



MICHAEL K. SCHMIT

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<http://www.tamuc.edu/academics/colleges/educationHumanServices/counseling/faculty1/MichaelSchmit.aspx>

Curriculum Vita last updated: January 21, 2019

EDUCATION

PhD in Counselor Education, Texas A&M University-Corpus Christi, May 2016. CACREP Accredited.

Dissertation: *Integrated Behavioral and Primary Healthcare: Comparing the Effectiveness of Treatment Modalities on Holistic Client Functioning.*

Chair: Dr. Joshua C. Watson

MA in Counseling, University of Louisiana at Monroe, December 2011. CACREP Accredited.
Emphasis area: Substance Abuse Counseling

BS in Biology, University of Texas at San Antonio, Minor in Psychology, May 2008

AREAS OF EXPERTISE

- Research Methods and Quantitative Statistics
- Counseling Outcome Research

PROFESSIONAL LICENSURE

Licensed Professional Counselor (LPC), State of Texas, License Number: 70104

ADVANCED CERTIFICATIONS AND TRAININGS

- Certificate of Online Course Design and Development, December 2015
- Certificate of Professional Development in Best Practices for Online Course Design, December 2015
- Collaborative Assessment and Management of Suicidality (CAMS) certified, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, July 2015
- Suicide Safety Plan certified and trainer, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, February 2015
- Adult Needs and Strengths Assessment (ANSA) certified, Texas Department of State Health Services, August 2012 to May 2016
- Child-Adolescent Needs and Strengths (CANS) certified, Texas Department of State Health Services, August 2012 to May 2016
- Dialectical Behavioral Therapy (DBT), six-hour training, Texas A&M University-Corpus Christi, May 2014
- Applied Suicide Intervention Skills Training (ASIST) certified, Texas Department of State Health Services, June 2013
- Illness Management & Recovery (IMR) certified, Texas Department of State Health Services, June 2013
- Aggression Replacement Training (ART) certified, Texas Department of State Health Services, August 2012
- Skillstreaming in Early Childhood and Adolescents certified, Texas Department of State Health Services, August 2012
- Intensive Home-Based Services (IHBS) certified, Institute for Family Development, July 2011

PROFESSIONAL EXPERIENCE

Assistant Professor (Tenure-Track), Texas A&M University-Commerce, August 2018 to present.

Courses Taught

- COUN 717: Ethics & Professional Development, Doctoral level, Spring 2019
- COUN 595: Research Literature and Techniques, Masters level, Spring 2019
- COUN 595: Research Literature and Techniques, Masters level, Fall 2018
- COUN 613: Advanced Statistical Techniques, Doctoral level, Fall 2018

Teaching Effectiveness Assessed Using the Course Evaluation Report

Likert Rating Scale: 5 = *Strongly Agree*, 4 = *Agree*, 3 = *Neutral*, 2 = *Disagree*, 1 = *Strongly Disagree*

<u>Year</u>	<u>Sem</u>	<u>COUN Course # and Title</u>	<u>Enr</u>	<u>Resp</u>	<u>%</u>	<u>Instructor</u> $\mu^{1,2}$	<u>Dept</u> μ^2	<u>College</u> μ^2	<u>TAMUC</u> μ^2
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2018	Fall	613 Adv Stat Tech	6	6	100%	4.81	4.56	4.47	4.32
2018		595 Research Lit & Tech	11	11	100%	4.68	4.56	4.47	4.32

¹**Bold font indicates score above COUN Program mean.**

Regular font indicates EITHER score equal to COUN Program mean.

Italics font indicates score below COUN Program mean.

²Mean score from combined overall instructor, course, and QEP questions

Average Teaching Effectiveness Rating = 4.75 (1-semester)

Assistant Professor (Tenure-Track), University of North Texas, August 2016 to August 2018.

Courses Taught

- COUN 5480: Diagnosis and Treatment Planning in Counseling, Masters level, Summer 2018
- COUN 5610: Addictions, Masters level, Summer 2018
- COUN 5710: Counseling Theories, Masters level, Spring 2018
- COUN 5660: Advanced Counseling Skills, Masters level, Spring 2018
- COUN 5900: Special Problems (Internship), Fall 2017
- COUN 5710: Counseling Theories, Masters level, Fall 2017
- COUN 5660: Advanced Counseling Skills, Masters level, Fall 2017
- COUN 5480: Diagnosis and Treatment Planning in Counseling, Masters level, Summer 2017
- COUN 5290: Ethical, Legal, & Professional Issues in Clinical Mental Health Counseling, Masters level, Summer 2017
- COUN 5660: Advanced Counseling Skills, Masters level, Spring 2017
- COUN 5660: Advanced Counseling Skills, Masters level, Fall 2016
- COUN 5710: Counseling Theories, Masters level, Fall 2016

Teaching Effectiveness Assessed Using the Student Perception of Teaching (SPOT)

Likert Rating Scale: 0 = *Very Poor*, 1 = *Poor*, 2 = *Fair*, 3 = *Good*, 4 = *Very Good*, 5 = *Excellent*

