

Brooke Erin West Ph. D., LPC-S, RPT-S

hopecentertexas@yahoo.com

Summary of Qualifications

- A Licensed Professional Counselor serving children, adolescents, and adults.
- A Licensed Professional Counselor Supervisor since April 2011.
- A Registered Play Therapist since December 2011.
- A mentor and supervisor for Master's and Doctoral students since 2007.
- A member of the Texas Counseling Association and presenter at annual conferences since 2007.
- Experience in individual and group therapy with abused children and non-offending parents.
- Ability to design and conduct clinical research, report findings, and write implications to the field.
- Ability to handle multiple tasks and projects simultaneously.
- Excellent communication skills and utilizes presentation skills abruptly.
- Diligent, patient, and sensitive to abused children's needs.
- An extrovert: out-going, friendly to all, determined, hard working, and a leader.

Education

Ph.D. in Counselor Education

Conferred August 2010

University of North Texas

Denton, Texas

M.S. in Counseling

Conferred December 2005

University of North Texas

Denton, Texas

B.A. in Psychology with a Minor in International Studies

Conferred May 2002

Southern Methodist University

Dallas, Texas

High School Diploma

Conferred May 1998

Jakarta International School

Jakarta, Indonesia

Specialty Areas

- Supervising Master's and Doctoral students
- Child and Adolescent Assessment
- Play Therapy with children who have been abused, Animal-Assisted Therapy with abuse victims, and Teen group therapy with sexually abused females

Clinical Experience

HOPE Child and Family Center of Texas Director

July 2013-Present

Private Practice

Addison, Texas

Providing individual, couple, and group therapy to all ages in a private practice setting. Working with parents on parenting skills and children for play therapy. Conducting sessions based on the client's needs, diagnosis, and treatment plan.

Psychological Testing Associate and Therapist

June 2010-May 2013

Dallas Children's Advocacy Center

Dallas, Texas

Assessed and counseled children who have identified themselves as victims of abuse and their non-offending family members. Conducted psychological assessments to children and adolescents including achievement, IQ, and emotional tests producing full clinical assessment reports for providers and caregivers. Conducted ongoing research focused on treatment and care of child abuse victims. Provided diagnosis, treatment plans, and current case files for all clients seen. Provided expert testimony of fact for the Dallas County criminal and civil courts that pertain to therapy program cases. Provided individual, group and family therapy for victims and their non-offending family members of all ages.

Private Practice

January 2009-October 2009

Clements's Clinic

Plano, Texas

Provided individual and group therapy to children, adolescents and adults. With children play therapy and parent consults were provided. With adolescents activity and talk therapy was provided with parent consults to address an array of diagnosis and mental health issues. Provided individual talk and sand therapy to adults with an array of disorders including ADHD, Bipolar I, and Depression.

Advanced Doctoral Counseling Intern

June 2007 -May 2009

Child and Family Resource Clinic

Denton, Texas

Provided counseling services for children and adults with a variety of presenting concerns. Maintained accurate and complete case notes for each client. Participated in individual supervision to maintain standard of care for clients. Provided assessment services as part of an interdisciplinary child and adolescent assessment program. Composed reports and provided feedback for assessment clients. On interdisciplinary

assessment team provided assessment services to children 6-17 years old. Assessments included intelligence, visual-motor integration, achievement, learning preference, developmental, depression and anxiety screening tools, and self-concept measures.

MHMR Denton County Group Co-Leader Fall 2007 –Spring 2008

Provided group counseling services for adults with multiple diagnosis, personality disorders, suicide risks, and below average functioning. Maintained accurate and current case notes for each client.

Guidance and Intervention Crisis Counseling Group Leader Spring 2008

Northwest High School Justin, TX

Led guidance and intervention crisis counseling with at-risk adolescents referred by counselors or teachers, prepared curriculum related activities, provided support and therapeutic interventions, and maintained case notes.

Child-Teacher Relationship Training Group Leader Spring 2008

Ann Windle School for Young Children Denton, TX

Led 10 teacher education sessions, prepared curriculum related activities, provided supervision and feedback on teacher's tapes, and maintained case notes.

Doctoral Counseling Intern September 2006-May 2007

Counseling and Human Development Clinic Denton, Texas

Provided counseling services for children and adults with a variety of presenting concerns. Maintained accurate and current case notes for each client. Participated in supervision to maintain standard of care for each client.

