

CURRICULUM VITAE**August, 2019****Dr. Tara M. Tietjen-Smith, MCHES**Professor, Department Head
Global Fellow**Department:** Department of Health & Human Performance**Address:** Field House 100B

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Phone: 903-886-5545**E-Mail:** Tara.Tietjen-Smith@tamuc.edu**EDUCATION****D.A. (Doctor of Arts) in Health & Physical Education**, Middle Tennessee State University, Murfreesboro, TN (2003).Dissertation: *Grip Strength in Relationship to Overall Strength and Functional Capacity in Very Old and Oldest Old Females***M.Ed. in Health Promotion**, Northwestern State University, Natchitoches, Louisiana (1995).

Internship: American Heart Association National Center, Corporate Health Division

B.A. in Psychology, Northwestern State University (1992).

Emphasis area: Behavioral Psychology

TEACHING EXPERIENCE**Professor**, Department of Health & Human Performance, A&M – Commerce, 2015-present**Associate Professor**, Department of Health & Human Performance, A&M – Commerce, September 2010-2015**Assistant Professor**, Department of Health & Human Performance, A&M-Commerce, 2003- 2010**Assistant Professor** (one-year appt.), Department of Health & Human Performance, Belmont University, 2001–2002**Adjunct Instructor**, Department of Health & Human Performance, Belmont University, 1998 – 2003**Adjunct Instructor**, Department of Education, Free Will Baptist Bible College, 2001**Graduate Teaching Assistant**, Department of Health & Human Performance, Northwestern State University, 1993-1995**PROFESSIONALLY- RELATED EXPERIENCE****Editorial Review Board Member**, *International Journal of Kinesiology in Higher Education* (2015 - present)**Doctoral Lightning Round and Master's Posters Judge** for Texas A&M System Pathways Symposium – Tarleton (2017), West Texas (2018)**Editorial Board Member**, *Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Journal* (2013 – 2017)**Professional Book Reviewer**, *Evidence Based Practice in Sport and Exercise: A Practitioner's Guide to Using Research* (2015)**Reviewer**, American Association for Health, Physical Education, Recreation, and Dance (AAHPERD) Research Consortium Health Proposals for 2013 Convention (2012)**Reviewer**, *Journal of School Health* (2008 – 2013)**Reviewer**, *TAHPERD Journal* (2008 – 2013)**Reviewer**, *Athletic Insight* (2008-2010)**Reviewer**, AAHPERD Presentation Proposals for 2007 Convention (2006)**Director of Fitness & Wellness**, Department of Health & Human Performance, Belmont University, Nashville, Tennessee, (June 1999 – March 2003)**Director of Faculty & Staff Wellness Program**, Belmont University, Nashville, Tenn, November (1997 – July 2003)**Director of Belmont Wellness Center**, Belmont University, Nashville, Tennessee, (June 1998 – March 2003)**Cardiac Rehab Exercise Physiologist/ Consultant**, The Kim Dayani Center at Vanderbilt University Medical

Center, Nashville, Tennessee, 1997 – 1998

Cardiac / Pulmonary Rehab Exercise Physiologist, Bossier Medical Center, Bossier City, Louisiana, 1996 – 1997

CPR Certification Instructor, American Heart Association, 1996 – 2003

Program Director, Gold's Gyms, Shreveport & Bossier City, Louisiana, 1995-1996

Certification Instructor, International Fitness Professionals Association, Tampa, FL, 1996

Corporate Health Promotion Intern, American Heart Association National Center, Dallas, Texas, 1995

Graduate Teaching/Research Assistant, Northwestern State University, Natchitoches, Louisiana, 1993 – 1994

Personal Trainer / Aerobics Instructor, self-employed, 1991 – 2002

Physical Therapy Assistant, Tietjen Physical Therapy, Shreveport, Louisiana, 1985 – 1993

Athletic Trainer, Northwestern State University, Natchitoches, Louisiana, 1989

PROFESSIONAL ASSOCIATIONS (*denotes current membership)

- NAKHE (National Association for Kinesiology in Higher Education)*
- NASSM (North American Society for Sport Management)*
- PRIM&R (Public Responsibility in Medicine and Research)
- SHAPE (Society of Health and Physical Educators)*
- TACSM (Texas chapter of the American College of Sports Medicine)*
- ASMA (Applied Sport Management Association)*
- TWHE (Texas Women in Higher Education)*
- AAHE (American Association for Health Education)
- NASPE (National Association for Sport & Physical Education)
- SDAHPERD (Southern District Alliance for Health, Education, Recreation, and Dance)
- Texas AHPERD (Texas Association for Health, Physical Education, Recreation, and Dance)*
- Delta Kappa Gamma – Honor Society for Women Educators
- NSCA (National Strength and Conditioning Association)
- ACSM (American College of Sports Medicine)
- IFPA (International Fitness Professionals Association)
- AFAA (Aerobics and Fitness Association of America)
- AKA (American Kinesiology Association) Departmental Member*
- EURAM – European Academy of Management

COMMITTEE MEMBERSHIPS National and Regional

President-Elect, NAKHE (National Association for Kinesiology in Higher Education) (2018-present)

Board Member (2015 – present)

Member, Program Recognition ad hoc committee (2018)

Member, Fearless Leaders Advisory (FLAG, 2018)

Past Vice-President (2017)

Vice-President (2016)

National Conference, Chair (2017) Orlando, Florida

Co-Chair, Department Head Certification Training (DHCT, 2016)

Member, Leadership Development Institute Committee (2016)

Vice-President-Elect (2015)

Member, Future Directions Committee (2015, 2019)

Ad Hoc Member, Marketing and Public Relations (2015 – 2017)

Ad Hoc Member, Social Justice and Diversity (2016 – 2017)

Ad Hoc Member, Technology (2016-2017)

Member, Conference Planning (2013-2014)

Member, Leadership Training (2013 – present)

Committee Member, American Kinesiology Association (AKA) Diversity Committee (2018-2019)

Committee Member, SDAHPERD (Southern District American Alliance for Health, Education, Recreation, and Dance) — 2018-2019 **Awards Committee**