Year	Sem	COUN Course # and Title	Enr	Resp	%	Sum ^{1,3}	CEI ⁴	Dept μ/SD ⁵	College μ/SD	UNT μ/SD
2018	Summer	5610 Addictions	24	16	67%	3.9	5.0	4.2/.75	4.4/.65	4.4/.65
2018		5480 Diagnosis	16	12	75%	4.6	5.1	4.2/.75	4.4/.65	4.4/.65
2018	Spring	5660 Advanced Skills	9	9	100%	4.8	6.0	4.8/.05	4.4/.50	4.1/.71
2018		5710 Counseling Theories	32	32	100%	4.7	5.2	4.8/.05	4.4/.50	4.1/.71
2017	Fall	5660 Advanced Skills	13	12	92%	4.1	6.5	4.5/.53	4.1/.79	4.2/.74
2017		5710 Counseling Theories	19	19	100%	4.8	5.8	4.5/.17	4.1/.79	4.2/.74
2017	Summer	5290 Ethics in CMHC	21	21	100%	4.6	4.3	4.5/.49	4.5/.51	4.3/.61
2017		5480 Diagnosis	15	14	93%	4.8	5.6	4.5/.49	4.5/.51	4.3/.61
2017	Spring	5660 Advanced Skills	14	14	100%	4.8	5.3	4.3/.71	4.2/.76	4.4/.66
2016	Fall	5660 Advanced Skills	10	10	100%	3.4	6.1	4.4/.53	4.2/.61	4.4/.63
2016		5710 Counseling Theories	17	15	88%	4.5	5.4	4.4/.53	4.2/.61	4.4/.63

- ¹ **Bold font indicates score above COUN Program mean (or median when no mean).**
Regular font indicates EITHER score equal to COUN Program mean (or median when no mean)
OR no comparative data available.
Italics font indicates score below COUN Program mean (or median when no mean).
- ² SETE category: HE = Highly Effective, E = Effective; SE = Somewhat Effective
- ³ Median of combined Summative scores (four global questions)
- ⁴ Challenge and Engagement Index
- ⁵ Mean and standard deviation of combined median Summative scores

Average Teaching Effectiveness Rating = 4.5 out of 5 (2-years)

Adjunct Professor, Texas A&M University-Commerce, June 2016 to July 2016 and June 2018 to August 2018.

Courses Taught

- COUN 552: Internship, Masters level, Summer 2018
- COUN 528: Group Process: Practice and Procedures, Masters level, Summer I 2016

Average Teacher Rating = 4.9 out of 5 (2-semester)

Invited Guest Lecture, Texas A&M University-Commerce

- Quantitative Research Designs, Sampling Methods, and Sample Size, *COUN 625: Research Applications*, Doctoral level, Fall 2017.
- Research Design and Statistical Power, *COUN 625: Research Applications*, Doctoral level, Spring 2017
- Challenging Skills, *COUN 516: Basic Counseling Skills*, Masters level, Summer II 2016
- Research Methods and Quantitative Statistics, *COUN 625: Research Applications*, Doctoral level, Spring 2016.
- Practical Counselor Experiences in Community Mental Health Settings, *COUN 510: Introduction to Counseling Profession*, Masters level, Fall 2015.
- Reporting and Presenting Research Findings, *PSY/SPED 605: Single Subject Designs*, Doctoral level, Summer 2014.
- Reporting and Presenting Research Findings, *COUN 595: Research Literature and Techniques*, Masters level, Summer I 2014.

Invited Guest Lecturer, Texas A&M University-Corpus Christi

- Mindfulness-Based Practices, *CNEP 5698: Counseling Internship*, Masters level, Summer I 2014.

Teaching and Research Assistant, Texas A&M University-Corpus Christi, September 2013 to May 2016.

Facilitated and lead class discussions; assisted with course design and implementation (doctoral research course); led research team, developed research ideas, and conducted research

Courses Co-Taught as Doctoral Student

- CNEP 6372: Seminar in Applications of Advanced Statistical Techniques and Evaluation Methodology, Doctoral level, Spring 2016
- CNEP 5384: Counseling Process, Masters level, Fall 2015
- CNEP 5371: Psychometrics, Masters level, Summer 2015
- CNEP 6370: Advanced Quantitative Analysis, Doctoral level, Spring 2015
- CNEP 6360: Intermediate Research and Statistics, Doctoral level, Fall 2014
- CNEP 5698: Counseling Internship, Masters level, Summer 2014
- CNEP 5698: Counseling Internship, Masters level, Spring 2014
- CNEP 5354: Developmental Issues in Personality and Behavior, Masters level, Fall 2013

Class Sessions Taught as a Doctoral Student

- Data Transformation, *CNEP 6372: Seminar in Applications of Advanced Statistical Techniques and Evaluation*, Doctoral level, Spring 2016.
- Linear and Multiple Regression, *CNEP 6372: Seminar in Applications of Advanced Statistical Techniques and Evaluation*, Doctoral level, Spring 2016.
- Practice and Review of Reflection Skills, *CNEP 5384: Counseling Process*, Masters level, Fall 2015
- Paraphrasing, *CNEP 5384: Counseling Process*, Masters level, Fall 2015
- Intelligence and Ability Assessments, *CNEP 5371: Psychometrics*, Masters Level, Summer 2015
- Repeated Measures Analysis of Variance, *CNEP 6370: Advanced Quantitative Analysis*, Doctoral level, Spring 2015
- Application of Effect Size Statistics: Meta-Analysis, *CNEP 6370: Advanced Quantitative Analysis*, Doctoral level, Spring 2015
- Experimental Design, *CNEP 6360: Intermediate Research and Statistics*, Doctoral level, Fall 2014
- Experimental Models, *CNEP 6360: Intermediate Research and Statistics*, Doctoral level, Fall 2014
- Dissemination of Research Findings, *PSY/SPED 605: Single-Subject Designs*, Doctoral level, Summer 2014
- Dissemination of Research Findings, *COUN 595: Research Literature and Techniques*, Masters level, Summer 2014

