

Psychology 317: Psychology of Personality FALL 2013

Location: Henderson 207
Time: MW 2:00pm-3:15pm

Instructor: Jamie Snider
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Phone: (903) 316-8572 (Only for Emergencies)
Office: Binnion 224
Office Hours: MW 10:00am-12:00pm

Course Summary/Objectives:

In this course we will first cover the fundamental principles of understanding and appreciating mental disorders. We will then study the types of disorders including the incidence, causes, symptoms, therapy, and prognosis of each. I prefer to directly follow the outline of our textbook, particularly because I like the textbooks organization, but discussions occur and digressions happen. Thus, I reserve the right to change the schedule, as well as assignments/exams.

Required Text:

Kring, A. M., & Johnson, S. L. (2014). *Abnormal psychology (12 ed)*. Hoboken, NJ: John Wiley & Sons Inc.

Class Participation/Attendance:

I always put these two items together because I feel that they are directly related. After all, you cannot participate in class if you are not there. You will **NOT** receive a grade for attendance or participation in this class. I will **ONLY** take attendance for the first 12 days as required by the university.

Coming to class and participating in the discussions are a part of college, without which you cannot hope to grow into a professional. In other words, I expect them to occur without positive reinforcement from me. I will tell you that my lecture style is very laid back, and largely based in discussion. I will annoy you into participation! :) Although, I don't look for that to be an issue with this particular cluster of topics.

It is your responsibility to collect any and all material(s) that you may have missed. There will be no make-up work allowed, unless documentation of a university-approved excuse is provided.

Student Conduct:

"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Policies and Procedures, Conduct)

Act your age and respect your colleagues. Basically, I do not care what you do unless it is disrupting/disturbing other students or myself. If I find your activity falling into that category, you will be asked to leave. Of course any cheating/plagiarism will result in an automatic F in the course.

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
 Texas A&M University-Commerce
 Gee Library
 Room 132
 Phone (903) 886-5150 or (903) 886-5835
 Fax (903) 468-8148
 StudentDisabilityServices@tamuc.edu

Course Requirements:

You will be required to complete three (4) examinations worth 100 points each. Each exam is intended to cover four (4) chapters, but that may or may not happen. They will **NOT** be cumulative. One (1) term paper worth 100 points is also required.

Date Due	Exam/Assignment	Points
October 1 st	Exam 1 (Chap. 1-4)	100
November 5 th	Exam 2 (Chap. 5-8)	100
December 10 th	Exam 3 (Chap. 9-12)	100
November 26 th	Exam 4 (Chap. 13-16)	100
		Total Points: 400

In order to receive an/a	You must earn
A	360 points
B	320 points
C	280 points
D	240 points

Tentative Schedule

Date	Details
Mon. 1/13	Syllabus & Chapter 1: Introduction and Historical Overview
Wed. 1/15	Chapter 1: Introduction and Historical Overview Chapter 2: Current Paradigms in Psychopathology
Mon. 1/20	Chapter 2: Current Paradigms in Psychopathology
Wed. 1/22	Chapter 3: Diagnosis and Assessment
Mon. 1/27	Chapter 3: Diagnosis and Assessment Chapter 4: Research Methods in Psychopathology
Wed. 1/29	Chapter 4: Research Methods in Psychopathology
Mon. 2/3	Review
Wed. 2/5	Exam 1 Chapters 1-4
Mon. 2/10	Chapter 5: Mood Disorders
Wed. 2/12	Chapter 5: Mood Disorders Chapter 6: Anxiety Disorders
Mon. 2/17	Chapter 6: Anxiety Disorders
Wed. 2/19	Chapter 7: Obsessive-Compulsive & Trauma-Related Disorders
Mon. 2/24	Chapter 7: Obsessive-Compulsive & Trauma-Related Disorders Chapter 8: Dissociative Disorders & Somatic Symptom Disorder
Wed. 2/26	Chapter 8: Dissociative Disorders & Somatic Symptom Disorder
Mon. 3/3	Review
Wed. 3/5	Exam 2 Chapters 5-8
Mon. 3/10 & Wed. 3/12	Spring Break
Mon. 3/17	Chapter 9: Schizophrenia
Wed. 3/19	Chapter 9: Schizophrenia Chapter 10: Substance Use Disorders
Mon. 3/24	Chapter 10: Substance Use Disorders
Wed. 3/26	Chapter 11: Eating Disorders
Mon. 3/31	Chapter 11: Eating Disorders Chapter 12: Sexual Disorders
Wed. 4/2	Chapter 12: Sexual Disorders
Mon. 4/7	Review
Wed. 4/9	Exam 3 Chapters 9-12
Mon. 4/14	Chapter 13: Disorders of Childhood
Wed. 4/16	Chapter 13: Disorders of Childhood Chapter 14: Late Life and Neurocognitive Disorders
Mon. 4/21	Chapter 14: Late Life and Neurocognitive Disorders
Wed. 4/23	Chapter 15: Personality Disorders
Mon. 4/28	Chapter 15: Personality Disorders Chapter 16: Legal and Ethical Issues
Wed. 4/30	Chapter 16 Legal and Ethical Issues
Mon. 5/5	Review
Wed. 5/7	Exam 4 Chapters 13-16

