COUNSELING 522----WINTER MINI 2015 ON-LINE

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CATALOG DESCRIPTION OF COURSE

522. Counseling Diverse Populations. Three semester hours.

Emphasis on developing knowledge, skills, and attitudes for more effective counseling with persons different from the counselor regarding characteristics such as culture, race, gender, sexual orientation, physical disability, and religious preference. Substantial attention is given to developing awareness of one’s own values, attitudes, and beliefs as they relate to counseling in a diverse society. Provides an understanding of how diverse values and mores, interaction patterns, social conditions, and trends related to cultural and ethnic diversity affect counseling.

GENERAL COURSE INFORMATION

This course is a required course for all master’s degree options. It appears on all plans leading to licensure as a professional counselor and certification as a school counselor in Texas. The course provides an understanding of the cultural context of relationships, issues and trends in a multicultural and diverse society related to such factors as culture, ethnicity, nationality, age, gender, sexual orientation, mental and physical characteristics, education, family values, religious and spiritual values, socioeconomic status and unique characteristics of individuals, couples, families, ethnic groups, and communities.

COURSE OBJECTIVES include, but are not limited to, the following.

Students will demonstrate understanding of:

1. multicultural and pluralistic trends, including characteristics and concerns between and within diverse groups nationally and internationally;

2. counselor and consultant characteristics and behaviors that influence helping processes including age, gender, and ethnic differences
3. attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities;

4. individual, couple, family, group, and community strategies for working with diverse populations and ethnic groups;

5. counselors’ roles in social justice, advocacy and conflict resolution, cultural self-awareness, the nature of biases, prejudices, processes of intentional and unintentional oppression and discrimination, and other culturally supported behaviors that are detrimental to the growth of the human spirit, mind, or body;

6. theories of multicultural counseling, theories of identity development, and multicultural competencies; and

7. ethical and legal considerations related to social and cultural diversity.

CONTENT AREAS include, but are not limited to, the following:

I. Multicultural and pluralistic trends
   A. Characteristics
   B. Concerns between and within diverse groups nationally and internationally;

II. Attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities;

III. Counselor and consultant characteristics that influence helping processes including:
   A. Age
   B. Gender
   C. Ethnicity

III. Individual, couple, family, group, and community strategies for working with diverse populations and ethnic groups;

IV. Diverse counselor and consultant characteristics and behaviors that influence the helping process including:
   A. Age
   B. Gender
   C. Ethnic Differences

IV. Counselors’ roles in a diverse society
A. Social justice

B. Advocacy and conflict resolution

C. Cultural self-awareness

D. The nature of biases, prejudices

E. Processes of intentional and unintentional oppression and discrimination

F. Other culturally supported behaviors that are detrimental to the growth of the human spirit, mind, or body

V. Theories of multicultural counseling

VI. Theories of identity development

VII. Multicultural competencies

VIII. Legal and ethical issues related to diversity.

GOALS

1. To gain greater understanding and knowledge of specific sociopolitical histories, dynamics, and cultural issues for the major ethnic groups in the U.S. of African Americans, American Indians, Asian Americans, and Latinos.

2. To develop a specific expertise with one ethnic group through both research and practice, based on the student’s professional goals.

3. To learn how to incorporate aspects of gender, class, sexual orientation, age, religion and spirituality, language, and disability in assessment and treatment with culturally diverse clients.

METHOD OF INSTRUCTION

Lecture, discussion, and experiential. Students will engage in cross cultural exercises to better understand other cultures.

COURSE REQUIREMENTS

1. STUDENTS WILL SUBMIT A 10-15 PAGE PAPER ON A CULTURALLY DIVERSE IDEA. (E.G. UNDERSTANDING AN ETHNIC GROUP--- WHITE AMERICA, AFRICAN AMERICAN, LATINO POPULATION, ASIANS, NATIVE AMERICANS, AND OTHERS) I DON’T WANT TO LIMIT YOUR THINKING. IF YOU HAVE AN IDEA ABOUT A SUBJECT, PLEASE DO SHARE WITH ME. (PAPER DUE JANUARY 5, 2015) As a general rule, two references per page---yes, the book can be used as a reference.
2. STUDENTS WILL SUBMIT A 7-10 PAGE REACTIONARY PAPER ON THE BOOK *NIGGER* BY RANDALL KENNEDY. (PAPER DUE JANUARY 2, 2015) No outside references needed—please, just write your reaction to the book. Thanks!!!

3. THERE WILL BE ONE EXAM. (Posted on-line January 6, 2015 It will be open book, notes—multiple choice.

ON ALL PAPERS, PLEASE USE CURRENT APA STYLE.

STUDENT PERFORMANCE EVALUATION CRITERIA AND PROCEDURES

90-100 A
80-89 B
70-79 C
60-69 D
50 F

REQUIRED TEXT(S) AND/OR READING(S)

COUNSELING THE CULTURALLY DIVERSE...THEORY AND PRACTICE (6TH EDITION) BY DERALD WING SUE AND DAVID SUE.

NIGGER: THE STRANGE CAREER OF A TROUBLESOME WORD

BY RANDALL KENNEDY PANTHEON BOOKS, NEW YORK.

SELECTED BIBLIOGRAPHY includes, but is not limited to, the following:


**TExES COMPETENCIES THAT RELATE TO THIS COURSE** (*TExES is the state examination required for school counselor certification.*)

Competency 002 (Student Diversity)

The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

Competency 003 (Factors affecting Students)

The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

Competency 005 (Developmental Guidance Program)

The school counselor knows how to provide a comprehensive developmental guidance program that promotes all students' personal growth and development.

Competency 008 (Collaboration with Families)

The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 010 (Professionalism)

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

**ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES**

*Students with Disabilities:*

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**

*C*Texas A&M University-Commerce

Gee Library, Room 132.

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu
CONDUCT AND ACADEMIC HONESTY

"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Polices and Procedures, Conduct) “Graduate students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all their scholastic work.” (See Section A13.12, Academic Honesty, A&M-Commerce Procedures.) A&M-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

UNIVERSITY CLOSING DUE TO WEATHER

Check http://www.tamu-commerce.edu/ regarding class cancellations. Also, KETR radio on 88.9 FM and television channels 4, 5, and 8 (channel 7 for Tyler & Longview Area).