- Group Supervision, *CNEP 5698: Counseling Internship*, Masters level, Spring and Summer 2014
- Developmental Theories, *CNEP 5354: Developmental Issue in Personality and Behaviors*, Masters level, Fall 2013

Average Teacher Rating from 2013 to 2016 = 4.7 out of 5

Doctoral Student Supervisor, Texas A&M University-Corpus Christi, January 2014 to December 2014. Provided individual and triadic supervision to a total of nine Masters level students.

Program Specialist II, December 2015 to May 2016. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. As an administrator, I provide oversight to two grant funded programs, Psychiatric Emergency Services Center (PESC) and Private Psychiatric Beds (PPB), and manage the department of continuity, ensuring staff compliance, assigning responsibilities, and providing supervision. Furthermore, I ensure compliance with CPCC's memorandum of understanding with outside partners through integrity reviews, frequent face-to-face contacts, and utilization management reviews. In this position, I manage five of the nine million dollars CPCC uses to facilitate client care.

Consultant, August 2015-September 2015. Served as methodologist and statistics consultant to BeneVie Consulting, LLC; constructed survey instruments to assess and identify employee relations, work atmosphere, employee satisfaction, and employee productivity.

Preadmission Screening and Residential Review Coordinator (PASRR), September 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and nursing facilities for the gulf coast region. Coordinated services, future treatment, and client care. Maintained performance contract with the Texas Department of State Health Services.

Continuity of Care Coordinator (COC), July 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and local/state inpatient psychiatric hospitals. Coordinated hospitalization, discharge, and continued treatment; conduct daily administrative duties, provided training and consultation for the department of continuity. Managed an annual 3.5-million-dollar contract in accordance with the Texas Department of State Health Services.

Case Manager II, August 2012 to May 2013. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Provided aggressive interventions and frequent in-person contact with individuals and their families, by providing on-going rehabilitative and case management services for children and adults with a mental health diagnoses of schizophrenia, bipolar, major depression, ADHD, ODD, and conduct disorder. Performed case management services, skills

training, psychosocial rehabilitation, crisis intervention, community outreach, and psychoeducation.

Intensive Home-Based Therapist, July 2011 to July 2012. The Center for Children and Families, Inc. Provided individual and family therapy within home setting; Intensive Home-Based Services (IHBS) is a placement prevention/reunification program for children subjected to parental abuse or neglect-issues such as family conflicts, domestic violence, child abuse and neglect, improper parenting and discipline strategies, substance use, and so forth.

Safe Schools Therapist, April 2011 to July 2011. The Center for Children and Families, Inc. Provided individual and family therapy in the community and school setting; Safe Schools program is a prevention program for at-risk youth and adolescents. Issues addressed include: behavioral issues at school/home, family conflicts, parenting and disciplining, substance use, and so forth.

Counselor Intern, September 2009 to March 2011. Behavioral Medicine and Addictive Disorders, Inc. Provided IOP/OP group/individual therapy under the direct supervision of Dr. Mitchell Young; addressed substance abuse issues. Duties performed include: group/individual therapy, case management, psychological education group, assisted with GED, developed and assisted with residential/halfway house, administered assessments, assisted with job placement, and so forth.

PUBLICITY/INTERVIEWS/MEDIA APPEARANCES

Honorees for MLK Awards Announced, by R. Scott, Herald Banner, January 2019. [Online Newspaper Article]

- https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html

Counselors Receive Research Grant to Study Native Populations in New Mexico, by R. Talamantes, *UNT College of Education*, University of North Texas College of Education, September 2017. [Website Article]

- <https://www.coe.unt.edu/news/counselors-receive-research-grant-study-native-populations>

University Students Win the American Counseling Association Graduate Students Ethics Competition Award, by *TAMUCC News*, Texas A&M University-Corpus Christi, February 2015. [Website Article]

- <http://tamucc.edu/news/2015/02/021815%20Ethics%20Competition.html#.Wb7Bd601Tq0>

Counselor Career Stories, Interview by D. Irving. *Counseling Today*, American Counseling Association, August 2014. [Magazine Article]

HONORS AND AWARDS

MLK Social Justice Award, Hunt County African American Leadership Conference, January 2019.

- This award honors members of Commerce/Hunt County communities who have demonstrated their compassion, perseverance, courage, and leadership by engaging in the difficult work of fostering human dignity and our common humanity through their projects, programs, and visions
- https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html

Best Practice Research Award, American Counseling Association, 2018.

