

Erika L. Schmit

Assistant Professor
Department of Counseling
Texas A&M University-Commerce
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Curriculum Vita last updated: October 2019

Education

PhD Counselor Education, Texas A&M University Corpus Christi, May 2015.
CACREP Accredited.

Dissertation: The Relationship Between Working Alliance and Therapeutic Goal Attainment in an Adolescent Inpatient, Acute Care Behavioral Hospital

Chair: Richard S. Balkin

MS in Counseling, University of Louisiana at Monroe, December 2011. CACREP Accredited.

BS in Psychology, University of Louisiana at Lafayette, Minor in Criminal Justice, May 2009.

Areas of Expertise

Suicide Intervention
Teaching/Mentoring in Counselor Education
Inpatient Treatment

Professional Licensure

Licensed Professional Counselor (LPC)
Texas
License Number: 70099

Academic Appointments

Texas A&M University-Commerce, *Assistant Professor (Tenure-track, Commerce, Texas; August 2015-present)*
Doctoral Program Coordinator (Fall 2019-current)

Doctoral level courses taught

Traditional: Research Applications, Research Methodology, Instructional Theories and Methods in Counselor Education

Online: Psychoeducational Consultation and Program Evaluation

Hybrid: Research Applications, Research Methodology

Master's level courses taught

Traditional: Introduction to the Counseling Profession, Introduction to Group Dynamics and Procedure, Basic Counseling Skills, Internship

Online: Introduction to the Counseling Profession, Assessment in Counseling, Developmental Issues and Strategies for Counseling, Counseling Diverse Populations, Research Literature and Techniques

Hybrid: Introduction to the Counseling Profession

Suicide Intervention Certifications and Trainings

Applied Suicide Intervention Skills Training (ASIST) certified, 2019

Certificate for Counseling on Access to Lethal Means, Suicide Prevention Resource Center, 2019

Suicide Prevention Training, Zero Suicide Alliance, 2019

ASK Certification Training, Texas Suicide Prevention, 2019

Honors and Awards

Awarded

Honorable Mention, 2018-2019 ACA Graduate Student Ethics Competition, Doctoral level faculty advisor at Texas A&M University-Commerce, American Counseling Association

MLK Social Justice Award Honoree, 2019

This award honors members of Commerce/Hunt County communities who have demonstrated their compassion, perseverance, courage, and leadership by engaging in the difficult work of fostering human dignity and our common humanity through their projects, programs, and visions.

Global Fellow, TAMUC, 2018

Awarded to faculty and staff members who are dedicating their time and energy to prepare students for an interconnected world.

Professor of the Year, 2017

Sponsored by Kappa Alpha Psi Fraternity, Inc.; Hopkins/Hunt County African American Leadership Conference; Delta Sigma Theta Sorority, Inc.

Presented at the President Ray and Patricia Keck Education Awards Ceremony

Honorable Mention, 2015-2016 ACA Graduate Student Ethics Competition,
Doctoral level faculty advisor at Texas A&M University-Commerce, American
Counseling Association

1st Place Winners of the 2014 - 2015 ACA Graduate Student Ethics Competition,
Doctoral level team member at Texas A&M University-Corpus Christi, American
Counseling Association

Not Awarded

Nominee for 2019 SACES Outstanding Teaching Award, SACES awards (not
awarded)

Nominated for 2019 Locke-Paisley Outstanding Mentor Award, ACES awards (not
awarded)

Nominee for the 2018-2019 Neill Humfeld distinguished faculty award for service,
Faculty Senate Awards, TAMUC (not received).

Nominee for 2018 TCA Research Award, TCA awards (not awarded)

In Progress

Nominee for 2019 TCA Research Award, TCA awards (in progress)

Grant Funding

External

Schmit, E. L., Thomas, N., & Kaszynski, N. (2019). *The Effect of Suicide Intervention Training on Counseling Students' Perceived Competence: A Mixed Methods Approach.* SACES Grant. (Funded at \$500)

Schmit, E. L., Thomas, N., & Kaszynski, N. (2019). *The Effect of Suicide Prevention Training on Counseling Students' Perceived Competence.* TACES Research Grant. (Funded at \$500)

Hott, B., Carlson, M., Hays, D, & **Schmit, E. L.** (2017). *Implementing Tier 2 and Tier 3 Positive Behavioral Interventions and Supports within a Comprehensive Multi-Tiered System of Supports Model to Improve Behavior of Students Attending Middle Schools in Rural Texas.* Grant proposal submitted to US Department of Education's Investing in Innovation and Improvement Development Grant Program. (Not funded; \$2,189,664).

