

FALL 2013 SYLLABUS  
Counseling 301  
ORIENTATION TO THE COUNSELING PROFESSION

Instructor: Bobbie Jacobs, MS, LPC-S, RPT  
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<b>COURSE INFORMATION</b>
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**Course Text:**

Required

- A. Capuzzi, D., & Gross, D.R. (2009). Introduction to the counseling profession (6th ed.)  
Columbus, OH: Pearson
- B. ACA Code of Ethics
- C. Title 22 (Examining Boards) Texas Administrative Code Part 30 Chapter 681: Rules relating to the Licensing and Regulation of Professional Counselors

Optional (but highly recommended):

American Psychological Association Publication Manual (6th ed). Washington, DC: American Psychological Association

**Course Description:**

COUN 301 Orientation to the Counseling Profession.

A study of general professional issues including ethics, history, credentialing, professional associations and role of counselors in various settings.

**Objectives**

**Goals/Rationale of the Course**

The goals of this class include, but are not limited to:

- Creating an insight for the students to understand the inner workings of the Counseling profession, its history, and the role of the counselor in various settings.
- Developing an understanding of the differences between counselors and other mental health professionals.
- Providing students with information to help them better determine how congruent the discipline of Counseling is with their future academic and professional goals.

**Student Learning Outcomes**

The student will:

1. Be an active and engaged participant in discussions by analyzing, constructing/creating, and evaluating information presented within the textbook, external readings/resources, student research, and class activities and sharing personal observations and opinions.
2. Become familiar with professional peer-reviewed Counseling journal publications and APA style of writing

3. Differentiate between counselors and other mental health professionals
4. Identify basic counseling theoretical orientations and their founders
5. Understand the history of the counseling profession and the fundamentals of the credentialing process

<b>FLEXIBLE COURSE REQUIREMENTS</b>
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**Method of Instruction**

This course will utilize lecture, class discussions, role plays, experiential activities and possibly , video demonstrations, to achieve the learning objectives.

**Assignments**

It is my opinion that your inner-strengths will be greater served by writing assignments that are focused on developing a greater sense of yourself and how you will fit into your role as a helper than taking tests and quizzes. That being said, if I see that your writing assignments are not up to the standards expected and discussed in class, or there is not sufficient class participation, I will adjust the Course Requirements to include quizzes and tests.

In grading your written assignments I will be looking at three areas:

- \* The degree to which you completed all aspects of the assignment
- \* To what degree were you engaged in self-exploration
- \* To what degree was your paper in line with APA format

<b>FLEXIBLE COURSE REQUIREMENTS</b>
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Attendance/participation (100 points) – Refer to Course and University Procedures and Policies.

**Grading**

Total possible points for the semester = 300

Attendance	100
Participation	100
Out of Class Assignments	<u>100</u>
Total	300

- A 270 - 300 points
- B 240 - 269 points
- C 210 – 239 points
- D 180 – 209 points
- F 179 points or below

## **Late Assignment Policies**

All assignments are due, on the given assignment date, at the beginning of class. Computer problems are not an excuse for missed/late assignments. In certain circumstances, some assignments may be emailed to me. Do not email assignments to me unless you have discussed the situation with me and I have given you permission via email to send the document. Remember the subject line should read "Counseling 301".

## **COMMUNICATION AND SUPPORT**

The best way to communicate with me between classes is email. Please use "Counseling 301" in the subject of your email. In the content part of your email be sure to include your first and last name and the best phone number in which I can contact you, if necessary. I respond to my emails daily. If you do not hear from me within 24 hours, please contact me at 903-274-9901, leaving your first and last name and, again, the best way I can contact you. Also, I will be more than happy to meet with you on campus. Contact me so that we can set up a convenient time.

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **Academic Integrity**

Academic integrity is the pursuit of scholarly work free from fraud and deception and is an educational objective of this institution.

Texas A&M University-Commerce has explicit rules and regulations governing academic dishonesty and academic misconduct. As the University states, "All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." These policies are stated in detail in the Student's Guide Handbook. Each student is expected to read this document and abide by the contained policies. These university policies will be followed in this class. The minimum penalty for an act of academic dishonesty will be the assignment grade of "0" on the homework assignment. The maximum penalty is expulsion from the University.

Texas A&M University-Commerce does not tolerate plagiarism and other forms of academic dishonesty. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse, (destruction, defacing or removal of resource material).

## COURSE AND UNIVERSITY PROCEDURES/POLICIES

If you are unsure what constitutes plagiarism and how to avoid it, visit the following websites:

<http://www.plagiarism.org/>

<http://www.unc.edu/depts/weweb/handouts/plagiarism.html>

<http://www.indiana.edu/-wts/pamphlets/plagiarism.html>

Attendance and Participation Students are expected to attend all scheduled classes. More than 3 absences (excused or unexcused) will negatively affect your grade. Participation in class activities, including discussion groups and in-class assignments, is a component of attendance. Failure to prepare and participate effectively will negatively impact the learning processes devised for the class. "All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment" (Student Guide Book, pp. 67-73).

Arrive to class on time and do not pack up early. If you know ahead of time you will be late or will need to leave early please notify me by email at least a day in advance.

Contributing, on a regular basis, to class discussions is expected.

Reading assigned work and course material is expected.

No cell phones, lap tops, etc are to be out during class time.

## COURSE AND UNIVERSITY PROCEDURES/POLICIES

### Late Assignment Policies

All assignments are due, on the given assignment date, at the beginning of class. No late assignments will be accepted. In certain circumstances, some assignments may be emailed to me. Do not email assignments to me unless you have discussed the situation with me and I have given you permission via email to send the document. Remember the subject line should read "Counseling 301".

