

Physical Activity Skills II: Team Sports
HHPK 251 Fall 2013
Tuesday and Thursday 8:00 am – 9:15 pm Field House 003

| | | | |
|--------------------|----------------|----------------|-------------------------|
| Instructor: | Judy Sackfield | Office: | Field House, 001 |
| Phone: | 903-468-8659 | E-mail: | judy.sackfield@tamu.edu |

Prerequisites:

This course has a prerequisite of HHPK 250, Physical Activity Skills I: Individual/Dual Sports.

Textbook: Schmottlach, Neil and Jerre McManama. Physical Education Activity Handbook, 10th Edition. Benjamin Cummings Publishing

Course Description:

The purpose of this course is to develop the techniques utilized in fundamental skills for team sports. This course will also focus on the various stages of games skill development. An emphasis will be placed on designing a variety of learning experiences for grade appropriate sports.

Course Objectives: The Student will

1. Develop an understanding and knowledge of the rules, regulations that govern play and dimensions of the playing area associated with Flag Football, Softball, Soccer, Volleyball, and Basketball.
2. Demonstrate the skills needed to be proficient when participation in Flag Football, Softball, Soccer, Volleyball, and Basketball is desired.
3. Identify drills and lead-up games for the teaching of skills needed to be proficient in various team sports
4. Use the basic terminology associated with Flag Football, Softball, Soccer, Volleyball, and Basketball.
5. Develop a knowledge and understanding of the proper safety precautions that may be used when participation in physical activity is desired or required.

Class Procedures:

The class will be taught using two instructional approaches. About 80% of class time will involve Attendance/Participation activities and 20% lecture. Guest speakers, films, and videos will be used depending upon need and availability. The instructor has the right to modify the outline of the course. Therefore it is essential that the student attends class, or if absent, find out about course changes and what may have been missed.

Class Attendance and Participation:

Students are expected to attend class and participate appropriately in class sessions. Students are expected to dress in a style that is conducive to participating in physical activity. (i.e. no open toe shoes, dress shoes, jeans, dress pants, dresses, skirts, dress shirts, etc.)

Class Notes:

My notes or overheads will not be made available to students so it is suggested that arrangements be made with fellow classmates to obtain notes from them. If you have questions regarding their notes or your own notes, I will be happy to answer them.

Assignment:

Lesson Plans: Each student will be required to teach the class two times and turn in a lesson plan. Instructions will be given on how to organize your lesson plan.

Exams:

There will only be one exam given during the semester. The exam will cover material from class lectures, skill development, and lesson plans. The exam includes multiple choice, short answer, and essay questions. Review sheets will be provided at least one week prior to the exam date. No “make-up” exams are available unless due to extenuating circumstances (i.e. death of an immediate family member, severe injury/illness, athletics etc.) and the student has written approval from the instructor to take the exam at a later date.

Outside Experience:

Students will be expected to do an outside experience at one of the sports that are being taught. This is an opportunity to get real hand experience at what goes on in each of these sports. Each student will be given a work sheet to be handed in at the end of the semester.

Statement on Student Behavior

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student’s Guide Handbook).

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library, 1st Floor

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamu-commerce.edu

Course Policies

1. Students are expected to be in class, ready to participate, on time.
2. An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.

If the absence is for one of the reasons listed below, you will be able to make up the work (within two business days). To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

- Participation in an activity appearing on the University’s authorized activity list.
 - Death or major illness in a student’s immediate family.
 - Illness of a dependent family member
 - Participation in legal proceedings or administrative procedures that require a student’s presence.
 - Religious Holy Day
 - Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
 - Required participation in military duty
3. Any student missing an exam or assignment without prior arrangement will receive a score of zero.
 4. The web page will be a primary method of communication between you as the student and me as the instructor. Please refer to it regularly. If I place course notes on the web page, they will be removed shortly (so print the notes as soon as they appear; they will not be left up until the time of the test).
 5. You **MUST** check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
 6. While you are in class, I expect you to participate. That means that you should a) actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. (Thanks!) . If you use a cell phone, iPod, etc. in class, you will lose 1 point per incident (off your final grade).
 7. **DUE DATES:** The due dates listed for assignments are the **LAST** chance to submit them. Please turn in your work early. I **DO NOT** accept late assignments.
 8. If you have a question or concern, TALK to me.

Course Calendar Fall 2013: (subject to modification)

| Date | Activity |
|-------------|---|
| Tues 8/27 | Intro/Syllabus/Assignments |
| Thurs 8/29 | Lecture/ Volleyball |
| Tues 9/3 | Serve, Forearm Passing |
| Thurs 9/5 | Setting, Overhead Pass, |
| Tues 9/ 10 | Blocking/Attacking |
| Thurs 9/12 | Offensive Formations/Defensive Formations |
| Tues 9/17 | <i>Game Time</i> |
| Thurs 9/19 | <i>Game Time</i> |
| Tues 9/24 | <i>Game Time</i> |
| Thurs 9/26 | Lecture/ Basketball |
| Tues 10/1 | Passing/Dribbling |
| Thurs 10/3 | Shooting/Rebounding |
| Tues 10/8 | Individual Offense/Cutting/fakes/Zone Defense |
| Thurs 10/10 | Defense against player with ball/Defense with player without ball/Man D |
| Tues 10/15 | <i>Game Time</i> |
| Thurs 10/17 | <i>Game Time</i> |
| Tues 10/22 | <i>Game Time</i> |
| Thurs 10/24 | Lecture / Softball |
| Tues 10/29 | Catching/Throwing/Base running/Fielding ground balls |
| Thurs 10/31 | Pitching/Batting/ Fielding fly balls/Relays-Cutoffs |
| Tues 11/5 | <i>Game Time</i> |
| Thurs 11/7 | <i>Game Time</i> |
| Tues 11/12 | <i>Game Time</i> |
| Thurs 11/14 | Lecture/Soccer |
| Tues 11/19 | Short Passes/Long Passes/Dribbling/ Crossing/Heading/Shooting |
| Thurs 11/21 | Shooting/Goalkeeping/Tackling / Trapping movement without the ball |
| Tues 11/26 | THANKSGIVING BREAK OFF UNIVERSITY CLOSED |
| Thurs 11/28 | <i>Game Time</i> |
| Tues 12/3 | <i>Game Time</i> |
| Thurs 12/5 | <i>Final Exam</i> |

Grading/Evaluation Procedures:

| | | |
|------------------------------|---|------------|
| Attendance and Participation | = | 25% |
| Outside Experience | = | 25% |
| Lesson Plans and Instruction | = | 25% |
| Final Exam | = | <u>25%</u> |
| | | 100% |

Grading Scale:

| | | |
|------------|---|---|
| 90% - 100% | = | A |
| 80% - 89% | = | B |
| 70% - 79% | = | C |
| 60% - 69% | = | D |
| 50% - 59% | = | F |