COUN 620: Supervision in Counseling and Human Development
Spring 2015

Instructor: Steve Armstrong, Ph.D., LPC (Board Approved Supervisor), RPT-S
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Phone: (214) 536-0860

Office Hours (by appointment):

Tuesday 2:30-4:30 CHEC
Wednesday 2:00-4:30 Metro
Thursday 2:00-4:30 Metro
Friday 1:00-3:00 Commerce

Course Description: A didactic and experiential course for post-graduate and doctoral students who wish to assume the role of supervisor. Goals include the assimilation and application of major theoretical/conceptual models and supervision approaches in counseling and human development. Prerequisite: Doctoral status or consent of the instructor.

General Course Information: Students will be encouraged to talk, think, and act in a supervisory role so that they might create and/or define their own personal identities as supervisors. The most important goal of this class is to prepare you to become a supervisor. Everything we do will be focused on facilitating the process of shifting from counselor to supervisor.

Textbooks:


Required Reading (supplied by instructor):

COURSE OBJECTIVES include, but are not limited to, the following:
The student will:
1. demonstrate knowledge and understanding of the roles, functions, issues, theoretical models, types,
   and techniques of clinical supervision;
2. acquire and demonstrate initial skills involved in the practice of supervision;
3. demonstrate knowledge and understanding of ethical/legal considerations in supervision;
4. evaluate objectively the performance of a supervisee;
5. identify and describe the student’s preferred model and techniques of supervision;
6. engage in supervision of the student’s supervision;
7. demonstrate competency as a counselor;
8. demonstrate self-awareness as a supervisor; and
9. demonstrate the ability to focus on the counselor as well as the client.
10. identify his/her personality preferences and how these preferences influence the supervisory
    relationship

CONTENT AREAS include, but are not limited to, the following:
I. Models of counselor supervision
II. Supervision interventions and techniques
III. ACES Supervision Standards
IV. Ethical and legal issues in supervision
V. ACES Curriculum Guidelines
VI. Gender, race, and ethnicity issues in supervision
VIII. Supervisee evaluation

Counseling Student Competency Evaluation (CSCE)
The Dept of Counseling is obligated by professional ethics (see ACA Code of Ethics, 2005) and
University procedure to assess students as to their potential for meeting the expectations of the
professional counseling field. The CSCE will be used as a basis for assessment. Copies of the CSCE are
available from the Departmental website or by contacting the Department of Counseling Office.

Digital devices
In class, it is inappropriate and disrespectful to check email or text during class. Do not bring laptops to
class and turn off cell phones. If you have an emergency situation in which you must be contacted during
class, bring it to my attention prior to class and set your phone on vibrate.

Attendance, Professional Conduct and Late Assignment Policies
Students are expected to attend all classes and come to class prepared. More than 2 absences from classes
will result in a deduction of one letter grade from your final grade. Arriving habitually late to class is
unacceptable and will adversely affect your grade. In general, late assignments (one week late or less) will
result in a 10-point deduction. Assignments turned in later than one week will not be accepted.

Discrimination Free Environment
A&M-Commerce will comply in the classroom, and in online courses, with all federal and state laws
prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin,
disability, age, genetic information or veteran status. Further, an environment free from discrimination on
the basis of sexual orientation, gender identity, or gender expression will be maintained.
**Students with Disabilities:**
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:
Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library Rm 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamuc.edu

**CONDUCT AND ACADEMIC HONESTY**
"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Policies and Procedures, Conduct). Plagiarism is totally unacceptable. In this course, you only have one APA paper.

Note: If you plagiarize any part of the required paper in this course, you will receive a failing grade in Coun 620 and I will report your dishonesty to the department and/or graduate school.

**UNIVERSITY CLOSING DUE TO WEATHER**
Check http://www.tamu-commerce.edu/ regarding class cancellations. Also, KETR radio on 88.9 FM and Television channels 4, 5, and 8 (channel 7 for Tyler & Longview area).

**COURSE REQUIREMENTS AND GRADING**

1. **Peer Supervision.** You will participate in six peer supervision session this semester with one of your cohort members. In five of the six sessions, you are required to bring a video-recorded session of you with a client to peer supervision. If you tell me you do not have any video-recorded clients’ sessions, I will not be impressed because all of you will have the opportunity to have six sessions with a master’s student this semester. You will schedule your sessions with the supervisee at a time that is mutually acceptable. You will provide a schedule of the times and places for all supervision sessions to the instructor by the third class meeting. All supervision sessions will be video-recorded. The instructor has the right to ask for recordings of any supervision session without advanced notice and the first session will be submitted for evaluation/observation without a grade. Failure to provide recording of a taped session may put you at risk for failing the course. Everyone in the class will turn in a minimum of four videotaped sessions (three will be graded). You will also turn in a detailed written analysis of the supervision session with your tapes.

**Attendance in the peer supervision sessions is mandatory.** No exceptions. More than one absence or cancellation of a peer supervision session will result in failure of the course. Arriving more than 10 minutes late to or leaving more than 10 minutes early from a peer supervision session will be counted as an absence. Arriving late to or leaving early from more than one peer supervision session may result in failure of the course. Furthermore, if you are absent from or cancel one peer supervision session and arrive late to or leave early from any subsequent peer supervision session, you will also fail the course.
2. You will write a 12-15 page integrated supervision model paper (APA format, 6th ed.) that is based upon an integration of the discrimination model and a developmental model of supervision (that you choose). We will cover models of supervision in class extensively. A detailed explanation of this assignment will be provided.

