Benjamin T. May, Ph.D., LCSW

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EDUCATION

Aug. 2006 The University of Houston Graduate College of Social Work

Doctor of Philosophy in Social Work

Dissertation: Teaching Multicultural Content with the Inclusion of Individuals with

Learning Disabilities: A National Survey of Social Work Faculty/Instructors.

Chair: Dr. Stephen Applewhite, Committee: Dr. Ira Colby (Dean and Professor of Social

Work), & Dr. Cotter-Menna (Research Consultant and Lecturer).

May 1994 Washington University Graduate College of Social Work

Master of Social Work

Concentration: Children and Youth and Social Economic Justice

May 1991 Bachelor of Science in Psychology

University of Houston Clear-Lake

RESEARCH INTERESTS

Commercial and Sex Trafficking, Outlining practice skills for MSW rural social work students; Bolstering efficiency of social service agencies through the use of technology; Violence against women; policies and programs affecting intimate partner violence in the United States; Developing efficient and effective evidenced based interventions and empowerment techniques for multi-cultural groups; and Teaching multicultural content for multi-cultural groups.

TEACHING INTERESTS

Improving teaching effectiveness for MSW online technological teaching skills for advanced multicultural practice, gerontology, and chemical dependency counseling certification; Identifying and teaching positive coping skills; bolstering education of children and adolescents concerning social media; graduate social work in family, individual and group practice; Cultural diversity and social justice, social welfare policy institutions, community and organizational practice.

PUBLICATIONS

- Stewart, C. May, B.T. & Openshaw, L. (2021) Spirituality, religiosity and attitudes toward addiction, *Journal of Religion & Spirituality in Social Work: Social Thought*, DOI: 10.1080/15426432.2021.2009407
- Judd, R. & May, B.T. (2019). Adolescents and social media: The new frontier. *Narrating Childhood and Adolescence*. Columbia University Press, New York.
- Openshaw, L., May, B.T., McLane, A. (2016). Building bridges between social work education and practice skills: An exploratory study. North American Christian Social Worker Publication. November 22.
- May, B.T., & LaMont, E. (2014). Rethinking learning disabilities in the college classroom: A multicultural perspective. *Social Work Education: The International Journal*. doi: 10.1080/02615479.2014.895806.

- May, B.T., & Sullivan, M., (2013). Teaching multi-cultural knowledge and attitudes within social work programs with the inclusion of individuals with learning disabilities. *International Journal of Arts and Commerce*, 2(7), 187-206.
- May, B.T., (2013). Survey on knowledge and attitude constructs of interest in teaching multicultural diversity content. American Psychological Association. DOI: 10.1037/t10397-000.
- May, B.T (2010). Social work facility and GLBT diversity content: findings from a national sample of social work faculty. *Journal of Gay & Lesbian Social Service: The Quarterly Journal of Community & Clinical Practice*, 22(3), 337-353.
- May, B.T., Smith, R., & Yearwood, S. (2009). *Active and collaborative engagement plan: Quality enhancement plan.* Lamar University and sanctioned by the Review Committee from Southern Accreditations of Colleges of Schools (SACS).

PUBLICATIONS IN REVIEW and IN PROGRESS

Stewart, C., May, B.T., & Openshaw, L. (in progress) Particular dimensions of spirituality as related to dimensions of empathy: A study of 2 separate schools of social work in florida and texas.

Openshaw, L. & May, B.T. (in progress). Providing a voice to rural social workers: Outlining practice skills, professional commitment, and self –motivation.

May, B.T, & Cone, G. (Book in progress). A new compressive treatment for U.S. american families: Behavioral emotion safety therapy.

- May, B.T. (in progress). Case study on partner violence of a woman whom chose to stay: Using the metaphor of side-stepping the dragon.
- May, B.T (Book in progress). What social work faculty needs to know about individuals with learning disabilities

GRANT

2010

Research Enhancement Grant Award, Lamar Research Council, Lamar University (\$5,000).

RESEARCH EXPERIENCE

May 2011-2012

Measuring PTSD and Depression of Women who Experience Domestic Violence in South East Texas

Research Enhancement Grant Award: Lamar University

- Creating research on effective interventions for women suffering domestic violence
- Teaching research students to develop literature review on Domestic Violence and complete scale assessment.

1999 - 2006

Dissertation on Teaching Multi-cultural Content with the Inclusion of Individuals with Learning Disabilities

• Created and published a survey instrument to measure knowledge and attitudes of multi-cultural content

• Implemented national regionally stratified survey of social work faculty utilizing quantitative and qualitative data statistics

May 1989- Undergraduate Research Assistant with Dr. David Malin

Aug. 1991 How Galantine Affects Memory Loss in Rats at The University of Houston Clear-Lake

• Administered all phases of animal research, writing article on published research.

