

## PROFESSIONAL VITA

LISA Y. COUCH

August 2018

### EDUCATION

Ph.D. Texas A & M – Commerce 2018  
Counseling – Child and Adolescent Cognate  
M.S. Texas A & M – Commerce 2007  
Counseling  
M.S. Texas A & M – Commerce 2000  
Reading Education  
B.S. University of Texas – Dallas 1990  
Public Administration *cum laude*

### PROFESSIONAL LICENSES, CERTIFICATIONS & SPECIALIZED TRAINING

Licensed Professional Counselor #64555 - Board Approved Supervisor, State of Texas  
Registered Play Therapist – Supervisor S-2251, Association for Play Therapy  
Certified School Counselor - Texas State Board for Educator Certification  
Certified Teacher: Special Education, ESL, Secondary English, Elementary Reading -  
Texas State Board for Educator Certification

### PROFESSIONAL INTERESTS

School-Based Play Therapy, Trauma & Emotional Disturbances in Children & Adolescents, Impacts of Chronic Trauma on Academic Achievement from a Neurobiological Perspective, Issues Related to Proposed School-Based Mental Health Care in Texas, Social & Emotional Competencies in Deaf & Hard-of-Hearing Children, Mental Health Issues related to Obesity

### HONORS

Texas A & M – Commerce, Graduate Council Award, Distinguished Master's Student for the Department of Counseling 2006-2007  
Texas A & M – Commerce, Truax Scholarship Foundation, Outstanding Master's Student, Department of Counseling 2006-2007  
Chi Sigma Iota Counseling Honor Society, Texas A & M – Commerce Chapter 2007

### PROFESSIONAL ASSOCIATIONS

#### National

Association for Play Therapy, American Counseling Association

#### State

Texas Association for Play Therapy

## **PUBLICATIONS**

### Journal (refereed)

Simpson, C., Armstrong, S. A., Couch, L. & Bore, S. K. (2010) Understanding non-suicidal self-injury: Perceptions of school counselors. *Journal of School Counseling*, 8(37). Retrieved from <http://jsc.montana.edu/articles/v8n37.pdf>

### Dissertation

Couch, L. Y. (2018). *A phenomenological examination of the lived experience for women after bariatric surgery for morbid obesity: Implications for counseling*. ProQuest Dissertations Publishing.

## **PRESENTATIONS**

Armstrong, S. A, Jacobs, R. & Couch, L. (November 10, 2010). *Basic skills in play therapy*. Texas Counseling Association Professional Growth Conference, Austin, TX

Simpson, C., Armstrong, S. A., Couch, L. & Bore, S. K. (April 2010). *Understanding non-suicidal self-injury: Perceptions of school counselors*. Poster session presented at the 1st annual Texas A&M University-Commerce Research Symposium.

Armstrong, S. A, Jacobs, R. & Couch, L. (November 14, 2012). *Basic play therapy skills for school counselors*. Texas Counseling Association Professional Growth Conference, Galveston, TX