Committee Chair, SDAHPERD 2006 – 2008; **Community Health**

Member – At – Large, – SDAHPERD – 2003 – 2005; **Research Council**

COMMITTEE MEMBERSHIPS State and Local

Texas AHPERD, College Division; Past-Chair (2019); **Chair** (2018); **Chair-Elect, Administrator's Section** (2017);
Health Education Committee (2017); Awards Committee (2017-2018)

Health Division Committee; Secretary (2013); **Chair-elect** (2014); **Chair** (2015); **Past-Chair** (2016)
Vice-President – 2008 (2007 – 2009) (The Texas Association for Health, Physical Education, Recreation, and Dance is a professional association for health, physical education, recreation, and dance professionals with over 4,500 members and an annual operating budget approaching half a million dollars) **Health Division**
Committee Chair (2008 – 2010) **Health Education Committee**
Committee Chair (2009) **K-12 Health, College/University Health Educator of the Year**
Chair (2005); **Chair-Elect** (2004); **Past Chair** (2006) - **Health Professional Education Section**
Item Writer for the TExES, **Educational Testing Service** (2006, 2008, 2010) **Health Science Technology Education 8 – 12**
Item Review Committee and Standard Setting Committee for the TExES, **Educational Testing Service** (2006) **Health Science Technology Education 8 – 12**

COMMITTEE MEMBERSHIPS

University University-Wide

Institutional Effectiveness Reviewer – 5th Year Interim Report (2019)
Search Committee Member (2019) Director, Morris Recreation Center
Institutional Review Board (IRB) (2013 – 2019); **Chair** (2014 – 2019)
Council of Academic Department Heads (2014 – present)
Chair (FY2016); **Chair-Elect** (Spring 2015); **Secretary** (2018-2019)
Workload Policy Task Force member (2015 – 2018)
Council on Academic and Student Affairs (2015 – 2016)
Budget Review and Development Council (BRDC), 2016)
BRDC Sub-committees member – GA Allocation and Metrics-Based Departmental Budgets (2016)
Facilities Advisory Committee (2015 – 2017)
Faculty Development Committee, Mentoring Task Force (CFEI), 2015 – 2017)
Traffic Committee (2015-2016)
Steel Branding Focus Group (2015-2016)
University Executive Council (2015 – 2016)
Women in Leadership Learning Community Mentor (2013 – present)
Gender Studies Minor committee (2013 – present)
Academic Integrity Taskforce (2014 - 2015) **Chair, Academic Integrity Survey committee**
Academic Affairs Tenure & Promotion (2010 – 2014)
Facilities Update committee, Chair (2015-2016)
Graduate Council (2010 – 2014); **Curriculum committee Member** (2011 – 2012) **Chair** (2012 – 2014); **Agenda committee Member** (2012 – 2014); **Scholarship committee Chair** (2013)
Graduate Representative for Dissertations (2004 – present)
Faculty Development Leave Committee (2010 – 2016); **Chair** (2011 and 2012)
Institutional Effectiveness (2009 – 2014)
QEP (Quality Enhancement Plan for SACS accreditation) Core Committee (2009 – 2014)
Global Scholar and Global Fellow - sub-committee member (2013-2014)
IACUC (Institutional Animal Care and Use Committee) (2008 – 2012) **Graduation Committee** (2006 – 2012)
Athletic Council (2005 – 2008)
Faculty Senate – Executive Council (2004 – 2006); **Chair, Facilities & Scheduling Committee** (2004 – 2006) Member, **Academic Affairs Committee** (2003 – 2010); Member, **Awards Committee** (2012 – 2013)
Graduate Faculty (2003 – present)
Alcohol & Drug Education Task Force (2003 – 2004)
Chair and member of several honors thesis, master’s thesis, and doctoral dissertation committees (2004 – present) for various departments across campus: Health & Human Performance, Educational Leadership, Literature & Languages, Curriculum & Instruction, and Counseling.

COMMITTEE MEMBERSHIPS

University COEHS

Counseling Department Head Search Committee Chair (2018)
COEHS Executive Council (2014 – present)

COEHS Tenure and Promotion Committee (2010 – 2014); **Chair** (2011 - 2013)
Psychology, Counseling, and Special Education Search Committee Member (2013 – 2014)
Educational Leadership Search Committee Member, 4 searches (2013)
COEHS Future Directions Committee (2010 – 2013)
COEHS Faculty Search Committee (2010 – 2011)
COEHS Assessment Committee (2009 – 2013)
Interdisciplinary Research Committee (2006-2008)

COMMITTEE MEMBERSHIPS

University Departmental

Department Head (2014 – present)
IRB Committee (2012 - present)
Strategic Planning (2005 - present/ Chair, 2014 - present)
QEP Department Mentor (2009 – 2014)
Scholarship Committee (2011 – 2014)
Tenure and Promotion Committee, Chair (2010 – 2014)
Honors' and Masters' thesis committees, chair and member (2004 – present)
Computer/Tech (Chair, 2003 – 2006/ Member, 2006 - 2013)
Health Majors (Chair or committee member, 2003 - 2012) Phi Pi Delta (majors' club, **Co-chair**, 2007 - 2010)
Graduate Program (2005 - 2014); **Chair** (2011 – 2014)
Physical Education and Sport Conference committee (2006 – 2007)
Faculty Senator (2003 – 2006)
Search Committees (2005 - present); **Chair**, Exercise Physiology; **Chair**, Department Head (3 times); **Chair**, Sport Administration; member, Health Promotion (3 times); member, Exercise Physiology.