Schmit, M.K., Giordano, A., & **Schmit, E. L.** (2017). *Examining the Effectiveness of Integrated Care Treatment*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$4,000).

Schmit, E. L., Mountain, J., Schmit, M. K., & Zapata, A., E. (2016). *The Effect of Trauma Informed Yoga Therapy on PTSD Symptoms, Adaptive Behaviors, and Physiological Symptoms*, Turning Point. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$3000).

Schmit, E. L., Freeman, J., & Mountain, J. (2016). *Mental Health Differences in the Homeless Population: A Quasi-Experimental Study*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Not funded).

Schmit, E. L. & Oliver, M. (2013). *Perceptions of Counselor Educators: The Need for the Inclusion of Sex Therapy in CACREP-Accredited Programs*. Grant proposal submitted to the Southern Association for Counselor Education and Supervision. (Not funded).

Internal

Schmit, E. L. (2019). *Faculty Development Grant*. Grant proposal submitted to Texas A&M University-Commerce. (Not funded).

Schmit, E. L. (2019). *The Effect of Suicide Intervention Training on Counseling Students' Perceived Competence and Anxiety Levels Related to Working with Suicidal Individuals*. Global Fellow Funding. (Funded at \$1,000)

Schmit, E. L. (2017). *Examining the Effectiveness of Child and Adolescent Community Mental Health Across Diagnoses*. Grant proposal submitted to Faculty Research Enhancement Program (FREP) at Texas A&M University-Commerce. (Not funded).

Schmit, E. L. (2017). *Faculty Development Grant*. Grant proposal submitted to Texas A&M University-Commerce. (Funded at \$500).

Schmit, E. L. (2016). *Faculty Development Grant*. Grant proposal submitted to Texas A&M University-Commerce. (Funded at \$670).

Peer-Reviewed Publications

* denotes top-tier ACA journal

+ denotes work with students

1. **Schmit, E. L.**, Smith, R. L., Ratanavivan, W., Ermis-Demirtas, H., Rosenbaum, L., Monteiro, M., & Dyurich, A. (In Press). A STEM achievement

motivation program: Perspectives of elementary school students.
Professional School Counseling Journal (Accepted September 2019).

2. +**Schmit, E. L.** & Schmit, M. K., Reilly, R., & Fish, M. (In Press). Gender differences among client evaluations of the working alliance in an acute inpatient treatment setting. *Journal of Professional Counseling: Practice, Theory & Research* (Accepted September 2019).
3. *+Schmit, M. K., Oller, M. L, Tapia-Fuselier Jr., J. L. & **Schmit, E. L.** (In Press). A holistic client functioning profile comparison of persons with serious mental illness. *Journal of Counseling and Development* (Accepted May 2019).
4. Callender, K., Klassan, S, & **Schmit, E. L.** (2019). Traumatology, Bereavement, and Crisis Intervention. In J. C. Watson and M. K. Schmit (Ed.). *Introduction to clinical mental health counseling: Contemporary issues*. Thousand Oaks, CA: Sage. [Book Chapter]
5. *Schmit, M. K., Watson, J. C., & **Schmit, E. L.** (2018). Using profile analysis in counseling outcome research. *Counseling Outcome Research and Evaluation*. doi: 10.1080/21501378.2018.1443006
6. *Balkin, R. S. & **Schmit, E. L.** (2018). A humanistic framework using nonlinear analysis to evaluate the working alliance and therapeutic goal attainment for adolescents in crisis. *Journal of Humanistic Counseling, 57*, 2-13. doi: 10.1002/johc.12063
7. ***Schmit, E. L.**, Balkin, R. S., Hollenbaugh, K. M., & Oliver, M. (2017). Examining the relationship between working alliance and therapeutic goal attainment with adolescents in crisis. *Journal of Child and Adolescent Counseling, 1-14*. doi: 10.1080/23727810.2017.1351773
8. *Watson, J., Lenz, A. S., Schmit, M. K., & **Schmit, E. L.** (2016). Calculating and Reporting Estimates of Effect Size in Outcome Research. *Counseling Outcome Research and Evaluation*. doi:10.1177/2150137816660584
9. *Balkin, R. S. & **Schmit, E. L.** (2016). Using the *Crisis Stabilization Scale* to evaluate progress for adolescents in crisis. *Journal of Child and Adolescent Counseling, 2*, 33-41. doi:10.1080/23727810.2015.1134009
10. ***Schmit, E. L.**, Schmit, M. K., & Lenz, A. S. (2016). Meta-analysis of solution-focused brief therapy for treating symptoms of internalizing disorders. *Counseling Outcome Research and Evaluation, 1-19*. doi:10.1177/2150137815623836

