivors of child sexual abuse, counseling diabetics about sexuality concerns, counseling juvenile sexual offenders

3. HIV/AIDS Project: Assume you have been asked to give a presentation on the current status of HIV/AIDS for either **(a)** the staff of the mental health center where you work as a professional counselor; **or (b)** the faculty of the high school where you are the school counselor. Prepare materials for this presentation. This material should include, at a minimum, the following:

- 1) accurate definitions of terms associated with HIV/AIDS;
- 2) myths associated with HIV/AIDS and evidence to refute them;
- 3) the course of the disease as it is currently understood;
- 4) current statistical facts about HIV/AIDS in the U.S. and the World;
- 5) special information about HIV/AIDS relevant to your population (e.g. adolescents, chronically mentally ill, substance abusers);
- 6) suggested guidelines for intervention if a teacher or mental health counselor suspects a client/student may be at risk for HIV/AIDS infection. Include in your presentation samples or descriptions of handouts you might use.

There is no limit on HIV/AIDS Project length, but the Project should reflect substantial, current research and knowledge about HIV/AIDS and the reference population. Internet-based data should be included (but not be the only resource). **The HIV/AIDS Project is due May 3, 2013.**

THEIR WILL BE ONE OPEN NOTES/BOOK EXAM

GRADING

Written assignments are graded on the basis of the following: 1) compliance with directions; 2) demonstration of knowledge; 3) thoroughness & appropriateness of research; 3) overall style (organization, coherence, spelling, punctuation, and grammar).

Class participation (on line discussions):	25 pts
Journals Project:	25 pts
HIV/AIDS Project:	25 pts
Exam	25 pts

NOTE: students are advised that assignments handed in late or not following the professor's instructions

will receive grades which reflect such noncompliance. Students are encouraged to confer with Dr. Hendricks if there are concerns about class content, academic requirements, missed classes, etc.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities.

If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library, Room 132.

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Honor Statement

By accepting admission to Texas A&M University-Commerce, each student makes a commitment to understand, support and abide by the *University Honor Code* without compromise or exception. Violations of academic integrity will not be tolerated. This class will be conducted in strict observance of the Honor Code. Refer to your *Student Handbook* for details.

UNIVERSITY CLOSING DUE TO WEATHER

Check <http://www.tamuc.edu/> regarding class cancellations. Also, KETR radio on 88.9 FM and television channels 4, 5, and 8 (channel 7 for Tyler & Longview Area).