HONORS, AWARDS, AND LISTINGS

- 2020 Faculty Eminent Scholar by the Texas Association of Black Personnel in Higher Education (TABPHE) and the Faculty Senate Academic Practices Committee at A&M Commerce
- 2019 Texas A&M University – Commerce Faculty Senate Recognition Award for Professional Excellence, Professional Service
- 2019 University Nominee for Minnie Stevens Piper Professor Award
- 2018 Global Fellow, Quality Enhancement Plan, Texas A&M University – Commerce
- 2018 Texas Association of Black Personnel in Higher Education (TABPHE) – Myrna Gilstrap Creativity in Teaching Award
- 2017 Texas Association for Health, Physical Education, Recreation, & Dance (TAHPERD) Scholar Award
- 2017 Texas Association of Black Personnel in Higher Education (TABPHE) – Madeline Justice Excellence in Teaching Award
- 2017 National Association for Kinesiology in Higher Education (NAKHE) Presidential Award (3rd time it has been awarded in history of organization) – Recognition Exceptional Leadership for the Creation of the Department Head Certification Training
- 2017 NAKHE Conference Coordinator Award
- 2016 Texas Association for Health, Physical Education, Recreation, & Dance (TAHPERD) Honor Award
- 2015 – 2016 A&M – Commerce Faculty Senate Recognition Award for Professional Excellence – University Service Award
- 2016 Professor of the Year, 4th Annual Dan and Jalinna Jones Education Awards Ceremony
- 2013 HHP Departmental nomination for Minnie Stevens Piper teaching award
- 2012 SDAHPERD (Southern District Association for Health, Physical Education, Recreation, & Dance) College/University Health Educator of the Year
- 2011 TAHPERD College/University Health Educator of the Year
- Texas A & M University System, Fall 2010, Spring 2011, Fall 2012 Student Recognition Award for Teaching Excellence awarded by the Texas A&M University Chancellor
- Nominated for TAHPERD Health Educator of the Year Award (December 2010)
- Nominated for TAHPERD Scholar Award (2009, 2015)
- Who's Who in Education Higher Education (WWEHE) (2008)
- Delta Kappa Gamma (Honor Society for Women Educators) (2005 – 2015)
- Certificate of Appreciation (2004), Alpha Kappa Alpha – Diabetes Awareness Campaign
- Merit Pay Raise (every year, 2004 to present)

PUBLICATIONS

Hendricks, L., Edwards, W., Tietjen-Smith, T., & Reysen, S. (2019). Knowledge, perceptions, attitudes, and engagement in relation to the Black Lives Matter movement. *TABPHE (Texas Association of Black Personnel in Higher Education) Journal of Higher Education*.

Ngo, C., Hendricks, L., Tietjen-Smith, T. & Dang, Q. (2018). Teaching content using English as a medium of instruction at universities in Vietnam: Issues and solutions. *Asian Education Studies* 3(1), 13 – 17.
<https://doi.org/10.20849/aes.v3i1.304>

Roberts, S., Tietjen-Smith, T., & Bolton, C. (2018). Reimagining the ‘toxic triangle:’ Its application in the sport management field. *European Academy of Management (EURAM) Research in Action: Conference Paper*.

Hott, B., & Tietjen-Smith, T. (2018). The professional development needs of tenure track faculty at a regional university. *Research in Higher Education Journal*, 36. Retrieval from
<http://www.aabri.com/manuscripts/172766.pdf>

Tietjen-Smith (Invited Article, 2016). Issues and trends in higher education health. *Quest*, 68(3), 324-336. Retrieval from <http://www.tandfonline.com/doi/pdf/10.1080/00336297.2016.1190284>

Block, B., & Tietjen-Smith, T. (Invited Article, 2016). The case for women mentoring women. *Quest*, 68(3), 306-315. Retrieval from <http://www.tandfonline.com/doi/full/10.1080/00336297.2016.1190285>

Block, B., Tietjen-Smith, T., & Estes, S. (2015). Thinking pluralistically: Dynamic decision making in kinesiology. *Quest*, 67(1), 93 – 105. Retrieval from <http://www.tandfonline.com/doi/full/10.1080/00336297.2014.984732>.

Tolson, J.A., & Tietjen-Smith, T. (2015). Mental health services and weight loss surgery. *Journal of Professional Counseling: Practice, Theory, and Research*, 4(1). Retrieval from <http://www.nationalforum.com/Electronic%20Journal%20Volumes/Tolson,%20Jennifer%20Mental%20Health%20Services%20and%20Weight%20Loss%20Surgery%20NFJCA%20V4%20N1%202015.pdf>

Tietjen-Smith, T. (2014). NAKHE strategic planning: Tradition, transition, and transformation. *Chronicle of Kinesiology in Higher Education*, 25(3), p. 26 - 28. Retrieval from <http://www.nakhe.org/sites/default/files/files/FINAL%20Fall%2014.pdf>

Tietjen-Smith, T., & Block, B. (2014). Interdisciplinary partnerships in higher education kinesiology. *Chronicle of Kinesiology in Higher Education: Special Edition, 2014 NAKHE Collaborative Conference*, 25(1), 14-17. Retrieval from http://files.nakhe.gethifi.com/publications/the-chronicle/2014_Special_Edition.pdf.

Kimbrough, S.K., Tietjen-Smith, T., Block, B., & Blackmon, C. (2014). Use of avatars to depict teacher characteristics in physical education. *Chronicle of Kinesiology in Higher Education*, 25(3). Retrieval from <http://files.nakhe.gethifi.com/publications/the-chronicle/25.3.pdf>.

Mull, H., & Tietjen-Smith, T. (2014). Physical activity and academic success: Links on a university campus. *FOCUS on Colleges, Universities, and Schools*, 8(1), 1-8. Retrieval from <http://www.nationalforum.com/Electronic%20Journal%20Volumes/Mull,%20Haley%20Physical%20Activity%20and%20Academic%20Success%20FOCUS%20V8%20N1%202014.pdf>

Tietjen-Smith, T., Balkin, R., & Kimbrough, S. (2014). Knowledge and teaching confidence of future and current health and kinesiology educators about sexual health topics. *National FORUM of Teacher Education*, 24(3). Retrieval from <http://www.nationalforum.com/Electronic%20Journal%20Volumes/Tietjen-Smith,%20Tara%20NFTEJ%20V24%20N3%202014.pdf>

Burnett, J., Rokey, L., Britten, C.F., Peak, K., Tietjen-Smith, T., & Yoder, A. (2013). Warning: Exercise may damage your hearing. *Education*, 3(3), 157-160. Retrieval from <http://article.sapub.org/10.5923.j.edu.20130303.03.html>

Tietjen-Smith, T., Kimbrough, S., & Block, B. A. (2012). Nethnodrama in higher education: Avatars facilitate cultural commentary for professors. *The Global eLearning Journal*, 1(4).

