

Erin Kaszynski, M.Ed., LPC

Doctoral Candidate, Texas A&M University Commerce

512-298-7999 erin.kaszynski@gmail.com

Education

Doctor of Philosophy Candidate in Counselor Education & Supervision Texas A&M University, Commerce, Texas (CACREP Accredited Program) Specialization: Multicultural Counseling	Expected 2021
Master of Education in Counseling University of North Texas, Dallas, Texas (CACREP Aligned Program) Specialization: Adolescent & Adult Community Counseling	2014
Bachelor of Arts, Art Austin College, Sherman, Texas	2002

Clinical Experience

Educational Resource Clinician <i>North Texas Behavioral Health Authority</i>	July 2020 - Current
<ul style="list-style-type: none">• Increase Region 10 ESC and school employees' awareness and understanding of mental health, co-occurring mental health & substance use disorders• Assist employees in the implementation of initiatives related to mental health or substance use• Ensure employees are aware of best practice-based programs, research-based practices and other public and private mental health and substance use programs• Facilitate trainings regarding the impact of grief and trauma, special considerations in supporting children with intellectual or developmental disabilities who are impacted by grief or trauma and prevention and intervention programs proven effective in helping students cope with pressures to use of alcohol, cigarettes, illicit drugs or prescription drug misuse• Research resource information online and through networking.• Liaison and collaborator between systems including: LMHA/LBHAs, ESCs, school districts, community agencies, and state agencies.	

Licensed Professional Counselor

<i>Private Practice, Plano, Texas</i>	February 2020 – Current
<ul style="list-style-type: none">• Provide mental health counseling, coaching and consultation services to clients via telehealth• Facilitate Home-Study assessments for parents hoping to foster or adopt on behalf of Upbring - Foster in Texas• Provide counseling and related services to students enrolled in SPED (Progressus Therapy, Spring 2020)	

Behavioral Health Program Administrator Intake, Eligibility & Counseling Services

<i>Lifepath Systems Inc., Plano, TX</i>	March 2019 – January 2020
<ul style="list-style-type: none">• Provided direct supervision to eligibility to supervisor, 11 licensed clinicians, LPHA supervisor, a community outreach specialist, 7 non-clinical support staff and 2 Master level student interns• Managed and implemented programs and changes within Open Access including intake, eligibility and counseling• Provided training and development for intake and clinical staff• Facilitated Crisis Intervention training to all new employees and ASIST training to all behavioral health clinicians• Aligned agency policies and procedures related to open access and counseling for trauma informed care and for congruency to CCBHC and TAC criteria and led task force teams associated with relevant policy changes• SuperUser for ANSA/CANS uniform assessments and SmartCare electronic mental health record	

Doctoral Student Counselor Educator and Supervisor

Texas A&M Commerce (Doctoral Resident)	January 2018-August 2019
<ul style="list-style-type: none">• Co-Professor: Advanced counseling, Internship in Counseling, Diversity in Counseling• Guest lecturer: Basic counseling skills, Practicum• Provided clinical supervision and site supervision to Masters level counselors in training	

Behavioral Health Special Projects Clinical Supervisor

<i>Lifepath Systems Inc., Plano, TX</i>	May 2017-March 2019
<ul style="list-style-type: none">• Provide specialized cognitive behavioral therapy, cognitive processing therapy and crisis intervention to clients with severe mental illness, post-traumatic stress disorder and co-occurring disorders• Provide clinical supervision to 8 agency staff over 4 programs and 4 counseling student interns• Administer clinical mental health assessments and develop treatment plans in accordance with the client's diagnosis• Develop, evaluate and supervisor supported housing, supported employment and community outreach programs• Present on Lifepath Systems services and Mental Health topics to organizations within the Collin County community• Participate in outreach activities in the Collin County community promoting agency's comprehensive services• Lead trauma informed care initiative for the agency and manage, survey, evaluate, create training curriculum and	

- implement the Trauma inclusive care initiative for behavioral health services at Lifepath Systems
- Manage a number of projects for behavioral health division: Marketing, MyStrengths, Disaster relief, smoking cessation
- Train behavioral health direct care staff on agency Crisis Intervention and ASIST suicide intervention

Clinical Therapist Oct 2016-May 2017
Grayson County Children's Advocacy Center, Sherman, TX

- Provided Trauma-Focused CBT, play therapy, and mental health interventions to children ages 4-17 who experienced abuse and neglect and their non-offending caregivers
- Administered and scored psychosocial and trauma-specific assessments and completed documentation daily
- Participated in weekly training, case review, and multidisciplinary team meetings with law enforcement, CPS and DA