11. Schmit, M. K., **Schmit, E. L.**, Henesy, R., & Klassen, S. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. *In ideas and research you can use: VISTAS Online*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>
12. **Schmit, E. L.** & Balkin, R. S. (2014). Evaluating emerging measures in the DSM-5 for counseling practice. *The Professional Counselor*, 4(3), 216-231. Doi:10.15241/els.4.3.216

In Review

1. None Currently.

In Preparation

1. *+**Schmit, E. L.** Schmit, M. K., & Thomas, N. *Engagement, self-efficacy, and competence of research knowledge in a web-based, master's level counseling research course*. Manuscript will be submitted to *Journal of Counselor Education and Supervision* (October 2019).
2. Shannonhouse, L. R., Hill, Hightower, J. **Schmit, E. L.**, Kaslow, N., & Lamis, D. It doesn't *not* work: Falsification tests of the Interpersonal Theory of Suicide. *Journal of Suicide and Life Threatening Behavior* (October 2019).
3. *+Schmit, M. K., **Schmit, E. L.**, Lenz, A. S., Hawkins, J., & Chuyou-Campbell, C. (In Preparation). Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship adjustment. Manuscript will be submitted to *Counseling Outcome Research and Evaluation* (October 2019).
4. +Silveus, S, Schmit, M. K., **Schmit, E. L.**, & Hott, B. L. (In Preparation). Assessing Social Validity in Counseling Applications of Single-Case Research Designs. Manuscript will be submitted to *Journal of Method and Measurements in the Social Sciences* (Fall 2019).

Current Research Projects

1. +**Schmit, E. L.** Thomas, N., & Kaszynski, E. *The effect of suicide prevention training on counseling students' perceived competence: A mixed methods approach*

Current Stage: Completed grant funding (External \$500; Internal \$1000);
Project Preparation to implement in Fall/Spring 2019

2. **Schmit, E. L.** *Exploring narratives of group counseling students.*

Current Stage: Data collection in progress Fall 2019

3. Schmit, M.K. & **Schmit, E. L.** *Examining the effectiveness of integrated care treatment for person with altered mood states.*

Current Stage: Data Collection completed

4. +**Schmit, E. L.**, Schmit, M. K., Donovan, A., Mathews, R., McGarrh, D., & Silveus, S. Predictors of Suicidology in first generation college students.

Current Stage: Data collection in progress Fall 2019

5. Giordano, A. Schmit, M. K., & **Schmit, E. L.** (In Preparation). Research mentorship utilizing the ACES research mentorship guidelines.

Current Stage: Conceptualization and writing

6. +**Schmit, E. L.** ASIST Training for University communities.

Current Stage: Grant writing for American Foundation for Suicide Prevention

Nonrefereed Publications

1. **Schmit, E. L.** (2015). *The relationship between working alliance and therapeutic goal attainment in an adolescent inpatient, acute care behavioral hospital* (doctoral dissertation). Available from ProQuest Dissertations and Theses database. (UMI No. 3700674)
2. **Schmit, E. L.**, & Schmit, M. K. (2014). A humanistic approach in an inpatient setting. *TAHEAD Newsletter*.
3. **Schmit, E. L.** (2014). Counselor Career Stories. Interview by D. Irving. *Counseling Today*, American Counseling Association.

Peer-Reviewed Professional Presentations

+ denotes work with students

National

1. +Schmit, M. K., Schmit, E. L., Watson, J., & Hickman, D. (2019). *Using profile analysis in counseling outcome research*. Accepted to present at the Association for Counselor Education and Supervision Conference (ACES INFORM), Seattle, WA.