TEACHING EXPERIENCE:

May 2018 to present Texas A&M University – Commerce, Associate Professor, School of Social Work, Commerce TX

September 2012 Texas A&M University - Commerce, BSW Director (Oct 2013 - Jan 2015), Assistant to May 2018 Professor, School of Social Work, Commerce TX

August 2007-2012 Lamar University, Assistant Professor, Social Work Program, Beaumont, TX

TEACHING GRADUATE COURSES

Generalist Practice with Individual, Families and Sm. Groups (Online)

- Course provides foundation students with the knowledge and skills for practice with individuals, families and groups. Developed a psychosocial assessment skeleton for students to complete 10 page written assessments.
- Developed course syllabus for graduate course with updated EPAS competencies, practice behaviors, & associated measurements.
- Developed course assignments, videos, handouts, and exams online

Advanced Generalist Practice with Families (Online)

- Course outlines family therapy history with a thorough background in family therapy techniques. Graduate students outline a case history of a client and provide family therapy evidenced based practice interventions for case study.
- Developed course syllabus for graduate course with EPAS competences and practice behaviors.
- Developed course web enhanced assignments, videos, handouts and exams.

Generalist Practice for Human Behavior in the Social Environment I (Online)

- Course centers on learning theory of human behavior in the social environment and centers on students delineating theory of human behavior in the social environment practices, theories and interventions.
- Developed course syllabus for graduate course with EPAS competences for human behavior and the social environment online..
- Developed course web enhanced assignments, group exercises, videos, handouts, and exams.

Field Practice for MSW Program

- Course provides supervision for MSW Field students through weekly supervision classes and onsite visits to review outlined learning plans and progress of field students.
- Developed syllabus for graduate field course including EPAS competences and practice behaviors.
- Developed online skills for second semester students providing weekly online supervision and onsite visits.

Advanced Practice with Multi-cultural Groups Online

- Developed online graduate course providing video course introduction and video course lectures that focused on interventions for Multi-cultural groups.
- Developed course material and syllabus for graduate course with EPAS competences and practice behaviors.
- Developed course web assignments, videos, handouts, assignments, and exams.

Gerontology -- online

- Course provides a theoretical and practical orientation to the factors impacting individuals, families, legislation, and services involved for the aging.
- Developed course syllabus (elective) for graduate course.
- Developed assignments, videos, video exercises, handouts, and exams online.

TEACHING UNDERGRADUATE COURSES

Macro Practice

- Course provides students the knowledge and skills for practice with families, groups, and communities. Also developed a community assessment guideline for students to complete 10 page written community assessments.
- Developed course syllabus for undergraduate course with updated EPAS competencies, practice behaviors, & associated measurements.
- Developed course assignments, videos, handouts, and exams online

Promoting Social Justice (Taught this class face-to-face and created online)

- Course provides an understanding of inter-relationships between social oppression and social injustice while addressing prejudice and discrimination.
- Developed assignment for students to write an interview paper with another student (a collaborative paper) interviewing someone from another ethnic or religious background. Students report they have a better understanding of others different from themselves.
- Developed course syllabus for undergraduate course with updated EPAS competencies, practice behaviors, and associated measurements.
- Developed course assignments, videos, handouts, and exams, Power Point presentation and all material to be used for online class.

Introduction to Social Welfare Institutions

- Presented an overview of the knowledge, values and skills necessary for generalist social work practice.
- Developed course syllabus for undergraduate course with updated EPAS competencies, practice behaviors, and associated measurements.
- Developed course assignments, handouts, and exams.

Human Behavior and Social Environment

- Facilitating the application of theories of human behavior across micro, mezzo, and macro dimensions.
- Developed course syllabus for undergraduate course with updated EPAS competencies, practice behaviors, and associated measurements.
- Developed course assignments, handouts, and exams.

Contemporary issues in Domestic Violence -- Online

- Course provides a theoretical and practical orientation to the factors impacting individuals, families, legislation, and services involved in domestic violence.
- Developed course syllabus (elective) for undergraduate course.
- Developed course assignments, welcome video, video exercises handouts, and exams online.

Gerontology -- Online

- Course provides a theoretical and practical orientation to the factors impacting individuals, families, legislation, and services involved for the aging.
- Developed course syllabus (elective) for undergraduate course.
- Developed assignments, videos, video exercises, handouts, and exams online.

Child Welfare -- Online

- Course provides a theoretical and practical orientation to the factors impacting individuals, families, legislation, and services involved for Child Welfare.
- Developed course syllabus (elective) for undergraduate course.
- Developed course assignments, welcome video, videos exercises, handouts, and exams online.