Clinical Therapist Jan 2016-May 2017
University of North Texas at Dallas, Dallas, Texas

- Provided clinical intake interviews and mental health counseling to diverse student population

Clinical Therapist June 2016-June 2017
Harold Murphy Counseling Clinic, McKinney ISD, McKinney, Texas

- Provided mental health counseling services and psychosocial assessments to McKinney ISD students, their families, and Texas A&M Commerce's Masters level counseling students

Counselor III March-Nov 2016
Center for Discovery, Plano, Texas

- Monitored the course of treatment for adolescent female residents ages 9-18 years old
- Presented didactic, psycho-educational groups for the client population on weekly basis
- Provided milieu supervision, leadership, and therapeutic assistance and completed daily documentation

Graduate Advisor 2015-2016
Abilene Christian University, Addison, Texas

- Advised prospective students about enrollment, transferability, program options, and admission requirements for Masters and Doctoral programs in Marriage in Family Therapy, Business, Education and Divinity
- Provided weekly student consultation examining potential barriers and plans to overcome them

Success Coach Jan-Nov 2015
Tarrant County College North East, Hurst, Texas

- Conducted new student orientation and pre-enrollment and student success workshops for First Time in College students
- Educated students and parents on the enrollment process and advised students certificate or degree programs
- Provided career and aptitude self-assessment interpretations; highlighting influences on major selection and career choice

Counseling & Wellness Services Graduate Intern Mar 2013-Dec 2014
University of North Texas at Dallas, Dallas, Texas

- Provided mental health counseling and career counseling services to a diverse student population^[SEP]
- Planned, implemented and presented on wellness and student advocacy topics and initiatives to faculty and students
- Collaborated interdepartmentally to present on trending mental health concerns to students within classroom setting
- Utilized MyPlan, O*Net, and Strengths Quest to help students determine career interests and aptitudes
- Provided advocacy and support for aggrieved individuals seeking resolution of Title IX related issues

Practicum Student Counselor Jan-May 2013
University of North Texas at Dallas Community Counseling Center, Dallas, Texas

- Provided counseling services under supervision to adolescent and adult clients

Client Services Manager Jan 2013-Feb 2014
Dallas Counseling and Wellness Center, Dallas, Texas

- Managed office for private practice that consisted of five licensed professional counselors

Student Facilitator, Outpatient Services Sept-Dec 2012
Nexus Recovery Center, Dallas, Texas

- Developed lesson plans and led weekly outpatient group counseling sessions under supervision during fall 2012

Certificates

ASIST Certified Trainer	2018
Cognitive Process Therapy (CPT)	2018
Cognitive Behavioral Therapy, <i>The Beck Community Initiative</i>	2017
Trauma Focused CBT	2016-2017
Campus Title IX Coordinator and Administrator, AtIXa, UT Arlington	2014
Human Resource Management, Collin College	2004

Presentations

- Pearson, K. & **Kaszynski, E. N.**, (November, 2020), *Impact of Untreated Post Traumatic Stress Disorder on Community Trauma*, Presented at the Virtual 64th Annual Texas Counseling Association Professional Growth Conference, Online, Expected.
- Kaszynski, E. N.**, (July, 2020), *Creative Activities for Traumatized Youth*, Presented at the RISE Disciplinary Alternative Education Program Conference, Pre-recorded, Online.
- Kaszynski, E. N.** & Schmit, M., (February, 2020), *Supervision Through a New Lens: Integrating Trauma Informed Approach Your Supervisory Practice*, Presented at the TACES Mid-Winter Conference, San Antonio, Texas.
- Kaszynski, E. N.**, (November, 2019), *Gatekeeping is not a Dirty Word*, Presented at the 63rd Texas Counseling Association Conference, Fort Worth, Texas.
- Kaszynski, E. N.**, (September, 2019), *Evaluating Agencies and Staff for Trauma Informed Care*, Presented at the Association for Assessment and Research in Counseling, San Antonio
- Kaszynski, E. N.** (February 14, 2019). *Demystifying First Episode Psychosis*. Adolescent Symposium 2019, Plano, TX.
- Khosravi, S., Stephens, D., Pounce, E., **Kaszynski, E.** (November 2018). *Ways to Talk and Treat Trauma in Children*. 62nd Texas Counseling Association Professional Growth Conference, Dallas, TX.
- Kaszynski, E. N.** & Snow, K. (January 31, 2018). *Ethical Gatekeeping*. 3rd Annual Law and Ethics in Counseling Conference 2018, New Orleans, LA.
- Kaszynski, E. N.**, (April, 2017) *Integrating Play and Creative Interventions to Trauma Focused Cognitive Behavioral Therapy*, Presented at Texas A&M University Commerce
- Kaszynski, E. N.**, (December, 2014) *Stress Reduction and Management*, Presented at University of North Texas, Dallas
- Kaszynski, E. N.**, (November, 2014) *Suicide Prevention in Adolescents*, Presented at University of North Texas, Dallas
- Chapple, J., **Kaszynski, E. N.**, (August, 2014) *Bystander Intervention Training*, Presented at University of North Texas, Dallas
- Chapple, J., **Kaszynski, E. N.**, (June, 2014) *Safe Zone Training*, Presented at University of North Texas, Dallas
- Kaszynski, E. N.**, (July, 2013) *The White Multi-Cultural Perspective*, Presented at University of North Texas, Dallas

