

Metric conversion of height and weight

feet'/inches"	centimetres	feet'/inches"	centimetres	feet'/inches"	centimetres
4'0"	121.9	5'0"	152.4	6'0"	182.9
4'1"	124.5	5'1"	154.9	6'1"	185.4
4'2"	127.0	5'2"	157.5	6'2"	188.0
4'3"	129.5	5'3"	160.0	6'3"	190.5
4'4"	132.1	5'4"	162.6	6'4"	193.0
4'5"	134.6	5'5"	165.1	6'5"	195.6
4'6"	137.2	5'6"	167.6	6'6"	198.1
4'7"	139.7	5'7"	170.2	6'7"	200.7
4'8"	142.2	5'8"	172.7	6'8"	203.2
4'9"	144.8	5'9"	175.3	6'9"	205.7
4'10"	147.3	5'10"	177.8	6'10"	208.3
4'11"	149.9	5'11"	180.3	6'11"	210.8

pounds	kilograms	pounds	kilograms	pounds	kilograms
		150	68.0	235	106.6
		155	70.3	240	108.9
75	34.0	160	72.6	245	111.1
80	36.3	165	74.8	250	113.4
85	38.6	170	77.1	255	115.7
90	40.8	175	79.4	260	117.9
95	43.1	180	81.6	265	120.2
100	45.4	185	83.9	270	122.5
105	47.6	190	86.2	275	124.7
110	49.9	195	88.5	280	127.0
115	52.2	200	90.7	285	129.3
120	54.4	205	93.0	290	131.5
125	56.7	210	95.3	295	133.8
130	59.0	215	97.5	300	136.1
135	61.2	220	99.8	305	138.3
140	63.5	225	102.1	310	140.6
145	65.8	230	104.3	315	142.9