HHPA 479 – Clinical Experience in Athletic Training VI
Spring 2015
Location: FH005
Time: Mon 2-2:50p / 1 semester hour

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Course Materials:
AT Program Athletic Training Student (ATS) Handbook
AT Program Educational Competencies
Various textbooks used in current or previous athletic training coursework.

Course Description:
Under the direct supervision of a licensed/certified athletic trainer or other licensed medical professional, students will be provided the opportunity to observe, learn, practice, and demonstrate a variety of skills directly related to the profession of athletic training. In addition, students are expected to successfully demonstrate required clinical proficiencies. Clinical experiences will take place both on and off campus in a variety of settings. Athletic training students taking part in this clinical experience will be assigned to four-four week rotations to include experience within a local high school, general medical physician's office, physical therapy clinic, and orthopedic surgeon's office.

Course Objectives:
AT Program Educational Competencies assigned to the course.

| CIP-4 | Perform a comprehensive clinical examination of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition. This exam should incorporate clinical reasoning in the selection of assessment procedures and interpretation of findings in order to formulate a differential diagnosis and/or diagnosis, determine underlying impairments, and identify activity limitations and participation restrictions. Based on the assessment data and consideration of the patient's goals, provide the appropriate initial care and establish overall treatment goals. Create and implement a therapeutic intervention that targets these treatment goals to include, as appropriate, therapeutic modalities, medications (with physician involvement as necessary), and rehabilitative techniques and procedures. Integrate and interpret various forms of standardized documentation including both patient-oriented and clinician-oriented outcomes measures to recommend activity level, make return to play decisions, and maximize patient outcomes and progress in the treatment plan. |
| CIP-4e | thorax |
| CIP-5 | Perform a comprehensive clinical examination of a patient with a common illness/condition that includes appropriate clinical reasoning in the selection of assessment procedures and interpretation of history and physical examination findings in order to formulate a differential diagnosis and/or diagnosis. Based on the history, physical examination, and patient goals, implement the appropriate treatment strategy to include medications (with physician involvement as necessary). Determine whether patient referral is needed, and identify potential restrictions in activities and participation. Formulate and communicate the appropriate return to activity protocol. |
Demonstrate the ability to recognize and refer at-risk individuals and individuals with psychosocial disorders and/or mental health emergencies. As a member of the management team, develop an appropriate management plan (including recommendations for patient safety and activity status) that establishes a professional helping relationship with the patient, ensures interactive support and education, and encourages the athletic trainer's role of informed patient advocate in a manner consistent with current practice guidelines.

Meeting Time and Location:
At the beginning of the semester the instructor will schedule a meeting time once a week for this course. Additionally, students will be scheduled Clinical Experiences according to their class schedule, assigned clinical rotation and the Preceptor's sports coverage schedule. A minimum 200 clinical hours are required, with 250 clinical hours needed to earn maximum points. The student's schedule will typically be during the following times: Monday–Friday, 1:00 to 7:00 PM, with additional mornings, evenings, and/or weekends utilized according to the Preceptor's sports coverage schedule. Depending on the student's assigned clinical rotation the following locations will be used:
1. T-Lounge Athletic Training Room, located on the north end of Memorial Stadium
2. Athletic Training Rehabilitation Center, located in Field House Room 014
3. Medical or Allied-Health Rotation locations as assigned see instructor for details.

General Medical Rotation
Students are assigned to four week rotations in General Medical/Allied Healthcare settings. Students are responsible for meeting with their Preceptor on the first day of each new rotation to obtain important information regarding the new assignment and to determine their schedule. Students are expected to complete a minimum of 40 hours at each site over the 4-week period. Students will need to meet with their on-campus Preceptor each week to determine their on-campus hours. This is necessary to complete to required 200-250 clinical hours over the course of the semester. Students must report hours for this rotation on the specified General Medical Rotation Hour Sheet. This form requires the student to describe the patients that they observe each day during the clinical experience.

Course Information:
The clinical experience portion of the athletic training curriculum is designed to provide athletic training students the opportunity to acquire supervised hands-on experience in a variety of settings. Clinical experiences will vary from one semester to the next, depending upon the individual needs and ability level of each student. All students will have the opportunity to gain experience in the following settings: lower extremity sports, upper extremity sports, equipment intensive sports, general medical, high school, physical therapy, and orthopedic.