3. You are required to supervise a master’s level practicum in Fall 2015. You will sign a contract indicating that you understand that you will be required to supervise practicum in Fall 2015. Failure to complete this requirement will result in a failing grade in Coun 620. In other words if you are do not complete this requirement, your grade in this course will be changed to a failing grade.

4. You will write three summary papers that cover the three supervision models we emphasize in the course. These papers will be informal and brief (four to five pages, double-spaced, no cover sheet needed). You will write at least three pages summarizing the material and at least one page of your reaction to the reading. Please limit your papers to five pages.

5. You will observe a master’s level group supervision session. These sessions will need to be arranged with a master’s level instructor of practicum (551) or internship (552). I’m teaching internship in Mesquite on Wed at 4:30 if you want to fulfill this requirement by observing one of my group supervision sessions. Just let me know and we’ll arrange it. I do not care if 5 or more of you observe one of my group supervision sessions at the same time. You will be required to complete a brief observation summary about this experience.

6. Participation in classroom demonstrations. I will demonstrate individual, triadic and group supervision in class using members of the course as participants. Be willing to participate in a meaningful way in these activities. I will ask you to bring video recordings of clients to class for demonstrations. In these demonstrations of supervision, you will be the therapist and I will be the supervisor. These demonstrations will help us apply the discrimination model to real client situations.

**Grade Assignment**

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<tr>
<th>Component</th>
<th>Points</th>
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<tbody>
<tr>
<td>Participation</td>
<td>40</td>
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<tr>
<td>Supervision tape 1</td>
<td>50</td>
</tr>
<tr>
<td>Supervision tape 2</td>
<td>50</td>
</tr>
<tr>
<td>Supervision tape 3</td>
<td>50</td>
</tr>
<tr>
<td>Supervision paper</td>
<td>70</td>
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<tr>
<td>Summaries (10 pts. each)</td>
<td>30</td>
</tr>
<tr>
<td>Group supervision paper</td>
<td>10</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>300</strong></td>
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A 90%    270 points  
B 80%    240 points  
C 70%    210 points  
D 60%    180 points
## Flexible Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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| Jan 20 | Introductions, Syllabus, Opening activity  
  Read chapters 1 & 2 in both texts prior to next class                                                                                   |
| Jan 27 | Intro to Supervision, Supervisory relationship, Read chapters 3, 4 & 5 in Bernard, and Bernard handout prior to next class                   |
| Feb 3  | Discrimination model, Supervisory relationship, Myers-Briggs  
  **Sum 1 Due**  
  Read chapter 11 in Bernard, chapter 6 in Borders and Stoltenberg handout prior to next class                                      |
| Feb 10 | Stoltenberg’s IDM and other developmental models, ethical issues, liability, live demonstration  
  **Sum 2 Due**  
  Read chapter 7 & 9 in Bernard & chapter 3 & 6 in Borders and IPR handout prior to next class                                          |
| Feb 17 | Supervision interventions, Supervisory relationship, IPR, Tape demonstration  
  Read Chapter 10 in Bernard and Ronnestad and Skovholt article prior to next class                                                      |
| Feb 24 | Ronnestad and Skovholt’s Lifespan Model, Tape demonstration, Evaluation, Prepare for first session, Practice in dyads                      |
| Mar 3  | Group supervision of peer supervision  
  **Tape 1 Due**                                                                                                                                 |
| Mar 10 | Group supervision of peer supervision  
  **Tape 1 Due**                                                                                                                                 |
| Mar 17 | Spring Break                                                                                                                                 |
| Mar 24 | Return tapes with feedback, Process supervision sessions-Show tapes live demonstration, process individual supervision sessions, Read chapter 8 in Bernard & chapter 4 in Borders prior to next class |
| Mar 31 | Group supervision advantages and disadvantages, Live demonstration, process individual supervision sessions                               |
| Apr 7  | Work on tape outside of class                                                                                                              |
| Apr 14 | Process individual supervision sessions  
  **Supervision Tape 2 Due**                                                                                                               |
| Apr 21 | Group supervision of peer supervision                                                                                                     |
| Apr 28 | Group supervision of peer supervision                                                                                                     |
| May 5  | Individual conferences arranged  
  **Supervision Tape 3 Due, Integrated Model Paper Due**                                                                                   |
COUN 620 Information Sheet

Name____________________________

Cell: __________________

Email most frequently used: __________________________________________

Other classes you are taking this semester and corresponding times of these classes:

GA assignments ______________________________________________________

Describe your experience as a counselor (e.g., Yrs experience, license status, settings in which you have counseled, ages and types of clients, etc.). Write on back if necessary.

Describe your theoretical orientation to counseling. Write on back if necessary.

Describe any experiences that you have had in supervision as a supervisee (e.g., practicum, internship, LPC supervision, work setting supervision, etc.). Be sure to include both positive and negative experiences. Write on back if necessary.