2. +Mathews, R., **Schmit, E. L.**, Hickman, D. & Brashear, C. (2019). *How Do I Do This?: A Guide To Survive And Thrive As A Part-Time Doctoral Student In A Counselor Education and Supervision Program*. Accepted to present at the Association for Counselor Education and Supervision Conference, Seattle, WA.
3. +Spiller, J., Brashear, C., & **Schmit, E. L.** (2019). *Navigating the direct experience requirement in the group counseling course*. Accepted to present at the Association for Counselor Education and Supervision Conference, Seattle, WA.
4. Giordano, A. L., **Schmit, E. L.** & McMahon, H. G. (2019). *Conducting multiculturally competent research*. Accepted to present at the Association for Assessment and Research in Counseling, 2019 National Assessment and Research Conference, San Antonio, TX.
5. +Hawkins, J., Schmit, M. K., **Schmit, E. L.**, Lenz, A. S., & Chuyou-Campbell, C. (2019). *Meta-Analysis of Behavioral Couples Therapy for Decreasing Substance Use and Improving Relationship Satisfaction*. Accepted to present at the Association for Assessment and Research in Counseling, 2019 National Assessment and Research Conference, San Antonio, TX.
6. O'Brien, E., Giordano, A. L., & **Schmit, E. L.** (2019). *Our profession is personal: Addressing values conflicts in counseling*. Presentation at the annual meeting of the American Counseling Association in New Orleans, LA.
7. **Schmit, E. L.**, Balkin, R. S., Hollenbaugh, K. M., & Schmit, M. K. (2018, November). *Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis*. Proposal presented at the Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
8. Schmit, M. K., Giordano, A., **Schmit, E. L.**, & Prosek, E. (2018, November). *Mastering the Mixed ANOVA approach: When and how to use the analysis*. Proposal presented at the Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
9. Schmit, M. K., **Schmit, E. L.**, & Callender, K. A. (2018, April). *Bridging the research-to-practice gap using research methods and statistics: A counseling researcher perspective*. Proposal presented at the American Counseling Association 2018 Conference & Expo, Atlanta, GA.
10. Schmit, M. K., Watson, J. C., & **Schmit, E. L.** (2017, October). Using profile analysis in counseling outcome research. Proposal presented at the

Association for Counselor Education and Supervision Conference,
Chicago, IL.

11. Balkin, R. S., **Schmit, E. L.**, & Richey, K. M. (2017, March). Understanding Counseling Effects: Modeling what is Really Happening in Counseling. Session accepted to present at American Counseling Association Conference and Expo, San Francisco, CA.
12. Schmit, M. K. & **Schmit, E. L.** (2017, March). Crisis in the Classroom: Counselor Educators' Responsibilities to Their Students. Session accepted to present at American Counseling Association Conference and Expo, San Francisco, CA.
13. Balkin, R. S., **Schmit, E. L.**, & Richey, K. M. (2016, September). Nonlinear Analysis of Counseling Relationships. Session presented at AARC National Assessment & Research Conference, Fort Lauderdale, FL.
14. **Schmit, E. L.** (2016, April). *Working with Adolescents in an Acute-Care, Inpatient Setting: A Dissertation Study*. Session presented at American Counseling Association Conference and Expo, Montreal, Canada.
15. Watson, J. C., **Schmit, E. L.**, & Schmit, M. K. (2015, October). *Reach them all, teach them all: A multiple intelligence-based approach toward counselor training*. Session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
16. Schmit, M. K., **Schmit, E. L.**, & Hollenbaug, K. M. H. (2015, September). Knowing How and When to Transform: A Practical Approach to Data Transformation. Session presented at the Association for Assessment and Research in Counseling, 2015 National Assessments and Research Conference, Memphis, TN.
17. Balkin, R. S. & **Schmit, E. L.** (2014, September). *Evaluating Emerging Measures in the DSM 5 for Counseling Practice*. Session presented at Association for Assessment and Research in Counseling 2014 National Assessment and Research Conference, Moline, Illinois.
18. Schmit, M. K., **Schmit, E. L.**, & Balkin, R. S. (2014, September). *Evaluation of Career Components in Global Assessments*. Session presented at Association for Assessment and Research in Counseling 2014 National Assessment and Research Conference, Moline, Illinois.
19. Smith, R.L., **Schmit, E. L.**, Ratanavivan, W., & Dyurich, A. (2014, March). *Perspectives of Elementary-Aged Students on a STEM-based Program: A Qualitative Study*. Session presented at American Counseling Association Conference and Expo, Honolulu, Hawaii.

