

**Michael K. Schmit**

Updated September 16, 2020

Assistant Professor (Appointed 2018;  
awarded two [2] years toward tenure)  
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Department of Counseling  
College of Education and Human Services  
Texas A&M University-Commerce  
2200 Campbell Street Commerce, TX 75428  
Commerce, TX 75428

**EDUCATION**

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**PhD in Counselor Education**, Texas A&M University-Corpus Christi, May 2016. CACREP Accredited.

*Dissertation: Integrated Behavioral and Primary Healthcare: Comparing the Effectiveness of Treatment Modalities on Holistic Client Functioning.*

**Chair:** Dr. Joshua C. Watson

**MA in Substance Abuse Counseling**, University of Louisiana at Monroe, December 2011. CACREP Accredited through the MA in Community Counseling program.

**BS in Biology**, University of Texas at San Antonio, May 2008

**Minor:** Psychology

**Graduating Honor:** Summa Cum Laude

**AREAS OF EXPERTISE**

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Research Methods and Quantitative Statistics  
Counseling Outcome Research  
Integrated Care Treatment  
Addictions

**PROFESSIONAL LICENSURE**

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Licensed Professional Counselor (LPC), State of Texas, License Number: 70104 (September 2015 – present)

**ACADEMIC APPOINTMENTS AND EXPERIENCES**

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**Assistant Professor (Tenure-Track; awarded two [2] years toward tenure)**, Texas A&M University-Commerce, August 2018 to present.

\*Since fall 2018, I have taught one or more sections of the following COUN courses:

**Doctoral level courses taught:** COUN 609: Introduction to Statistics for Counseling and Human Service Research, COUN 613: Advanced Statistical Techniques, COUN 697: Advanced Multivariate Statistics, COUN 717: Ethics & Professional Development, COUN 718: Dissertation, COUN 689: Independent Studies (i.e., Teaching Diversity in a Pluralistic Society; Multicultural Counseling Efficacy: A Meta-Analytic Approach; Leadership, Advocacy, & Multiculturalism in Counselor Education)

**Master's level courses taught:** COUN 522: Counseling Diverse Populations, COUN 595: Research Literature and Techniques, COUN 516: Basic Counseling Skills, COUN 551: Practicum, COUN 552: Internship, COUN 597: Integrated Care Treatment in Clinical Mental Health Counseling

**Assistant Professor (Tenure-Track),** University of North Texas, August 2016 to August 2018.

\*Between fall 2016 and summer 2018, I have taught one or more sections of the following COUN courses:

**Master's level courses taught:** COUN 5480: Diagnosis and Treatment Planning in Counseling, COUN 5610: Addictions, COUN 5710: Counseling Theories, COUN 5660: Advanced Counseling Skills, COUN 5900: Special Problems (Internship), COUN 5290: Ethical, Legal, & Professional Issues in Clinical Mental Health Counseling

**Adjunct Professor,** Texas A&M University-Commerce, June 2016 to July 2016 and June 2018 to August 2018.

**Master's level courses taught:** COUN 552: Internship, COUN 528: Group Process: Practice and Procedures

## **HONORS, AWARDS, AND RECOGNITIONS**

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### **National**

5. **ACA Best Practice Research, Faculty Award,** American Counseling Association, 2018.
  - <https://www.counseling.org/about-us/awards/national-awards/2018-honorees>
  - <https://www.counseling.org/membership/awards/national-awards/best-practices-research-faculty-award>
4. **AARC Emerging Leader,** Association for Assessment and Research in Counseling, July 2017 to July 2018.
  - <http://aarc-counseling.org/awards>
3. **Glen E. Hubele National Graduate Student Award,** American Counseling Association, 2016.
  - <http://www.counseling.org/about-us/awards/national-awards/2016-honorees/michael-k-schmit/>

2. **CACREP Research Initiative Graduate Student (CRIGS) Research Fellow**, Council for Accreditation of Counseling and Related Educational Programs (CACREP), January 2016 to December 2016.
  - <http://www.cacrep.org/2016-crigs-research-fellows/>
1. **1st Place ACA Graduate Student Ethics Team Competition**, Doctoral level, American Counseling Association, February 2015.
  - <https://www.counseling.org/knowledge-center/ethics/aca-graduate-student-ethics-competition/ethics-competition-results>

### State/Local

8. **Presidential Buyout Initiative Recipient**, Office of Sponsored Programs, Texas A&M University-Commerce, Spring 2020, Fall 2020, and Spring 2021.
  - Awarded for role as Guest Editor of the 2021 Special Issue, *Journal of Counseling & Development*
7. **Collegiate Leading And Students Succeeding Award (CLASS)**, Texas A&M University-Commerce, March 2020.
6. **Nominee for 2018-2019 Professional Excellence Teaching – Classroom Award**, Faculty Senate Awards, Texas A&M University-Commerce (not received).
5. **Valued Faculty Member**, University of North Texas, Fall 2016-Spring 2018
4. **MLK Social Justice Award**, Hunt County African American Leadership Conference, January 2019.
  - This award honors members of Commerce/Hunt County communities who have demonstrated their compassion, perseverance, courage, and leadership by engaging in the difficult work of fostering human dignity and our common humanity through their projects, programs, and visions
  - [https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article\\_fdb07a92-193b-11e9-8ffe-bf5987386104.html](https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html)
3. **College of Graduate Studies Scholarship**, Awarded \$1200 to support enrollment in Instructional Design & Educational Technology 6370, Texas A&M University-Corpus Christi, August 2015.
2. **TAHEAD Emerging Leader**, Texas Association of Humanistic Counseling and Development, Texas A&M University-Corpus Christi, June 2014 to June 2015.
1. **College of Education Graduate Scholarship**, \$500 dollars per semester, Texas A&M University-Corpus Christi, Fall 2013 to Summer 2014.

### **RESEARCH GRANTS AND SPONSORED PROJECTS**

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#### External

5. Giordano, A. L., Prosek, E. A., & **Schmit, M. K.** (2017). *Increasing Native American cultural sensitivity in counselor education*. Grant proposal submitted to the Association for Counselor Education and Supervision. (Funded at \$2,266.27)
4. **Schmit, M. K.**, Giordano, A. L., & Schmit, E. L. (2017). *Examining the Effectiveness of Integrated Care Treatment*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$4000)
3. Schmit, E. L., Mountain, J., **Schmit, M. K.**, & Zapata, A., E. (2016). *The Effect of Trauma Informed Yoga Therapy on PTSD Symptoms, Adaptive Behaviors, and Physiological Symptoms*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$3000).
2. **Schmit, M. K.**, & Trejo, L. B. (2015). *Psychiatric Inpatient Capacity in Community Hospitals, Coastal Plains Community Center*. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$1,003,000 for 1 year).
1. **Schmit, M. K.**, & Trejo, L. B. (2015). *FY16 Psychiatric Emergency Services Center: Rapid Crisis Stabilization, Coastal Plains Community Center*. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$400,000 for 1 year).