Extra Credit:

Research Participation: Participating in research studies contributes to students and faculty at TAMU-C, your understanding of how research is conducted, and human knowledge in general. All students in this class will be allowed to participate in the psychology department's participant pool or complete alternative assignments (see me for more information on alternative assignments) for extra credit. Students can complete a total of **6 experiment credits** (each credit is worth 1 grade point). When you first sign into the experiment management system (EMS) you will be asked to take a prescreen. The prescreen takes about 20 minutes to complete. If you complete the prescreen in the first two weeks of the semester you will receive ½ free experiment credit. This can be combined with later experiments that are worth ½ credit. •More information about participating in research, such as how to log in to the EMS, is given at the end of this syllabus.

Students' Guide to Research Participation for Extra Credit
Department of Psychology, Counseling, & Special Education
Texas A&M University-Commerce

- **What is Research Participation?**

Exposure to research is essential to your gaining a better understanding of the scientific study of psychology. It is how we add new knowledge in psychology. Being involved in research is a good way to experience first-hand and learn about the scientific enterprise. We believe there are two key ways to experience research activity at this level: 1) read about related scientific investigations; 2) experience research as a volunteer participant; or some combination of both. The class in which you received this handout offers extra credit through one or both of these activities.

- **What if I am not yet 18 years old?**

In order to participate in research you must be at least 18 years old. If you are not yet 18 years old, please see your instructor, and ask him/her about alternative ways of earning extra credit.

- **In what type of research studies will I participate?**

All studies you will participate in have been reviewed and approved by the Texas A&M University-Commerce Institutional Review Board (IRB) and by the Department of Psychology, Counseling, & Special Education. Studies vary widely. Many involve completing questionnaires or carrying out tasks on the computer. Some are even fun, and you'll learn something from all of them.

- **What are my rights as a research participant?**

Your participation is voluntary and you may withdraw from any study at any time. Your data will be kept confidential. If you have any further questions about your rights as a research participant, you may contact the IRB head, Carmen Salazar (Carmen.Salazar@tamuc.edu). More information about your rights will be provided to you prior to each study for which you sign up.

- **How will my research participation credit be calculated?**

You will receive 1 credit for each hour of research participation. Studies lasting 15 minutes or less are worth 0.25 credit. For example, a 15 min. study = 0.25 research credits; 30 min. = 0.5 credits; 45 min. = 0.75 credits; 60min = 1 credit; 1½ hours = 1.5 credits... etc.

- **How many research credits may I complete?**

You are encouraged to participate in as much research as you wish, but your instructor will inform you of how many credits are offered for extra credit.

- **What if I do not wish to participate in research studies?**

Participation in research is voluntary. Your instructor is offering you the opportunity to earn extra credit by participating in research (and helping psychology).

- **How do I find and sign up for research participation opportunities?**

Throughout the semester, researchers in the Psychology Department will post their research studies in the Experiment Management System (EMS) online. It is up to you to check the EMS regularly to find and sign up for research studies that fit into your schedule. Detailed instructions for how to use the EMS are listed in the following pages of this handout.

- **What if I cannot go to a study I signed up for?**

If for whatever reason you cannot attend a study that you have signed up for you need to cancel your appointment before the start of the study. There are 2 ways to cancel an appointment. First, if you cancel 24 hours before a study you can do this online through the Experiment Management System (EMS) website. Second, if it is the same day of the study you can call or email the experimenter – their contact information will be available in the EMS.

How do I use the Experiment Management System (EMS)?

(Create a new participant account unless you already have one and your login information works. If you do not remember your login information click on the “lost your password?” on the front page of the EMS website and follow the directions on the site, and if that does not work email curt.carlson@tamuc.edu. A list of courses will be presented, from which you must select the courses you are taking this semester for which you will receive credit for participation. If your course is not listed, see the instructor for that course.)

A. How to create a participant account on the EMS

1. Go to <http://tamu-commerce.sona-systems.com/>
 - a. Click on New Participant “request an account here” link on the left of the screen.
 - b. This takes you to a screen on which you must enter your name, a unique User ID, your University ID number, and primary email address (reminders of studies you sign up for will be sent to that email address). You will also need to highlight the course(s) in which you are enrolled, and for which you will be earning credits. If more than one, highlight all that will be involving you in research participation. However, each study in which you participate will only provide you credit for ONE course. In other words, there is no “double-dipping” allowed. **BE CAREFUL TO SELECT THE CORRECT COURSE AND SECTION # – IF YOU CHOOSE THE WRONG ONE, YOUR INSTRUCTOR WILL NOT BE INFORMED OF YOUR CREDITS!** After you submit your information, you will be emailed your login information. (After you have received your login information, I recommend that you login into EMS and go to your “Profile” and change your password to something that you can remember.)

