HHPH 130: Community Health
COURSE SYLLABUS: SPRING 2018

Instructor: Dr. Elizabeth Wachira, Assistant Professor
Office Location: Field House 100J
Office Hours: MW 9-10am; 11a-2pm (Appointment by email)
Office Phone: (903) 886-5349
Office Fax: 903-886-5365
University Email Address: Elizabeth.Wachira@tamuc.edu

Course Information:
Course Value: Three (3) Credit Hours
Course Location: Field House 102
Course Time M/W/F 8:00am-8:50am


Course Description:
A study of community health problems, programs, agencies, and health careers. Attention is also given to cultural diversities in matters pertaining to health.

Course Objectives:
At the end of this course the students will be able to:

1. Identify and describe the essential elements of community health promotion and how they have been reflected in customs, beliefs, codes, laws, and programs of the major historical eras.

2. Identify the major factors influencing health in populations and communities.

3. Identify the principles of and resources for interventions in community health programs and community development needs.

4. Describe the leading health problems, trends, and needs of adolescents, adults, and the elderly.

5. Identify major agencies, foundations, and associations supporting community health at local, state, national and international levels.

6. Identify skills and career opportunities in health education.

Course Requirements:
The student will be responsible for obtaining all (any) materials presented online and assigned readings from the textbook. Use the appropriate online link to submit assignments. Unless otherwise noted, all assignments are due ONLINE by noon on Friday (12pm CST). NO LATE WORK ACCEPTED
A. Team Based Assignments (25%)

1. Annotated Webliography Report (10%):
   Teams will select a health aspect based or topics covered in class and seek out five of the very best websites providing information about it (no videos, however your selected website may have videos or podcasts within the material). Teams will write a webliography report related to the health topic. In addition to written report, teams will present their chosen health topic in class providing an overview of the selected topic and websites. See guidelines provided for the Annotated Webliography report & presentation on DocShare.

2. Social Media Campaign (10%)
   Teams will design a social media campaign video designed to encourage/ support a behavioral change. The campaign can focus on either prevention or intervention. Each student team will select a health behavior-related issue (ex: proper handwashing targeted at daycare workers) or an organization that promotes healthy behavior (ex: TAMU-C Student Health Services educational projects). The selected behavior or organization needs to correlate with your chosen annotated webliography topic/health aspect. Teams will then define a target population and formulate a specific message for their population. Next, teams will create a social media video with the message to encourage/support the chosen behavioral change. Using digital media, each team produces a video and publishes the campaign online. These videos will be “published” in an appropriate fashion.

3. Group Member Evaluations (5%)
   30 of these points will be Group evaluation scores where students will evaluate themselves and their group members after all team based work is completed.

C. Chapter Quizzes (15%):
   Five in-class quizzes will be given during the course. The purpose of these quizzes is to encourage students to read the textbook and reading assignments before class and be able to apply these concepts. Quizzes are timed at 20 minutes and will be taken at the beginning of the class. If you miss a class period, you may not make-up that quiz. Quiz content will also cover group presentations to avoid the problem of students skipping class on days they are not presenting.

D. Exams (40%):
   A mid-term and final exam will be administered throughout the semester, covering all information covered during lecture, in homework assignments, class discussions, websites, quizzes, and the book. *No make-up exams will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided within 3 business days.

E. Experiential Learning (5%):
   Must choose one of the following. Meet at event location in DFW area (map will be given week of event). Extra credit for students who carpool to this activity.

   Friday, March 2nd from 11am-1pm: Frisco Feed My Starving Children
   Saturday, March 3rd from 10am-12pm: Fort Worth Feed My Starving Children

   Following the event, write and submit a one to two page reflection essay discussing: (1) what you did and observed, and (2) how this intervention/experience fits with public health concepts learned in class in regards to health promotion efforts. Lastly, (3) reflect on what you learned from the experience. This reflection essay is due Sunday (3/3 @ 11:59pm)
**F. Homework (20%)**:

The student will be responsible for obtaining all materials presented online, assigned readings from the textbook, and outside assignments given by the instructor. You are responsible for making sure your assignments are in on time. Homework details will be given in class; if you do not attend class on Monday, you are not allowed to submit the homework. All assignments are due on Friday by noon.

**Grading:**

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<th>Component</th>
<th>Points</th>
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<tr>
<td>Chapter Quizzes (5 @ 20 points each)</td>
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<td>Exams (2 @ 200 points each)</td>
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<td>Webliography Report (1 @100 points each)</td>
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<td>Social Media Campaign (1 @100 points)</td>
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<td>Group Member Evaluations</td>
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<td>Experiential Learning</td>
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<td>Homework (4 @ 50 points each)</td>
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**Grade Scale:**

- 900 – 1000 points = A
- 800 - 899 = B
- 700 - 799 = C
- 600 - 699 = D
- 0 - 599 = F

A grade of C or above must be maintained in all courses of your major field and for teacher certification.

**Campus Concealed Carry**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in TAMUC buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and TAMUC 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. Pursuant to PC 46.035, the open carrying of handguns is prohibited on all TAMUC campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.
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<tr>
<th>DATE (week)</th>
<th>CHAPTERS to review</th>
<th>Topics to Cover</th>
<th>Assignments Due</th>
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| 1 | CLASS ORIENTATION  
Introduction Community Health | Review Syllabus |
| 2 | Organizations that Help Share Community Health  
Review | Quiz #1  
Homework 1 |
| 3 | Epidemiology: Study | |
| 4 | Epidemiology: Prevention/Control | Quiz #2  
Homework 2 |
| 5 | Comm. Organizing/Hlth Promotion & Planning  
Review | |
| 6, 7 | School Health Program  
Maternal, Infant & Child Health | Experiential Learning  
Experience & Reflection (3/3 @11:59pm) |
| 8, 9 | Adolescents, Youth Adults &Adults Elders | |
| 9 | SPRING BREAK | Annotated  
Webliography Report |
| 10 | Health and Minorities | Quiz #3  
Homework 3 |
| 11 | Community Mental Health | Quiz 4  
Homework 4 |
| 12 | Alcohol, Tobacco & Other Drugs  
Debate in Class | Experiential Learning  
Paper |
| 13 | Health Care System: Function  
Social Media Showcases | Quiz #5  
Social Media Campaign |
| 14-16 | Unit 3: Environmental Health & Safety | |
ALL STUDENTS ENROLLED AT THE UNIVERSITY SHALL FOLLOW THE TENETS OF COMMON DECENCY AND ACCEPTABLE BEHAVIOR CONducIVE TO A POSITIVE LEARNING ENVIRONMENT. (SEE STUDENT’S GUIDE BOOK.)

STUDENTS REQUESTING ACCOMMODATIONS FOR DISABILITIES MUST GO THROUGH THE ACADEMIC SUPPORT COMMITTEE. FOR MORE INFORMATION, PLEASE CONTACT THE DIRECTOR OF DISABILITY RESOURCES AND SERVICES, GEE LIBRARY, ROOM 132, (903) 886-5835.