### Internal

5. **Schmit, M. K.** (Fall 2019). *The Impact of Program Accreditation on Counselor's Level of Professional Engagement*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce (Funded at \$700).
4. **Schmit, M. K.** (Spring 2019). *Addressing the Research-to-Practice Gap for Professional Counselors*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce (Amount requested \$700; not funded).
3. **Schmit, M. K.** (2017). *Examining the Effectiveness of Integrated Care Treatment for Person Diagnosed With Schizophrenia*. Granted proposal submitted to the University of North Texas' Department of Counseling and Higher Education. (Funded at \$500).
2. Giordano, A. L., & **Schmit, M. K.** (2017). *Cultivating Community Connections Among Counseling Faculty With an Interest in Addictions Treatment*. Granted proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$3667.50; not funded)
1. Giordano, A. L., **Schmit, M. K.**, Prosek, E. A., & Wilson, A. D. (2016). *Counseling Program Pre-Tenured Faculty Statistical Team*. Grant proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$5000; not funded)

### **SCHOLARLY PUBLICATIONS**

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(JIF = Journal Impact Factor; JCR = Journal Citation Report, JIF5 = Journal Citation Reports 5-year Journal Impact Factor, and JIF %ile; SJR = Scimago Journal Rank, and SJQ = Quartile; AR = Cabells or editor-reported acceptance rate)

\* denotes top-tier ACA journal  
+ student collaboration

## **Book**

- Watson, J. C., & **Schmit, M. K.** (2019). *Introduction to clinical mental health counseling: Contemporary issues*. Thousand Oaks, CA: Sage.
- <https://us.sagepub.com/en-us/nam/introduction-to-clinical-mental-health-counseling/book248167>

## **Referred Articles**

- \*+15. Wood, A. W., Dorais, S., Gutierrez, D., Moore, C. M., & **Schmit, M. K.** (2021). Advancing the counseling profession through contemporary quantitative approaches. *Journal of Counseling & Development, 99*(2).
- JCR = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
- \*14. Giordano, A. L., **Schmit, M. K.**, & Schmit, E. L. (2021). Best practice guidelines for publishing rigorous research in counseling. *Journal of Counseling & Development, 99*(2).
- JCR = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
  - Lead article in 99(2)
- \*+13. **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., Hawkins, J., Silveus, S. A., & Chuyou-Campbell, C. (2020). Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship adjustment. *Counseling Outcome Research & Evaluation*. Advanced Online Publication. <https://doi.org/10.1080/21501378.2020.1796481>
- SJR = .478; SJQ = 2nd (Scimago, 2019); AR = 28% (A. S. Lenz [Editor], personal communication, August 28, 2020); Cite Score = 1.09
- +12. Holden, J. M., St. Germain-Sehr, N., Reyes, A., Loseu, S., **Schmit, M. K.**, Laird, A., Weintraub, L., St. Germain-Sehr, A., Price, E., Blalock, S., Bevly, C., Lankford, C., & Mandalise, J. (in press). Effect of induced after-death communication on grief. *Grief Matters: The Australian Journal of Grief and Bereavement*.
- \*11. Giordano, A. L., Prosek, E. A., **Schmit, M. K.**, & Wester, K. (2020). "We Are Still Here": Increasing Native American cultural sensitivity in counselor education. *Journal of Counseling & Development, 98*(2), 159–171. <https://doi.org/10.1002/jcad.12310>
- JCR = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
- \*+10. Giordano, A. L., Prosek, E. A., Bain, C., Malacara, A., Turner, J., Schunemann, K., & **Schmit, M. K.** (2020). Withdrawal symptoms among American collegiate Internet gamers. *Journal of Mental Health Counseling, 42*(1), 63–77. <https://doi.org/10.17744/mehc.42.1.05>
- AR = 28% for 2019 (I. Weigold [Editor], personal communication, September 1, 2020)

- \*9. **Schmit, M. K.**, Oller, M. L., Tapia, J. L. Jr., & Schmit, E. L. (2020). A holistic client functioning profile comparison of persons with serious mental illness. *Journal of Counseling & Development*, 98(1), 3–16. <https://doi.org/10.1002/jcad.12295>
- JCR = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
  - Lead article in 98(1)
- +8. Schmit, E. L., & **Schmit, M. K.**, Reilly, R., & Fish, M. (2019). Gender differences of client evaluation of the working alliance in an acute care, inpatient treatment setting. *Journal of Professional Counseling: Practice, Theory & Research*, 46(1–2), 64–76. <https://doi.org/10.1080/15566382.2019.1673650>
- AR = 10% (K. M. Hollenbaugh [Editor], personal communication, November 15, 2019)
- \*7. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2019). Using profile analysis in counseling outcome research. *Counseling Outcome Research and Evaluation*, 10(2), 94–105. <https://doi.org/10.1080/21501378.2018.1443006>
- SJR = .106; SJQ = 4th (Scimago, 2016); AR = 36% (A. S. Lenz [Editor], personal communication, August 1, 2018)
  - Identified as one of the most read articles in CORE between June 25<sup>th</sup> 2011 and June 26<sup>th</sup> 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>
6. Karaman, M. A., **Schmit, M. K.**, Oliver, M., & Ulus, C. I. (2018). International graduate students' perceptions of counseling ethics. *Journal of International Students*, 8(2), 677–695. <https://doi.org/10.5281/zenodo.1250370>
- JIF = .86 (Scopus, 2016); SJR = .197; SJQ = 3rd (Scimago, 2016); AR = 35% (Cabells, 2017)
- \*5. **Schmit, M. K.**, Watson, J. C., & Fernandez, M. A. (2018). Examining the effectiveness of integrated behavioral and primary healthcare treatment. *Journal of Counseling & Development*, 96(1), 3–14. <https://doi.org/10.1002/jcad.12173>
- JCR = 1.356 (Clarivate Analytics, 2017); AR = 14% (Cabells, 2017)
  - Flagship journal of the American Counseling Association
  - Lead article in 96(1)
  - A top cited article from 2017-2019 available in the Top Cited Virtual Issue developed by Richard Balkin and Matthew Lemberger-Truelove
- \*4. Watson, J. C., Lenz, A. S., **Schmit, M. K.**, & Schmit, E. L. (2016). Calculating and reporting estimates of effect size in counseling outcome research. *Counseling Outcome Research and Evaluation*, 7(2), 111–123. <https://doi.org/10.1177/2150137816660584>
- SJR = .106; SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)
  - Identified as one of the most cited articles in CORE between June 2017 and June 2020. See <https://www.tandfonline.com/action/showMostCitedArticles?journalCode=uore20>
  - Identified as one of the most read articles in CORE between June 25<sup>th</sup> 2011 and June 26<sup>th</sup> 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>