20. Smith, R. L., **Schmit, E. L.**, Ratanavivan, W., Ikonomopoulos, J., Albarran, L., & Dyurich, A. (2013, October). *The Effectiveness of a STEM-based Intervention Program for Improving Attitudes and Knowledge of Subject Areas Related to STEM and Achievement Motivation*. Session presented at Association for Counselor Education and Supervision conference, Denver, Colorado.

State

1. **Schmit, E.L.** & Schmit, M.K. (2019). Research to practice gap: Engaging professional counselors in the research process. Proposal accepted to be presented at Texas Counseling Association's 63rd Professional Growth Conference, Fort Worth, TX.
2. +Schmit, M. K., **Schmit, E. L.**, & Hickman, D. (2019, February). Mastering the statistical package for the social sciences software: Basic strategies. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
3. +Schmit, M. K., **Schmit, E. L.**, & Hickman, D. (2019, February). Mastering the statistical package for the social sciences software: Advanced strategies. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
4. Cade, R., **Schmit, E. L.**, & Schmit, M. K. (2019, February). Counselor educators and institutional review boards (IRBs): Challenges and opportunities for ethical research. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
5. +**Schmit, E. L.**, Schmit, M. K., Thomas, N., & Silveus, S. (2019, February). Mentorship: The Future of Our Profession. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX
6. +**Schmit, E. L.**, Knox, N. M., Schmit, M. K., & Jambon, M. M. (2018, November). *Developing the working alliance in inpatient settings*. Presented at the Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
7. +Allen, N., Schmit, M. K., & **Schmit, E. L.** (2018, November). *Experiences of intersectionality among counselor educators and supervisors*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
8. +Schmit, M. K., Silveus, S., **Schmit, E. L.**, Oller, M., & Garcia, M. (2018, November). *What does it all mean?: Making sense of research findings for*

counselors in practice. Presented at the Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.

9. +**Schmit, E. L.**, Schmit, M. K., Fish, M., & Jones, N. (2018, March). *Closing the research-to-practice gap in the classroom: Creative approaches to teaching research and assessment*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
10. **Schmit, E. L.**, Schmit, M. K., & Callender, K. A. (2016, November). Building the Bridge Between Research and Practice: Implications for Counselors and Counseling Researchers. Session presented at Texas Counseling Association's Professional Growth Conference, Dallas, Texas.
11. **Schmit, E. L.**, Schmit, M. K., & Klassen, S. (2016, November). An Integrated Approach to Ethical Decision-Making in Counselor Education. Session presented at Texas Counseling Association's Professional Growth Conference, Dallas, Texas.
12. Snow, K., **Schmit, E. L.**, & Schmit, M. K. (2016, January). Navigating the faculty job search and networking: A roundtable discussion for counseling doctoral students. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
13. Schmit, M. K., Challender, K. A., **Schmit, E. L.**, & Abdulkadir, H. (2016, January). Five practical methods to bridging the researcher-practitioner divide. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
14. Schmit, M. K., & **Schmit, E. L.** (2015, November). The big 3 in mental health: Treating individuals with major depression, bipolar, and schizophrenia from an integrated behavioral and primary health care approach. Session accepted to present at the Texas Counseling Association's 59th Professional Growth Conference, Corpus Christi, TX.
15. Schmit, M. K., **Schmit, E. L.**, & Harris, N. (2014, November). *Let's talk about the 5%: Inpatient Psychiatric Care*. Session presented at Texas Counseling Association's Professional Growth Conference, Dallas, Texas.
16. Schmit, M. K. & **Schmit, E. L.** (2013, November). *The inside vantage point: Understanding the addicted person*. Session presented at Texas Counseling Association Professional Growth Conference, San Antonio, Texas.
17. Harris, N. & **Schmit, E. L.** (2013, November). *Multicultural issues in supervision: Approaches to guide the discussion*. Session presented at

Texas Counseling Association Professional Growth Conference, San Antonio, Texas.

18. Smith, R. L., **Schmit, E. L.**, Harris, N., & Arora, S. (2013, January-February). *Ethical issues in supervision: Discussing the do's and don'ts*. Session presented at Texas Association for Counselor Education and Supervision, Austin, Texas.

Local

1. **Schmit, E. L.**, Schmit, M. K., Wachira, E., Lauderdale, S. (2019). Mental health in college students: A panel discussion. Session presented at Professional Development Day at TAMUC, Commerce, Texas.
2. **Schmit, E. L.**, Schmit, M. K., Karaman, M., & Gonzalez, J. (2014, April). *The big 3 in mental health: Exploring major depression, bipolar, and schizophrenia in the gulf coast region*. Session presented at Gulf Coast Counseling Association, Corpus Christi, Texas.