Burnett, J, Yoder, A., Britten, C.F., Peak, K, & Tietjen-Smith, T. (2012). Earphone volume of cardiovascular entertainment systems may be harmful to hearing health. *FOCUS on Colleges, Universities, and Schools*,

6(1). Retrieval from

<http://www.nationalforum.com/Electronic%20Journal%20Volumes/Burnett,%20Jeffery%20Earphone%20Volume%20Focus%20V6%20N1%2012.pdf>

Waller, L. & Tietjen-Smith, T. (2009). A national study of community college retention rates segmented by institutional degree of urbanization. *Academic Leadership*, 7(1). Retrieval from <http://contentcat.fhsu.edu/cdm/landingpage/collection/p15732coll4>

Tietjen-Smith, T., Balkin, R., & Kimbrough, S. (2009, Abstract). *The Sex Education Confidence Scale (SECS)*. TAHPERD Convention, Arlington, TX.

http://www.tahperd.org/LINKS/SUB_LINKS/PUBLICATIONS/publications_pdfs/Research_Abstract_Conv09.pdf

Waller, L., Tietjen-Smith, T., Masters, S., & Smith, H. (2008). A national study of community college retention rates segmented by degree of urbanization. *Academic Leadership*, 7(1). Retrieval from http://www.academicleadership.org/student_research/611.shtml

Waller, S., Tietjen-Smith, T., Davis, J., & Copeland, M. (2008). Urban versus rural community colleges: A national study of gender and ethnicity. *Academic Leadership*, 6(4). Retrieval from <http://scholars.fhsu.edu/alj/vol6/iss4/17/>

von Duvillard, S. P., Arciero, P. J., Tietjen-Smith, T., & Alford, K. (2008). Sports drinks, exercise training, and competition. *Current Sports Medicine Reports*, 7(4), 1-7. doi: 10.1249/JSR.0b013e31817ffa37.

Copeland, M., Tietjen-Smith, T., & Waller, L. R. (2008). Urban versus rural community colleges: A national study of part-time enrollment. *The Community College Enterprise: A Journal of Research and Practice*, 14(1), 67 – 78.

Tietjen-Smith, T. & Mercer, J. (2008). The female athlete triad: A statement of the problem. *Journal of Sports and Recreation Research & Education*, 2(1), 1 – 6.

Tietjen-Smith, T., Kimbrough, S., & Balkin R.S. (2008). Development and validation of the Sex Education Confidence Scale (SECS). *Journal of Education and Human Development*, 2(2).

Balkin, R.S., Tietjen-Smith, T.M., Caldwell, C., & Shin, Y. P. (2007). The utilization of exercise to decrease depression in college students. *Adultspan: Theory, Research, & Practice*, 6(1), 30 – 35.

Tietjen-Smith, T. & Ansel, D. (Spring 2007). Exercise and depression in the college student: A statement of the problem. *T (Texas) AHPERD Journal*, 75(2), 8 – 11.

Tietjen-Smith, T.M. & Martin, A.J. (Summer 2007). Functional capacity in the oldest old. *Texas AHPERD Journal*, 75(3), 12 – 15.

Tietjen-Smith, T.M., Smith, S.W., Martin, M., Henry, R., Weeks, S., & Bryant, A. (2006). Grip strength in relation to overall strength and functional capacity in very old and oldest old females. *Physical and Occupational Therapy in Geriatrics*, 24(4), 63.

Johnson, T.R., Tietjen-Smith, T.M., Smith, S.W., & McPhee, S. (Summer 2005). Effects of exercise on strength and mobility in residents of assisted living communities: Pilot study trends. *Texas AHPERD Journal*, 73(3).

Tietjen-Smith, T.M., Smith, S.W., Martin, M., Henry, R., Weeks, S., & Bryant, A. (2004). Grip strength in relationship to overall strength and functional capacity in oldest old females (Abstract). *Journal of Measurement in Physical Education & Exercise Science*.

Johnson, T., McPhee, S., & Dietrich, M.S. (Tietjen-Smith, T., contributor) (2003). Effects of recumbent stepper exercise on blood pressure, strength and mobility in residents of assisted living communities. *Physical and Occupational Therapy in Geriatrics*, 21 (2/3), 27 – 40.

Tara Tietjen-Smith, T.M., McPhee, S.D., Johnson, T.R., & Deitrich, M.S. (2003). Health & fitness for older adults in assisted living. *Southern District Association for Health Physical Education, Recreation, & Dance (SDAHPERD) Conference Proceedings*.

Tietjen-Smith, T.M. (2000). The effects of exercise on the elderly. *Tennessee AHPERD Journal*, 38 (2), 18 – 22.

Pujol, T., Hunt, B., & Tietjen-Smith, T. (1994). HIV/AIDS knowledge sources and preferred instructional formats

for college athletes. *Louisiana AHPERD Journal*, 57 (2), 20 – 21.

Hunt, B., Pujol, T., & Tietjen-Smith, T. (1994). HIV/AIDS perceptions and behaviors of college athletes in Louisiana (Abstract). *Louisiana AHPERD Journal*, 57 (2), 14 – 16.

Program Evaluation

Hott, B. L., Borgemenke, A, Isbell, L. J., Naizer, G., Schmit, E., Tietjen-Smith, T., & Villanueva-Russell, Y. (2016). Lion Institute for Educators (LIFE) Program. Submitted to the A&M-Commerce Faculty Center for Excellence and Innovation, Commerce, TX.