Attendance:
Class attendance is required. Excused absences include university approved absences or those that the instructor receives appropriate notification of (i.e. sudden/serious illness, death to immediate family member, etc.). It is the student's responsibility to notify the instructor ahead of time if they are going to miss class due to an excused absence and make arrangements for all materials and assignments that will be missed on that day. In the case of excused absences due to unavoidable or emergency situations, the student must promptly notify the instructor via phone call or email (sending a text is not considered professional and is not an acceptable means of notification) explaining the circumstances. Prompt notification is required to have an absence excused; additionally, written documentation may be required to have the absence excused. If a student misses a class, excused or unexcused, the student is responsible for obtaining all information presented and turning in all assignments by the due date. Remember: Poor planning on your part is not an emergency on my part. Unexcused absences beyond three (3) will automatically drop your final grade by 5% (i.e. if your final grade = 83 with 3 or fewer absences, the 83 stands; but drops to a 78 with 4 absences; 73 with 5 absences, etc.). A student who misses 5 or more classes must meet with the instructor to determine if they need to drop the course.
Tardiness WILL NOT be tolerated. Classroom doors will be locked at the beginning of class. If a student cannot attend class because the door is locked it will be considered an unexcused absence.

Additionally, this course requires each student to be in attendance for assigned clinical experience according to the Athletic Training Student's assigned rotation. Each student is responsible to contact the Preceptor directly if unable to attend their assigned clinical hours. See Clinical Experience Guidelines for more information on attendance related disciplinary action and how it can affect a student’s grade in this course.

NOTE: Both failing to attend the scheduled weekly class meeting time and disciplinary action in your clinical experience assignment will affect your grade for this course!

Course Evaluation:
Upon the completion of the course, grades will be calculated by adding up the total number of points each student has earned and dividing it by the total amount of points available in the course. This will produce a percentage of points earned (Ex. Student earned 850 points out a possible 1000 in the course: 850/1000 = 85% “B”). Grades will be assigned based upon the percentages below.

<table>
<thead>
<tr>
<th>Clinical Experience Requirement:</th>
<th>500 pts</th>
<th>Grading Scale:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Evaluations:</td>
<td>100 pts</td>
<td>A = 90-100%</td>
</tr>
<tr>
<td>Clinical Journals (10):</td>
<td>400 pts</td>
<td>B = 80-89%</td>
</tr>
<tr>
<td>Competency/Proficiency Evaluations:</td>
<td>300 pts</td>
<td>C = 70-79%</td>
</tr>
<tr>
<td>Practice BOC Exam</td>
<td>Pass/Fail</td>
<td>D = 60-69%</td>
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<tr>
<td></td>
<td></td>
<td>F = 0-59%</td>
</tr>
</tbody>
</table>

Students are expected to earn points toward their final grade during the course of the semester with the assignments and tests that are scheduled. All students are graded based on the exact same criteria and no exceptions will be made for individual assignments, tests, or final point values.

Students will receive back all graded assignments in a timely manner. Students are encouraged to keep all graded assignments as well as keep up with their grades throughout the semester. Any questions or concerns about assignments/grades should be brought to the instructor’s attention immediately (i.e. Do not wait until the end of the semester)

Clinical Experience Requirement:
The Clinical Experience portion of the AT Program is essential for the development of the ATS. ATSs are required to accumulate a minimum of 200 hours of supervised clinical experience over the course of the semester for successful completion of this course and AT Program requirements. ATSs will need to accumulate a total of 250 supervised clinical experience hours in order to receive the full 500 points allotted for the clinical experience portion of the course. ATSs will lose 3 points from their clinical experience points for every hour they are short of 250 down to the minimum of 200 hours. ATSs who fail to accumulate at least 200 hours of clinical experience will receive an “F” in the course and will be required to re-take the course. ATSs will be notified of their clinical experience assignment/rotation. Clinical experiences will involve: practice and game treatments, rehab sessions, field set-up/tear-down, cleaning of athletic training equipment and facilities, documentation of injuries and treatments, attending athletic competitions, etc. Also, ATSs must document their clinical experiences on the appropriate form. All clinical experience hours must be supervised by a Preceptor, licensed medical (or) allied health care professional.

<table>
<thead>
<tr>
<th>250+ hours:</th>
<th>ATS will receive full credit (500 points) for the Clinical Experience portion of the course requirements</th>
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</thead>
<tbody>
<tr>
<td>200 – 249 hours:</td>
<td>ATS will have three (3) points deducted from the 500 point total for every hour the ATS falls below 250 hours.</td>
</tr>
</tbody>
</table>
Below 199 hours: ATS will receive a failing grade “F” in the course and be required to re-take the course the next time it is offered.

All clinical hours are to be performed under the direct supervision of a Preceptor as indicated above. Unsupervised clinical experiences are not part of the educational program and cannot be required, furthermore, they are in violation of CAATE Standards, AT Program Policy, and are not permitted.