Invited Professional Presentations

1. Bennett, C., Blanco, P., Carrola, P.A., & **Schmit, E. L.** (2019, March). *The academic job hunt: A panel discussion*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX
2. Giordano, A. L., **Schmit, E. L.**, & Schmit, M. K. (2018, March). *Panel: Transition from doctoral program to academic career*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX
3. Schmit, M. K., & **Schmit, E. L.** (2018, March). *Using a mixed design analysis of variance model in counseling research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
4. Blalock, S. M., Lertora, I., Pow, A., **Schmit, E. L.**, & Schmit, M. K. (2017, March). *Transition from student to counselor educator panel*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. Schmit, M. K., & **Schmit, E. L.** (2017, March). *Practical application of within-subjects research designs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX
6. Schmit, M. K., & **Schmit, E. L.** (2016, October). *Effectiveness of integrated care treatment for persons with serious mental illness*. Coastal Plains Community Center, Portland, Texas.

Professional Service

Editorial Review Board

Editorial Board Member, Reviewer, *Teaching and Supervision in Counseling*,
September 2018-present

Editorial Board Member, Reviewer, *Journal of Counseling and Development*, July
2015-present (2nd term)

Editorial Board Member, Reviewer, *Counseling and Values*. 2013-2016

Founding Co-Editor, Newsletter for Texas Association for Humanistic Education and
Development, 2014

Leadership

TACES Board of Directors, Elected Secretary, Texas Association for Counselor
Education and Supervision, 2019- 2021

Committee Representative, Graduate Student Committee for the American Counseling
Association. July 2014-2017

Alternate Senator, Texas Association for Humanistic Education and Development,
2014-2015

Program Proposal Reviewer

Reviewer, Texas Counseling Association Professional Growth Conference, 2019

Reviewer, American Counseling Association 2020 National Conference and Expo, 2019

Reviewer, SACES 2018-2019 Research and Best Practice Award Grants, 2018

Reviewer, American Counseling Association 2019 National Conference and Expo, 2018

Reviewer, Texas Counseling Association Professional Growth Conference, 2018

Reviewer, Association of Counselor Education and Supervision Conference, 2017

Reviewer, Texas Counseling Association Professional Growth Conference, 2013

Other Professional Service

Committee Member, Texas Association for Counselor Education and Supervision (TACES) Research Symposium, 2019

Committee Member, Texas Association for Counselor Education and Supervision (TACES) Research Symposium, 2018

Committee Member, Conference Committee for the Association for Assessment and Research in Counseling (AARC) 2015 conference in Memphis, TN, 2014-2015

Student Dissertation Projects

** denotes completion of dissertation*

Student	Title	Involvement	Progress
1. Andrea Perry	The Effects of Trauma on Couples	Committee Member	Proposal Fall 2019
2. Rebecca Mathews	Values-Based Conflict Inventory (VBCI): Development & Validation	Committee Member	Proposal Fall 2019
3. James Basham	Effects of Psychoeducational Intervention on Truancy	Committee Member	Proposal Fall 2019
4. Jacqueline Spiller	Factors Contributing to CACREP-Students' Perceived Importance of Group Work and Perceived Confidence in Group Skills	Committee Member	Data Collection Fall 2019
5. *Nancy Thomas	Relationship Between Help-Seeking Behavior and Psychological Resilience in Indian Americans	Chair	Graduation Fall 2019
6. *Candace Chuyou Campbell	The Efficacy of Play Therapy with Children Affected by Trauma	Chair	Graduation Fall 2019
7. Matthew Fish	Counselors' perceptions of working with children of high conflict divorce	Chair	Data Collection Fall 2019