If you encounter any problems with creating your account (e.g., login information not sent to you), contact the EMS administrator, curt.carlson@tamuc.edu with your full name and a detailed description of the problem.

2. When you first log into the EMS at the beginning of the semester you will be asked to take a prescreen survey. This is a short survey that researchers will use to decide if you meet the specified requirements for some studies (e.g., as a researcher I may only allow participants who are female. If you do not complete the prescreen you will not be eligible to participate in this study). In other words, if you do not complete the prescreen you will have fewer studies that you are eligible to participate in. **IF YOU COMPLETE THE PRESCREEN IN THE FIRST TWO WEEKS OF THE SEMESTER YOU WILL GET 0.5 CREDIT.** Take it even if you have done it before – it has probably changed, and you will still earn the 0.5 credit.
3. You are now ready to use the EMS to sign-up for research studies.

B. Sign-up for studies—login to the EMS with your User ID and password that was emailed to you after creating your account

1. Click **Study Sign-Up**. A list of all available studies for which you qualify will appear. You can sign-up by clicking on either the study name or **Timeslots Available**, and you will go to a new screen showing more information about the study, with a link to **View Time Slots for This Study**.
2. Click the **Sign-Up** button to schedule your time. You should then write down or print out the study information (name of study, place, time, name and contact information of experimenter, etc.) that appears in the final window. You will also receive an email reminder the day before the study time you have selected.

C. Canceling a Sign-Up (MUST be done if you know you will not show up)

1. If you need to cancel a timeslot you have signed up for, you can do this from the **My Schedule and Credits** page. Choose the **My Schedule and Credits** option from top toolbar.
2. You will see listed all of the studies for which you have signed up, as well as those you have completed (see the Tracking Your Progress section below for more information).
3. Studies for which you have signed up that you are allowed to cancel will have a **Cancel** button next to them. If you cannot attend the study session you signed up for, you need to cancel it, either within the EMS system or by contacting the researcher directly prior to the start of the study. Keep in mind that there is a time limit before the study is to occur, when it is too late to cancel online. This restriction is listed at the bottom of the page (it can be 24 hours before your timeslot, or much less, such as just 2-4 hours). If you cannot cancel online please email or call the experimenter to cancel. **IF YOU DO NOT CANCEL ONLINE, BY**

EMAIL, OR OVER THE PHONE BEFORE THE START OF THE STUDY YOU WILL BE COUNTED AS A “NO SHOW.”

4. If you cancel the first part of a two-part study, the second part will also be cancelled. If you cancel the second part of a two-part study, the first part will *not* be cancelled, but you will need to ask the researcher to sign you up for the second part again, if you would like to participate in it at a later date. However, this is up to the researcher.

D. Tracking Your Progress

1. You may track your progress at any time by choosing the **My Schedule and Credits** option from the top toolbar.
3. When you view this page, you will see at the top a list of the number of credits you are required to earn, and how many you have earned so far. Below that, if you have signed up for any studies, those are listed as well. In the list of studies, you will see information about your credit status. If you have a no show for a study you will see that the status for that study is “failure to appear.”

Note: Your login session will expire after a certain period of inactivity, usually 20-60 minutes. This is done for security purposes. If this happens, you can always log in again. When you are finished using the system, it is better to explicitly log out, to prevent any problems that may arise if someone uses your computer before the session expires. This is especially important if you are using a public computer lab.

E. Frequently Asked Questions

1. Immediately after I login, as soon as I click on any menu option, I am taken back to the login page and I see a message that my authentication has expired. What does this mean?

Your web browser is not properly configured to accept cookies. You should turn on cookies in your web browser, use a different web browser (for example, try Firefox if you are currently using Internet Explorer), or try a different computer. Detailed instructions can be found if you go to the site and enter the URL “cookie_help.asp” in place of “default.asp” in the address bar of the browser, when you are on the front page of the site.

2. I participated in a study, but I have yet to receive credit. How do I receive credit?

The researcher must grant you credit. This is usually done within a few days after your participation. If it has been some time and you have still not received credit, contact the

researcher (his or her contact information should be listed when you click on the study name within the system).

3. How do I change the email address where email notifications from the system are sent?

You can change the email address where notifications are sent by going to **My Profile** and editing the email address you see there.

4. I forgot where and when a study is that I signed up for. What do I do?

If you forget when or where your study is, check your e-mail for the **EMS reminder**, or logon to EMS and check your appointments.

5. Should I keep some sort of record of my participation and credits earned?

The system will keep track of the credits you earn and your instructor will have access at the end of the semester to a report of credits earned by students enrolled in the class. It is a good idea, however, to occasionally print a personal copy of your credits earned and hold on to that printout as a back up to the system.

6. I showed up for a study on time, and no one was there! What do I do?

First refer to your information about that study session, to make sure you are in the right place at the right time. If you are, then wait at least 10 minutes for the researcher. If they are still not there at that point, you can leave and must send them an email within 24 hours, stating that you were present at the correct place and time for the study (refer to the study name). It is up to the researcher to try to reschedule with you.