- \*3. Schmit, E. L., **Schmit, M. K.**, & Lenz, A. S. (2016). Meta-analysis of solution-focused brief therapy for treating symptoms of internalizing disorders. *Counseling Outcome Research and Evaluation*, 7(1), 21–39. <https://doi.org/10.1177/2150137815623836>
- SJR = .106; SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)
  - Identified as one of the most read articles in CORE between October 2015 thru September 2016. See <http://cor.sagepub.com/reports/most-read>
2. **Schmit, M. K.**, Schmit, E. L., Henesy, R., Klassen, S., & Oliver, M. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. *VISTAS Online*. <http://www.counseling.org/knowledge-center/vistas>
- AR = 64% (J. Joncas [Managing Editor], personal communication, November 7, 2016)
  - Publication was a byproduct of winning 1<sup>st</sup> place in the 2014-15 ACA graduate student ethics team competition
- \*1. Hott, B. L., Limberg, D., Ohrt, J. H., & **Schmit, M. K.** (2015). Reporting results of single-case studies. *Journal of Counseling & Development*, 93(4), 412–417. <https://doi.org/10.1002/jcad.12039>
- JIF = .588 (Wiley Online Library, 2015); JIF5 = .961; JIF %ile = 19.620 (JCR, 2015); AR = 14% (Cabells, 2015)
  - Flagship journal of the American Counseling Association

### Referred Articles Under Review

- \*3. **Schmit, M. K.**, & Giordano, A. L. (Eds.) (under review). Introduction to the special section: Advancing the counseling profession through research and publication. *Journal of Counseling & Development*, 99(2).
- JCR = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
- +2. Silveus, S., **Schmit, M. K.**, Schmit, E. L., & Hott, B. L. (under review). Guidelines for assessing and reporting social validity in single case research. *International Journal of Social Research Methodology* [Submitted on 08.27.2020]
- JIF = 2.519 (Taylor & Francis Online); JCR = 1.990, JIF5 = 2.382 (Clarivate Analytics, 2018)
- \*+1. Tucker, S., **Schmit, M. K.**, & Giordano, A. L. (under review). Perceptions of poverty: Counseling students' preference for working with clients in poverty. *Journal of Counselor Preparation and Supervision*. [Submitted on 08.14.2020]
- AR = 34.6% (Western Connecticut State University, 2017 – 2019)

### Manuscripts In Preparation

3. **Schmit, M. K.**, & Dash, G. The impact of program accreditation on counselors' professional engagement.  
Target journal: *Journal of Human Services*.
- \*2. **Schmit, M. K.**, Schmit, E. L., Silveus, S. A., & McGarrh, D. Examining the effectiveness of integrated care treatment for person with schizophrenia and other psychotic disorders.  
Target journal: *Journal of Counseling & Development*

- \*+1. Schmit, E. L. **Schmit, M. K.**, & Thomas, N. Engagement, self-efficacy, and competence of research knowledge in a web-based, master's level counseling research course.  
Target journal: *Counselor Education & Supervision*

### **Encyclopedia Entries**

- +3. Silveus, S. A., & **Schmit, M. K.** (in press). Diversity and Oppression Scale. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.
- +2. Silveus, S. A., & **Schmit, M. K.** (under review). Invisible versus visible minorities. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.
- +1. Silveus, S. A., & **Schmit, M. K.** (in press). Biracial and multiracial identity. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.

### **Newsletters**

3. **Schmit, M. K.** (2018). Summary of article "Examining the effectiveness of integrated behavioral and primary healthcare treatment." *ACA Interest Network for Integrated Care Newsletter*, 1(1), 3–4.
2. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015). Out of sight, out of mind: A call to action of mental health professionals working with unaccompanied immigrant children. *The Juncture Newsletter*, Spring/Summer, 10–12. Retrieved from <https://www.txca.org/images/Divisions/TACES/JunctureSpring2015.pdf>
1. Schmit, E. L., & **Schmit, M. K.** (2014). A humanistic approach in an inpatient setting. *Texas Association for Humanistic Education And Development Newsletter*, 1(1), 7.

### **Solicited Blog Post**

- Schmit, M. K.** (2018, April 26). *Examining the effectiveness of integrated behavioral and primary healthcare treatment: A brief summary* [Blog post]. Retrieved from <https://tcomconversations.org/2018/04/26/examining-the-effectiveness-of-integrated-behavioral-and-primary-healthcare-treatment-a-brief-summary/>

### **Dissertation**

- Schmit, M. K.** (2016). *Integrated behavioral and primary healthcare: Comparing the effectiveness of treatment modalities on holistic client functioning* (doctoral dissertation). Available from ProQuest Dissertations and Theses database. (Accession Order No. 10104371)

## **CURRENT RESEARCH ACTIVITY**

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+ student collaboration

### **Data Collection**



- \*+4. Holden, J. M., Laird, A., Reyes, A., & **Schmit, M. K.** *Transpersonal experiences among licensed professional counselor.*
- +3. Silveus, S. A., & **Schmit, M. K.** *Meta-analysis of culturally adapted cognitive behavioral therapy on counseling outcomes.*
- +2. Schmit, E. L., **Schmit, M. K.**, Donovan, A., Mathews, R., McGarrh, D., & Silveus, S. *Social media and sociopolitical influences as predictors of suicide among marginalized, first generation college students.*
1. **Schmit, M. K.**, Inbody, A., & Oller, M. L. *Professional identity profiles among practicing licensed counselors.*

#### **PEER-REVIEWED PRESENTATIONS**

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+ student collaboration

\* proposal accepted to be presented

#### **International & National**

- \*23. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2021). *Equipping counselors to effectively address internet gaming disorder among diverse client* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
- \*+22. **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2021). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
21. Giordano, A. L., Schmit, E. L., **Schmit, M. K.**, & Prosek, E. A. (2020, September 11–12). *How to conduct research in the counseling field from start to finish* [Conference session]. Association for Assessment and Research in Counseling, 2020 National Assessment and Research Virtual Conference.
20. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2020, April 16–19). *Equipping counselors to effectively address internet gaming disorder among diverse client* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/ffectively-dressing-nternet-aming-isorder-mong-iverse-lients> (Conference canceled due to COVID-19)
- +19. **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2020, April 16–19). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/ommunication-and-ollaboration-he-nner-orkings-of-ntegrated-are-reatment> (Conference canceled due to COVID-19)

- +18. Hawkins, J., **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., & Chuyou-Campbell, C. (2019, September). *Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship satisfaction*. Association for Assessment and Research in Counseling, AARC 2019 Assessment and Research Conference: People. Programs. Policies., San Antonio, TX.
17. **Schmit, M. K.**, & Dash, G. (2019, October). *The Impact of Program Accreditation on Counselors' Professional Engagement*. Association for Counselor Education and Supervision Conference, Seattle, WA.
- +16. **Schmit, M. K.**, Hickman, D., Watson, J. C., Schmit, E. L., & Silveus, S. A. (2019, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Seattle, WA.
15. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2019, October). *Increasing Native American cultural competence in counselor education*. Association for Counselor Education and Supervision Conference, Seattle, WA.
14. Prosek, E. A., Watson, J. C., Giordano, A. L., & **Schmit, M. K.** (2019, March). *What counselors need to know about social media addiction among adolescents*. American Counseling Association 2019 Conference & Expo, New Orleans, LA.
13. Schmit, E. L., Balkin, R. S., Hollenbaugh, K. M., & **Schmit, M. K.** (2018, November). *Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
12. **Schmit, M. K.**, Giordano, A. L., Schmit, E. L., & Prosek, E. (2018, November). *Mastering the Mixed ANOVA approach: When and how to use the analysis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
11. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2018, November). *Utilizing consensual qualitative research (CQR) methodology: A step-by-step primer*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
- +10. Giordano, A. L., Reyes, A. G., & **Schmit, M. K.** (2018, April). *Addressing client religion and spirituality in an ethical and culturally competent way*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
9. **Schmit, M. K.**, Schmit, E. L., & Callender, K. A. (2018, April). *Bridging the research-to-practice gap using research methods and statistics: A counseling researcher perspective*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
8. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2017, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
7. Watson, J. C., & **Schmit, M. K.** (2017, October). *Introduction to hierarchical linear modeling: Applications for counseling research*. Association for Counselor Education and Supervision Conference, Chicago, IL.

6. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Crisis in the classroom: Counselor educators' responsibilities to their students*. American Counseling Association 2017 Conference & Expo, San Francisco, CA.
5. **Schmit, M. K.** (2016, April). *Integrated behavioral and primary health care: Comparing the effectiveness of treatment modalities on holistic client functioning*. American Counseling Association 2016 Conference & Expo, Montréal, QC, Canada.
4. **Schmit, M. K.**, Schmit, E. L., & Hollenbaugh, K. M. H. (2015, September). *Knowing how and when to transform: A practical approach to data transformation*. Association for Assessment and Research in Counseling, 2015 National Assessments and Research Conference, Memphis, TN.
3. Armstrong, S., Mendez, E. A., & **Schmit, M. K.** (2015, October). *Teaching not presenting: Enhancing experiential learning theory and learning styles*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
2. Watson, J. C., Schmit, E. L., & **Schmit, M. K.** (2015, October). *Reach them all, teach them all: A multiple intelligence-based approach toward counselor training*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
1. **Schmit, M. K.**, Schmit, E. L., & Balkin, R. S. (2014, September). *Evaluation of Career Components in Global Assessments*. Association for Assessment and Research in Counseling, 2014 National Assessments and Research Conference, Moline, IL.

## State

- +26. Kaszynski, E., & **Schmit, M. K.** (2020, February 27–28). *Supervision through a new lens: Integrating a trauma informed approach to your supervisory practice* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX.  
[https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)
25. Schmit, E. L., & **Schmit, M. K.** (2019, November). *Research to practice gap: Engaging professional counselors in the research process*. Texas Counseling Association's 63<sup>rd</sup> Professional Growth Conference, Fort Worth, TX.
- +24. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, November). *Remembering the basic principles of counseling when treatment persons with addictions*. Texas Counseling Association's 63<sup>rd</sup> Professional Growth Conference, Fort Worth, TX.
- +23. Schmit, E. L., & **Schmit, M. K.**, Thomas, N., & Silveus, S. A. (2019, February). *Mentorship: The future of our profession*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
22. Cade, R., Schmit, E. L., & **Schmit, M. K.** (2019, February). *Counselor educators and institutional review boards (IRBs): Challenges and opportunities for ethical research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.

- +21. **Schmit, M. K.**, & Silveus, S. A (2019, February). *Mastering the mixed ANOVA approach*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +20. **Schmit, M. K.**, Schmit, E. L., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Advanced strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +19. **Schmit, M. K.**, Schmit, E. L., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Basic strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +18. Schmit, E. L., Knox, N. M., **Schmit, M. K.**, & Jambon, M. M. (2018, November). *Developing the working alliance in inpatient settings*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- +17. Allen, N., **Schmit, M. K.**, & Schmit, E. L. (2018, November). *Experiences of intersectionality among counselor educators and supervisors*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- +16. **Schmit, M. K.**, Silveus, S. A., Schmit, E. L., Oller, M., & Garcia, M. (2018, November). *What does it all mean?: Making sense of research findings for counselors in practice*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- +15. Schmit, E. L., **Schmit, M. K.**, Fish, M., & Jones, N. (2018, March). *Closing the research-to-practice gap in the classroom: Creative approaches to teaching research and assessment*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +14. Silveus, S. A., **Schmit, M. K.**, & Hughes, L. (2018, March). *Connecting the personal with theoretical: A self-reflective approach to teaching counseling theories*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +13. Conner, C., & **Schmit, M. K.** (2018, March). *Movement and creative strategies for teaching theories in counseling programs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
12. Schmit, E. L., **Schmit, M. K.**, Klassen, S. L. (2016, November). *An Integrated approach to ethical decision-making in counselor education*. Texas Counseling Association's 60<sup>th</sup> Professional Growth Conference, Dallas, TX.
11. Schmit, E. L., **Schmit, M. K.**, & Callender, K. A. (2016, November). *Thwarting the disconnect between research and practice: Implications for counselors and counseling researchers*. Texas Counseling Association's 60<sup>th</sup> Professional Growth Conference, Dallas, TX.
10. Snow, K., Schmit, E. L., & **Schmit, M. K.** (2016, January). *Navigating the faculty job search and networking: A roundtable discussion for counseling doctoral students*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

9. **Schmit, M. K.**, Challender, K. A., Abdulkadir, H., & Schmit, E. L. (2016, January). *Five practical methods to bridging the researcher-practitioner divide*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
8. Karaman, M. A., Fernandez, M. A., **Schmit, M. K.**, & Mendez, E. A. (2015, November). *TAHEAD presents: A humanitarian crisis: Unaccompanied asylum-seeking children and counseling services*. Texas Counseling Association's 59<sup>th</sup> Professional Growth Conference, Corpus Christi, TX.
7. **Schmit, M. K.**, & Schmit, E. L. (2015, November). *The big 3 in mental health: Treating individuals with major depression, bipolar, and schizophrenia from an integrated behavioral and primary health care approach*. Texas Counseling Association's 59<sup>th</sup> Professional Growth Conference, Corpus Christi, TX.
6. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015, January). *Promoting professional advocacy for mental health professionals who work with unaccompanied immigrant children*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. **Schmit, M. K.**, Schmit, E. L., & Harris, N. (2014, November). *Let's talk about the 5%: Inpatient psychiatric care*. Texas Counseling Association's 58<sup>th</sup> Professional Growth Conference, Dallas, TX.
4. Karaman, M. A., Oliver, M., **Schmit, M. K.**, & Ulus, I. C. (2014, November). *International graduate students' perceptions of counseling ethics*. Texas Counseling Association's Professional Growth Conference, Dallas, TX.
3. Hott, B., **Schmit, M. K.**, Balkin, R. S., Williams, G., & Armstrong, S. (2014, September). *Evidenced-Based Practice: What is available for counselors serving students with emotional and learning disabilities?* Texas A&M University System Chancellor's Summit, Austin, TX.
2. Karaman, M. A., & **Schmit, M. K.** (2014, January). *Substance abuse treatment and risk factors with diverse populations*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
1. **Schmit, M. K.**, & Schmit, E. L. (2013, September). *Inside vantage point: Understanding the addicted person*. Texas Counseling Association's 57<sup>th</sup> Professional Growth Conference, San Antonio, TX.