- <https://www.counseling.org/about-us/awards/national-awards/2018-honorees>
- <https://www.counseling.org/membership/awards/national-awards/best-practices-research-faculty-award>

AARC Emerging Leader, Association for Assessment and Research in Counseling, July 2017 to July 2018.

- <http://aarc-counseling.org/awards>

Glen E. Hubele National Graduate Student Award, American Counseling Association, 2016.

- <http://www.counseling.org/about-us/awards/national-awards/2016-honorees/michael-k-schmit/>

CACREP Research Initiative Graduate Student (CRIGS) Research Fellow, Council for Accreditation of Counseling and Related Educational Programs (CACREP), January 2016 to December 2016.

- <http://www.cacrep.org/2016-crigs-research-fellows/>

College of Graduate Studies Scholarship, Awarded \$1200 to support enrollment in Instructional Design & Educational Technology 6370, Texas A&M University-Corpus Christi, August 2015.

1st Place ACA Graduate Student Ethics Team Competition, Doctoral level, American Counseling Association, February 2015.

- <https://www.counseling.org/knowledge-center/ethics/aca-graduate-student-ethics-competition/ethics-competition-results>

TAHEAD Emerging Leader, Texas Association of Humanistic Counseling and Development, Texas A&M University-Corpus Christi, June 2014 to June 2015.

College of Education Graduate Scholarship, \$500 dollars per semester, Texas A&M University-Corpus Christi, Fall 2013 to Summer 2014.

Summa Cum Laude, University of Texas at San Antonio, December 2008.

President and Dean's List, University of Texas at San Antonio, August 2005 to December 2008.

PROGRAM DEVELOPMENT

Zero Suicide in Texas (ZEST) for Prevention of Self-Harm and Suicide, Coastal Plains Community Center, September 2014 to December 2015.

Established a collaborative partnership with the Texas Department of State Health Services and the Texas Institute for Excellence in Mental Health, Center for Social Work Research, in order to develop a suicide prevention program in the gulf coast region. *Objective*: Provide training in assessment of suicidality, develop a suicide prevention and intervention program, and teach effective safety planning techniques to clinicians of Coastal Plains Community Center.

Psychiatric Emergency Services Center Project, Coastal Plains Community Center, September 2013 to December 2015.

In an effort to reduce overutilization of state psychiatric hospitals, the psychiatric emergency services center project was created to focus on providing rapid crisis stabilization for individuals who lacked a payee source. *Objective*: Ensuring that individual care is localized within the nine counties of Coastal Plains Community Center through the usage of local psychiatric hospitals, community resources, and improved continuity of care.

RESEARCH GRANTS AND SPONSORED PROJECTS

External

5. Giordano, A. L., Prosek, E. A., & **Schmit, M. K.** (2017). *Increasing Native American cultural sensitivity in counselor education*. Grant proposal submitted to the Association for Counselor Education and Supervision. (Funded at \$2,266.27)
4. **Schmit, M. K.**, Giordano, A. L., & Schmit, E. L. (2017). *Examining the Effectiveness of Integrated Care Treatment*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$4000)

3. Schmit, E. L., Mountain, J., **Schmit, M. K.**, & Zapata, A., E. (2016). *The Effect of Trauma Informed Yoga Therapy on PTSD Symptoms, Adaptive Behaviors, and Physiological Symptoms*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$3000).
2. **Schmit, M. K.**, & Trejo, L. B. (2015). *Psychiatric Inpatient Capacity in Community Hospitals*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$1,003,000 for 1 year).
1. **Schmit, M. K.**, & Trejo, L. B. (2015). *FY16 Psychiatric Emergency Services Center: Rapid Crisis Stabilization*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$400,000 for 1 year).

Internal

3. **Schmit, M. K.** (2017). *Examining the Effectiveness of Integrated Care Treatment for Person Diagnosed With Schizophrenia*. Granted proposal submitted to the University of North Texas' Department of Counseling and Higher Education. (Funded at \$500).
2. Giordano, A. L., & **Schmit, M. K.** (2017). *Cultivating Community Connections Among Counseling Faculty With an Interest in Addictions Treatment*. Granted proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$3667.50; not funded)
1. Giordano, A. L., **Schmit, M. K.**, Prosek, E. A., & Wilson, A. D. (2016). *Counseling Program Pre-Tenured Faculty Statistical Team*. Grant proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$5000; not funded)

SCHOLARLY PUBLICATIONS

(JCR = Journal Citation Report, JIF = Journal Impact Factor, JIF5 = Journal Citation Reports 5-year Journal Impact Factor, and JIF %ile; SJR = Scimago Journal Rank, and SJQ = Quartile; AR = Cabells or editor-reported acceptance rate)

* denotes top-tier ACA journal

+ student collaboration

Book

1. Watson, J. C., & **Schmit, M. K.** (in press). *Introduction to clinical mental health counseling: Contemporary issues*. Thousand Oaks, CA: Sage. [Publication date of March 2019]
 - <https://us.sagepub.com/en-us/nam/introduction-to-clinical-mental-health-counseling/book248167>