While completing the Clinical Experience Requirements, the ATS is expected to practice and perform skills as they are taught in the courses he/she is enrolled in. ATS are required to be taught and evaluated on the athletic training skills prior to performing the skills on patients or athletes under the supervision of a Preceptor. Once an ATS has completed the required coursework and has sufficiently demonstrated proficiency on specific athletic training skills through evaluation by a Preceptor, the ATS is expected to continue to practice and perform these skills in order to refine and advance the skills to ensure learning over time.

**AT Program Clinical Education Hours Policy**

ATS typically complete an average of 20-25 hours of Clinical Education Hours each week in order to meet the Clinical Experience Requirements set forth by the AT Program. Because some weeks an ATS may complete less than 20 hours, students are allowed to complete more than 20 hours so they can successfully meet the Clinical Experience Requirements of 200-250 hours each semester (i.e. one week an ATS may complete 28 clinical hours and the following week 12 clinical hours). ATS should not complete more than 30 clinical hours each week and will be closely monitored that they do not exceed this amount. ATS must continue to report for their Clinical Experience assignment as scheduled by their Preceptor even if they have met the minimum clinical experience requirement. ATS should discuss their schedule with their Preceptor if they have met the minimum requirement and would like to have their schedule adjusted. Level 3 & 4 ATS are not allowed to exceed 400 clinical hours; Level 2 ATS are not allowed to exceed 300 clinical hours; and Pre-professional and Level 1 ATS are not allowed to exceed 150 clinical hours over the course of a semester. ATS are required to have one (1) day off each week (i.e. seven (7) day period).

For a student to successfully complete the AT Program, they must complete a minimum of 1125 Clinical Education Hours as required by the coursework. Students can complete a maximum of 2400 clinical education hours while enrolled in the AT Program.

**AT Program Clinical Placement Prerequisites**

Documentation of the following prerequisites is required before a student can be placed in the clinical setting for Clinical Observation OR Clinical Experiences:

1. Current certification in CPR/AED and First Aid
2. Completion of blood-borne pathogen
3. Proof of immunization against bacterial meningitis and hepatitis B* (HBV)
   *
4. AT Program Athletic Training Student Handbook Acknowledgement Form

**Clinical Experience Hours:**

It is the responsibility of the student to keep track of their Clinical Experience Hours and record them on the appropriate hour sheet. Once the hour sheet is completed, it must be signed by both the student and their Preceptor. Students are expected to document hours and obtain signatures within two weeks of the completed hours. Preceptors are not obligated to sign hour sheets that are from more than two weeks prior. Turning in an hour sheet that is not signed by the student and/or their Preceptor will be not be considered.

It must be understood that CAATE defined “Direct Clinical Supervision” will be sanctioned to fulfill the clinical hour requirements of this course. Please see the AT Program ATS Handbook for the definition and explanation of Direct Supervision.
**Student Evaluations:**
Each student will be expected to complete a mid-term and final self evaluation followed by a Preceptor evaluation. The student will have a time to meet with their assigned Preceptor to review the evaluation and receive feedback after both the mid-term and final evaluation. The “Supervisor’s Rating - Preceptor” scores will be summed and divided by the total number of skills assessed. A score of 0 or N/A will not count into the total number of skills assessed. The Average Mid-term and Final Score will be used to calculate your grade for the course.

**Clinical Journals:**
Journals will be a three (3) part adventure about a situation, or condition that you found interesting while doing your clinical experience. The first (1) section should be a description of the situation, summarize what you saw that was interesting. The second (2) section should be an article, case study, or section from a text book (any hard evidence) that explains the condition, why it is treated a certain way or basically any evidence as to why that situation took place the way it did. You must summarize the article and discuss how it applies to the situation. The third (3) and final section is an interview or discussion with a Preceptor. Have the Preceptor explain the situation to you and the decision making process. A good starting point would be how and why the situation or athlete was handled in that manner. Journals should be 2 pages long and must be submitted to the dropbox in eCollege.

**Goal Sheets:**
Each student will be required to complete a semester goal sheet. The purpose of this form is to provide athletic training students with the opportunity to have more control over their learning outcomes within their clinical experiences. It will also serve an important function by providing Preceptor’s a better understanding of what each athletic training student specifically needs to achieve/learn throughout the semester.

**Competency Evaluations:**
Each student will be required to complete 100% of the competencies assigned to the class. Please see the “Progression / Retention Criteria” in the AT Program Athletic Training Student Handbook for more information. Points will be deducted for missing scheduled proficiency evaluations. Student will be expected to demonstrate proficiency skill on an athlete under direct supervision of the Preceptor. If the skill is such that it can not be demonstrated on an athlete, the Preceptor will set up a scenario to provide the real-life situation.

**24 Hour Rule for Testing by a Preceptor**
When you are ready to be tested on competencies and/or proficiencies by your Preceptor, you MUST schedule a time with them and give at least 24 hours notice. Requests to be tested with less than a 24 hour notice will be honored at the Preceptor’s discretion and as their schedule permits.