### **Local**

- +4. Silveus, S. A., & **Schmit, M. K.** (2020, April 7). *The importance of assessing social validity in single case designs* [Conference session]. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX. <https://www.tamuc.edu/research/ResearchSymposium/tamuc-annual-research-symposium/default.aspx> (Conference Canceled due to COVID-19)
3. Schmit, E. L., **Schmit, M. K.**, Wachira, E., & Lauderdale, S. (2019, September). *Mental health among college students*. Professional Developmental Day, Texas A&M University-Commerce, Commerce, TX.

+2. Hawkins, J., & **Schmit, M. K.** (2019, April 9). *Meta-analysis of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment*. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX.

1. Schmit, E. L., **Schmit, M. K.**, Karaman, M. A., & Gonzalez, J. (2014, April). *The big three in mental health: Exploring major depression, bipolar, and schizophrenia in the gulf coast region*. Gulf Coast Counseling Association, Corpus Christi, TX.

## **INVITED PRESENTATIONS, TRAININGS, WEBINARS, & WORKSHOPS**

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+ student collaboration

\* accepted to be presented

### **National**

\***Schmit, M. K.** (2020, April 29). *Integrated Care: A Coordinated Approach to Healthcare Treatment* [Webinar]. Chi Sigma Iota Counseling Academic & Professional Honor Society International. [https://www.csi-net.org/page/webinars\\_scheduled](https://www.csi-net.org/page/webinars_scheduled)

### **State**

10. Schmit, E. L., & **Schmit, M. K.**, Croffie, A. (2020, February 27–28). *An introduction to the research process in the counseling field* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. [https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)

9. Schmit, E. L., Burleson, C., Cade, R., **Schmit, M. K.**, Trepal, H. (2020, February 27–28). *Research roundtables: Research feedback from the pros* [Roundtable session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. [Names placed in no particular order] [https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)

8. **Schmit, M. K.** (2019, June). *Behavioral health/primary care integration application*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX. <https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-summer-19-training-tickets-62011015617>.

7. **Schmit, M. K.** (2019, March). *Integrated care treatment*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX. <https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-training-tickets-56597231844>

6. **Schmit, M. K.** (2019, February). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Houston Food Bank, Houston, TX.

5. **Schmit, M. K.** (2018, August). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Mesquite Metroplex Center, Mesquite, TX.

4. Giordano, A. L., Schmit, E. L., & **Schmit, M. K.** (2018, March). *Panel: Transition from doctoral program to academic career*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
3. **Schmit, M. K.**, & Schmit, E. L. (2018, March). *Using a mixed design analysis of variance model in counseling research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
2. Smith, J., Timm, N., Blalock, S., Lectora, I., Pow, A., Schmit, E. L., & **Schmit, M. K.** (2017, March). *Transition from Student to Counselor Educator Panel* [TACES graduate student day panel]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
1. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Practical application of within-subjects research designs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

### Local

6. Davis, D., Gonzalez, E., Hickamn, D., Mathews, R., Mohdzain, Z., Schmit, E. L., & **Schmit, M. K.** (2020, March 21). *Faculty panel on professional identity* [Plenary session]. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX, United States. [Author order determined alphabetically; conference canceled due to COVID-19]
5. Gonzalez, E., & **Schmit, M. K.** (2020, February 8). *Understanding the role of a counselor educator*. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX.
- \*4. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, May). *Ethical Considerations for Counselor Practice*. Dallas Metro Counseling Association Conference, Dallas, TX.
3. **Schmit, M. K.** (2018, September). *Narrowing my research topic and choosing the appropriate analysis*. Doctoral Seminar, Texas A&M University-Commerce, Mesquite, TX.
2. **Schmit, M. K.**, & Schmit, E. L. (2016, October). *Effectiveness of integrated care treatment for persons with serious mental illness*. Coastal Plains Community Center, Portland, Texas.
1. **Schmit, M. K.** (2014, January). *Empathy, hope, and a brighter future*. Texas Department of Corrections Youth Boot Camp, Corpus Christi, TX.

### PUBLICITY/INTERVIEWS/MEDIA APPEARANCES

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4. **Honorees for MLK Awards Announced**, by R. Scott, Herald Banner, January 2019. [Online Newspaper Article]
  - [https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article\\_fdb07a92-193b-11e9-8ffe-bf5987386104.html](https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html)

3. **Counselors Receive Research Grant to Study Native Populations in New Mexico**, by R. Talamantes, *UNT College of Education*, University of North Texas College of Education, September 2017. [Website Article]
  - <https://www.coe.unt.edu/news/counselors-receive-research-grant-study-native-populations>
2. **University Students Win the American Counseling Association Graduate Students Ethics Competition Award**, by *TAMUCC News*, Texas A&M University-Corpus Christi, February 2015. [Website Article]
  - <http://tamucc.edu/news/2015/02/021815%20Ethics%20Competition.html#.Wb7Bd601Tq0>
1. **Counselor Career Stories**, Interview by D. Irving. *Counseling Today*, American Counseling Association, August 2014. [Magazine Article]

## PROFESSIONAL SERVICE ACTIVITIES

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### Editorship/Editorial Review Board

8. **Associate Editor-Quantitative Research**, *Journal of Counseling & Development*, July 2020 to present.
7. **Guest Editor, Special Issue**, *Journal of Counseling & Development*, December 2019 to present.
  - Special Issue: Advancing the Counseling Profession Through Research and Publication
6. **Reviewer**, *Journal of Professional Counseling; Practice, Theory, & Research*, October 2018 to present.
5. **Ad Hoc Reviewer**, *Journal of Addictions & Offender Counseling*, July 2018.
4. **Associate Editor-Research**, *Journal of College Counseling*, July 2017 to September 2020.
3. **Reviewer**, *Journal of Counseling & Development*, July 2016 to July 2020.
2. **Founding Co-Editor**, Texas Association for Humanistic Counseling And Development, TAHEAD Newsletter, Texas A&M University-Corpus Christi, June 2014 to May 2016.
1. **Editorial Assistant**, *Journal of Counseling & Development*, Texas A&M University-Corpus Christi, August 2013 to May 2016.

### Program Proposal Reviewer

15. **Program Proposal Reviewer**, Association for Assessment and Research in Counseling, 2020 National Assessment and Research Conference in Cincinnati, OH, July 2020.
14. **Program Proposal Reviewer**, American Counseling Association, ACA 2021 Conference & Expo in San Diego, CA, July 2020.