Referred Articles in Professional Journals

- *7. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2018). Using profile analysis in counseling outcome research. *Counseling Outcome Research and Evaluation*, 1-12. doi:10.1080/21501378.2018.1443006
- *SJR = .106; SJQ = 4th (Scimago, 2016); AR = 36% (A. S. Lenz [Editor], personal communication, August 1, 2018)*
 - *Identified as one of the most read articles in CORE between June 25th 2011 and November 19th 2018. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>*
6. Karaman, M. A., **Schmit, M. K.**, Oliver, M., & Ulus, C. I. (2018). International graduate students' perceptions of counseling ethics. *Journal of International Students*, 8, 677-695. doi:10.5281/zenodo.1250370
- *JIF = .86 (Scopus, 2016); SJR = .197; SJQ = 3rd (Scimago, 2016); AR = 35% (Cabells, 2017)*
- *5. **Schmit, M. K.**, Watson, J. C., & Fernandez, M. A. (2018). Examining the effectiveness of integrated behavioral and primary healthcare treatment. *Journal of Counseling & Development*, 96, 3-14. doi:10.1002/jcad.12173
- *JCR = 1.356 (Clarivate Analytics, 2017)*
 - *AR = 14% (Cabells, 2017)*
 - *Flagship journal of the American Counseling Association*
 - *Lead article in 96(1)*
- *4. Watson, J. C., Lenz, A. S., **Schmit, M. K.**, & Schmit, E. L. (2016). Calculating and reporting estimates of effect size in counseling outcome research. *Counseling Outcome Research and Evaluation*, 7, 1-13. doi:10.1177/2150137816660584
- *SJR = .106; SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)*
- *3. Schmit, E. L., **Schmit, M. K.**, & Lenz, A. S. (2016). Meta-analysis of solution-focused brief therapy for treating symptoms of internalizing disorders. *Counseling Outcome Research and Evaluation*, 7, 1-19. doi:10.1177/2150137815623836
- *SJR = .106; SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)*
 - *Identified as one of the most read articles in CORE between October 2015 thru September 2016. See <http://cor.sagepub.com/reports/most-read>*
2. **Schmit, M. K.**, Schmit, E. L., Henesy, R., Klassen, S., & Oliver, M. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. *VISTAS Online*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>
- *AR = 64% (J. Joncas [Managing Editor], personal communication, November 7, 2016)*
 - *Publication was a byproduct of winning 1st place in the 2014-15 ACA graduate student ethics team competition*

- *1. Hott, B. L., Limberg, D., Ohrt, J. H., & **Schmit, M. K.** (2015). Reporting results of single-case studies. *Journal of Counseling & Development, 93*, 412-417.
doi:10.1002/jcad.12039
- *JIF = .588; JIF5 = .961; JIF %ile = 19.620 (JCR, 2015); AR = 14% (Cabells, 2015)*
 - *Flagship journal of the American Counseling Association*

Manuscript Under Review

- *+4. Schmit, E. L., & **Schmit, M. K.**, & Reilly, R. (under review). *Gender differences of client evaluation of the working alliance in an acute care, inpatient treatment setting.* Journal of Mental Health Counseling. [submitted 12/12/2018]
- *3. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (under review). Increasing Native American cultural sensitivity in counselor education. *Counselor Education and Supervision.* [decision of major revision received on 01/10/2019]
- *+2. **Schmit, M. K.**, Oller, M., Tapia, J. L. Jr., & Schmit, E. L. (under review). A holistic client functioning profile comparison of persons with serious mental illness. *Journal of Counseling & Development.* [decision of minor revision received on 01/18/2019]
- *+1. Tucker, S., Giordano, A. L., & **Schmit, M. K.** (under review). Perceptions of poverty: Counseling students' preference for working with clients in poverty. *Counselor Education and Supervision.* [submitted 12/10/18]

Manuscripts In Preparation

4. Holden, J. M., **Schmit, M. K.**, St. Germain-Sehr, N., Reyes, A., & Loseu, S. (in preparation). *Effect of induced after-death communication on grief.*
- +3. **Schmit, M. K.**, Schmit, E. L., Hawkins, J., Chuyou-Campbell, C., & Lenz, A. S. (in preparation). *Effectiveness of behavioral couples therapy for treating substance use and improving relationship adjustment.*
- +2. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (in preparation). *Examining the effectiveness of integrated care treatment for person with altered mood states.*
- +1. **Schmit, M. K.**, & Dash, G. The impact of CACREP accreditation on professional counselor engagement.

CURRENT RESEARCH ACTIVITY

Data Collection

- +2. Hott, B. L., **Schmit, M. K.**, Schmit, E. L., & Silveus, S. Assessing social validity in counseling applications of single-case research designs.
- +1. Schmit, E. L., **Schmit, M. K.**, Mountain, J., & Zapata, A. E. Using trauma informed yoga to reduce symptoms associated with PTSD.