**Missed Work & Late Work**
In-class activities will not be allowed for make-up unless prior arrangements have been made, the absence/tardy is deemed to be excused by the instructor, and the nature of the activity allows for it to be made up.

All assignments are due as assigned and must be turned in on or before the due date to receive credit. This includes assignments that are due when you have an absence. Assignments turned in beyond the due date will not be accepted and the student will receive zero (0) points for the assignment. It is the student's responsibility to be aware of assignment due dates as the dates are included with the assignment and posted on eCollege. Technical and computer problems associated with email and/or eCollege is not a valid excuse for turning in an assignment late.
eCollege
This course will utilize your eCollege account through MyLeo. Course assignments, information, and grades will be posted through this site. It is the students’ responsibly to check this site frequently. If you need assistance with eCollege, please contact: helpdesk@online.tamuc.org or 1-866-656-5511.

Academic Dishonesty
It is the philosophy of Texas A&M - Commerce that academic dishonesty is a completely unacceptable mode of conduct and will not be tolerated in any form. All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. (see Student’s Guide Handbook).

Americans with Disabilities Act (ADA) Statement
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact: Office of Student Disability Resources and Services, Gee Library Rm 132; Phone (903) 886-5150 or (903) 886-5835; Fax (903) 468-8148; StudentDisabilityServices@tamuc.edu

All athletic training students (ATS) must sign the program’s Technical Standards Form. Any student that requires assistance related to an ADA eligible problem needs to inform the instructor as soon as possible.

Classroom/Student Expectations
Students are expected to prepare for, participate in, and attend each scheduled class. Failure to do so may/will lead to a decline in the student’s overall grade. Forming study groups to prepare for class will also greatly benefit students throughout the semester.

Students are also expected to behave appropriately in class and avoid being a distraction to their fellow students and the instructor. Appropriate behavior involves paying attention, actively participating, and following instructions. Cell phones (including text messaging), music, inappropriate language/gestures, and any other behavior determined to be a distraction will not be tolerated. Students who are considered to be a disturbance in class will be asked to leave.

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student’s Guide Handbook, Policies and Procedure, Conduct).

A&M-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Students are expected to follow the AT Program Clinical Experience Guidelines while completing the clinical experience portion of this course.
## Tentative Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Course Topics / Assignments Due</th>
<th>Journals Due</th>
<th>Clinical Hours Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1/19</td>
<td>No Class: MLK Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>1/26</td>
<td>Syllabus; Dr. Wallace Clinic Info; GM assignments</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>2/2</td>
<td>Journal/Article Info; Goal Sheets; Proficiencies Due this Semester</td>
<td></td>
<td>Wk 1-2 Due</td>
</tr>
<tr>
<td>4</td>
<td>2/9</td>
<td>LAT and BOC Exam info</td>
<td>Journal 1</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>2/16</td>
<td>Injury Evaluation Due (CIP-4e)</td>
<td>Journal 2</td>
<td>Wk 3-4 Due</td>
</tr>
<tr>
<td>6</td>
<td>2/23</td>
<td>Discussion and practice spinebaording</td>
<td>Journal 3</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>3/2</td>
<td>Airway skills (OPA, NPA), Admin O2, Pulse Ox</td>
<td>Journal 4</td>
<td>Wk 5-6 Due</td>
</tr>
<tr>
<td>8</td>
<td>3/9</td>
<td>Mid-term Evaluations Due</td>
<td>Journal 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3/16</td>
<td>No Class: Spring Break</td>
<td></td>
<td>Wk 7-8 Due</td>
</tr>
<tr>
<td>9</td>
<td>3/23</td>
<td>BOC study and prep info</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>3/30</td>
<td>Illness Eval Due (CIP-5)</td>
<td>Journal 6</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>4/6</td>
<td>BOC study and prep info</td>
<td>Journal 7</td>
<td>Wk 9-10 Due</td>
</tr>
<tr>
<td>12</td>
<td>4/13</td>
<td>Psychosocial Disorders Due (CIP-8)</td>
<td>Journal 8</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>4/20</td>
<td>BOC study and prep info</td>
<td>Journal 9</td>
<td>Wk 11-12 Due</td>
</tr>
<tr>
<td>14</td>
<td>4/27</td>
<td>BOC study and prep info</td>
<td>Journal 10</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>5/4</td>
<td>Final Evaluations Due; All competencies Due</td>
<td></td>
<td>Wk 13-14 Due</td>
</tr>
<tr>
<td>16</td>
<td>5/11</td>
<td>All Clinical Hours Due</td>
<td></td>
<td>Wk 15-16 Due</td>
</tr>
</tbody>
</table>