HHPK 211.02E
First Aid and Safety – 3-semester hour credit
Fall 2015
Tuesday and Thursday (8:00am – 9:15am)
Field house, Room 103

Instructor:	Henry H. Ross, EdD
Office:	Field house 216
Phone:	(903) 468-6043
Office Hours:	Monday and Wednesday – 8:00am – 9:50am and 2:00pm – 5:00pm
	Tuesday and Thursday – 10:00am – 10:50am and 3:00pm – 5:00pm
	Friday - 8:00am – 9:50am (Afternoon, by appointment only)
E-mail Address:	Henry.Ross@tamuc.edu

(If you need to meet with me but have a physical disability that will not allow you to come upstairs to my office; I will be happy to make arrangements to meet with you on the 1st Floor of the Field house)

Catalog Description:
This course is designed to develop the knowledge and skills necessary to be effective as a first responder to accidents, injuries, and sudden illness. Life saving skills and accident prevention principles will also be included.

Course Objectives: *The student will……*

1. Develop the knowledge and skills needed to meet many different types of situations when emergency first aid care is needed and medical assistance is not excessively delayed.
2. Develop the knowledge and skills needed to aid the infant, the child, or the adult who is experiencing a breathing emergency.
3. Develop knowledge and skill in the use of the AED (Automated External Defibrillator).
4. Develop knowledge and understanding of the many causes of accidents and injuries so that action can be taken to eliminate or minimize such causes.

Class Procedures:
The class will be taught using two instructional approaches. About 62% of the class time will be spent in lecture format in which discussions will be held and 38% in practicing first aid and CPR skills. Guest speakers, films, demonstrations, and videos will be used depending on need and availability. The instructor has the right to modify the outline of the course. Therefore, it is essential that the student attend class, or if absent, find out about course changes and what may have been missed.

Class Attendance and Participation:
Students are expected to attend class and participate appropriately in class sessions. Tardy three times for a class will be equal to one absence. ***In addition to regular attendance (attending at least 90% of the class meetings), spirited and appropriate discussion and thoughtful questions may help to raise the student's grade to the next highest grade for those students who may be on the borderline at the end of the semester.*** (Borderline is viewed as an average that is at least 4 points past the mid-point.)

Assignments:
Reading: To help facilitate class discussions, it is absolutely necessary that class readings be read – and read on time.

Exams:
There will be four exams equally spaced throughout the semester. The exams will not be comprehensive and will only cover material from the respective chapters during the semester. The exams may include multiple choice, short answer, and essay questions that cover content from the class lectures and readings. The fourth exam will be held on the last class day prior to the final examination week. ***To review for the scheduled quizzes and exams, it is recommended that students complete the test review sections at the end of each chapter.*** No "make-up" exams are available unless due to extenuating circumstances (i.e. death of an immediate family member, severe illness/illness, etc.) and the student has **written approval** from the instructor to take the exam at a later date. **The student must provide proof of his/her absence on the day that he/she returns to class.**

There will be thirteen (13) quizzes given (as listed on the course calendar). A quiz will be given at the conclusion of each chapter presented by the instructor. Any student who is at least 5 minutes late for class will have 5 points deducted from the quiz scheduled for that class. Quizzes that are missed cannot be made up. If all quizzes are taken by the student on the assigned date/time (having not been late for class), the student will receive a bonus of fifteen (15) points.

Academic Honesty
At all times, students are expected to complete work independently unless instructed to do otherwise (e.g. practical evaluations and skills test). Cheating on exams is definitely forbidden. The use of notes (unless permission is given by the instructor) or soliciting help from fellow students during an exam is not allowed. Instances of cheating or other forms of dishonesty that are discovered may result in a failing grade for all involved students.

General Information:
Students requesting accommodations for disabilities are encouraged to contact the Office of Student Disability Resources and Services. The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. **For more information, please contact the Coordinator of Student Disability Resources and Services, Gee Library, Room 132, (903) 886-5150 or (903) 886-5835. StudentDisabilityServices@tamuc.edu**

"All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Policies and Procedures, Conduct)

**** PLEASE, TURN OFF CELL PHONES DURING CLASS***. An emergency number to give to those who might need to contact you is 903-886-5868 (University Police) or 903-886-5048 (Dean of Students) or 903-886-5549 (Health and Human Performance Administrative Assistant, Billie Abell).