PRESENTATIONS

- Roberts, S., Tietjen-Smith, T., & Bolton, C. (2019). *Toxic leadership in the management of sport: Challenging the context of the 'toxic triangle.'* Presented at the North American Society for Sport Management (NASSM) Conference, New Orleans, LA.
- Roberts, S., Tietjen-Smith, T., & Bolton, C. (2019). *Understanding the Dynamic of Toxic Leadership in Sport Organizations: Reimagining the Toxic Triangle.* Presented at the Applied Sport Management Conference, Nashville, TN.
- Tietjen-Smith, T. & Bolton, C. (2019). *Toxic Leadership in Organizations: What Role Do We Play?* Presented at National Association for Kinesiology in Higher Education (NAKHE) Conference, Savannah, GA.
- Hersman, B. & Tietjen-Smith, T (2019). *Mentoring into the Department Head Role.* Presented at National Association for Kinesiology in Higher Education (NAKHE) Conference, Savannah, GA.
- Tietjen-Smith, T. et al. (2019). *Panel on the Leader Mentor Grant.* Presented at National Association for Kinesiology in Higher Education (NAKHE) Conference, Savannah, GA.
- Tietjen-Smith, T. (2018). *IRB 101: Navigating the Institutional Review Board Submission Process.* Presented at TAHPERD Convention, Fort Worth, TX
- Tietjen-Smith, T. (2018). *Strategic Planning: Developing an Action Plan for Success.* Presented at TAHPERD Convention, Fort Worth, TX
- Alastuey, L. & Tietjen-Smith, T. (2018). *Exercise motivation.* Presented at TAHPERD Convention, Fort Worth, TX
- Wachira, E., Tietjen-Smith, T., & Hott, B. (2018). *Understanding the role of identity in determining sexual violence victimization. Reclaiming our Time: Disrupting Privilege, Racism, and Violence against Women and Girls, Research on Women and Education, American Educational Research Association (AERA) SIG, The 44th Annual Fall Conference, San Antonio, TX.*
- Roberts, S., Tietjen-Smith, T. & Bolton, C. (2018). *Reimagining the 'Toxic Triangle': Its Application in the Sport Management field.* Presented at the European Association of Management (EURAM) conference, Reykjavik, Iceland
- Hott, B. & Tietjen-Smith, T. (2018). *Professional development and mentorship needs of female faculty.* Texas Women in Higher Education (TWHE) Conference. Fort Worth, TX.
- Tietjen-Smith, T. (2018). *Mentorship needs and strategies in an academic community.* Presented at National Association for Kinesiology in Higher Education (NAKHE) Conference, Phoenix, AZ.
- Tietjen-Smith, T. (2018). *Investigation of faculty needs and inequities. Project leadership in Higher Education.* Presented at National Association for Kinesiology in Higher Education (NAKHE) Conference, Phoenix, AZ.
- Prewitt, S., & Tietjen-Smith, T. (2018). *Overcoming barriers of a rural university.* Presented at American Kinesiology Association (AKA) Leadership Workshop. Denver, CO.
- Tietjen-Smith et al. (invited panel speaker, 2017). *Transferring courses from community colleges to universities.* Presented at TAHPERD Convention, Fort Worth, TX
- Alastuey, L., & Tietjen-Smith, T. (2017). *Public policy and obesity.* Presented at TAHPERD Convention, Fort Worth, TX
- Baric, V., & Tietjen-Smith, T. (2017). *Mentorship needs of university faculty.* TAMU Pathways Symposium. Stephenville, TX
- Tietjen-Smith, T. (co-speakers with Lemanski, L., Roggenkamp, K., Shwiff, S., Villanueva-Russell, Y., & Green, R.) (2017). *Lion Lectures: An evening of talks on the book in common, 'The Immortal Life of Henrietta Lacks'.* Texas A&M University-Commerce.
- Tietjen-Smith et al. (2017). *Panel of Authors: The Future of Kinesiology in Higher Education Discussion of Quest Special Issue (Vol 68, 3).* National Association for Kinesiology in Higher Education (NAKHE) Conference, Orlando, FL.