Grant Funding

- Schmit, E. L., Thomas, N., & **Kaszynski, E.N.**, (February, 2019), TACES Research Grant, *The Effect of Suicide Prevention Training on Counseling Students' Perceived Competence*
- Schmit, E. L., Thomas, N., & **Kaszynski, E.N.**, (September, 2019), SACES Research Grant, *The Effect of Suicide Prevention Training on Counseling Students' Perceived Competence*

Training

Mental Health First Aid Trainer Training	2019
ASIST Trainer Training, Lifepath Systems	2018
Sandtray Therapy Institute, Level I with Dr. Steve Armstrong, RPT-S (Set for April)	
2017	
TF-CBT Learning Collaborative, Texas Children's Advocacy Center	
2017	
Eating Disorders on Campus, Eating Recovery Center, Dallas	
2016	
Safe Spaces, Diversity and Inclusion, Tarrant County College NE	2015
Franklin Covey Leadership Training	2015
Succession Planning and Career Development Program (Series)	2015
Noel Levitz Retention, Recruitment and Marketing Conference, Boston	
2015	
Texas Counseling Association Conference	2014

Rights of Survivors on Campus: Overview of Title IX & The Campus Save Act 2014	
Analytical Play Therapy: Sand & Symbol with Dr. Eric Green, RPT-S 2014	
Integrating Expressive Arts in Play with Adolescents with Dr. Jennifer Baggerly, RPT-S 2014	
Trauma Informed Group Play Therapy with Dr. Eric Green, RPT-S	2014
Filial Therapy: Increasing Attachment with Dr. Jennifer Baggerly, RPT-S	2014
Safe Zone Training, UNT Dallas	2013
Volunteer Experience	
<hr/>	
Doctoral Residency, TAMUC Supervision, Group work, Masters student interviews, Advertising	2016-2019
Community Shelter Volunteer <i>City House, Children Engagement, Plano, Texas</i>	2018
Community Volunteer <i>Dallas Life Organization, Dallas, Texas</i>	2014
<ul style="list-style-type: none"> Facilitated play interventions with homeless children ages 5-12 	
Community Volunteer <i>Genesis Woman's Shelter Thrift Store, Dallas, Texas</i>	2014
Wellness Group Facilitator <i>Kathlyn Joy Gilliam Collegiate Academy, Dallas, Texas</i>	2014
<ul style="list-style-type: none"> Offered holistic wellness support group for high school juniors and seniors 	
Graduate Student Volunteer <i>New Beginnings, Richardson, Texas</i>	2014
<ul style="list-style-type: none"> Led expressive art group therapy activities to adolescents in the Trendsetters Teen Leadership Camp^[SEP] Planned and facilitated creative art activities with youth and women at the emergency shelter 	
Affiliations	
<hr/>	
Member, Association for Assessment & Research in Counseling Current	2019-
Member & Conference Volunteer, Texas Association for Counselor Educators & Supervisors 2019-Current	
Plano ISD Head Start Community Advisory Committee	2018-2019
Member, Texas Counseling Association Current	2018-
Committee Member, Collin County Homeless Coalition	2017-2019
President, Graduate School Counseling Organization, University of North Texas 2013-2014	
Inductee, International Golden Key Honor Society	2013
Inductee, Alpha Chi Honor Society	2013
Board Member, Kappa Gamma Chi Alumnae Network	2003-2008
Volunteer & Member, Career Connection, Dallas	2004
Officer, Kappa Gamma Chi	1998-2002