

## **SYLLABUS: COUNSELING 497 Sub-Term 2 (March 13-May 8, 2015)**

### **INTRODUCTION TO BULLYING AND SOCIAL AGGRESSION**

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#### **SPRING 2015**

Office Hours: Monday (all day) Tuesday: 9-12 noon, Wednesday: 9-12 noon  
Thursday: 9-12 noon Friday (By appointment)

**COURSE DESCRIPTION:** INTRODUCTION TO BULLYING AND SOCIAL AGGRESSION: Bullying consists of three components: aggressive behavior that involves unwanted, negative actions, a pattern of behavior which is repeated over time, and an imbalance of power or strength.

Course Objectives include, but are not limited to, the following:

- Bullying Prevention: An Overview of Bullying
- Bullying Prevention: Recommendations for Schools
- Bullying Prevention: Recommendations for Parents
- Bullying Prevention: Recommendations for Kids
- How Students Can Avoid School Victimization
- Olweus Bullying Prevention Program
- Protecting The Child from Electronic Aggression

#### Course Requirements

1. Complete all required and supplemental readings appropriate to class needs and personal interests; be prepared to discuss in class.
2. Complete all class assignments within specified time frames.

## No Textbook

### Course Requirements

1. Examinations (50 points each) – There will be one examination covering the text and the code of ethics. Examinations may consist of multiple choice, matching, or short answer. **(Exam will MARCH 7)**
2. Annotated bibliography. **(Due MAY 6)**

Your course grade will be determined on the basis of your performance in each of the following areas:

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| 1.  | Class attendance and participation (on line discussions) | 25% |
| 2.. | Journal article annotated bibliography                   | 25% |
| 3.  | Final examination  | 50% |

NOTE: The annotated journal bibliography must be word processed or typed double-spaced and adhere to APA publication format. A part of the evaluation will involve assessment against APA format as well as clarity of written form and grammatical accuracy. All papers will be retained by the instructor, therefore it is suggested that each student retain a copy of their work. **Please take note of the due dates listed below for the journal article manuscript. The final grade of this project will be adversely affected by any work submitted late.**

#### A. **Journal Article Annotated Bibliography**

Each student will select a bullying/cyber bullying topic of personal and/or professional interest, one that is believed to be worthy of theoretical/conceptual or application consideration. Research and review ten (10) *journal articles* that contain a specific theme, e.g. understanding bullying, why a person will bully someone else, bullying treatment programs, laws against bullying, , etc. Prepare an annotated bibliography (a brief summary and critical analysis) of the ten articles selected. **Please note:** Students must consult with the instructor for topic approval prior to beginning work on their journal article annotated bibliography.

#### C. **Examination**

The final examination will assess the student's knowledge of the material presented online, reserved readings, lectures and class discussions. The format of the exams will consist of multiple choice, short answer essay and more in-depth essays.

### **Class Format**

The class format will consist of a combination of lectures and discussions.

### **ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES** **Students with Disabilities:**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**  
**Texas A&M University-Commerce**  
**Gee Library, Room 132.**  
**Phone (903) 886-5150 or (903) 886-5835**  
**Fax (903) 468-8148**  
**StudentDisabilityServices@tamuc.edu**

### **Honor Statement**

By accepting admission to Texas A&M University-Commerce, each student makes a commitment to understand, support and abide by the *University Honor Code* without compromise or exception. Violations of academic integrity will not be tolerated. This class will be conducted in strict observance of the Honor Code. Refer to your *Student Handbook* for details.

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Man has such a predilection for systems and abstract deductions that he is ready to distort the truth intentionally,  
he is ready to deny evidence of his senses only to justify his logic.  
-Dostoyevsky-

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## **Experiential Teacher's Paradox**

It's as though the teacher said something like this: "I can tell you that there's something you need to know and I can tell you that with my help you can probably learn it. But I cannot tell you what it is in a way that you can understand. You must be willing therefore, to undergo certain experiences as I direct you to undergo them, so that you can learn what it is you need to know and what I mean by the words I use. Then and only then can you make an informed choice about whether you wish to learn this new competence. If you are unwilling to step into this new experience without knowing ahead of time what it will be like, then I cannot help you. You must trust me."

Donald Schon

**A&M-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.**