13. **Program Proposal Reviewer**, Texas Counseling Association, 64<sup>th</sup> Annual 2020 Professional Growth Conference in Dallas, TX, June 2020.
12. **Program Proposal Reviewer**, 2020 Southern Association for Counselor Education and Supervision Conference in Baltimore, MD, February 2020.
11. **Program Proposal Reviewer**, 2020 Texas Association for Counselor Education and Supervision Mid-Winter Conference in San Antonio, TX, November 2019.
10. **Program Proposal Reviewer**, Texas Counseling Association, 63<sup>rd</sup> Annual 2019 Professional Growth Conference in Fort Worth, TX, July 2019.
9. **Program Proposal Reviewer**, American Counseling Association, ACA 2020 Conference & Expo in San Diego, CA, June 2019.
8. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2019 National Conference in Seattle, WA, October 2019.
7. **Program Proposal Reviewer**, Texas Counseling Association, 62<sup>nd</sup> Annual 2018 Professional Growth Conference in Dallas, TX, May 2018.
6. **Program Proposal Reviewer**, Texas Counseling Association, 61<sup>st</sup> Annual 2017 Professional Growth Conference in Galveston, TX, June 2017.
5. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2017 National Conference in Chicago, IL, October 2017.
4. **Program Proposal Reviewer**, Texas Counseling Association, 60<sup>th</sup> Annual 2016 Professional Growth Conference in Corpus Christi, TX, May 2016.
3. **Program Proposal Reviewer**, Western Association for Counselor Education and Supervision, WACES 2016 Conference in Vancouver, BC, Canada, April 2016.
2. **Program Proposal Reviewer**, Texas Counseling Association, 59<sup>th</sup> Annual 2015 Professional Growth Conference in Corpus Christi, TX, May 2015.
1. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2015 National Conference in Philadelphia, IL, February 2015.

### **Counseling Association Committees**

3. **Member**, SACES Research Task Force Committee, Southern Association for Counselor Education and Supervision, September 2019 to present.
2. **Member**, Public Policy and Advocacy Committee, Association for Assessment and Research in Counseling, July 2017 to July 2018.

1. **Member**, Conference Committee, Association for Assessment and Research in Counseling, Conference planning committee for the 2015 AARC conference in Memphis, TN, October 2014 to September 2015.

### Other Professional Service Activities

3. **Faculty Member**, American Counseling Association’s 2018-19 Graduate Student Ethics Competition (master’s level), Texas A&M University-Commerce, October 2018 to December 2018.
2. **Faculty Member**, American Counseling Association’s 2017-18 Graduate Student Ethics Competition (doctoral level), University of North Texas, September 2017.
1. **Faculty Member**, American Counseling Association’s 2017-18 Graduate Student Ethics Competition (master’s level), University of North Texas, September 2017.

### EVALUATION OF TEACHING EFFECTIVENESS

#### TAMUC

#### Teaching Effectiveness Assessed Using the Course Evaluation Report

Likert Rating Scale: 5 = *Strongly Agree*, 4 = *Agree*, 3 = *Neutral*, 2 = *Disagree*, 1 = *Strongly Disagree*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Instructor	Dept	College	TAMUC
						$\mu^{1,2}$	$\mu^2$	$\mu^2$	$\mu^2$
2020	Fall	609 Intro to Stats	14				<i>Pending</i>		
2020		717 Ethics & Professional	10				<i>Pending</i>		
2020	Summer	640 <sup>4</sup> Adv Multivariate	5	4	80%	<b>4.80</b>	4.56	4.50	4.44
2020		595 Research Lit & Teach	13	13	100%	<b>4.61</b>	4.59	4.56	4.43
2020		595 Research Lit & Teach	22	22	100%	<b>4.70</b>	4.56	4.50	4.44
2020		516 Basic Skills	12	12	100%	4.47	4.56	4.50	4.44
2020	Spring	717 Ethics & Professional	9			<i>Canceled due COVID-19</i>			
2020		609 Intro to Stats	10			<i>Canceled due COVID-19</i>			
2019	Fall	551 Practicum	7	5	71%	<b>5.00</b>	4.62	4.43	4.33
2019		613 Adv Stat Tech	4	4	100%	<b>4.87</b>	4.62	4.43	4.33
2019		552 Internship <sup>3</sup>	3	--	--	--	--	--	--
2019	Summer	522 Diversity	8	6	75%	4.67	4.67	4.49	4.40
2019		516 Basic Skills	7	7	100%	<b>4.91</b>	4.67	4.49	4.40
2019		697 <sup>4</sup> Adv Multivariate	6	4	67%	<b>5.00</b>	4.67	4.49	4.40
2019		595 Research Lit & Tech	17	11	65%	<b>4.53</b>	4.40	4.49	4.39
2019	Spring	595 Research Lit & Tech	9	8	89%	<b>4.89</b>	4.60	4.51	4.35
2019		717 Ethics & Professional	11	10	91%	4.56	4.60	4.51	4.35
2018	Fall	613 Adv Stat Tech	6	6	100%	<b>4.81</b>	4.56	4.47	4.32
2018		595 Research Lit & Tech	11	11	100%	<b>4.68</b>	4.56	4.47	4.32

<sup>1</sup> **Bold font indicates score above COUN Program mean.**

Regular font indicates EITHER score equal to COUN Program mean.

*Italics font indicates score below COUN Program mean.*

<sup>2</sup> Mean score from combined overall instructor, course, and QEP questions

<sup>3</sup> Course must enroll four or more students to yield an evaluation score

<sup>4</sup> COUN 640 course number replaced COUN 697

**Average Teaching Effectiveness Rating = 4.8**

**UNT**

**Teaching Effectiveness Assessed Using the Student Perception of Teaching (SPOT)**

Likert Rating Scale: 0 = *Very Poor*, 1 = *Poor*, 2 = *Fair*, 3 = *Good*, 4 = *Very Good*, 5 = *Excellent*; scores closer to "5" indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Sum <sup>1,3</sup>	CEI <sup>4</sup>	Dept μ/SD <sup>5</sup>	College μ/SD	UNT μ/SD
2018	Summer	5610 Addictions	24	16	67%	3.9	5.0	4.2/.75	4.4/.65	4.4/.65
2018		5480 Diagnosis	16	12	75%	<b>4.6</b>	5.1	4.2/.75	4.4/.65	4.4/.65
2018	Spring	5660 Advanced Skills	9	9	100%	4.8	6.0	4.8/.05	4.4/.50	4.1/.71
2018		5710 Counseling Theories	32	32	100%	4.7	5.2	4.8/.05	4.4/.50	4.1/.71
2017	Fall	5660 Advanced Skills	13	12	92%	4.1	6.5	4.5/.53	4.1/.79	4.2/.74
2017		5710 Counseling Theories	19	19	100%	<b>4.8</b>	5.8	4.5/.17	4.1/.79	4.2/.74
2017	Summer	5290 Ethics in CMHC	21	21	100%	<b>4.6</b>	4.3	4.5/.49	4.5/.51	4.3/.61
2017		5480 Diagnosis	15	14	93%	<b>4.8</b>	5.6	4.5/.49	4.5/.51	4.3/.61
2017	Spring	5660 Advanced Skills	14	14	100%	<b>4.8</b>	5.3	4.3/.71	4.2/.76	4.4/.66
2016	Fall	5660 Advanced Skills	10	10	100%	3.4	6.1	4.4/.53	4.2/.61	4.4/.63
2016		5710 Counseling Theories	17	15	88%	<b>4.5</b>	5.4	4.4/.53	4.2/.61	4.4/.63

<sup>1</sup> **Bold font indicates score above COUN Program mean (or median when no mean).**

Regular font indicates EITHER score equal to COUN Program mean (or median when no mean) OR no comparative data available.

