HHPH 265: SUBSTANCE USE AND ABUSE
COURSE SYLLABUS: FALL 2015

Instructor: Rebecca Rouse, MS - Adjunct Instructor
Office: Field House 100A
Office HOURS: By Appointment
Phone: (903) 886-5549
FAX: (903) 886-5365
E-MAIL: rebecca.rouse@tamuc.edu

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings:


APA RESOURCE: Purdue Online Writing Lab: http://owl.english.purdue.edu/owl/resource/560/01/

Course Description: This course is designed to examine the physiological and sociological effects of drugs and other harmful substances. Legal and ethical implications will also be considered.

Student Learning Outcomes:
By the end of the course, the successful student should be able to:
1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments
We will review many legal and illegal substances commonly used and abused. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a review of the literature on a substance use and abuse topic.
Assignment 1: E-college Quizzes (13 quizzes at 20-51 points each = 400 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
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5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
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Students will take 13 quizzes (includes orientation quiz) over material presented in assigned readings (i.e. websites and articles); the chapters of the book; and lectures. Each quiz will be timed and must be completed within the assigned time frame (All quizzes are due by 11:59pm on Sunday of the course module.) The purpose of the quizzes is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of substances and issues related to them.

Assignment 2: Discussions (5 discussions at 40 points = 200 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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Five discussions will take place during the term. You should participate in all 5. Your posts shall include 3 posts per discussion thread: one initial post of 125 words and two response posts of 75 words to your fellow classmates that further the discussion. All answers should be “backed up” with credible documentation (i.e. peer reviewed article, etc.). Be sure to cite your
references in APA format. All postings to the discussion board are due by 11:59pm on Sunday of the course module.

**Assignment 3: Exams** (1 mid-term and 1 final exam at 100 points each = 200 points)
Two exams will be administered throughout the semester, covering all information covered in classwork, quizzes, discussions, and the book. Exams are due by 11:59pm on Sunday of the course module.

**Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7**
1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
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**Assignment 4: Reaction Paper** (5 @ 20 points each = 100 points)
Five times throughout the semester, students will write a "reaction paper" to the video listed in the assigned module. ONE FULL PAGE, typewritten, double spaced, 2 paragraphs (APA Format). First paragraph summarizes the video; in addition to relating it to a book chapter topic, and in the second paragraph write a personal reaction to the video, including how you can use this information personally and/or professionally. All reaction papers are due by 11:59pm on Sunday of the course module.

**Student Learning Outcome #1, #2, #3, and #7**
1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons why individuals initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

**Grading**

<table>
<thead>
<tr>
<th>Assignment 1: Chapter Quizzes</th>
<th>400 points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assignment 2: Discussions</td>
<td>200 points</td>
</tr>
<tr>
<td>Assignment 3: Exams</td>
<td>200 points</td>
</tr>
<tr>
<td>Assignment 4: Reaction Paper</td>
<td>100 points</td>
</tr>
</tbody>
</table>

TOTAL 900 POINTS

**Grade Scale:**

800 - 900 = A  
500 - 599 = D
TECHNOLOGY REQUIREMENTS

The following information on technological requirements has been provided to assist you in preparing to use technology successfully in this course. You should have access to a computer with:
- Internet access/connection – high speed recommended (not dial-up)
- Microsoft Office (more specifically, MS Word and PowerPoint)

You also have access to a personal MyLeo account and a MyLeo email address. This is the email address that I will use to send you information regarding this course. Please check it regularly, and be sure to send me emails from this address, also.

ACCESS AND NAVIGATION

This course will be facilitated using eCollege, the Learning Management System used by Texas A&M University-Commerce. To get started with the course, go to: https://leo.tamu-commerce.edu/login.aspx. You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamu-commerce.edu.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement:

- **E-mail strategy**: You are welcome to email (rebecca.rouse@tamuc.edu) your questions or concerns to me. There are, however, some caveats associated with email that you must remember:
  
  1) Do not expect an immediate response to your questions. A reasonable response time to emailed questions is 24 - 48 hours.
  2) Questions emailed on weekends may not receive a response until the work week begins.
  3) As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email to everyone for the benefit of all students.
  4) Please be courteous and professional in all of your interactions with me and fellow students.

*eCollege Student Technical Support*

Texas A&M University-Commerce provides students technical support in the use of eCollege. The student help desk may be reached by the following means 24 hours a day, seven days a week.

