Texas A&M University – Commerce
Department of Counseling
COUN 534: COUNSELING CHILDREN AND ADOLESCENTS
FALL 2015
Online Class

Instructor: Dr. Ashley Womack, Ph.D., LPC-S, LCDC
Email: Ashley.womack@tamuc.edu
Phone: (903) 495-1770
Fax: (903) 886-5780
Office Hours: By appointment only

Course Description:
Prepares counselors to address the specific needs of children and adolescents, with emphasis on
developmental needs, specific therapeutic interventions, and common emotional issues. Group and
individual counseling techniques and treatment planning are included.

Course Information:
This course is required of all students seeking master’s degrees with the school counseling focus and
of all students seeking school counselor certification in Texas. The course is also designed for those in
non-school settings who will be counseling children and adolescents.

Textbooks:
Brooks/Cole.


COURSE OBJECTIVES:
1. demonstrate understanding of issues that may affect the development and functioning of students
   (e.g., self-injury, childhood depression and suicide)
2. demonstrate understanding of approaches to recognizing and assisting children and adolescents
   who may use alcohol or other drugs or who may reside in a home where substance abuse occurs.
3. demonstrate understanding of strategies and methods of working with parents, guardians, families,
   and communities to empower them to act on behalf of their children;
4. ethical and legal considerations as related specifically to counseling children and adolescents (e.g.,
   the ACA Code of Ethics).
5. identify developmental theories (i.e., Piaget & Erikson) and their contribution to understanding
   children and adolescents.
6. demonstrate understanding of applying developmental theory to therapeutic interventions.
7. describe the use and value of expressive arts techniques with children, pre-adolescents, and
   adolescents.

CONTENT AREAS:
I. Child/adolescent development
   A. Piaget
   B. Erikson
II. Childhood/adolescent disorders and issues
   A. Depression
   C. Substance abuse
III. Counseling
   A. Counseling theories appropriate for children and adolescents
      1. Child centered
      2. Adlerian
      3. Solution-focused
      4. Reality Therapy
   B. Legal and ethical concerns related to counseling children and adolescents

TExES COMPETENCIES THAT RELATE TO THIS COURSE (TExES is the state examination required for school counselor certification.)
Competency 001 (Human Development)
The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.
Competency 002 (Student Diversity)
The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.
Competency 003 (Factors affecting Students)
The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.
Competency 006 (Counseling)
The school counselor understands how to provide effective counseling services to individuals and small groups.
Competency 007 (Assessment)
The school counselor understands principles of assessment and is able to use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.
Competency 008 (Collaboration with Families)
The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.
Competency 009 (Collaboration with Others in the School and Community)
The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.
Competency 010 (Professionalism)
The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamu-commerce.edu
CONDUCT AND ACADEMIC HONESTY
"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See Student's Guide Handbook, Polices and Procedures, Conduct) “Graduate students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all their scholastic work.” (See Section A13.12, Academic Honesty, A&M-Commerce Procedures.)

UNIVERSITY CLOSING DUE TO WEATHER
Check http://www.tamu-commerce.edu/ regarding class cancellations. Also, KETR radio on 88.9 FM and television channels 4, 5, and 8 (channel 7 for Tyler & Longview Area).

ATTENDANCE AND LATE POLICY:
While, this is a totally on-line course it is also an experiential class. It is very important that you participate in the on-line discussion questions, the paper, and the on-line exam. Turning in the paper late will result in a 10-point deduction for each day the assignment is late. A point will be deducted from each day after the deadline the discussion question is not answered.

COURSE REQUIREMENTS/GRADING:

1. Submit a 10 page, APA-formatted paper, on a child or adolescent issue (e.g. ADHD, Reactive Attachment Disorder, Substance Abuse, etc.) and applications for facilitating improvement, management, or resolution of implications of the respective issue. The 10 pages include a title page and reference page(s). **Paper due on 12/13**

2. On-line Discussion- Four separate questions will be posted throughout the semester. Refer to the schedule later in the syllabus for specific times. Each student is required to submit a response to the initial question and two separate responses to responses provided by fellow students. The initial response is worth 5 points and each response to fellow students is worth 2.5 points each.

3. Exam- One exam that includes approximately 50 objective questions. The exam will be offered on-line. Three hours will be provided to complete the exam. Once the exam is opened, the student must complete the exam in that three hour period. There is no starting and stopping!

**Grade Assignment**
Child/Adolescent Issue Paper 30 points
On-line Discussion Questions 4 @ 10 points each 40 points
Exam 30 points
Total 100 points

A=225 or more points B=224-200 points C=199-175 points D=174-150 points F=149 or fewer points
## Tentative Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Week of 8/31</td>
<td>Child Development</td>
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<tr>
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<td>Reading: T&amp;H (Chapters 1 &amp; 2)</td>
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<tr>
<td>Week of 9/7</td>
<td>Child-Centered Counseling</td>
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<td>Reading: T&amp;H (Chapter 6)</td>
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<tr>
<td>Week of 9/14</td>
<td>Adlerian Counseling</td>
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<td>Reading: T&amp;H (Chapter 11)</td>
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<td>Week of 9/21</td>
<td><strong>On-line Discussion begins</strong></td>
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<td>Week of 9/28</td>
<td>Gestalt Counseling</td>
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<td>Reading: T&amp;H (Chapter 7)</td>
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<td>Week of 10/5</td>
<td>Reality Therapy and Solution-Focused Approach</td>
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<td>Reading: T&amp;H (Chapters 4 &amp; 5)</td>
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<td>Week of 10/12</td>
<td>Filial Therapy and Parent Training</td>
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<td>Week of 10/19</td>
<td>Self-Injury</td>
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<td>Reading: T&amp;H (Chapter 18)</td>
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<td>Week of 10/26</td>
<td>Consulting with Parents and Teachers</td>
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<td>Reading: T&amp;H (Chapter 16) and Chapters 3, 4, 8 &amp; 9 from the Ferguson book</td>
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<td>Week of 11/2</td>
<td>Group Approaches in working with children</td>
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<td>Reading: T&amp;H (Chapter 17)</td>
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<td><strong>On-line Discussion</strong></td>
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<td>Week of 11/9</td>
<td>Play Therapy</td>
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<td>Reading: T&amp;H (Chapter 14) and Chapters 6 &amp; 7 from the Ferguson book</td>
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<td>Week of 11/16</td>
<td>Working with Children with Special Needs</td>
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<td><strong>On-line Discussion</strong></td>
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<td>Week of 11/23</td>
<td>Ethics with Children and Adolescents</td>
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<td>Reading: T&amp;H (Chapter 20)</td>
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<td>Week of 11/30</td>
<td>Work on paper.</td>
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<td><strong>Paper Due on 12/13</strong></td>
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<td><strong>On-line Discussion</strong></td>
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<td>Week of 12/7</td>
<td>Study for Exam</td>
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<td><strong>Paper Due</strong></td>
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Week of 12/14 (16)  On-line Final Exam