*Italics font indicates score below COUN Program mean (or median when no mean).*

<sup>2</sup> SETE category: HE = Highly Effective, E = Effective; SE = Somewhat Effective

<sup>3</sup> Median of combined Summative scores (four global questions)

<sup>4</sup> Challenge and Engagement Index

<sup>5</sup> Mean and standard deviation of combined median Summative scores

**Average Teaching Effectiveness Rating = 4.5 out of 5 (2-years)**

**DOCTORAL/DISSERTATION COMMITTEE MEMBERSHIP**

**TAMUC**

**Dissertation Chair (Texas A&M University-Commerce)**

Pearson, Kimberly, ABD	Counseling	(2020 - degree in progress)
Kaszynski, Erin, ABD	Counseling	(2020 - degree in progress)
Basham, James, ABD	Counseling	(2019 - degree in progress)

Payson, Jodi	Counseling	(2020 - degree in progress)
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***Committee Member (Texas A&M University-Commerce)***

Mountain, Jennafer, ABD	Counseling	(2020 - degree in progress)
Hawkins, Joshua, ABD	Counseling	(2020 - degree in progress)
Baig, Jovaria, ABD	Counseling	(2020 - degree in progress)
Matthews, Rebecca, PhD	Counseling	(Degree Awarded in Summer 2020)
Hickman, Donna, PhD	Counseling	(Degree Awarded in Summer 2020)
Pouncie, Erica, PhD	Counseling	(Degree Awarded in Summer 2020)
Stevens, Desiree, PhD	Counseling	(Degree Awarded in Summer 2020)
Brashear, Crystal, ABD	Counseling	(2018 - degree in progress)
Thomas, Nancy, PhD	Counseling	(Degree Awarded in Fall 2019)
Spiller, Jacqueline, PhD	Counseling	(Degree Awarded in Summer 2020)
Aramesh, Fariba, ABD	Counseling	(2018 - degree in progress)
Khosravi, Shirin, PhD	Counseling	(Degree Awarded in Fall 2019)

***Out-of-Department Committee Member (Texas A&M University-Commerce)***

Pleasant, William, ABD	Educational Psychology	(2020 – degree in progress)
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**UNT**

***Committee Member (University of North Texas)***

Woehler, Elliott, PhD	Counseling	(Degree Awarded in Spring 2019)
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**FACULTY SERVICE ACTIVITIES**

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**University**

4. **Faculty Judge**, Annual Research Symposium (ARS), Texas A&M University-Commerce, April 2020 (Conference canceled due to COVID-19).
3. **Graduate Faculty Representative**, Doctoral Advisory Committees and Dissertations, Texas A&M University-Commerce, October 2019 to present.
2. **Faculty Judge**, Annual Research Symposium (ARS), Texas A&M University-Commerce, April 2019.
1. **Member**, Committee Member Representative for Counselor Education, Graduate Student Advisory Committee, Dean of Graduate Studies, Texas A&M University-Corpus Christi, TX, October 2014 to May 2016.

**College**

**Member**, College of Education Scholarship Committee, University of North Texas, March 2017 to July 2018.

## Department/Program

### **TAMUC**

8. **Co-Chair**, Counselor Education Research Team (CERT), Department of Counseling, Texas A&M University-Commerce, June 2019 to present.
7. **Ad Hoc Member**, Review, Retention, and Dismissal Committee, Department of Counseling, Texas A&M University-Commerce, May 2019 to June 2019.
6. **Proctor**, Doctoral Comprehensive Exams, Department of Counseling, Texas A&M University-Commerce, Spring 2019, Summer 2019, and Spring 2020.
5. **CACREP Liaison**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce, January 2019 to present.
4. **Member**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to December 2018.
3. **Member**, Scholarship/Excellence Fund Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to present.
2. **Member**, Doctoral Program Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to September 2019.
1. **Member**, Master's Admission Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to present.

### **UNT**

9. **Member**, Ad Hoc Appeal Committee, Counseling & Higher Education, University of North Texas, November 2017.
8. **Member**, Clinical Experiences Committee, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.
7. **Internship Coordinator**, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.
6. **Member**, Counseling & Higher Education One-year Lecture Search Committee (Counseling), University of North Texas, April 2017 to July 2017.
5. **Member**, Clinical Mental Health Program Development, University of North Texas, September 2016 to August 2018.
4. **Member**, Assessment & Evaluation Committee, University of North Texas, September 2016 to August 2018.

3. **Member**, Counseling & Higher Education Tenure-track Faculty Search Committee (Counseling), University of North Texas, September 2016 to March 2017.
2. **Member**, Masters Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2015.
1. **Member**, Doctoral Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2014.

## **PUBLIC SERVICE ACTIVITIES**

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2. **Member**, Advisory Committee, Counseling Department at the University of Louisiana at Monroe, October 2019 to present.
1. **Co-host**, Unity Gathering, Denton, Texas, November 14<sup>th</sup>, 2016.

Purpose: A non-political showing of support and compassion for all faculty and doctoral students within the department of counseling, especially those who may feel less safe or upset by recent national events

## **PROFESSIONAL DEVELOPMENT**

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### **TAMUC**

6. **SAGE Research Methods for Graduate Faculty**, Texas A&M University-Commerce, 2020
5. **Graduate Adviser Training**, Graduate School, Texas A&M University-Commerce, 2019
4. **Professional Development Day**, Texas A&M University-Commerce, 2019
3. **Annual Research Symposium**, Texas A&M University-Commerce, 2019
2. **Professional Development Day**, Texas A&M University-Commerce, 2018
1. **Essentials of myLeo Online—Powered by D2L Brightspace Training**, Texas A&M University-Commerce, 2018

### **UNT**

3. **Search Committee Training**, University of North Texas, 2017
2. **Faculty Information System Training**, University of North Texas, 2017
1. **Leadership Training**, Texas Counseling Association Institute for Leadership, 2014

## **PROFESSIONAL AFFILIATIONS**

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American Counseling Association (*July 2010-present*)

Association for Counselor Education and Supervision (*September 2014-present*)

Southern Association for Counselor Education and Supervision (*November 2016-present*)

Association for Assessment and Research in Counseling (*September 2014-present*)  
Texas Counseling Association (*September 2013-present*)  
Texas Association for Humanistic Education and Development (*June 2014-present*)  
Texas Association for Counselor Education and Supervision (*September 2013-present*)  
Counselor Education Research Consortium (*September 2013-September 2014*)  
Gulf Coastal Counseling Association (*September 2012-August 2015*)  
Chi Sigma Iota (*September 2010-January 2015; March 2020-present*)

## **PROFESSIONAL CONFERENCES ATTENDED**

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### **American Counseling Association World Conference**

2020 San Diego, California (canceled due to COVID-19)  
2019 New Orleans, Louisiana  
2018 Atlanta, Georgia  
2017 San Francisco, California  
2016 Montreal, Canada  
2015 Orlando, Florida  
2014 Honolulu, Hawaii

