



### **Texas A&M University-Commerce COVID-19 Guidelines (Updated 01/05/2022)**

Effective immediately, Texas A&M University-Commerce revises its policy on quarantine and isolation to be consistent with the new CDC guidance and also comply with state law as reflected in the executive orders issued by Governor Abbott.

The University will require employees or students who have tested positive for COVID-19 to either:

1. stay home for 5 days and, if no symptoms or symptoms are resolving, return to work/campus 5 days after administration of a positive test, if they wear a well-fitting mask at work/campus for 5 additional days;  
OR
2. stay home for 10 days after administration of a positive test.

The University will require employees or students who have been exposed to COVID-19:

If they are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, they can choose to:

1. stay home for 5 days and return to work 5 days after the last exposure, if they wear a well-fitting mask at work/campus for 5 additional days;  
OR
2. stay home for 10 days after the last exposure.

If they have received a booster shot or completed their second mRNA dose within the last six months (or a dose of the J&J vaccine within the last two months), they can choose to:

1. wear a mask at work/campus for 10 days after the last exposure;  
OR
2. stay home for 10 days after the last exposure.

Please contact the Emergency Operations Center (EOC) at [eoc@tamuc.edu](mailto:eoc@tamuc.edu) with any questions.