- Alastuey, L., & Tietjen-Smith, T. (2016). *BINGE: Because I'm not good enough*. Presented at TAHPERD Convention, Galveston, TX
- Tietjen-Smith, T., & Block, B. (2016). *Introduction to higher education kinesiology administrator certification program*. Presentation given at National Association for Kinesiology in Higher Education (NAKHE) Conference. San Diego, CA.
- Holcomb, W., & Tietjen-Smith, T. (2015). *Nutrition knowledge, attitudes, and eating habits of female college athletes*. Presented at TAHPERD Convention, Dallas, TX.
- Tietjen-Smith, T. (2015). *Politics in higher education kinesiology*. Invited presentation given at the NAKHE Leadership Development Workshop, Atlanta, GA.
- Tietjen-Smith, T. (2015). *Strategic planning: Tales from the 2014 leadership development workshop*. Invited Presentation given at National Association for Kinesiology in Higher Education (NAKHE) Conference. Clearwater, FL
- Stewardson, L., Tietjen-Smith, T., & Weatherford, G. (2015). *Practice makes perfect: Effects of the implementation of new policies on women in sport*. Presentation given at National Association for Kinesiology in Higher Education (NAKHE) Conference. Clearwater, FL
- Tietjen-Smith, T. (Moderator), Lund, J., Oates, R., & Strand, B. (2015). *Graduate coordinator panel: Best practices for masters and doctoral kinesiology programs*. Panel discussion held at National Association for Kinesiology in Higher Education (NAKHE) Conference. Clearwater, FL
- Tietjen-Smith, T., Block, B., Urtel, M., Tillman, M., Liguori, G. (2015). *Mentoring kinesiology faculty into the department chair role*. Panel discussion held at National Association for Kinesiology in Higher Education (NAKHE) Conference. Clearwater, FL
- Alastuey, L. & Tietjen-Smith, T. (2014). *Implementing workplace wellness strategies*. Paper presented at the Texas Association for Health, Physical Education, Recreation, and Dance Convention. Galveston, TX.
- Tietjen-Smith, T. (Invited Speaker - 2014, July). *Developing organizational mission, goals, and objectives*. Workshop presented at National Association for Kinesiology in Higher Education (NAKHE) Leadership Conference, Atlanta, GA.
- Tietjen-Smith, T. & Block, B. (2014, January). *Public health partnerships: A match made in kinesiology*. Paper presented at National Association for Kinesiology in Higher Education (NAKHE) Collaborative International Congress. San Diego, CA.
- Block, B. & Tietjen-Smith, T. (2013, January). *Defining and assessing the departmental mission*. Paper presented at National Association for Kinesiology in Higher Education (NAKHE) Conference. Fort Lauderdale, FL
- Mull, H. & Tietjen-Smith, T. (2012, December). *Physical activity and academic success: Links on a university campus*. Paper presented at the Texas Association for Health, Physical Education, Recreation, and Dance Convention. Galveston, TX.
- Tietjen-Smith, T. (2012, March; 2012, October). *Texting, sexting, and acronyms: Technology's dark side*. Webinar presented for American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) Convention, Boston, MA.
- Tietjen-Smith, T. (Invited Speaker - 2012, July). *Developing the departmental mission*. Workshop presented at National Association for Kinesiology in Higher Education (NAKHE) Leadership Conference, Atlanta, GA.
- Block, B., Tietjen-Smith, T., and Weatherford, G. (2012, January). *Advancing a culture of excellence through entrepreneurial ventures*. Presented at NAKHE Conference, San Diego, CA.
- Tietjen-Smith, T. & Block, B. (2012, February). *Avatars facilitate cultural commentary in higher education*. Poster presented at Southern District (SDAHPERD) Convention, Orlando, FL.
- Burns, J. & Tietjen-Smith, T. (2011, December). *Childhood obesity: Challenges and solutions!* Presented at TAHPERD Convention, Dallas, TX.
- Tietjen-Smith, T. & Ross, H. (2010, Dec). *Sex addiction: The real deal*. TAHPERD Convention, Galveston, TX.
- Tietjen-Smith, T. (2009, Dec). *Sexting: Not your normal senior pictures*. TAHPERD Convention, Arlington, TX.
- Tietjen-Smith, T., Balkin, R., & Kimbrough, S. (2009, December). *The Sex Education Confidence Scale (SECS)*. Poster presented at TAHPERD Convention, Arlington, TX.
- Tietjen-Smith, T. (2009, March). *Challenged horsemen competition: A proposed study of health impact*. Palomino Horse Breeders of America (PHBA) National Convention, Tulsa, OK.
- Tietjen-Smith, T. (2009, March). *Let's talk about sex education!* Invited speaker, Texas A & M University – Commerce Honors College.
- Tietjen-Smith, T. (2008, Dec). *Bullying and teens: Cyber and real-Life*. TAHPERD Conv, Corpus Christi, Texas.
- Tietjen-Smith, T. & Alastuey, L. (2008, December). *Let's talk about sex and teens*. TAHPERD Convention, Corpus Christi, Texas.
- Tietjen-Smith, T. (2008, December). *Minors facing major health issues I & II*. Presided over expert panel at TAHPERD Convention, Corpus Christi, Texas.
- Tietjen-Smith, T. (2008, April). *Let's Talk About Sex Education!* American Alliance for Health, Physical Education, Recreation, and Dance, Fort Worth, TX
- Masters, S., Smith, H., Tietjen-Smith, T., & Waller, L. (2008, November). *A National Study of Community College Retention Rates Segmented by Degree of Urbanization*. A poster presentation at the 6th Annual Texas A&M

- University System Student Research Symposium, Commerce, Texas.
- Masters, S., Smith, H., Tietjen-Smith, T., & Waller, L. (2008, November). *A National Study of Community College Retention Rates Segmented by Degree of Urbanization*. A poster presentation at the 6th Annual Texas A&M University System Student Research Symposium, Commerce, Texas.
- Tietjen-Smith, T. (2007, February). *How comfortable are we? Health & physical educator's view on teaching sexual health topics*. SDAHPERD Regional Conference, Chattanooga, TN
- Tietjen-Smith, T. (2007, November). *The real deal: Using nutrition to improve athletic performance*. TAHPERD Convention, Galveston, Texas
- Tietjen-Smith, T. (2007, November). *Using a straw to mimic an asthma attack*. Health Poster Presentation, TAHPERD Convention, Galveston, Texas
- Tietjen-Smith, T. (2007, November). *Health teaching ideas*. (7 Posters) with various undergraduate students. TAHPERD Convention, Galveston, Texas
- Tietjen-Smith, T. (2006, November). *Research in equine-assisted activities: Quantifying the effects and identifying the cause*. Round Table Discussion (panel member), North American Riding for the Handicapped Association (NARHA) National Convention, Indianapolis, Indiana
- Tietjen-Smith, T. (2006, March). *Using exercise as a treatment for depression: Aerobic versus anaerobic*. Research Poster, AJHP Art & Science of Health Promotion Conference, Las Vegas, NV
- Tietjen-Smith, T. (2006, March). *Exercise and depression in college students: Strength versus aerobic training*. Lamar University Excellence in Education Regional Conference, Beaumont, TX
- Kimbrough, S. & Tietjen-Smith, T. (2006, March). *Knowledge and attitudes about teaching sexual health topics among health and physical education professionals*. Lamar University Excellence in Education Regional Conference, Beaumont, TX
- Alastuey, L. Tietjen-Smith, T. (2006, December). *The rising prevalence of eating disorders: What is our role?* Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Convention. Fort Worth, TX
- Ross, H. & Tietjen-Smith, T. (2006, December). *Stress and the college student*. TAHPERD Convention. Fort Worth, TX
- Tietjen-Smith, T. (2006, December). *The utilization of exercise to decrease depression in college students*. Research Poster Presentation, TAHPERD Convention. Fort Worth, TX
- Tietjen-Smith, T. (2006, December). *Health teaching ideas*, with various undergraduate students. (14 Posters). TAHPERD Convention, Fort Worth, TX
- Alastuey, L. & Tietjen-Smith, T. (2005, December). *Consumer health strategies*. Texas AHPERD Conference, Corpus Christi, TX
- Alastuey, L. & Tietjen-Smith, T. (2005, Summer). *Eating habits and disorders among pre-adolescent and adolescent students – Facts and strategies for educators*. TAMU-Commerce/TEA Summer Institute for School Leaders Proposal for Instructional Excellence Project. Arlington, TX
- Alastuey, L. & Tietjen-Smith, T. (2005, February). *Don't be a quack!* SDAHPERD Regional Conference, Little Rock, AR
- Alastuey, L., Holbert, J., & Tietjen-Smith, T. (2004, December). *Reality check*. Texas AHPERD Conference, Arlington, TX
- Tietjen-Smith, T. (2004, December). *Current research in aging: The very old*. Texas AHPERD Conference, Arlington, TX
- Alastuey, L., Holbert, J., & Tietjen-Smith, T. (2004, Spring). *Let's get real about health*. Professional Development Day, TAMU-C
- Tietjen-Smith, T. & Alpha Kappa Alpha Sorority. (2004, Spring). *Women and diabetes*. Diabetes Awareness Campaign
- Tietjen-Smith, T. (2004, March). *Grip strength in relationship to overall strength and functional capacity in very old and oldest old females*. Research Poster, AAHPERD National Conference, New Orleans, LA
- Tietjen-Smith, T. (2004, March). *Improving Functional Capacity in the very old and oldest old*. AAHPERD National Conference, New Orleans, LA
- Johnson, T. & Tietjen-Smith, T. (2003, February). *Health & fitness for older adults in assisted living*. SDAHPERD Regional Conference, Savannah, GA
- Tietjen-Smith, T. (2003, November). *Grip strength in relationship to overall strength and functional capacity in oldest old females*. ACSM the 10th Measurement and Evaluation Symposium: Measurement Issues and Challenges in Aging Research, Champaign-Urbana, IL
- Bryant, A. & Tietjen-Smith (2002, February). *Effective teaching techniques using the multiple intelligences*. WELCOA Wellness 2002 National Conference, Charleston, SC
- Bryant, A. & Tietjen-Smith, T. (2001, October). *How to coordinate a kids' marathon*. Tennessee AHPERD State Convention, Jackson, TN
- Johnson, T. & Tietjen-Smith, T. (2000, October). *Effects of exercise on the old-old and oldest-old*. Tennessee AHPERD State Convention, Murfreesboro, TN
- Tietjen-Smith, T. (1994, November). *Women and AIDS*. The Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD) State Convention.