- **Chat Support**: Click on ‘Live Support’ on the tool bar within your course to chat with an eCollege Representative.
- **Phone**: 1-866-656-5511 (Toll Free) to speak with eCollege Technical Support Representative.
- **Email**: helpdesk@online.tamuc.org to initiate a support request with eCollege Technical Support Representative.
Help: Click on the 'Help' button on the toolbar for information regarding working with eCollege (i.e. How to submit to Dropbox, How to post to Discussions etc...)

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures:

Attendance: Attendance for this online class is considered when you are logged in and active in the class eCollege i.e., posting assignments, taking quizzes, or completing discussion boards. If you are absent/not active in the class, it is YOUR responsibility to let the instructor know immediately, upon your return to class, the reason for your absence if it is to be excused.

Please see syllabus for due dates on all assignments. NO LATE ASSIGNMENTS WILL BE ACCEPTED.

Academic Honesty Policy

- Texas A&M University-Commerce does not tolerate plagiarism and other forms of academic dishonesty. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to http://www.plagiarism.org/. If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.

University Specific Procedures:

ADA Statement for Students with Disabilities

Students with Disabilities:
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library
Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamuc.edu
### Student Conduct
All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See Code of Student Conduct from Student Guide Handbook).

### COURSE OUTLINE / CALENDAR

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<thead>
<tr>
<th>WEEK MODULE</th>
<th>CHAPTERS</th>
<th>Topics to Cover</th>
<th>Assignments</th>
<th>Due Dates Due by 11:59 pm No late assignments accepted!</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31</td>
<td></td>
<td>CLASS ORIENTATION</td>
<td>Watch and listen to the online orientation, then answer the quiz questions!</td>
<td>9/6</td>
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<tr>
<td>9/7 MOD 1</td>
<td>1</td>
<td>Introduction to Drugs and Society</td>
<td>Chapter 1 Quiz Discussion 1</td>
<td>9/13</td>
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<tr>
<td>9/14 MOD 2</td>
<td>2</td>
<td>Explaining Drug Use and Abuse</td>
<td>Chapter 2 Quiz Discussion 2</td>
<td>9/20</td>
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<tr>
<td>9/21 MOD 3</td>
<td>3</td>
<td>Drug Use, Regulation, and the Law</td>
<td>Chapter 3 Quiz Discussion 3</td>
<td>9/27</td>
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<tr>
<td>9/28 MOD 4</td>
<td>4</td>
<td>Homeostatic Systems and Drugs</td>
<td>Chapter 4 Quiz Discussion 4</td>
<td>10/4</td>
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<tr>
<td>10/5 MOD 5</td>
<td>5</td>
<td>How and Why Drugs Work</td>
<td>Chapter 5 Quiz Discussion 5</td>
<td>10/11</td>
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<tr>
<td>10/12 MOD 6</td>
<td>6</td>
<td>CNS Depressants</td>
<td>Chapter 6 Quiz Video Reaction Paper #1</td>
<td>10/18</td>
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<td>10/19 MID TERM</td>
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<td>MID TERM EXAM</td>
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<td>10/26 MOD 7</td>
<td>7</td>
<td>Alcohol: Pharmacological Effects</td>
<td>Chapter 7 Quiz Video Reaction Paper #2</td>
<td>11/1</td>
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<td>11/2 MOD 8</td>
<td>8</td>
<td>Alcohol: A Behavioral Perspective</td>
<td>Chapter 8 Quiz</td>
<td>11/8</td>
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<td>11/9 MOD 9</td>
<td>9-10</td>
<td>Narcotics Stimulants</td>
<td>Chapter 9 &amp; 10 Quiz Video Reaction Paper #3</td>
<td>11/15</td>
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<td>11/16 MOD 10</td>
<td>11</td>
<td>Tobacco Hallucinogens</td>
<td>Chapter 11 Quiz</td>
<td>11/22</td>
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<tr>
<td>Date</td>
<td>MOD</td>
<td>Topic</td>
<td>Notes</td>
<td>Date</td>
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<tr>
<td>11/23</td>
<td></td>
<td>Happy Thanksgiving!</td>
<td>Nothing Due This Week</td>
<td>11/29</td>
</tr>
<tr>
<td>11/30</td>
<td>MOD 1</td>
<td>12-13 Hallucinogens, Marijuana</td>
<td>Chapter 12-13 Quiz Video Reaction Paper #4</td>
<td>12/6</td>
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<tr>
<td>12/7</td>
<td>MOD 2</td>
<td>14-15 Inhalants, OTC, Prescription, and Herbal Drugs</td>
<td>Chapter 14,15 &amp; 16 Quiz Video Reaction Paper #5</td>
<td>12/13</td>
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<td>12/14</td>
<td>FINAL</td>
<td>FINAL EXAM</td>
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