Course Calendar Fall 2015: *(subject to modification)*

DATE	***TOPIC***	***READINGS/ASSIGNMENT***
9/1	Introductions / Syllabus	
9/3	If Not You … Who? / Help Can't Wait	Chapter 1/ Quiz 1
9/8	Responding to Emergencies/Before Giving Care	Chapter 2/Chapter 3/ Quiz 2
9/10	Checking the Victim	Chapter 5/ Quiz 3
9/15	Bleeding/Shock	Chapter 8/Chapter 9/ Quiz 4
9/17	Slide Presentation …. And ***test review***	
9/22	***EXAM #1 (Chapters 1, 2, 3, 5, 8, and 9)***	
9/24	Soft Tissue Injuries	Chapter 10/ Quiz 5
9/29	Musculoskeletal Injuries	Chapter 11/ Quiz 6
10/1	Injuries to the Extremities	Chapter 12/ Quiz 7
10/6	Injuries to the Head, Neck, & Spine	Chapter 13/ Quiz 8
10/8	Injuries to the Chest, Abdomen & Pelvis and ***test review***	Chapter 14/ Quiz 9
10/13	***EXAM #2 (Chapters 10, 11, 12, 13, and 14)***	
10/15	Sudden Illness	Chapter 15/ Quiz 10
10/20	Poisoning	Chapter 16 / Quiz 11
10/22	Bites add Stings	Chapter 17/ Quiz 12
10/27	Substance Abuse/Heat/Cold-Related Emergencies and ***test review***/Chapter 18/Chapter 19/ Quiz 13	
10/29	***EXAM #3 (Chapters 15, 16, 17, 18, and 19)***	
11/3	Reaching and Removing Victims/Short Distance Carries [Group 1]	LAB
11/5	Reaching and Removing Victims/Short Distance Carries [Group 2]	LAB
11/10	Bandaging (Practical) [Group 1]	LAB
11/12	Bandaging (Practical) [Group 2]	LAB
11/17	Splinting (Practical) [Group 1]	LAB
11/19	Splinting (Practical) [Group 2]	LAB
11/24	Obstructed Airway Conscious/Unconscious (Infant, Child, Adult) [Group 1]	LAB
11/26	***No Class (THANKSGIVING Observance)***	
12/1	Obstructed Airway Conscious/Unconscious (Infant, Child, Adult) [Group 2]	LAB
12/3	CPR Infant, Child, and Adult and AED [Group 1]	LAB
12/8	***No Class (TAHPERD Convention)***	
12/10	CPR Infant, Child, and Adult and AED [Group 2]	LAB
12/14-12/18	***FINAL EXAM (Chapters 6 and 7) TBA***	***Classroom***

Textbook:

Responding To Emergencies (New & Revised edition) by the American Red Cross.
Krames Stay Well Publishers, 2012.
ISBN: 978-1-58480-554-0

Note: In order to receive certification cards for First Aid and CPR, the student must have at least a "C" average on the written exams and at least a "C" average on the practical exam.

Grades and Evaluation Procedures:
There are four written examinations (+ 13 quizzes) and several practical evaluations scheduled within this course. Examinations will be given at the completion of assigned chapters. It is the responsibility of the student to be present on the day scheduled for quizzes, examinations and practical evaluations. A straight percentage system is used for grading.

Grading:
Final grading will tentatively be done on a percentage based on the total points possible.

Exam #1 =	100 points
Exam #2 =	100 points
Exam #3 =	100 points
Exam #4 =	100 points
Quizzes = (13 @ 10pts. each)	130 points
Practical Examination	100 points
Total	630 points

There are approximately 5 days scheduled for practical evaluations.

Practical evaluation grades are as follows:

0 – days missed = 100%
1 – Days missed = 80%
2 – Days missed = 60%
3 – Days missed = 40%
4 – Days missed = 20%
5 – Days missed = 0%

TENATIVE FINAL POINT SCALE

Points	Average	Grade
567-630	90% - 100%	A
504-566	80% - 89%	B
441-503	70% - 79%	C
378-440	60% - 69%	D
377pts. and below	59% and below	F

**** If you drop the class, and you are not passing the course, the grade assigned will be Dropped Failing.***

Grade Calculation Sheet (HHPK 211.02E)

	Grade
Exam #1	
Exam #2	
Exam #3	
Quiz #1 _____ Quiz #2 _____ Quiz #3 _____ Quiz #4 _____ Quiz #5 _____ Quiz #6 _____ Quiz #7 _____ Quiz #8 _____ Quiz #9 _____ Quiz #10 _____ Quiz #11 _____ Quiz #12 _____ Quiz #13 _____	
Practical	
Exam #4	
Bonus Points	
Total Points	

Number of absences and/or times tardy _____

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