NON-REFERRED PUBLICATIONS

- 5. **Schmit, M. K.** (2018, April 26). *Examining the effectiveness of integrated behavioral and primary healthcare treatment: A brief summary* [Blog post]. Retrieved from <https://tcomconversations.org/2018/04/26/examining-the-effectiveness-of-integrated-behavioral-and-primary-healthcare-treatment-a-brief-summary/>
- 4. **Schmit, M. K.** (2018). Summary of article “Examining the effectiveness of integrated behavioral and primary healthcare treatment.” *ACA Interest Network for Integrated Care Newsletter*, 1(1), 3-4.
- 3. **Schmit, M. K.** (2016). *Integrated behavioral and primary healthcare: Comparing the effectiveness of treatment modalities on holistic client functioning* (doctoral dissertation). Available from ProQuest Dissertations and Theses database. (Accession Order No. 10104371)
- 2. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015). Out of sight, out of mind: A call to action of mental health professionals working with unaccompanied immigrant children. *The Juncture Newsletter*, Spring/Summer, 10-12. Retrieved from <https://www.txca.org/images/Divisions/TACES/JunctureSpring2015.pdf>
- 1. Schmit, E. L., & **Schmit, M. K.** (2014). A humanistic approach in an inpatient setting. *Texas Association for Humanistic Education And Development Newsletter*, 1(1), 7.

PEER-REVIEWED PRESENTATIONS

+ *student collaboration*

International & National Presentations

- 14. Prosek, E. A., Watson, J. C., Giordano, A. L., & Schmit, M. K. (2019, March). *What counselors need to know about social media addiction among adolescents. Proposal*



accepted to be presented at the American Counseling Association 2019 Conference & Expo, New Orleans, LA.

13. Schmit, E. L., Balkin, R. S., Hollenbaugh, K. M., & **Schmit, M. K.** (2018, November). *Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
12. **Schmit, M. K.**, Giordano, A. L., Schmit, E. L., & Prosek, E. (2018, November). *Mastering the Mixed ANOVA approach: When and how to use the analysis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
11. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2018, November). *Utilizing consensual qualitative research (CQR) methodology: A step-by-step primer*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
- +10. Giordano, A. L., Reyes, A. G., & **Schmit, M. K.** (2018, April). *Addressing client religion and spirituality in an ethical and culturally competent way*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
9. **Schmit, M. K.**, Schmit, E. L., & Callender, K. A. (2018, April). *Bridging the research-to-practice gap using research methods and statistics: A counseling researcher perspective*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
8. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2017, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
7. Watson, J. C., & **Schmit, M. K.** (2017, October). *Introduction to hierarchical linear modeling: Applications for counseling research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
6. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Crisis in the classroom: Counselor educators' responsibilities to their students*. American Counseling Association 2017 Conference & Expo, San Francisco, CA.
5. **Schmit, M. K.** (2016, April). *Integrated behavioral and primary health care: Comparing the effectiveness of treatment modalities on holistic client functioning*. American Counseling Association 2016 Conference & Expo, Montréal, QC, Canada.
4. **Schmit, M. K.**, Schmit, E. L., & Hollenbaugh, K. M. H. (2015, September). *Knowing how and when to transform: A practical approach to data transformation*. Association for

Assessment and Research in Counseling, 2015 National Assessments and Research Conference, Memphis, TN.

3. Armstrong, S., Mendez, E. A., & **Schmit, M. K.** (2015, October). *Teaching not presenting: Enhancing experiential learning theory and learning styles*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
2. Watson, J. C., Schmit, E. L., & **Schmit, M. K.** (2015, October). *Reach them all, teach them all: A multiple intelligence-based approach toward counselor training*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
1. **Schmit, M. K.**, Schmit, E. L., & Balkin, R. S. (2014, September). *Evaluation of Career Components in Global Assessments*. Association for Assessment and Research in Counseling, 2014 National Assessments and Research Conference, Moline, IL.

State Presentations

- +23. Schmit, E. L., & **Schmit, M. K.**, Thomas, N., & Silveus, S. (2019, February). *Mentorship: The future of our profession. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.*
22. Cade, R., Schmit, E. L., & **Schmit, M. K.** (2019, February). *Counselor educators and institutional review boards (IRBs): Challenges and opportunities for ethical research. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.*
- +21. **Schmit, M. K.**, & Silveus, S. A (2019, February). *Mastering the mixed ANOVA approach. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.*
- +20. **Schmit, M. K.**, Schmit, E. L., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Advanced strategies. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.*
- +19. **Schmit, M. K.**, Schmit, E. L., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Basic strategies. Proposal accepted to be presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.*
- +18. Schmit, E. L., Knox, N. M., **Schmit, M. K.**, & Jambon, M. M. (2018, November). *Developing the working alliance in inpatient settings*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.