8. Tamara McFarland	Parenting Perspectives of Men Who Have Experienced Cancer	Chair	Data Collection Fall 2019
9. Tameca Minter	Exploring Bilingual School Counselor Burnout in Rural Districts: A Phenomenological Study	Chair	Data Collection Fall 2019
10. Ruben Gomez	Couples Counseling & Sand Tray Therapy: A Phenomenological Inquiry	Chair	Proposal Fall 2019
11. *Nolan A. Jones	Mentorship Programs for At-Risk Students	Committee Member	Graduated Spring 2019
12. *Grace Eduhokwa	Acculturation and Integration of West African Immigrant Parents and its Impact on Parent-Child Relationship	Committee Member	Graduated Spring 2019
13. *Melissa McCarthy	The Relationship Between Motivation and Job Satisfaction Among Graduate Assistant Teachers in CACREP Counselor Education and Supervision Doctoral Programs	Committee Member	Graduated Fall 2018
14. *Denise Walker	Understanding the Lived Experiences of Marriage and Family Therapy and/or Counseling Practicum Student Providing Home-Based Counseling: A Phenomenological Study	Committee Member	Graduated Spring 2019
15. Joshua Freeman	The Efficacy of Counseling Homeless Individuals in a Shelter Setting	Chair	Proposal Fall 2019

16. *Ryan Smith	A Phenomenological Exploration of the Impact of Social Networking Site Usage on Committed Romantic Relationships	Committee Member	Graduated 2017
17. Jenna Mountain	The Relationship between Pelvic Floor Dysfunction, Genito-Pelvic Pain/Penetration Disorder, and a History of Childhood Sexual Abuse	Chair	Data Collection Fall 2019
18. Wendy Dolleman	A Phenomenological Understanding of Spirituality within the Military Marriage	Committee Member	Defense Fall 2019

University and Department Service

Judge, TAMUC Annual Research Symposium, 2019

Faculty Advisor, ACA Graduate Student Ethics Competition, 2019

Member, CACREP Committee, 2018-present

Member, Faculty Search Committee, 2018-2019

Graduate Council Representative, TAMUC, 2018-present

Member, Department Chair Search Committee, 2018

Judge, TAMUC Annual Research Symposium, 2018

Committee Chair, Counseling Master's Interviews, 2017-2018

Committee Member, Counseling Doctoral Committee, 2017-present

Committee Member, Tenure and Promotion Guidelines Review Committee, 2017- 2018

Committee Member, Dismissal-Retention Committee, 2016-present

Member, Community of Learning: Teaching Data Analysis Effectively, Spring 2016

Faculty Advisor, ACA Graduate Student Ethics Competition, 2016 (Honorable Mention)

Committee Member, Faculty Development Committee, 2015-2016

Cultural Awareness/Immersion Experiences

Civil Rights Tour of Alabama, Alabama, Summer 2019

Civil Rights Tour of Mississippi and Tennessee, Mississippi and Memphis, TN, Spring 2019

Diversity in the 21st Century: A Multicultural Immersion Experience, Costa Rica, Summer 2013

Professional Development

CACREP How to Write a Self-Study Workshop, 2019

TAMUC Professional Development Day, 2019

TAMUC Annual Research Symposium, 2019

TAMUC Professional Development Day, 2018

Essentials of myLeo Online—Powered by D2L Brightspace Training, Texas A&M University-Commerce, 2018

TAMUC Annual Research Symposium, 2018

Grant Proposal Development Workshop, Office of Research and Sponsored Programs, 2017

Texas Counseling Association Institute for Leadership Training, 2014

Current Professional Associations

American Counseling Association
Association for Counselor Education and Supervision
Association for Assessment and Research in Counseling
Association for Spiritual, Ethical, and Religious Values in Counseling
Southern Association for Counselor Education and Supervision
Texas Counseling Association
Texas Association for Counselor Education and Supervision

Professional Meetings Attended

American Counseling Association World Conference

2019 New Orleans, Louisiana
2018 Atlanta, Georgia
2017 San Francisco, California
2016 Montreal, Canada
2015 Orlando, Florida
2014 Honolulu, Hawaii

Association for Assessment in Research and Counseling National Conference

2019 San Antonio, Texas
2018 Richmond, Virginia
2015 Memphis, Tennessee
2014 Moline, Illinois

Association for Counselor Education and Supervision National Conference

2019 Seattle, Washington
2015 Philadelphia, Pennsylvania
2013 Denver, Colorado

Texas Counseling Association Professional Growth Conference

2018 Dallas, Texas
2016 Dallas, Texas
2015 Corpus Christi, Texas
2014 Dallas, Texas
2013 San Antonio, Texas
2012 Galveston, Texas

Texas Association for Counselor Education and Supervision Midwinter Conference

2019 Dallas, Texas
2018 Austin, Texas
2017 Austin, Texas
2016 Austin, Texas
2015 Austin, Texas
2014 Austin, Texas
2013 Austin, Texas