### Withdrawal Policy

Every student has the right to drop the course without penalty until the drop-date. Students dropping the course during this period will be given a DP (drop while passing). A grade of DP is GPA neutral, but a grade of DF counts as an F on your transcript. If you choose to stop attending class, you may be dropped from the course due to excessive absences. If you are not satisfied with your grade in the course and wish to drop, it is YOUR responsibility to drop the course. Once the grade of DP or DF has been registered, I will not be able to change it. A student may drop a course by logging into their myLEO account and clicking on the hyperlink labeled "Drop a class" from among the choices found under the myLEO section of the web page.

## **ADA STATEMENT**

The Americans with Disabilities ACT (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. *If you have a disability requiring an accommodation, please contact:*

Office of Student Disability Resources and Services  
Texas A&M University-Commerce  
Gee Library 132  
Phone (903) 886-51512 or (903) 886-5835  
Fax (903) 468-8148 StudentDisabilityServices@tamuc.edu  
Student Disability Resources & Services

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **Student Conduct**

Polite and civil interactions with all members of the class is expected.

(“All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See Student’s Guide Handbook, Policies and Procedures, Conduct). All students are expected to conduct themselves in a professional manner at all times.

\* I expect every student to have the utmost respect for their peers in class, especially when discussing experiences of a sensitive or personal nature. Students are reminded disclosures in the classroom setting are to be kept confidential.

\* Discriminatory, rude and, inappropriate language will not be tolerated in this class and the student(s) choosing to act in a discriminatory or rude manner or use inappropriate language will be asked to leave the class. Disruption of class or inconsiderate behavior will not be tolerated. If the student continues to act in the same manner during future classes, the instructor reserves the right to drop the student from the course.

University closing due to weather Check <http://www.tamuc.edu> regarding class cancellations. Also KETR radio on 88.9 FM and Channel 4, 5 and 8 (Channel 7 for Tyler and Longview area).

<b>COURSE OUTLINE/CLAENDAR</b>
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**Flexible Schedule**

08-26-13	Monday	First Day of Class Review of Syllabus Expectations of Students Introduction Activity Assignment Read Chapter 1 – pages 3-27
08-28-13	Wednesday	Discussion of Chapter 1 Role Play Skills Assignment Read Chapter 2 – pages 30-72

Bring to class on 09-09-13:

**Title 22 (Examining Boards) Texas Administrative Code Part 30 Chapter 681: Rules relating to the Licensing and Regulation of Professional Counselors**

09-02-13	Monday	Labor Day – No Class
<b>09-06-13</b>	<b>Wednesday</b>	<b>GUEST SPEAKER</b>
09-09-13	Monday	Chapter 2 and Title 22 Discussion
	Assignment	Read Chapter 3 – pages 77-93
09-11-13	Wednesday	Discussion of Chapter 3
	Assignment	Read Chapter 4 – pages 97-118

Bring to class on 09-16-13:

**ACA CODE OF ETHICS**

09-16-13	Monday	Ethics Discussion – Chapter 4 Case Studies Read Chapter 5 – pages 123-146
<b>09-18-13</b>	<b>Wednesday</b>	<b>OUT OF CLASS ASSIGNMENT</b>
09-23-13	Monday	Discussion on Out of Class Assignment
	Assignment	Read Chapter 6 – pages 151-173
09-25-13	Wednesday	Discussion of Chapter 6
	Assignment	Group Activity Read Chapter 7 – pages 176-198

<b>COURSE OUTLINE/CLAENDAR</b>		
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09-30-13	Monday Assignment	Debate – Technology and Counseling Read Chapter 8 – pages 205-225
10-02-13	Wednesday Assignment	Discussion – Chapter 8 Experiential Activity Read Chapter 9 – pages 228-251
10-07-13	Monday Assignment	Discussion of Chapter 9 Experiential Activity Read Chapter 10 – pages 256-285
<b>10-09-13</b>	<b>Wednesday</b>	<b>OUT OF CLASS ACTIVITY</b>
10-14-13	Monday	Experiential Activity
10-16-13	Wednesday Assignment	Experiential Activity Read Chapter 11 – pages 291-311
10-21-13	Monday Assignment	Assessment Activity Read Chapter 12 – pages 313—335
10-23-13	Wednesday Assignment	Discussion – Chapter 12 Read Chapter 13 – pages 339-363
<b>10-28-13</b>	<b>Monday</b>	<b>Guest Speaker</b>
10-30-13	<b>Wednesday</b> Assignment	<b>Discussion</b> Read Chapter 15 – pages 396-416
<b>11-04-13</b>	<b>Monday</b>	<b>OUT OF CLASS ASSIGNMENT</b>
<b>11-06-13</b>	<b>Wednesday</b>	<b>Guest Speaker</b>
<b>11-11-13</b>	<b>Monday</b> Assignment	<b>Guest Speaker</b> Read Chapter 16 – pages 420-441
<b>11-13-13</b>	<b>Wednesday</b>	<b>GUEST SPEAKER</b>
11-18-13	Monday	Experiential Activity
11-20-13	Wednesday	???Thanksgiving???

<b>COURSE OUTLINE/CLAENDAR</b>		
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11-25-13	Monday	In class – Read Chapter 17 – pages 445-466 Discussion
	Assignment	Read Chapter 18 – pages471-491
11-27-13	Wednesday	Discussion – Chapter 18
12-02-13	Monday	Discussion
12-04-13	Wednesday	TBA
11-27-13	Wednesday	