- +17. Allen, N., **Schmit, M. K.**, & Schmit, E. L. (2018, November). *Experiences of intersectionality among counselor educators and supervisors*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
- +16. **Schmit, M. K.**, Silveus, S. A., Schmit, E. L., Oller, M., & Garcia, M. (2018, November). *What does it all mean?: Making sense of research findings for counselors in practice*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
- +15. Schmit, E. L., **Schmit, M. K.**, Fish, M., & Jones, N. (2018, March). *Closing the research-to-practice gap in the classroom: Creative approaches to teaching research and assessment*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +14. Silveus, S. A., **Schmit, M. K.**, & Hughes, L. (2018, March). *Connecting the personal with theoretical: A self-reflective approach to teaching counseling theories*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +13. Conner, C., & **Schmit, M. K.** (2018, March). *Movement and creative strategies for teaching theories in counseling programs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- 12. Schmit, E. L., **Schmit, M. K.**, Klassen, S. L. (2016, November). *An Integrated approach to ethical decision-making in counselor education*. Texas Counseling Association's 60th Professional Growth Conference, Dallas, TX.
- 11. Schmit, E. L., **Schmit, M. K.**, & Callender, K. A. (2016, November). *Thwarting the disconnect between research and practice: Implications for counselors and counseling researchers*. Texas Counseling Association's 60th Professional Growth Conference, Dallas, TX.
- 10. Snow, K., Schmit, E. L., & **Schmit, M. K.** (2016, January). *Navigating the faculty job search and networking: A roundtable discussion for counseling doctoral students*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- 9. **Schmit, M. K.**, Challender, K. A., Abdulkadir, H., & Schmit, E. L. (2016, January). *Five practical methods to bridging the researcher-practitioner divide*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- 8. Karaman, M. A., Fernandez, M. A., **Schmit, M. K.**, & Mendez, E. A. (2015, November). *TAHEAD presents: A humanitarian crisis: Unaccompanied asylum-seeking children and*

counseling services. Texas Counseling Association's 59th Professional Growth Conference, Corpus Christi, TX.

7. **Schmit, M. K.**, & Schmit, E. L. (2015, November). *The big 3 in mental health: Treating individuals with major depression, bipolar, and schizophrenia from an integrated behavioral and primary health care approach*. Texas Counseling Association's 59th Professional Growth Conference, Corpus Christi, TX.
6. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015, January). *Promoting professional advocacy for mental health professionals who work with unaccompanied immigrant children*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. **Schmit, M. K.**, Schmit, E. L., & Harris, N. (2014, November). *Let's talk about the 5%: Inpatient psychiatric care*. Texas Counseling Association's 58th Professional Growth Conference, Dallas, TX.
4. Karaman, M. A., Oliver, M., **Schmit, M. K.**, & Ulus, I. C. (2014, November). *International graduate students' perceptions of counseling ethics*. Texas Counseling Association's Professional Growth Conference, Dallas, TX.
3. Hott, B., **Schmit, M. K.**, Balkin, R. S., Williams, G., & Armstrong, S. (2014, September). *Evidenced-Based Practice: What is available for counselors serving students with emotional and learning disabilities?* Texas A&M University System Chancellor's Summit, Austin, TX.
2. Karaman, M. A., & **Schmit, M. K.** (2014, January). *Substance abuse treatment and risk factors with diverse populations*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
1. **Schmit, M. K.**, & Schmit, E. L. (2013, September). *Inside vantage point: Understanding the addicted person*. Texas Counseling Association's 57th Professional Growth Conference, San Antonio, TX.

Local Presentations

1. Schmit, E. L., **Schmit, M. K.**, Karaman, M. A., & Gonzalez, J. (2014, April). *The big three in mental health: Exploring major depression, bipolar, and schizophrenia in the gulf coast region*. Gulf Coast Counseling Association, Corpus Christi, TX.

INVITED PRESENTATIONS

State Presentations

5. **Schmit, M. K.** (2018, August). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Texas A&M University-Commerce, Mesquite, TX.
4. Giordano, A. L., Schmit, E. L., & **Schmit, M. K.** (2018, March). *Panel: Transition from doctoral program to academic career*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
3. **Schmit, M. K.**, & Schmit, E. L. (2018, March). *Using a mixed design analysis of variance model in counseling research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
2. Smith, J., Timm, N., Blalock, S., Lectora, I., Pow, A., Schmit, E. L., & **Schmit, M. K.** (2017, March). *Transition from Student to Counselor Educator Panel*. [TACES graduate student day panel]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
1. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Practical application of within-subjects research designs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

Local Presentations

3. **Schmit, M. K.** (2018, September). *Narrowing my research topic and choosing the appropriate analysis*. Doctoral Seminar, Texas A&M University-Commerce, Mesquite TX.
2. **Schmit, M. K.**, & Schmit, E. L. (2016, October). *Effectiveness of integrated care treatment for persons with serious mental illness*. Coastal Plains Community Center, Portland, Texas.
1. **Schmit, M. K.** (2014, January). *Empathy, hope, and a brighter future*. Texas Department of Corrections Youth Boot Camp, Corpus Christi, TX.

PROFESSIONAL DEVELOPMENT

Professional Development Day, Texas A&M University-Commerce, 2018

Essentials of myLeo Online—Powered by D2L Brightspace Training, Texas A&M University-Commerce, 2018

Search Committee Training, University of North Texas, 2017

Faculty Information System Training, University of North Texas, 2017

Leadership Training, Texas Counseling Association Institute for Leadership, 2014

SERVICE ACTIVITIES

Professional Service

Faculty Member, American Counseling Association's 2018-19 Graduate Student Ethics Competition (master's level), Texas A&M University-Commerce, October 2018 to December 2018.

Editorial Board Member, Reviewer, *Journal of Professional Counseling; Practice, Theory, & Research*, October 2018 to present.

Ad Hoc Reviewer, *Journal of Addictions & Offender Counseling*, July 2018 to present.

Program Proposal Reviewer, 2018 Texas Counseling Association, 62nd Annual Professional Growth Conference in Dallas, TX, May 2018.