CONFERENCE PRESENTATIONS

Building Bridges between Social Work Education and Practice Skills: An Exploratory Study. Presented at North American Christian Social Worker National Conference. October 2015 Cincinnati, OH.

Qualitative Study on Teaching Multi-Cultural Content: Finding on a Nation Study of Social Work Faculty. Presented at Texas State NASW Conference September 9th 2012 in Houston, TX.

Teaching Multicultural Content with the Inclusion of Individuals with Learning Disabilities Presented at the National Conference of CSWE October 29th 2007 in San Francisco, CA.

Results of Research on Multicultural Content with the Inclusion of Individuals with L D. Presented at the 18th annual Texas Fiesta Educativa, August 26th 2006 in San Antonio, TX

CLINICAL EXPERIENECE

1998- 2013 LCSW in Private Practice in a multi-disciplinary treatment team, Houston, Texas

- Perform psychosocial history with five level diagnoses.
- Provide individual, adolescent, and family cognitive behavioral therapy.
- Educate patients about coping skills and symptom management.
- Consult with psychiatrist and nurse practitioners for continuum of care
- Monitor the progress of clients and make referrals for transitioning back into the community after completing outpatient treatment.

1997-1999 Hospital Therapist, Memorial Spring Shadows Glen/Pasadena SW, Houston, Texas

- Implemented group & family therapy for Senior Day Treatment
- Adolescent Inpatient units also provided case management to clients at discharge.

1996-1998

Licensed Master Social Worker, Social Work P.R.N., Houston Texas

- Provided master level social work as needed for medical and psychiatric hospitals at UTMB and Texas Children's Hospital.
- Monitor the progress of clients and make referrals for transitioning back into community after completing inpatient treatment.

1995-1996.

Masters Level Social Worker, Hospice Of Galveston County, Texas City, Texas

- Interacted on multidisciplinary treatment team implementing interventions for patients and families with terminal diagnosis (AIDS, CHF, cancer, etc.).
- Provided master level social work as needed for death and dying issues for individuals, children, adolescents and adults.
- Provided resources to family on continued care after discharge or death.

1994-1995

Residential Psychotherapist, Colorado Boys Ranch, La Junta, CO,

- Provided adolescents affecting team oriented treatment plans, providing individual and family therapy for clients to develop positive social and interpersonal skills.
- Individual and family counseling with at-risk adolescents in the therapeutic setting.

COMMUNITY/UNIVERSITY SERVICE

Jan 2013- Present

Member

College of Social Work Curriculum Committee

- Member on committee reviewing all department curriculum of new and/or changed courses.
- Research relevant information as outlined by CSWE's EPAS for all reviewed syllabi.
- Implement EPAS measured behaviors on all social work syllabi.

Sept 2012 – Present

Member

College of Social Work MSW Admissions Committee

- Member on committee reviewing applications of candidates to be admitted to MSW Program reviews essays, references, and rates candidates for admission
- Attends candidate's interviews when applicant has issues needing responses not answered in application.

July 2015 – Jan 2017

Member

Faculty Senate

- Member on committee meeting with Faculty Senate once a month to provide input on events occurring within the college.
- Inform social work faculty on events occurring at the college dept. and answer any related questions on status of current events.

Oct 2013- Jan 2015

BSW Director

BSW Students Social Work Advisor

- Responsible for advising BSW students on transfer credits and approving degree plans. Attending orientation sessions throughout the year for incoming possible BSW students
- Developing plans to raise awareness about community service among student population on campus on BSW Program.

Oct 2012 – Aug 2013 *Member* Dec 2015 to Jan 2017 *Chair*

Employment Committee for Director of Community Center Director and Assistant Professor for Psychology, Counseling and Special Education Department. - Presently School of Social Work.

- Reviewed applicants qualifications and meet with committee to discuss candidates and rank appropriately as per HR guidelines.
- Meet with committee to review 3 candidates' telephone interviews and to attend the presentations of candidates brought to campus for onsite interview.
- Ranked and provided professional feedback on candidate's academic skills.

2007-2009

LAMAR UNIVERSITY

Member/Liaison/Assistant Director for QEP Program

- Participant in the Quality Enhancement Plan (QEP) Committee member and then as the QEP Liaison/Assistant Director.
- Worked with QEP committee to design and write QEP proposal.
- Given complete responsibility for finalizing the document in the fall of 2008 of the QEP Active and Collaborative Engagement for Students (ACES) (SACS review April of 2009 and passed all reviews with no reprisals). Published by Lamar University and sanctioned by the Review Committee from SACS.

PROFESSIONAL ASSOCIATIONS & LICENSURE

Member, National Association of Social Workers (NASW) Member, Society for the Study of Social Problems (SSSP) Member, Society for Social Work and Research (SSWR)