



HHPK 251 – Physical Activity Skills II: Team Sports

COURSE SYLLABUS: Fall 2015

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COURSE INFORMATION

Materials:

Textbook(s) Required: McManama, Hicks, Urtel. Physical Education Activity Handbook, 13th Edition. Benjamin Cummings Publishing, 2014. (most editions that are close to this one will work)

Other materials: Several handouts will be posted to eCollege under the Doc Share folder. You are responsible for obtaining these.

Course Description

The purpose of this course is to develop the techniques utilized in fundamental skills for team sports. This course will also focus on the various stages of games skill development. An emphasis will be placed on designing a variety of learning experiences for grade appropriate sports.

Student Learning Outcomes

1. Develop knowledge and skills required for several team activities including, but not limited to, Ultimate Frisbee, Soccer, Floor Hockey, Rugby, and Team Handball.
2. Demonstrate the skills needed to be proficient when participating in the above mentioned activities.
3. Identify drills and lead-up games for the teaching of skills needed to be proficient in various sports.
4. Use the basic terminology associated with the assigned activities.
5. Develop a knowledge and understanding of the proper safety precautions that may be used when participation in physical activity is desired or required

COURSE REQUIREMENTS

Class participation

This course is designed as a hands-on learning experience. To get the most out of it, class attendance and participation is a must. Role will be taken each class session. Failure to show up for class, leave class early, or arrive late will result in loss of points. Since we only meet once a week, class time is longer than usual. Be prepared to participate for the full length. This will include setting up and taking down, practicing new skills, testing skills, playing the games, and helping officiate games.

Exams

Your exams will consist of multiple choice, true/false, matching, short answer, and essay questions. These will be taken via eCollege. Exam questions will come from lecture notes, textbook, quizzes, and information addressed in class. To perform well on the exams, thoroughly study your notes, handouts, read each assigned chapter more than once, and understand all assignments.

Skill tests

Eight skill tests will be given during the semester. These will be given the week AFTER we have played the game/activity. You will have the opportunity to practice each skill test before you attempt it. You must be present in class to take the skill test. I will not test you outside class or on another day, except in the case of an emergency or a pre-arranged University-excused absence.

Sport Quizzes

Each sport quiz will be taken within e-college. They are due by 11:59pm on the day specified on the schedule below, and no late quizzes will be accepted. Be sure to save your answers during the quiz and submit before time expires. Before you start each quiz, you should read the section in the textbook on that sport and/or any handout I provide regarding that sport (see the schedule). You may use your book during the quiz, but you will not have much time, so you need to read ahead.

Create-A-Game

Sometimes the best games we enjoyed as a kid were ones we made up from other games. For this assignment, you and three of your classmates are going to create a game and teach it to the rest of us. This game needs to be a variation on a team sport. When you present, you will have 30 minutes to teach the class and to play. Make sure that you use the allotted time wisely.

Outside of Class Experience

You have to participate in an outside of class experience in a LEGITIMATE sport that is completely ***new to you***; this means you have NEVER done it before!!! While it is okay to use a sport or activity that you learned in class, you may not use class time for this assignment. You must also pick a team sport (considered 2 or more individuals per side). If an event is offered through campus intramurals, you may participate in the tournament for your experience. If not, you must participate in a practice session, game, or match. If you don't know anything about the activity, read the chapter ahead of time. Answer the following questions in complete sentence form; please use bullets to separate sentences.

- Where did you participate?
- With whom?
- When did you participate (date, start time and end time)?
- Explain briefly what you did.
- Were there/could there be fitness benefits from regular participation in this activity? Explain.
- What was challenging/easy about this activity?
- What was the final outcome/score?
- Do you have plans to participate in this activity again? Why/why not?
- Would you recommend this activity to a friend? Why/why not?

In addition, you must provide pictures of yourself participating in the activity. Paste these pictures into your Word document. This activity must be completed between the first day of this class and the time you submit your assignment.

This assignment be done in Microsoft Word and must be titled “yourlastname HHPK 251.doc” and dropped in the appropriate dropbox in e-college. At the top of the document, include your name and the name of the assignment (HHPK 251 Outside Experience).

Note** I MAY provide some opportunities for groups of students to participate in some of these activities at little to no cost, with some expert instruction. Pay attention to announcements and emails!**

GRADING

<u>Percent</u>	<u>Letter Grade</u>
90-100 %	A (exceptional, excellent, mastery)
80-89%	B (above average, good performance)
70-79%	C (average)
60-69%	D (below average)
0 – 59%	F (failing)

<u>Evaluation</u>	<u>Points</u>
1. Skills tests (8x50 points each)	400
2. Sport quizzes (10x50 points each)	500
3. Create-a-game assignment	100
4. Outside of class experience	100
5. Attendance	150
6. Culture and Sport Assignment	100

No late work will be accepted.

ACCESS AND NAVIGATION

Pearson LearningStudio Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University Commerce. To get started with the course, go to:

<http://www.tamuc.edu/myleo.aspx>.

You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamuc.edu.

It is strongly recommended that you perform a “Browser Test” prior to the start of your course. To launch a browser test, login to Pearson LearningStudio, click on the ‘myCourses’ tab, and then select the “Browser Test” link under Support Services.

Pearson LearningStudio Student Technical Support

Texas A&M University Commerce provides students technical support in the use of Pearson LearningStudio.

Technical assistance is available 24 hours a day/ 7 days a week.