Faculty Member, American Counseling Association's 2017-18 Graduate Student Ethics Competition (doctoral level), University of North Texas, September 2017.

Faculty Member, American Counseling Association's 2017-18 Graduate Student Ethics Competition (master's level), University of North Texas, September 2017.

Member, Public Policy and Advocacy Committee, Association for Assessment and Research in Counseling, July 2017 to July 2018.

Editorial Board Member, Associate Editor-Research, *Journal of College Counseling*, July 2017 to July 2020.

Program Proposal Reviewer, 2017 Texas Counseling Association, 61st Annual Professional Growth Conference in Galveston, TX, June 2017.

Program Proposal Reviewer, 2017 Association for Counselor Education and Supervision, ACES National Conference in Chicago, IL, October 2017.

Editorial Board Member, Reviewer, *Journal of Counseling & Development*, July 2016 to present.

Program Proposal Reviewer, 2016 Texas Counseling Association, 60th Annual Professional Growth Conference in Corpus Christi, TX, May 2016.

Program Proposal Reviewer, 2016 Western Association for Counselor Education and Supervision, WACES Conference in Vancouver, BC, Canada, April 2016.

Program Proposal Reviewer, 2015 Texas Counseling Association, 59th Annual Professional Growth Conference in Corpus Christi, TX, May 2015.

Program Proposal Reviewer, 2015 Association for Counselor Education and Supervision, ACES National Conference in Philadelphia, IL, February 2015.

Member, Conference Committee, Association for Assessment and Research in Counseling, Conference planning committee for the 2015 AARC conference in Memphis, TN, October 2014 to September 2015.

Founding Co-Editor, Texas Association for Humanistic Counseling And Development, TAHEAD Newsletter, Texas A&M University-Corpus Christi, June 2014 to May 2016.

Editorial Board Member, Editorial Assistant, *Journal of Counseling & Development*, Texas A&M University-Corpus Christi, August 2013 to May 2016.

University Committees

Member, Committee Member Representative for Counselor Education, Graduate Student Advisory Committee, Dean of Graduate Studies, Texas A&M University-Corpus Christi, TX, October 2014 to May 2016.

College Committees

Member, College of Education Scholarship Committee, University of North Texas, March 2017 to July 2018.

Program/Departmental Committees

Member, CACREP Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 – present.

Member, Scholarship/Excellence Fund Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 – present.

Member, Doctoral Program Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 – present.

Member, Ad Hoc Appeal Committee, Counseling & Higher Education, University of North Texas, November 2017.

Member, Clinical Experiences Committee, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.

Internship Coordinator, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.

Member, Counseling & Higher Education One-year Lecture Search Committee (Counseling), University of North Texas, April 2017 to July 2017.

Member, Clinical Mental Health Program Development, University of North Texas, September 2016 to August 2018.

Member, Assessment & Evaluation Committee, University of North Texas, September 2016 to August 2018.

Member, Counseling & Higher Education Tenure-track Faculty Search Committee (Counseling), University of North Texas, September 2016 to March 2017.

Member, Masters Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2015.

Member, Doctoral Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2014.

Public Service

Co-host, Unity Gathering, Denton, Texas, November 14th, 2016.

Purpose: A non-political showing of support and compassion for all faculty and doctoral students within the department of counseling, especially those who may feel less safe or upset by recent national events

DOCTORAL/DISSERTATION COMMITTEE MEMBERSHIPS

Dissertation Chair (Texas A&M University-Commerce)

Basham, James
Payson, Jodi

Counselor Education (2018 - degree in progress)
Counselor Education (2018 - degree in progress)

Committee Member (Texas A&M University-Commerce)

Pounce, Erica	Counselor Education	(2018 - degree in progress)
Stevens, Desiree	Counselor Education	(2018 - degree in progress)
Brashear, Crystal	Counselor Education	(2018 - degree in progress)
Thomas, Nancy	Counselor Education	(2018 - degree in progress)
Spiller, Jacqueline	Counselor Education	(2018 - degree in progress)
Aramesh, Fariba	Counselor Education	(2018 - degree in progress)
Khosravi, Shirin, ABD	Counselor Education	(2018 - degree in progress)

Committee Member (University of North Texas)

Woehler, Elliott, ABD	Counseling	(2018 - degree in progress)
Conner, Charmaine, ABD	Counseling	(2018 - degree in progress)

PROFESSIONAL AFFILIATIONS

American Counseling Association (*September 2013-present*)
 Association for Counselor Education and Supervision (*September 2014-present*)
 Southern Association for Counselor Education and Supervision (*November 2016 – present*)
 Association for Assessment and Research in Counseling (*September 2014-present*)
 Texas Counseling Association (*September 2013-present*)
 Texas Association for Humanistic Education and Development (*June 2014 – present*)
 Texas Association for Counselor Education and Supervision (*September 2013-present*)
 Counselor Education Research Consortium (*September 2013-September 2014*)
 Gulf Coastal Counseling Association (*September 2012-August 2015*)
 Chi Sigma Iota (*September 2010-January 2015*)

PROFESSIONAL REFERENCES

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American Counseling Association President 2014-2015
Regents Professor
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