Tietjen-Smith, T. (1993, November). *HIV/AIDS knowledge sources and preferred instructional formats for college athletes*. Research Poster, Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD) State Convention.

GRANTS

Texas Education Agency Interdisciplinary Grant \$400,000 - Dr. Brittany Hott and Department of Health & Human Performance. – **funded** over 3 years

Robert Wood Johnson Foundation (RWJF) Grant. \$300,000. 2018 **Finalist** (with Dr. Brittany Hott) for Interdisciplinary Research Leaders.
Leveraging Community Partnerships to Build a Culture of Health: An Evaluation of a Rural Resource Distribution Organization.(not funded) Spring 2018

National Association for Kinesiology in Higher Education (NAKHE) Leader-Mentor Grant Recipient with Dr. Beth Hersman (2018) \$1500

TAMU-C Faculty Development Grant – European Association of Management (EURAM) International Conference \$1,250 Spring 2018

Texas Women in Higher Education (TWHE) Regional Grant \$500 Spring 2016

COEHS Development Grant for TAHPERD Convention \$500 Fall 2013

TAMU-C Faculty Development Grant for AAHPERD National Convention \$700 Spring 2012

Co-Applied for 2012 Federal Initiative in the amount of \$495,000: Injury Prevention Program for Independently Living Older Adults in Rural Communities Grant. Principle Investigator: Dr. Sukwon Kim, Industrial Engineering & Technology. Co-Principal Investigators: Dr. David Anderson, Industrial Engineering & Technology; Dr. Hal Langford, Management; Dr. Brent Mangus, Health and Human Performance; Dr. David Hervas, Spanish; and Dr. Tara Tietjen-Smith, Health & Human Performance (not funded). Fall 2010

TAMU-C Faculty Research Mini-Grant in the amount \$250.00 for Challenged Horsemen Study (health impact on riders with disabilities) Spring 2009

Applied for COEHS Research Presentation Travel Award for PHBA National Convention presentation on Challenged Horsemen study (not funded) Spring 2009

Faculty Development Grant for AAHPERD National Convention \$500 Spring 2008

Applied for NARHA Horses & Humans Grant (North America Riding for the Handicapped Association), with others, in the amount of \$100,000 for hippotherapy study (health impact on riders with disabilities) (finalist, not funded) Fall 2006

Applied for Competitive Travel Grant - \$400 for NARHA National Convention (not funded) Fall 2006

Applied for Ryka Grant; \$10,000 for community health education and exercise programming for underserved women (not funded) 2005

TAMU-C Mini-Grant with Sandy Kimbrough - \$600 for “Sexual Health Knowledge and Attitudes of Future and Current Health and Physical Education Professionals” (not funded) Fall 2005, 2006

TAMU-C Competitive Travel Grant - \$500 for TAHPERD Conference Fall 2005

TAMU-C Faculty Development Grant - \$500 for TAHPERD Conference Fall 2004

Applied for Competitive Travel Grant - \$400 for AAHPERD National Convention (denied) Fall 2004

Applied for Michael L. Pollock Memorial Grant - \$5000 from the National Strength and Conditioning Association for the study of exercise and depression. (not funded) Fall 2003

TAMU-C Mini Grant with Dr. Rick Balkin - \$600 for study on exercise and depression. Fall 2004

