



**Curriculum Vitae**  
**10/2023**

**Instructor:** Allison Tobola Low, MD, MA, MS

**Academic College:** College of Innovation and Design

**University Address:** College of Innovation and Design  
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Commerce, TX 75429-3011

**University Email Address:** Allison.Low@tamuc.edu

<b>EDUCATION</b>
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Master's of Science: Medical Bioethics  
University of Mary (Bismarck, ND), 2021

Master's of Arts: Theology  
Augustine Institute (Denver, CO), 2014

Primary Care Sports Medicine Fellowship  
Steadman-Hawkins Clinic of the Carolinas/Greenville Hospital Systems, 2008

Family Medicine Residency Program  
University of Texas – Tyler, 2007

Medical Degree  
University of Texas – Houston Medical School, 2004

Bachelor of Science: Biology  
University of Science and Arts of Oklahoma, 2000

<b>TEACHING EXPERIENCE</b>
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2020 to present, Medical Director for Athletic Trainer Education for CHRISTUS Trinity Mother Frances

Volunteer Adjunct Faculty: University of Texas – Tyler Family Medicine Residency Program, 2008-2020

## PUBLICATIONS

Tobola, A and Fieseler, C. *The Female Athlete*. Textbook of Running Medicine, 2<sup>nd</sup> ed. Healthy Learning, April 2, 2014.

“Accuracy of glenohumeral joint injections: comparing approach and experience of provider”. Allison Tobola, Chad Cook, Kyle J. Cassas, Richard J. Hawkins, Jeffrey R. Wienke, Stefan J. Tolan, Michael J. Kissenberth. *Journal of Shoulder and Elbow Surgery*; 2011;20(7):11-47-1154. DOI: 10.1016/j.jse.2010.12.021. Online publication date: 14 April 2011.

Chad Cook, Eric J Hegedus, John J Stefancin, Michael J Kissenberth, Kyle J Cassas, Richard J Hawkins, Allison Tobola. “An Investigation of the relationship between Measures of Pain Intensity, Pain Affect and Disability in Patients with Shoulder Dysfunction.” *Journal of Manual & Manipulative Therapy*, 2011; 19(2):71-75

“Accuracy of glenohumeral joint injections: comparing approach and experience of provider”. Allison Tobola, Chad Cook, Kyle J Cassas, Richard J Hawkins, Jeffrey R. Wienke, Stefan J Tolan and Michael J Kissenberth. Accepted as a poster presentation at the 124<sup>th</sup> American Orthopaedic Association annual meeting, June 22-25, 2011 in Boston, Massachusetts.

“Comparing short-term pain and functional outcomes for glenohumeral injections in and out of capsule”. Eric Hedegus, John A. Zavala, Michael J. Kissenberth, Chad Cook, Kyle J. Cassas, Richard J. Hawkins, Allison Tobola. Paper presentation: American Academy of Orthopedic Surgeons 2011 Annual Meeting, San Diego, CA 2/17/11. Presenter John Zavala

Eric J. Hegedus, John Zavala, Michael Kissenberth, Chad Cook, Kyle Cassas, Richard Hawkins, Allison Tobola. Positive outcomes with intra-articular glenohumeral injections are independent of accuracy. *J Shoulder and Elbow Surgery*. 26 July 2010; 19(6): 795-801. Link: [Positive outcomes with intra-articular glenohumeral injections are independent of accuracy](#)

Tobola, A, Cassas, K, and Sease F. Identifying Shoulder Pain in Older Patients: The History, Physical Examination, and Testing. *Journal of Musculoskeletal Medicine*. 2009. 26(6): 216-221.

Tobola, A, Cassas K, and Sease F. Shoulder pain in older patients: Interpreting Clinical Findings. *Journal of Musculoskeletal Medicine*. 2009. 26(11): 426-33.

## RESEARCH GRANTS AND AWARDS

June 2021, University of Texas – Tyler Family Medicine Residency Educator Award

April 2019, Christus Trinity Mother Frances Excellence in Education Award