Discharge Planner, Case Manager and Triage Specialist June 2006-October 2008

Green Oaks Hospital Dallas, TX

- As Discharge Planner in the psychiatric emergency room, coordinated discharge plans with ER psychiatrists, nurses, and patients' family. Therapeutically intervened and communicated with patients to discuss discharge, assessed for appropriate diagnosis, and discharge plans.
- As Triage Specialist assessed and admitted patients, diagnosed, and referred to inpatient, outpatient or other hospitals based on assessed needs.

- As Case Manager worked with adolescents and adults on inpatient units who were hospitalized based on severe clinical criteria. Led therapeutic building groups for adolescents and adults focused on social skills, coping skills, and psychoeducation. Arranged and conducted family therapy for adolescents and their families. Experience reporting to CPS abuse and neglect and often coordinated with CPS alternative home placements. Discussed cases with psychiatrists, psychologists, counselors, school counselors, and parents or caregivers utilizing communication skills and case conceptualization in a multidisciplinary approach. Completed Psychosocial Assessments on all patients, kept thorough case notes, and arranged follow up after care appointments.

Master's Intern in Therapy Department

May 2005-January 2006

Collin County Children's Advocacy Center

Plano, TX

As Practicum Intern responsible for treatment plan, taught anti-victimization skills and coping skills, worked through the client's process of healing after trauma, and education on the cycle of abuse and family dynamics. Offered individual play therapy to children who suffered abuse, talk and activity therapy with adolescents and adults, and support group therapy and filial therapy for non-offending mothers.

Milieu Therapist

February 2003-April 2005

Children's Medical Center

Dallas, TX

Utilized highly organized, professional, and therapeutic skills as a Milieu Therapist II on the child and adolescent psychiatric unit at Children's Medical Center. Acted as a leader, role-model and preceptor for new employees. Educated and oriented parents and patients to the unit, the program, and milieu interventions. Cared for patients, maintained a therapeutic milieu, and watched patients on suicide and elopement precautions. Educated and assisted patients with eating disorders at snacks and meals, assisted with meal planning, family interventions, and led eating disorders groups. Created specialized behavioral plans, eating plans, and coping plans for patients. Led activity groups specializing in behavior and social skills. Worked with children who suffered abuse of all types and several diagnoses in inpatient and outpatient programs.

Volunteer Work

- **Nexus Recovery Center**
- **New Beginning Center**
- **Team in Training for Leukemia and Lymphoma Society**

Teaching Experience

Independent Instructor

COUN 3600 Therapeutic Play Spring 2009

Teaching Assistant

COUN 5720 Internship in Counseling Spring 2008

Guest Lectures

University of North Texas, COUN 5490 Crisis Intervention Counseling Spring 2013

“Recognizing and Reporting Child Abuse”

UNT, COUN 5490 Crisis Intervention Counseling Fall 2012

“Child Abuse”

A & M Commerce, Advanced Play Therapy Spring 2008

“Childhood Sexual Abuse: A case study”

COUN 5690 Masters Practicum Spring 2008

“Expressive Arts with All Clients”

COUN 3600 Therapeutic Play Spring 2007

“Themes and Meanings in Play”

COUN 3600 Therapeutic Play Spring 2007

“Characteristics of Effective Play Therapists”

COUN 6031 Internship in Counseling Fall 2007

“Therapeutic Bullets for working with Difficult Clients”

Research

Research Assistant

Dallas Children’s Advocacy Center 2010 – 2013

- Responsible for conducting research and writing research implications. Completed and submitted for publication, “Effectiveness of Animal-Assisted Therapy group with sexually abused teen females”.

- Compiled and submitted an Institutional Review Board application and became accepted for an IRB at DCAC.
- Assisted a pediatrician from Children’s Medical Center with her research study, “Risk and Protective Factors for Child Physical Abuse”. The study focused on interviewing non-offending caregivers to look for trends in their reports that could help prevent future abuse.
- Completed an analysis of pre and post testing to evaluate the effectiveness of the Animal-Assisted Therapy program at DCAC, “A review of animal-assisted play therapy as a factor in recovery for children who have experienced abuse”.