### **Association for Assessment in Research and Counseling National Conference**

2020 Cincinnati, Ohio (Virtual Conference)  
2019 San Antonio, Texas  
2018 Richmond, Virginia  
2015 Memphis, Tennessee  
2014 Moline, Illinois

### **Association for Counselor Education and Supervision National Conference**

2019 Seattle, Washington  
2017 Chicago, Illinois  
2015 Philadelphia, Pennsylvania

### **Texas Counseling Association Professional Growth Conference**

2019 Fort Worth, Texas  
2018 Dallas, Texas  
2016 Dallas, Texas  
2015 Corpus Christi, Texas  
2014 Dallas, Texas  
2013 San Antonio, Texas

### **Texas Association for Counselor Education and Supervision Midwinter Conference**

2020 San Antonio, Texas  
2019 Dallas, Texas

2018 Austin, Texas  
2017 Austin, Texas  
2016 Austin, Texas  
2015 Austin, Texas  
2014 Austin, Texas  
2013 Austin, Texas

### **Gulf Coast Counseling Association**

2014 Corpus Christi, Texas

## **OTHER TEACHING, RESEARCH, AND SUPERVISION EXPERIENCE**

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### **Invited Guest Lecture**

#### **TAMUC**

7. Quantitative Research Designs, Sampling Methods, and Sample Size, *COUN 625: Research Applications*, Doctoral level, Fall 2017.
6. Research Design and Statistical Power, *COUN 625: Research Applications*, Doctoral level, Spring 2017
5. Challenging Skills, *COUN 516: Basic Counseling Skills*, Masters level, Summer II 2016
4. Research Methods and Quantitative Statistics, *COUN 625: Research Applications*, Doctoral level, Spring 2016.
3. Practical Counselor Experiences in Community Mental Health Settings, *COUN 510: Introduction to Counseling Profession*, Masters level, Fall 2015.
2. Reporting and Presenting Research Findings, *PSY/SPED 605: Single Subject Designs*, Doctoral level, Summer 2014.
1. Reporting and Presenting Research Findings, *COUN 595: Research Literature and Techniques*, Masters level, Summer I 2014.

#### **TAMUCC**

Mindfulness-Based Practices, *CNEP 5698: Counseling Internship*, Masters level, Summer I 2014.

### **Doctoral Student Teaching and Research**

**Teaching and Research Assistant**, Texas A&M University-Corpus Christi, September 2013 to May 2016.

Facilitated and lead class discussions; assisted with course design and implementation (doctoral research course); led research team, developed research ideas, and conducted research

### **Supervision**

**Doctoral Student Supervisor**, Texas A&M University-Corpus Christi, January 2014 to December 2014.  
Provided individual and triadic supervision to a total of nine (9) master's level students.



## **RELATED PROFESSIONAL EMPLOYMENT EXPERIENCE**

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### **Consultation**

**Consultant**, August 2015-September 2015. Served as methodologist and statistics consultant to BeneVie Consulting, LLC; constructed survey instruments to assess and identify employee relations, work atmosphere, employee satisfaction, and employee productivity.

### **Clinical/Administrative**

7. **Program Specialist II**, December 2015 to May 2016. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. As an administrator, I provided oversight to two grant funded programs, Psychiatric Emergency Services Center (PESC) and Private Psychiatric Beds (PPB), and managed the department of continuity, ensuring staff compliance, assigning responsibilities, and providing supervision. Furthermore, I ensured compliance with CPCC's memorandum of understanding with outside partners through integrity reviews, frequent face-to-face contacts, and utilization management reviews. In this position, I managed five of the nine million dollars CPCC use to facilitate client care.
6. **Preadmission Screening and Residential Review Coordinator (PASRR)**, September 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and nursing facilities for the gulf coast region. Coordinated services, future treatment, and client care. Maintained performance contract with the Texas Department of State Health Services.
5. **Continuity of Care Coordinator (COC)**, July 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and local/state inpatient psychiatric hospitals. Coordinated hospitalization, discharge, and continued treatment; conduct daily administrative duties, provided training and consultation for the department of continuity. Managed an annual 3.5-million-dollar contract in accordance with the Texas Department of State Health Services.
4. **Case Manager II**, August 2012 to May 2013. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Provided aggressive interventions and frequent in-person contact with individuals and their families, by providing on-going rehabilitative and case management services for children and adults with a mental health diagnoses of schizophrenia, bipolar, major depression, ADHD, ODD, and conduct disorder. Performed case management services, skills training, psychosocial rehabilitation, crisis intervention, community outreach, and psychoeducation.
3. **Intensive Home-Based Therapist**, July 2011 to July 2012. The Center for Children and Families, Inc. Provided individual and family therapy within home setting; Intensive Home-Based Services (IHBS) is a placement prevention/reunification program for children subjected to parental abuse or neglect-issues such as family conflicts, domestic violence, child abuse and neglect, improper parenting and discipline strategies, substance use, and so forth.
2. **Safe Schools Therapist**, April 2011 to July 2011. The Center for Children and Families, Inc. Provided individual and family therapy in the community and school setting; Safe Schools program is a

prevention program for at-risk youth and adolescents. Issues addressed include: behavioral issues at school/home, family conflicts, parenting and disciplining, substance use, and so forth.

1. **Counselor Intern**, September 2009 to March 2011. Behavioral Medicine and Addictive Disorders, Inc. Provided IOP/OP group/individual therapy under the direct supervision of Dr. Mitchell Young; addressed substance abuse issues. Duties performed include: group/individual therapy, case management, psychological education group, assisted with GED, developed and assisted with residential/halfway house, administered assessments, assisted with job placement, and so forth

## **ADVANCED CERTIFICATIONS AND TRAININGS**

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### **Education/Teaching**

3. CACREP Self-Study Training, October 2019
2. Certificate of Online Course Design and Development, December 2015
1. Certificate of Professional Development in Best Practices for Online Course Design, December 2015

### **Clinical**

11. Telemental Health Counseling, 12-hour training, PESI, in progress.
10. Collaborative Assessment and Management of Suicidality (CAMS) certified, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, July 2015
9. Suicide Safety Plan certified and trainer, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, February 2015
8. Adult Needs and Strengths Assessment (ANSA) certified, Texas Department of State Health Services, August 2012 to May 2016
7. Child-Adolescent Needs and Strengths (CANS) certified, Texas Department of State Health Services, August 2012 to May 2016
6. Dialectical Behavioral Therapy (DBT), six-hour training, Texas A&M University-Corpus Christi, May 2014
5. Applied Suicide Intervention Skills Training (ASIST) certified, Texas Department of State Health Services, June 2013
4. Illness Management & Recovery (IMR) certified, Texas Department of State Health Services, June 2013
3. Aggression Replacement Training (ART) certified, Texas Department of State Health Services, August 2012
2. Skillstreaming in Early Childhood and Adolescents certified, Texas Department of State Health Services, August 2012
1. Intensive Home-Based Services (IHBS) certified, Institute for Family Development, July 2011