TAMU-C Faculty Development Grant - \$500 for ACSM Conference Fall 2003

COMMUNITY AND CIVIC ACTIVITIES

- Volunteer Coach, U10 Softball, Cumby Youth Parks & Recreation – Spring 2016, 2017
- Volunteer Coach, U10 Coed Soccer, Commerce Parks & Recreation – Fall 2015, 2017, 2018
- Panelist for Meet, Greet, and Critique: Junior Faculty Workshop on Publishing Research - February 2014
- Cumby Independent School District – Teacher inservice – Social media, sexting, and bullying. (2014)
- Academy for Health Potential - Free yoga classes for faculty – Fall 2013
- Shannon Oaks Church – Volunteer for Youth Program - 2013
- Texas Palomino Exhibitors Association (TPEA) –
 - Secretary, Open and Amateur Divisions – September 2006 – 2013; State Director – August 2005 – 2013; National Director – August 2005 – 2013; Amateur National Director – August 2005 – 2013; Amateur First Vice-President – August 2005 – September 2006
- Palomino Horse Breeders of America committee member - 2008 to 2010
 - Challenged Horsemen; National Convention Planning; Technology – Web, APA Software, Computer;

Amateur; World Championship Show; Show Rules

- Invited Speaker – *Sex Education*, TAMU-C Honors College – October 2008
- Invited Speaker – *Body Image*. Wolfe City Cowboy Church, Women’s Ministry – October 2006
- Member & Treasurer, Aglaia Civic Club, Commerce, Texas – February 2004 – July 2006
- Member, Delta Kappa Gamma, Commerce, Texas – Spring 2005 – present
- Judge and Member, Miss Hunt County Pageant Advisory Committee (2003 – 2004)
- Member, UOPA – University Office Personnel Association (2003 – 2004)
- Invited Speaker - *Women and Diabetes*. Alpha Kappa Alpha Sorority – Diabetes Awareness Campaign – Spring 2004

CERTIFICATIONS AND CONTINUING EDUCATION (selected)

- AISEP - Association Internationale des Écoles Supérieures d’Éducation Physique; International Association for Physical Education in Higher Education, Garden City, NY (2019)
- American Kinesiology Association (AKA, 2018). Leadership Workshop and Pre-Workshop. Denver, CO
 - Challenging People and Challenging Discussions
 - Promoting Quality Undergraduate Programs in Kinesiology
- Essentials of MyLeo Online LMS – D2L Brightspace (2018)
- Public Responsibility in Medicine and Research (PRIM&R) Conference, San Antonio, TX (2017)
- National Association for Kinesiology in Higher Education (NAKHE). Summer Leadership Development Workshop.
 - 2016, 2017 Atlanta, GA
 - 2018 Flagstaff, AZ
 - 2019 Garden City, NY – Leadership in the Internationalized University
- National Association for Kinesiology in Higher Education (NAKHE, 2016-2018). Department Head Certification Training. Atlanta, GA
- Texas Association for Women in Higher Education (TWHE, 2016, 2018). Annual conference. Corpus Christi, TX
- American Kinesiology Association (AKA, 2016). Leadership Workshop and Pre-Workshop. San Antonio, TX
 - Using faculty evaluations to select, develop, motivate, and assess faculty
 - Managing budgets
 - Innovation and entrepreneurship in a time of shrinking budgets
- National Association for Kinesiology in Higher Education (NAKHE, 2015). Summer Leadership Development Workshop. Atlanta, GA.
- Master Certified Health Education Specialist (MCHES) (2015)
- 20th Annual Women’s Business Conference (2015) Dallas, Texas
- American Kinesiology Association (AKA) Pre-Workshop (2015). Effective Strategies for Assuming Academic Leadership Positions
- AKA Session (2015). Classification of Instructional Program (CIP) Codes
- AKA Leadership Workshop (2015) The Intersection of Physical Activity and Public Health: Opportunities for Kinesiology
- Office of Human Subjects Research Protection (OHRP) Research Community Forum, Denver, CO (2015)
 - Social Media in Research
 - Vulnerable Populations –Special Considerations
 - How to Improve Efficiencies in Existing Systems
- Public Responsibility in Medicine and Research (PRIM&R) IRB Administrator 101 Training Workshop, Charleston, SC (2015)
- Certified Health Education Specialist (CHES) (2014)
- National Association for Kinesiology in Higher Education (NAKHE, 2014). Summer Leadership Development Workshop. Atlanta, GA.
- Safe Spaces Ally Training 101 & 102 (2014)
- PRIM&R’s IRB Training for IRB Institutional Members, Stephenville, TX (2013)
- National Association for Kinesiology in Higher Education (NAKHE, 2013). Summer Leadership Development Workshop. Atlanta, GA.
- IRB Protection of Human Subjects Training (2003, 2005, 2007, 2009, 2011, 2013, 2015, 2017)
- National Institutes of Health Practicum on Dietary Supplement Research, Washington, D.C.– One Week (2008)
- TAHPERD Leadership Conference, Fredericksburg, TX (2004 – 2009)
- IACUC Online Training (2009, 2010)
- eCollege Training (2006)

- Banner Training (2006)
- Grant writing workshop (2006)
- Texas A & M Junior Faculty Research Symposium/Workshop, Corpus Christi, TX (2005)
- National Strength & Conditioning Association; CSCS - Certified Strength and Conditioning Specialist (2003)
- Art and Science of Health Promotion National Conference (2001)
- WebCT orientation course for faculty (2002)
- Bossier Community College - Medical Terminology (1997)
- Bossier Medical Center - Inservice on restraints (1997)
- CPR Instructor Certification: Vanderbilt Resuscitation Program (1996-2004)
- Cardiac Dysrhythmia Course (1996)
- Advanced Cardiac Life Support Provider Course (1996)
- American Cancer Society Fresh Start Smoking Cessation Instructor Course (1996)
- Schumpert Medical Center - Inservices in Cardiac Rehab (1996)
- Aerobics and Fitness Association of America Certifications
 - Primary/Aerobics (1992); Personal Trainer/Fitness Couns. (1994); Step Reebok Certification (1996)
- International Fitness Professionals Association Certifications
 - Personal Trainer (1995); Sports Nutrition (1995)
- Texas AWHP Conference (1995)
- First Aid and CPR Certification (1991)