

Alana Campbell
Plano, TX 75023
(214)723-3383
acsaleen@aol.com

Skills:

Licensed and empathetic social worker who utilizes evidence-based practice when providing therapy to children, adolescents, adults, couples and families. I am skilled in CBT, DBT, MI, Mindfulness, and EMDR trained.

Education:

Texas A&M University-Commerce Master of Social Work	December 2018
Texas A&M University-Commerce Bachelor of Social Work	December 2017

Professional Licensure:

Licensed Master Social Worker	February 2019
LCSW-I under the supervision of Mary Kidder, LCSW-S	February 2019

Certifications:

Basic Life Support	May 2019
CPI	April 2020
SAMA	October 2019

Employment History:

Counseling Center of North Texas <u>Therapist</u>	Wylie, TX 03/20-Present
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- Successfully provide psychotherapy to scheduled clients utilizing evidenced based practice.
- Proficient in utilizing treatment modalities such as CBT, DBT, MI, Mindfulness, and EMDR with all age groups
- Document client sessions, assessments, recommendations and interventions within 24 hours of appointment.
- Skilled at formulating an individualized treatment plan based on client's goals and needs
- Support clients by examining issues related, but not limited to, addiction, eating disorder, self-image, behavioral issues, mood disorders, trauma, loss, anger management and family conflict.
- Formulate differential diagnosis based on DSM-V criteria for each client

Medical City Green Oaks <u>Treatment Manager II</u>	Dallas, TX 09/19-Present
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- Completes the psychosocial assessment for each admission
- Coordinates discharge planning activities and collaborates with outside treatment providers for continuity of patient care
- Develops a treatment plan and updates with specific goals delineating clinical intervention unique to the patient
- Completes crisis risk assessments on patients to determine if a patient needs a higher level of care
- Manages the utilization of services through concurrent reviews with payors and/or through internal reviews
- Facilitates process and psychoeducational groups for clients and family members of clients

American Addiction Centers
Intake Coordinator

Grand Prairie, TX
04/19-09/20

- Responsible for screening clients for admission to treatment
- Completes over 10 assessments per week on individuals seeking treatment and in accordance with DSM-5 criteria.
- Performs preliminary diagnosis in accordance with DSM-5 criteria and treatment planning
- Collaborates with multidisciplinary team to ensure best possible treatment for clients
- Proper evaluation of level of care needed, and advocate for proper level of care
- Utilize crisis intervention skills, including verbal de-escalation

Nexus Recovery Center
Counselor

Dallas, TX
11/18-04/19

- Successfully managed a caseload of 10 clients
- Completed a minimum of 3 assessments, treatment plans, discharge plans, and treatment plan reviews each week.
- Provided a safe space for clients to process in individual and group counseling by applying healing centered engagement
- Documented client charts in a timely manner as required by program
- Utilized evidence-based practice to engage and guide clients in therapy
- Prepared UR and submit to appropriate person within agency at least one day prior to day it is due
- Completed psychiatric referrals for clients and suicide risk assessments for clients
- Acted as a liaison between the program and outside agencies