If at any time you experience technical problems (e.g., you can't log in to the course, you can't see certain material, etc.) please contact the Pearson LearningStudio Help Desk, available 24 hours a day, seven days a week.

The student help desk may be reached by the following means 24 hours a day, seven days a week.

- **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with an Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.
- **Email:** helpdesk@online.tamuc.org to initiate a support request with Pearson LearningStudio Technical Support Representative.

Accessing Help from within Your Course: Click on the '*Tech Support*' icon on the upper left side of the screen inside the course. You will then be able to get assistance via online chat, email or by phone by calling the Help Desk number noted below.

Note: Personal computer problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, an Internet cafe, or a bookstore, such as Barnes & Noble, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure **MUST** be followed?

1. Students must report the problem to the help desk. You may reach the helpdesk at
2. helpdesk@online.tamuc.org or 1-866-656-5511
3. Students **MUST** file their problem with the helpdesk and obtain a helpdesk ticket number
4. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and to provide me with the helpdesk ticket number
5. At that time, I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer/access problems are not a legitimate excuse for filing a ticket with the Pearson help desk. You are strongly encouraged to check for compatibility of your browser **BEFORE** the course begins and to take the Pearson LearningStudio tutorial

offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform. **ONLY** Pearson LearningStudio based problems are legitimate.

Internet Access

An Internet connection is necessary to participate in discussions and assignments, access readings, transfer course work, and receive feedback from your professor. View the requirements as outlined in Technology Requirements above for more information.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at <https://leo.tamuc.edu>.

Learner Support

Go to the following link [One Stop Shop](#)- created to serve you by attempting to provide as many resources as possible in one location.

Go to the following link [Academic Success Center](#)- focused on providing academic resources to help you achieve academic success.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

I strive to create an environment of open communication. I will do my best to make sure you have all the information you need to be successful in this class. Email is usually the best way to communicate with me, but feel free to come by my office.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures

Statement on Student Behavior

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student's Guide Handbook).

Professional attire:

- Athletic shoes, socks, and attire. No sandals. No denim. No profanities or advertising for alcohol, tobacco, or other unhealthy products.
- Dress to participate in the activity; you are!
- If you are not dressed appropriately, you will lose 5 points per day. If you are not dressed safely, you will not be allowed to participate and will be considered absent.

Please dress appropriately for the designated activity EVERY DAY. If in doubt, wear workout clothes. ALWAYS wear athletic footwear.

Course Policies

1. Students are expected to be in class on time, ready to participate.

2. Each tardy will result in a 5 point deduction from the final grade. You must be in class every day. If you are more than 10 minutes late, you will be considered absent. Leaving before class is over is the same as arriving late.
3. An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.

If the absence is for one of the reasons listed below, you will be able to make up the work (within two business days or at the instructor’s convenience). To reserve this right, you MUST provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

- Participation in an activity appearing on the University’s authorized activity list.
- Death or major illness in a student’s immediate family.
- Illness of a dependent family member
- Participation in legal proceedings or administrative procedures that require a student’s presence.
- Religious Holy Day
- Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
- Required participation in military duty

4. Any student missing an exam, test, or assignment without prior arrangement will receive a score of zero.
5. YOU MUST be familiar with e-college; familiarize yourself with the online portion of this class.
6. You MUST check your e-mail (LEO) regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
 - While you are in class, I expect you to participate. That means that you should a) actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. If you use a cell phone or other electronic device during class, you will lose 5 points per occurrence.
7. **DUE DATES:** The due dates listed for assignments are the **LAST** chance to submit them. Please turn in your work early. I **DO NOT** accept late assignments.
8. If you have a question or concern, **TALK** to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.

There **MAY** be opportunities for you to earn extra credit points. I will announce any opportunities in class. Do not ask if you can do something for extra credit that is not provided as an opportunity to the entire class. The answer will be “no.” The most points you can earn from any source of extra credit is 40.

University Specific Procedures

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library

Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).

COURSE OUTLINE / CALENDAR

THIS SCHEDULE IS TENTATIVE AND MAY CHANGE!!! I WILL TELL YOU WHEN/IF IT DOES! Our activities are partly dependent on weather and facilities. If you miss class, be sure to talk to someone to be sure the meeting place has not changed. If we are supposed to be outside and it is raining, meet in the classroom.

Day	Date	Topic for the day	Due/in-class activity	Assignments/Quizzes	
M	8/31	Syllabus, procedures, etc. Introduction	We will discuss the purpose of the course, procedures for the course, etc. Read the syllabus	Fill out experience worksheet	
M	9/7	NO CLASS			
M	9/14	Ultimate Frisbee*		Ultimate Quiz	
M	9/21	Aerial/Gaelic Football*		Aerial/Gaelic Quiz	
M	9/28	Rugby*		Rugby Quiz	
M	10/5	Soccer*		Soccer Quiz	
M	10/12	Team Handball*		Team HB quiz	
M	10/19	Floor Hockey*		Floor Hockey Quiz	
M	10/26	Flickerball		Flickerball Quiz	
M	11/2	Volleyball*		Volleyball quiz	
M	11/9	Futsal		Futsal Quiz	
M	11/16	Netball		Netball Quiz	
M	11/23	Tchoukball*		Knowledge Final	
M	11/30	Create a Game			
M	12/7	Create a Game			
	12/16	FINALS WEEK Culture and Sport Assignment			