Research Assistant

University of North Texas

September 2009 – May 2010

A Mixed-Methods Approach to Child Parent Relationship Therapy with Non-offending Parents of Children who were Sexually Abused

Conducted research on non-offending parents at Children’s Advocacy Center whose children were identified as sexually abused. Participants completed pre and post tests, post interviews and 11 weeks of CPRT. Quantitative means were reported and qualitative methods were used to identify themes throughout participants’ experiences in CPRT.

Ann Windle School for Young Children

September 2007 – May 2008

Provided play therapy for children identified for participation in the research project, maintained playrooms, maintained accurate notes, maintained communication with school counselor and research supervisor regarding client progress.

Grants

Other Victim Assistance Grant (OVAG)

Summer 2010-2011

Wrote and submitted quarterly performance grant reports to fund therapist position at DCAC. Reported clinical numbers, type of services provided, client demographics, client success stories, and successes and challenges the therapist encountered quarterly.

Texas Counseling Association

Spring 2010

Developed and proposed a grant to fund the research project “Child Parent Relationship Therapy with Non-offending parents of Children who were Sexually Abused” at the Children’s Advocacy Center. Information was gathered on the need for focus on early mental health for non-offending parents and sexually abused children being an at-risk population; importance was placed on the social-emotional development in young children after trauma through teaching non-offending parents to be the therapeutic agent

and vehicle for change. Received the Educational Endowment Fund Scholarship to fund the research.

Texas Association of Play Therapy

Spring 2010

Developed and proposed a grant to fund “Child Parent Relationship Therapy with Non-offending parents of Children who were Sexually Abused”. Awarded and received the *Dan E. Homeyer Play Therapy Research Award and Grant* to fund the research project.

Supervisory Experience

Clinical Supervisor

Dallas Children’s Advocacy Center

Summer 2012-2013

Provided clinical supervision for psychology doctoral candidate conducting clinical assessments, writing assessment reports, conducting research, and providing counseling for children, adolescents, and adults.

Therapeutic Play Supervisor

The University of North Texas

Spring 2009

Provided supervision in group format to undergraduate students conducting play techniques with children and role-play with classmates.

Group Play Therapy Supervisor

The University of North Texas

Fall 2007, 2008

Provided supervision in a triadic format to graduate students conducting group play therapy.

Introduction to Play Therapy Supervisor

The University of North Texas

Fall 2007

Provided supervision on procedures and methods of basic play therapy skills to graduate students during micro practicum experience.

Masters Practicum Supervisor

The University of North Texas

Fall 2007-Spring2008

Provided supervision on procedures and methods of individual child, adolescent, and adult counseling for students in Masters Level Practicum counseling course

Professional Conference Presentations

Texas Counseling Association

Therapeutic Silver Bullets Fall 2011

Texas Association of Play Therapist

A Mixed Methods Approach to the Experience of March 2011

Non-offending Parents of Children who have experienced sexual abuse participating in Child Parent Relationship Therapy

Texas Association for Counselor Education And Supervision

Using Expressive Arts in therapeutic groups with Clients who have March 2008

Multiple Diagnoses

Texas Counseling Association

Therapeutic Bullets for Working with Difficult Clients November 2007

Professional Membership

Association for Play Therapy 2011-Present

Texas Counseling Association 2007 – Present

Professional Service

Chi Sigma Iota, Rho Kappa Chapter Spring 2004 – August 2010

Served as Mentor Chair to coordinate mentors for first year doctoral students.

Psycho-educational Assessments

Adlerian Child Interview

Attention Deficit Disorder Evaluation Scale (School and Home)

Child Behavior Checklist for 1 ½- 5

Child Behavior Checklist for 6-18

Child Behavior Checklist Teacher Report Form (TRF)

Child Depression Inventory (CDI)

Children's Sentence Completion Form

Harter Pictorial Self Concept Scale for Young Children

Harter Self Perception Profile for Children (SPPC)

Kinetic Family Drawing (KFD)

Kinetic School Drawing (KSD)

Learning Efficiency Test II (LET-II)

Millon Adolescent Clinical Inventory (MACI)

Parenting Stress Index

Piers-Harris Self Concept Scale

Reynolds Children's Manifest Anxiety Scale (RCMAS)

Stress Index for Parents of Adolescents

Trauma Symptom Checklist (TSCC)

Visual Motor Integration Test (VMI)

Wechsler Intelligence Scale for Children IV (WISC-IV)

Wechsler Individual Achievement Test (WIAT)

Youth Self Report (YSR)