Gulf Coast Counseling Association

2014 Corpus Christi, Texas

Other Teaching Experience

Lamar University, Instructional Associate, March-May 2015

Provided assistance to the course instructor; master's students' first point of contact; graded assignments and discussion boards; maintained participation in discussion boards; consulted with course instructors on student progress

Courses:

Crisis Prevention and Intervention
Counseling Skills
Marriage, Couple, and Family Counseling

Texas A&M University Corpus Christi, Teaching and Research Assistant, Corpus Christi, Texas (January 2013-May 2015)

Provided assistance to professors inside and outside classroom setting; provided assistance in grading homework, papers, and tests; provided assistance in examinations; provided assistance in teaching classes; facilitated discussions and activities in courses; provided assistance in research; lead research group meetings; lead a research team; developed programs for research

Courses co-taught:

Psychometrics (*Summer 2014*)
Counseling Theories (*Summer 2014*)
Practicum (*Spring 2014*)
Counseling Process (*Fall 2013*)
Diversity in the 21st Century: A Multicultural Immersion Experience (*Summer 2013*)
Psychodiagnosis and Treatment Strategies (*Summer 2013*)
Counseling Theories (*Spring 2013*)

Classes taught:

Achievement and Aptitude Testing (*Summer 2014*)
Ethics in Assessment (*Summer 2014*)
Individuals with Disabilities and Assessment (*Summer 2014*)
Practicum (*2 classes taught; Spring 2014*)
Reflecting Feeling (*Fall 2013*)
Education in Costa Rica (*Summer 2013*)
Community in Costa Rica (*Summer 2013*)
Gestalt Theory (*Spring 2013*)

Guest Lectured:

Internship (*Summer 2014*)
Introduction to Counseling: Supervision and Consultation (*Spring 2014*)

Supervision Experience

Texas A&M University-Corpus Christi, Doctoral Student Supervisor, Corpus Christi, Texas (January 2013-August 2014)

Provided supervision to master's level counseling students in practicum

Study Abroad: Leadership, Pedagogy, and Diversity in Counselor Education, Doctoral Student Supervisor, San Isidrio de Penas Blancas, Costa Rica (June 2013)

Provided supervision to master's level students in cultural immersion and exploration of multicultural experiences

Counseling and Training Clinic, Doctoral Site Supervisor, Corpus Christi, Texas (January 2013- August 2013)

Provided supervision to master's level counseling students in practicum and internship

Counseling Experience

Bayview Behavioral Hospital, Therapist, Corpus Christi, Texas (September 2013-August 2015)

Provides counseling services to children, adolescents, and adults; provides crisis intervention; provides individual, group, and family counseling services; provides psychosocial assessments; provides case management for clients; works in a team with psychiatrists, nurses, and mental health technicians; expert in client notes

Student Learning and Guidance Center, Counselor, Corpus Christi, Texas (January 2013- May 2013)

Provided counseling services to children, adolescents, and teenagers in an alternative school setting; utilized Dialectical Behavior Therapy; expert in client notes

Early Childhood Development Center, School Counselor, Corpus Christi, Texas (August 2012- January 2013)

Provided counseling services to grades Pre-K 4- 6th; taught Character Education; provided guidance lessons

St. Patrick's Behavioral Health Hospital, Intern, Monroe, Louisiana (November 2011-December 2011)

Provided counseling services to adults and geriatric patients; provided psychotherapy groups to inpatient adults as well as intensive outpatient; provided psychosocial assessments; participated in client supervision; participated in treatment team planning; expert in client notes

The Center for Children and Families, Family Therapist Intern for Family Foundations, Rayville, Louisiana (September 2010-November 2011)

Provided counseling services to children and families in need; utilized behavioral interventions for children in the school setting; in-home children, parent, and family counseling was provided; co-facilitated groups with families; provided psychological education and support to clients; expert in building clients' files; participated in client

supervision; expert in client notes; provided crisis counseling when needed; available for crisis calls 24/7

Behavioral Medicine and Addictive Disorders, Intern, Monroe, Louisiana (August 2009-September 2010)

Provided psychological education counseling to adult clients; co-facilitated psychological education groups with clients; worked with Vietnam and Afghanistan veterans in a group setting; expert in client files, notes, and billing; provided services to women and men in group transitional homes; provided case management through files, client education, psychological well-being, and treatment plans; provided educational expertise and support to clients wanting to enroll in college or technical school

**Professional references upon request